PEOPLE'S BIODIVERSITY REGISTER KHAWLAILUNG

Compiled by Members of Biodiversity Management Committee, Khawlailung

&

Mizoram State Biodiversity Board Office of Chief Wildlife Warden Environment, Forest & Climate Change Department MINECO, Khatla, Aizawl Mizoram

PART – I

1. The Biological Diversity Act, 2002 & Rules, 2004

The Biological Diversity Act, 2002 (No. 18 of 2003) was notified by the Government of India on 5th February, 2003. The Act extends to the whole of India and reaffirms the sovereign rights of the country over its biological resources. Subsequently the Government of India published Biological Diversity Rules, 2004 (15th April, 2004). The Rules under section 22 states that 'every local body shall constitute a Biodiversity Management Committee (BMC) within its area of jurisdiction'.

2. People's Biodiversity Registers and role of the Biodiversity Management Committee

The mandate of the Biodiversity Management Committee has been clearly highlighted in the Biological Diversity Rules 2002 as follows:

- > The main function of the BMC is to prepare People's Biodiversity Register in consultation with the local people. The register shall contain comprehensive information on availability and knowledge of local biological resources, their medicinal or any other use.
- The other functions of the BMC are to advice on any matter referred to it by the State Biodiversity Board or Authority for granting approval, to maintain data about local vaids and practitioners using the biological resources.
- The Authority shall take steps to specify the form of People's Biodiversity Registers, and the particulars it shall contain and the format for electronic database.
- The Authority and the State Biodiversity Boards shall provide guidance and technical support to the Biodiversity Management Committees for preparing People's Biodiversity Register.
- > The People's Biodiversity Registers shall be maintained and validated by the Biodiversity Management Committees.

3. People's Biodiversity Registers and role of National Biodiversity Authority (NBA)

The National Biodiversity Authority shall provide guidance and technical support to the Biodiversity Management Committee (BMC) for preparing People's Biodiversity Register.

People's Biodiversity Registers and the role of State Biodiversity Board (SBB)

The State Biodiversity Board (SBB) would provide necessary training to the technical Support Group (TSG) of the district and enable smooth functioning and aid in networking for creation and maintenance of People's Biodiversity Registers (PBR).

People's Biodiversity Registers and Role of the Technical Support Group (TSG)

The Technical Support Group (TSG) will consist of experts from various disciplines and line departments, universities, research institutes, colleges and schools and non-governmental organizations. The Technical Support Group will provide technical inputs and advice to the BMC's on identification of plants and animals, monitor and evaluate the PBR exercise, examine confidential information and advice on legal protection, maintain a database of local and external experts on biodiversity.

4. People's Biodiversity Registers (PBR)

Being a mega biodiverse country, India is very rich in biological and cultural diversity. It is also a home of many tribal groups, pursuing different kinds of nature based livelihoods. In addition, a large number of farming, fishing communities, and nomadic group possessed traditional knowledge of varying degrees. The development of modern science and technology in biotechnology and information technologies have increased the value of biodiversity and associated knowledge including traditional knowledge (TK). The growing importance of biodiversity, bio-resources and associated knowledge is fairly well understood. The first step towards conservation is sustainable utilization of biodiversity and its documentation. Biodiversity and associated knowledge is found in different ecosystems under different legal management regimes and hence the results and the manner of documentation will also differ.

The present manual guidelines have been drafted taking into consideration different ecosystems and include the rural, urban and protected areas. The guidelines may be customized and further information may be added to enrich the effort. It is important to keep in mind some of the issues related to PBRs:

- > It is to be undertaken in a participatory mode involving varying sections of village society
- > While documenting the PBR, knowledge and views of both genders are to be recorded
- Information's provided by the community should be collated, analyzed and crosschecked by the members of the Technical Support group (TSG) before documentation
- > PBR is important base document in the legal arena as evidence of prior knowledge and hence careful documentation is necessary
- The document should be endorsed by the BMC and later publicized in the Gram Sabha/Grma Panchayat/Panchayat Samiti. The document can be a very useful tool in the management and sustainable use of bio-resources. The document can also be a very useful teaching tool for teaching environmental studies at schools, colleges and university level.
- > The document should be periodically updated with the additional and new information as and when generated.

4.1 The PBR Process

The preparation of People's Biodiversity registers (PBR) involves the active support and cooperation of a large number of people who need to share their common as well as knowledge (traditional knowledge). The first and foremost important task for preparing a PBR is organizing a group meeting to explain the objectives and purpose of the exercise. Different social groups in the village need to be identified for purpose of data collection from those groups. In an urban situation, spots where biodiversity are important need to be identified for the purpose of the study and documentation. The documentation process includes information gathered from individuals through detailed questionnaire; focused group discussion with person's having knowledge and published secondary information.

4.2 Documentation and Traditional Knowledge (TK) related to biodiversity

Documentation of knowledge of individuals with regard to biodiversity and its uses is an important part of PBR. Every effort should be made to identify the persons with proven knowledge of local biodiversity; special attention should be given to the elderly persons who can also provide information on the biodiversity which was available in the past but no longer seen at present. In some cases focus group discussion may be held for the purpose of documentation.

4.3 PBR Methodology

The PBR is a participatory process requiring intensive and extensive consultation with the people. The objectives and purpose is to be explained in a group meeting in the presence of all sections of people in the Panchayat, members of the BMC, students, knowledgeable individuals and those interested in the effort. Documentation includes photographs (including digital images), drawings, audio and video recordings and other records like printed material.

4.4 **Process in PBR Preparation**

- Step I : Formation of Biodiversity Management Committee (BMC)
 Step II : Sensitization of the community/local people about the study, survey and possible management
 Step III : Training of members in identification and collection of data on biological resources and traditional knowledge
 Step IV : Collection of data. Data collections includes review of literature on the natural resources of the districts, Participatory Rural Appraisal (PRAs) at village level, household interviews, individual interviews with village leaders and knowledgeable individuals, household heads, key actors of the panchayat raj institutions and NGOs and direct field observations
- **Step V** : Analysis and validation of data in consultation with technical support group and BMC
- **Step VI** : Preparation of People's Biodiversity Register (PBR)
- **Step VII** : Computerization of information and resources.

General Details of People's Biodiversity Register (PBR) of KHAWLAILUNG

Name of the village	:	Khawlailung
Block	:	E.Lungdar RD Block
District	:	Serchhip
State	:	Mizoram
Geographical Area of the Panchayat Samity	:	27 sq.km
Population under the Panchayat Samity	:	2543
Male	:	1313
Female	:	1230
Habitat and Topography	:	Tropical evergreen forest, Hilly terrain & Plain
Climate (Rainfall, Temperature and other weather patterns)	:	5°C-30°C (Temp.), 3000- 4000mm(Rainfall)
Land use (Nine fold classification available with village records)	:	Agriculture/Farming
Date, Month and Year of PBR preparation	:	November 2022
Management Regime: Reserve Forests (RF)/ Joint Management (JM)/Protected areas (PA)/ Community Owned and Managed Forests (COM)	:	СОМ

Annexure I

Details of the BMC members of the Panchayat (One elected chairperson and six persons nominated by the local body; not less than one third to be women and not less than 18% belonging to SC/ST)

1.	Name of the Chairman Age Gender Address	: : :	Krawsmawia 64 Male Khawlailung	2.	Name Age Gender Address	: : :	Zirtluanga 37 Male Khawlailung
	Area of specialization	:	Farmer		Area of specialization	:	Farmer
3.	Name Age	:	Lalhmangaiha 75	4.	Name Age	:	RC Rinzuala 66
	Gender	:	Male		Gender	:	Male
	Address	:	Khawlailung		Address	:	Khawlailung
	Area of specialization	:	Farmer		Area of specialization	:	Farmer
5.	Name	:	R.Vanlalmawia	6.	Name	:	R.Chalzami
	Age	:	52		Age	:	64
	Gender	:	Male		Gender	:	Female
	Address	:	Khawlailung		Address	:	Khawlailung
	Area of specialization	:	Farmer		Area of specialization	:	Farmer
7.	Name	:	Lalrinmawii				
	Age	:	44				
	Gender	:	Female				
	Address	:	Khawlailung				
	Area of specialization	:	Farmer				

Annexure II

List of Vaids, hakims and traditional healthcare (human and livestock) practitioners residing and or using biological resources occurring within the jurisdiction of the village.

Name	:	NIL
Age	:	
Gender	:	
Address	:	
Area of specialization	:	
Location from which the person		
accesses biological material	:	
Perception of the practitioner		
on the resource status	:	

Annexure III

List of individuals perceived by the villagers to possess Traditional knowledge (TK) related to biodiversity in agriculture, fisheries and forestry.

Name	:	NIL
Age	:	
Gender	:	
Address	:	
Area of Specialization	:	
Annexure IV		

Details of schools, colleges, departments, universities, government institutions, non-governmental organization and individuals involved in the preparation of the PBR

1)	Contact Person	:	Dr. Lalneihpuia Chhakchhuak
	Name and Address	:	Technical Assistant
			Mizoram State Biodiversity Board
2)	Contact Person	:	Derrick Zothanmawia
	Name and Address	:	Computer Assistant
			Mizoram State Biodiversity Board

PART - II

AGROBIODIVERSITY

Format 1 : Crop Plants

1	2	3	4	5	6	7	
Crop	Scientific Name	Local Name	Variety	Landscape/	Approx. area	Local S	tatus
-				Habitat	sown	Past	Present
Turmeric	Curcuma longa	Aieng	Local	Hilly terrain, Jhum land	Not measured	Abundant	Insufficient
Para cress	Acmella paniculata	Ankasa	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Mustard	Brassica rapa	Antam	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Deccan hemp	Hibiscus cannabinus	Anthur	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
White or Winged yam	Dioscorea alata	Bachhim	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Wild coriander	Eryngium foetidum	Bahkhawr	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Perennial herb	Colocasia sp	Baibing	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Taro	Colocasia esculenta	Bal	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Brinjal	Solanum melongena	Bawkbawn	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Lady's finger	Abelmoschus esculentus	Bawrhsaiabe	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Bean	Phaseolus vulgaris	Bean	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Cow pea	Vigna unguiculata	Behlawi	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Pigeon pea	Cajanus cajan	Behliang	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Soyabean	<i>Glycine max</i>	Bekang	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Hyacinth bean	Lablab pupureus	Bepui	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Winged Bean	Psophocarpus tetragonolobus	Bepuipawr	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Snake gourd	Trichosanthes anguina	Berul	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Climber	-	Bete	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Broccoli	Brassica olearcea var italica	Brocoli	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Rice	Oryza sativa	Buh	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Green pea/Matar	Pisum sativum	Chana	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Bitter gourd	Momordica charantia	Changkha	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
White durra	Sorghum cernuum	Chhawhchhi	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Coriander	Coriandrum sativum	Dhania	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Cucumber	Cucumis sativas	Fanghma	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Broad or sword bean	Canavalia ensiformis	Fangra	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Chilli	Capsicum annuum	Hmarchapui	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Birds eye chilli	Capsicum frutescens	Hmarchate	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Arrowroot	Maranta arundinaceae	Hnahthialbal	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Squash	Sechium edule	Iskut	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Roselle	Hibiscus sabdariffa	Lakher anthur	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Aromatic herb	Elsholtzia communis	Lengser	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Pumpkin	Cucurbita maxima	Mai/Maian	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Ash gourd	Benincasa hispida	Maipawl	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Spiny bitter tomato	Momordica cochincinensis	Maitamtawk	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
-	Coix lacryma-jobi	Mim	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Mula	Raphanus sativas	Mula	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant

Cauliflower	Brassica oleracea var. botrytis	Parbawr	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild celery	Trachyspermum roxburghianum	Pardi	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
-	Clerodendrum colebrookianum	Phuihnam	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
-	Senna occidentalis	Reng an	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild basil	Ocimum americanum	Runhmui	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Bitter tomato	Solanum aethiopicum	Samtawk	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Ginger	Zingiber officinale	Sawhthing	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Devils tongue	Amorphophallus sp	Telhawng	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Tomato	Solanum lycopersicum	Tomato	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Bottle guard	Lagenaria siceraria	Um ei	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Tobacco plant	Nicotiana tabacum	Vaihlo	Local	Hilly terrain, Jhum land	-do-	Abundant	Insufficient
Maize	Zea mays	Vaimim	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Yam bean	Pachyrhizus erosus	Zawng tur	Local	Hilly terrain, Jhum land	-do-	Abundant	Insufficient
Cabbage	Brassica oleracea var. capitata	Zikhlum	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Chinese Onion	Allium chinense	Zo purun	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant

	9	10	11	12	13	14
Special Features	Cropping Season	Uses	Associated TK	Other Details	Source of Seeds /Plants	Community Knowledge Holder
Rhizome is used as condiment	Mar-April	Edible	Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	-	Local	Mizo
Leaves and stems as vegetable	Mar-April	Edible	Flowers are chewed to relieve toothache and affections of the gum and throat	-	Local	Mizo
Young leaves are eaten as vegetables	Mar-April	Edible	Seeds and oil are used in medicine	-	Local	Mizo
Leaves are eaten as vegetables, curry	Mar-April	Edible	Leaves are used as diuretic, sedative, refrigerant	-	Local	Mizo
Tuber is anthelmintic	Mar-April	Edible	Tubers and bubils are used as vegetable, tuber is used in treating cancer, piles, and gonorrhoea	-	Local	Mizo
Leaves used as flavouring dishes	Mar-April	Edible	Leaves are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled and the water is drunk for malarial fever, diabetes, pneumonia, and constipation		Local	Mizo
Spadix is eaten cooked as vegetable	Mar-April	Edible	-	-	Local	Mizo
Corm, stem and young leaves are eaten as vegetables	Mar-April	Edible	Acrid juice is applied to wounds and bee sting. Whole plant is used for pig feed	-	Local	Mizo
Unripe fruit as vegetable	Mar-April	Edible	Root, leaves, fruits and seeds are used as medicine	-	Local	Mizo
Unripe fruit eaten as vegetable	Mar-April	Edible	Cut fruit soaked in water overnight (water) is used to control diabetes	-	Local	Mizo
Green immature pods are cooked and eaten as vegetables	Mar-April	Edible	Beans are also used for diarrhoea, dysentery, burns, diabetes, rheumatism, sciatica etc	-	Local	Mizo
Young leaves, pods and seeds as vegetable	Mar-April	Edible	Seed is useful to strengthen stomach and kills worm in the stomach	-	Local	Mizo
Tender leaves, pods as vegetable, yellow seeds as pulse	Mar-April	Edible	Leaves and seeds are medicinal, leaves as cattle fodder	-	Local	Mizo
Seeds are edible rich in protein, oils	August	Edible	Seeds are cooked, fermented and eaten as delicacies (called <i>Bekang</i> famous	-	Local	Mizo

and minerals			-traditional Mizo dish). Boiled water of seeds are given to pigs for fertility			
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Young pods, seeds as vegetable	Mar-April	Edible	Juice of crushed leaves is used against diarrhoea, stomach-ache	-	Local	Mizo
Young pods as vegetable	Mar-April	Edible	The plant is a good fodder, green manuring and ground cover	-	Local	Mizo
Fruit and young leaves as vegetable	Mar-April	Edible	Fruits and leaves are considered antidote for snake bite	-	Local	Mizo
Seeds are eaten cooked as vegetable	July	Edible	-	-	Local	Mizo
Flower buds and leaves are eaten as vegetable	September	Edible	-	-	Local	Mizo
Grain is the staple food	April	Edible	Chipstraw is boiled and the water is used for kidney stone and urinary problems. Rice wash water is also used for diarrhoea, dysentery	-	Local	Mizo
Seeds as pulse and young leaves are eaten as vegetable	May	Edible	-	-	Local	Mizo
Young fruit and leaves are cooked or fried eaten as vegetable	Mar-April	Edible	Leaves and fruits are medicinal used to treat fever, jaundice, diabetes, dysentery, intestinal worms etc	-	Local	Mizo
-	Mar-April	Edible	Baked grains are pounded and eaten as curry	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
Fruit is edible	Mar-April	Edible	Juice of the leaves and stem are used in high blood pressure. Fruits and seeds are also medicinal	-	Local	Mizo
	Mar-April	Edible	Grains are cooked and eaten	-	Local	Mizo
Fruits are condiment and leaves as vegetable	Mar-April	Edible	Juice of the fruits is applied to burns, snake bite and centipede sting	-	Local	Mizo
Fruits are condiment and leaves as vegetable	Mar-April	Edible	Juice of the fruits is applied to burns, snake bite and centipede sting	-	Local	Mizo
Rhizome is cooked and eaten	Mar-April	Edible	Rhizome is used as curry and in medicine	-	Local	Mizo
Fruits, young shoot and roots are eaten as vegetable-	Mar-April	Edible	Leaves are used for fodder	-	Local	Mizo
Leaves are eaten as vegetables, curry	Mar-April	Edible	Leaves are used as diuretic, sedative, refrigerant	-	Local	Mizo
Leaves and flowers -are used for flavouring curry-	Mar-April	Edible	-	-	Local	Mizo
Flowers, fruit, you-ng leaves and stem are all eaten as v-egetables	Mar-April	Edible	Seeds are used to expel worms from the body	-	Local	Mizo
Fruits and tender leaves are eaten as vegetable	Mar-April	Edible	Juice of the fruit is a cure for cholera, diarrhoea, dysentery, fever, asthma, vomiting and kidney diseases. Infusion of leaves and fruit are used externally in snake bite	-	Local	Mizo
Fruit is cooked and eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Grains are eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Young fruit and flower eaten as vegetable	Mar-April	Edible	Roots, leaves and seeds are medicinal	-	Local	Mizo
Flower buds and leaves are eaten as vegetable	September	Edible	-	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo

Leaves and flowers are eaten cooked	Mar-April	Edible	Leaves are cooked with water and water is taken for hypertension, blood	-	Local	Mizo
as vegetable			sugar etc			
Leaves are eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
Green- fruit are eaten as vegetable	Mar-April	Edible	Fruit is good for high blood pressure, skin problems and anti microbial	-	Local	Mizo
Rhizomes are used as spice and condiment, taken as cure for food poisoning	Mar-April	Edible	Tender leaves, young flowers are eaten cooked as vegetable, juice of the pounded rhizomes is given to women in case of insufficient supply of milk for their babies and also dropped into the ear when attacked by ticks.	-	Local	Mizo
-	Mar-April	Edible	Corm and young leaf stalk and shoots are eaten cooked as veg.	-	Local	Mizo
Fruit is edible	Mar-April	Edible	-	-	Local	Mizo
Cultivated for fruits	-	Edible	Non bitter, soft shelled fruits and tender leaves are used as vegetable, and dried shell of the fruit for holding water. Roots, leaves and seeds are used in medicine	-	Local	Mizo
-	Mar-April	Edible	Leaves are pounded, dried and used for making cigarette	-	Local	Mizo
Grains are eate-n cooked, roasted, fried-	Mar-April	Edible	Grains and leaves are used to feed poultry, pigs and cows. Decoction of the grain is used as hip bath for piles, lessen pain	-	Local	Mizo
-	-	Edible	Tuberous root is edible	-	Local	Mizo
-	June	Edible	Leaves and head are eaten cooked as vegetable	-	Local	Mizo
Fresh bulb and leaves as condiment	Mar-April	Edible	Bulbs are used for treating fever, hypertension, indigestion, pneumonia, common cold etc. Juice of bulb is applied to muscle sprains, earache etc	-	Local	Mizo

Format 2 : Fruit plants

1	2	3	4	5	6	
Plant	Scientific name	Local name	Variety	Landscape/habitat	Local	status
					Past	Present
Herb	Musa acuminata	Balhla	Local	Hilly Terrain	Insufficient	Abundant
Shrub	Garcinia lanceifolia	Chengkek	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Citrullus lanatus	Dawnfawh	Local	Hilly Terrain	Insufficient	Abundant
Climber	Hylocereus costaricensis	Dragon fruit	Local	Hilly Terrain	Insufficient	Abundant
Climber	Vitis vinifera	Grape	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Cucumis melo	Hmazil	Local	Hilly Terrain	Abundant	Insufficient
Shrub	Rubus ellipticus	Hmu tau	Local	Hilly Terrain	Abundant	Abundant
Tree/Shrub	Prunus domestica	Japan theite	Local	Hilly Terrain	Abundant	Abundant
Herb	Ananus comosus	Lakhuihthei	Local	Hilly Terrain	Abundant	Abundant
Shrub	Citrus limon	Nimbu	Local	Hilly Terrain	Insufficient	Abundant
Climber	Passiflora edulis	Sapthei	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Eleagnus latifolia	Sarzukpui	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Eleagnus pyriformis	Sarzukte	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Citrus limon	Ser (fang)	Local	Hilly Terrain	Abundant	Insufficient
Shrub	Citrus medica	Serpui	Local	Hilly Terrain	Abundant	Insufficient
Shrub	Citrus maxima	Sertawk	Local	Hilly Terrain	Abundant	Abundant
Shrub	Citurs reticulata	Serthlum	Local	Hilly Terrain	Insufficient	Abundant

Herb	Fragaria ananassa	Strawberry	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Diospyros cacharensis	Theibuhfai/Darjeeling	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Haematocarpus validus	Theichhungsen	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Stelmocrypton khasianum	Theikelki	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Stixis suaveolens	Theisawntlung	Local	Hilly Terrain	Insufficient	Insufficient
Tree	Carica papaya	Thingfanghma	Local	Hilly Terrain	Abundant	Abundant
Shrub	-	Zammir	Local	Hilly Terrain	Abundant	Abundant

7	8	9	10	11	12
Source of seeds/plants	Season of Associated TK Uses Uses		Other details Market/ Own use	Community Knowledge holder	
Locally available	Mar-Dec	-	Fruit is edible	Market/own use	Mizo
Locally available	Whole year	Fruits are good in blood purification, indestion etc . leaves are cooked and water is used for bathing in case of measles	Fruit is edible	Market/own use	Mizo
Locally available	Mar-Sept	Fruit purifies blood, cures biliousness, sore eyes, scabies, itching, seeds are tonic to the brain		Own use	Mizo
Introduced	July-Sept	-	Fruit is edible	Market/own use	Mizo
Introduced	Feb-Sept	-	Fruit is edible	Market/own use	Mizo
Locally available	July - Sept	-	Fruit is edible	Market/own use	Mizo
Locally available	April - May	Decoction of the root is used for diarrhoea and dysentery	Fruit is edible	Market/own use	Mizo
Locally available	July	Fruit is edible	Fruit is laxative and refrigerant	Own use	Mizo
Locally available	October	-	Fruit is edible	Market/own use	Mizo
Locally available	August	Fruit juice rich in vitamin C is used to treat various diseases like stomach problems, liver diseases, hypertension, diabetes etc	Fruit is edible	Market/own use	Mizo
Locally available	April	Ripe fruit is used for jaundice and liver problems	Leaves are used as vegetable	Market/own use	Mizo
Locally available	April	Decoction of root is medicinal	Wood is used as a good fuel	Own use	Mizo
Locally available	October	Decoction of root and boiled leaves is medicinal	Fruit is edible	Own use	Mizo
Locally available	October	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Market/own use	Mizo
Locally available	October	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Market/own use	Mizo
Locally available	Jan-Feb	Fruit is medicinal	Seeds are used for hypertension and diabetes	Market/own use	Mizo
Locally available	September	Fruit is a rich source of vitamin C, eaten by man	Water of boiled leaves used for bathing in fever	Market/own use	Mizo
Introduced	Jan-March	-	Fruit is edible	Market/own use	Mizo
Locally available	Sept - Nov	Seeds are edible sometimes chewed as a substitute for betel nut	Fruit is edible	Market/own use	Mizo
Locally available	October	-	Fruit is edible	Market/own use	Mizo
Locally available	-	Acid leaves and fruits are edible	Roots or leaves are cooked and the water is taken for curing diseases of liver and jaundice	Market/own use	Mizo
Locally available	Oct – Dec	-	Ripe fruit is edible	Market/own use	Mizo
Locally available	Jan – August	Ripe fruit is good for digestion. Decoction of unripe		Market/own use	Mizo

		fruit is used to cure jaundice, diabetes etc. juice of boiled leaves is used to treat various type of cancer and stomach problems			
		stomach problems			
Locally available	September	-	Fruit is edible	Market/own use	Mizo

Format 3 : Fodder crop

1	2	3	4	5	
Plant	Scientific name	Local name	Landscape/habitat	Local	status
				Past	Present
Herb	Colocasia esculenta	Bal	Jhum field	Abundant	Abundant
Tree	Trema orientalis	Belphuar	Hilly terrain	Abundant	Abundant
Grass	Oryza sativa	Buh	Jhum field	Abundant	Abundant
Herb	Musa sp.	Changel	Hilly terrain, fallow land	Abundant	Abundant
Herb	Colocasia esculenta	Dawl/Bal	Cultivated and fallow land	Abundant	Abundant
BroomGrass	Thysanolaena latifolia	Hmunphiah	Cultivated and fallow land	Abundant	Abundant
Mile-a minute	Mikania micrantha	Japanhlo	Hilly terrain, fallow land	Abundant	Abundant
Climber	Ipomoea batatas	Kawlbahra	Cultivated land	Abundant	Abundant
Tree	Artocarpus heterophyllus	Lamkhuang	Hilly terrain, Forest	Abundant	Abundant
Grass	Saccharum longisetosum	Luang	Cultivated and fallow land	Abundant	Abundant
Shrub	Manihot esculenta	Pangbal	Jhum field	Abundant	Abundant
Herb	Polygonum chinense	Taham	Hilly terrain, fallow land	Abundant	Abundant
Shrub	Carica papaya	Thingfanghma	Cultivated land	Abundant	Abundant
Maize	Zea mays	Vaimim	Cultivated land	Abundant	Abundant
Herb	Bidens pilosa	Vawkpuithal	Hilly terrain, cultivated, fallow land	Abundant	Abundant

6	7	8	9	10
Source of seeds/plants	Associated TK	Part Used	Other details	Community/ Knowledge holder
Wild /Local	Corm, leaves and stem are used for pig feed	Corm, leaves, stem	-	Mizo
Wild /Local	Fruits and leaves are eaten by animals. Wood is used for making gun powder, charcoal	Leaves	-	Mizo
Wild /Local	Grains are cooked and used for pig feed	Grains	-	Mizo
Wild /Local	Stem is used for pig feed. Leaves are used for serving food when feast is prepared	Stem	-	Mizo
Wild /Local	Whole plant is used for pig feed and corm is eaten by wild boar etc. Corm, stem and young	Whole plant	-	Mizo
	leaves are eaten as vegetables. Juice of corm and leaves are medicinal			
Wild /Local	Flower panicles are used for making brooms, leaves are for cattle fodder	Panicles & Leaves	-	Mizo
Wild /Local	Juice of crushed leaves used for fever, stomachache, diarrhoea, dysentery, fresh cuts.	Leaves	-	Mizo
Wild /Local	Cooked leaves are used against diarrhoea, dysentery, stomach problems, diabetes etc	Leaves	-	Mizo
Wild /Local	-		-	Mizo
Wild /Local	Young leaves are good for cattle fodder	Leaves	-	Mizo
Wild /Local	Leaves are used for cattle fodder, pig feed	Leaves	-	Mizo
Wild /Local	Leaves used as pig fed	Leaves	-	Mizo
Wild /Local	Unripe fruit is used for pigs feed	Unripe fruit	-	Mizo

Wild /Local	Grains are eaten as vegetables. Used for feeding poultry and pigs	Grains & Leaves	-	Mizo
Wild /Local	Juice of leaves are used for treating eye and ear affections, skin affections	Leaves	-	Mizo

Format 4 : Weeds

1	2	3	4	5	6
Plant	Scientific name	Local name	Affected Crop	Impact	Landscape/habitat
Herb	Acmella paniculata	Ankasate	All the jhum crops	Growth is effecte, which leads	Hilly terrain, cultivated and fallow
	_			to decrease in crop production	land.
Climber	Cyclanthera pedata	Ar-a fanghma	-do-	-do-	-do-
Herb	Solanum viarum	Athlo hling	-do-	-do-	-do-
Shrub	Ageratina adenophora	Bihar Hlo	-do-	-do-	-do-
Herb	Vernonia cinerea	Buar	-do-	-do-	-do-
Erect herb	Conyza stricta	Buarthar rang	-do-	-do-	-do-
Herb	Crassocephalum crepidioides	Buarthau	-do-	-do-	-do-
Herb	Blumea lanceolaria	Buarze	-do-	-do-	-do-
Herb	Stellaria media	Changkalrit	-do-	-do-	-do-
Herb	Lobelia nummularia	Choak-a-thi	-do-	-do-	-do-
Herb	Asystasiella neesiana	Dai hlo	-do-	-do-	-do-
Herb	Commelina benghalensis	Dawng	-do-	-do-	-do-
Grass	Imperata cylindrical	Di	-do-	-do-	-do-
Shrub	Mimosa pudica	Hlonuar	-do-	-do-	-do-
Erect shrub	Inula cappa	Hmeithai sarawh tul	-do-	-do-	-do-
Herb	Hypoestes phyllostachya	Hnahde	-do-	-do-	-do-
Climber	Dysolobium grande	Hruichun	-do-	-do-	-do-
Climber	Mucuna bracteata	Hruiduk	-do-	-do-	-do-
Climber	Mikania micrantha	Japanhlo	-do-	-do-	-do-
Fern	Dryopteris sp.	Katchat	-do-	-do-	-do-
Climber	Hedyotis capitellata	Kelhnamtur	-do-	-do-	-do-
Climbing shrub	Pericampylus glaucus	Khauchhim	-do-	-do-	-do-
Herb	Centella asiatica	Lambak	-do-	-do-	-do-
Herb	Saccharum longisetosum	Luang	-do-	-do-	-do-
Herb	Phyllanthus urinaria	Mitthi sunhlu	-do-	-do-	-do-
Grass	Cynodon dactylon	Phaitualhlo	-do-	-do-	-do-
Grass	Chrysopogon aciculatus	Phaitualhnim	-do-	-do-	-do-
Climber	Byttneria pilosa	Sazuk nghawnghlap	-do-	-do-	-do-
Under shrub	Urena lobeta	Se hnap	-do-	-do-	-do-
Under shrub	Triumfetta pilosa	Se meibawm	-do-	-do-	-do-
Shrub	Rubus birmanicus	Siali nu chhu	-do-	-do-	-do-
Herb	Cheilocostus speciosus	Sumbul	-do-	-do-	-do-
Shrub	Persicaria chinensis	Taham	-do-	-do-	-do-
Grass	Eulalia trispicata	Thang	-do-	-do-	-do-
Herb	Lindernia ruellioides	Thasuih	-do-	-do-	-do-
Climber	Merremia vitifolia	Thiannu	-do-	-do-	-do-

Climber	Merremia umbellata	Thianpa	-do-	-do-	-do-
Herb	Carex baccans	Thip	-do-	-do-	-do-
Shrub	Chromolaena odorata	Tlangsam	-do-	-do-	-do-
Herb	Houttuynia cordata	Uithinthang	-do-	-do-	-do-
Herb	Mollugo stricta	Vahmima bung	-do-	-do-	-do-
Herb	Ageratum houstonianum	Vailenhlo	-do-	-do-	-do-
Herb	Ageratum conyzoides	Vailenhlo	-do-	-do-	-do-
Herb	Lepidagathis incurva	Vangvat hlo	-do-	-do-	-do-
Herb	Bidens pilosa	Vawkpuithal	-do-	-do-	-do-
Herb	Croton caudatus	Vawkze	-do-	-do-	-do-
Herb	Cyanotis cristata	Vawmkur	-do-	-do-	-do-
Herb	Hibiscus surattensis	Zawng anthur	-do-	-do-	-do-

	7	8	9	10	11	12
	Status	Uses if any	Management options	Associated	Other	Community/
Past	Present			ТК	details	Knowledge holder
Abundant	Abundant	Some weeds have medicinal properties	Weeding is done by using	-	-	Mizo
Abundant	Abundant	and were used for treating fresh cuts, and	hands/knives. Herbicides like Glycel,	-	-	Mizo
Abundant	Abundant	certain illness. While other weeds like	Machete and Fire were used for	-	-	Mizo
Abundant	Abundant	<i>Imperata cylindrical, Mikania micrantha</i> etc are used for pig feed and cattle fodder.	mangaging weeds.	-	-	Mizo
Abundant	Abundant	ete are used for pig feed and eathe fodder.		-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant		-	-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo

Abundant	Abundant	-	-	Mizo
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Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
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Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo

Format 5 : Pests of Crops -

1	2	3	4	5	6
Plant	Insect/Animal	Scientific Name	Local Name	Habitat	Time/Season of attack
Jhum crops	Worm	-	Balung	Jhum field	Whole year
Jhum crops	Animal	Rhizomys sumatrensis	Bui	Jhum field	Apr-Aug
Maize	Insect pest	Spodoptera frugiperda	Fall army worm	Jhum field	Apr – May
Jhum crops	Insect	<i>Caelifera</i> sp.	Khau	Jhum field	Mar – May
Brinjal/Bitter tomato	Insect	Epicauta hirticornis	Kutdurh	Jhum field	July – Aug
Jhum crops	Bird	Streptopelia orientalis	Mimsirikut	Jhum field	Mar – May
Rice	Bird	Lonchura sp	Pit	Jhum field	Oct – Nov
Rice	Bird	Gallus gallus	Ram-Ar	Jhum field	March - April
Jhum crops	Insect	Trichogomphus martabani	Rawmung	Jhum field	Apr-Aug
Rice	Animal	Sus scrofa	Sanghal	Jhum field	Oct – Nov
Pumpkin	Animal	Melursus ursinus	Savawm	Jhum field	Oct – Nov
Rice	Animal	Rattus rattus	Sazu	Jhum field	Oct – Nov

Maize	Animal	Tamiops macclellandi	Thehlei	Jhum field	July – Aug
Orange	Insect	Eusthenes sp.	Thlangdar	Forest	June-September
Fruits & Vegetables	Bird	Pycnonotus cafer	Tlaiberh	Forest & Jhum field	When the crop is cultivated
Jhum crops	Bird	<i>Psittacula</i> sp.	Vaki	Jhum field	Mar – May

7	8	9	10
Management Mechanism	Associated TK	Other Details	Community/ Knowledge holder
	-	-	Mizo
Mostly, the local communities do not used insecticides or pesticides to control pest attacking crops. They	-	-	Mizo
do not follow any specific mechanisms to manage these pests. Recent outbreak of fall armyworm	-	-	Mizo
attacking maize in the jhum fields have caused a serious damage to the crops and some farmers used	-	-	Mizo
insecticides like Emamectin benzoate 5% SG to control such pests .	-	-	Mizo
	-	-	Mizo

Format 6 : Market for domesticated animals

1	2	3	4	5	6	7	8	9
Name of the Market & location	Weekly (D)/ Fortnightly (D)/ Monthly (D)/ Biannual (M)/ Annual (M)	Types of Animals bought & sold	Types and No. of animals transacted in a day	Places from which animals are bought	Places to which animals are sold/ transported	Name & location of fish market	Types of fish sold	Source of fish
Khawlailung Bazar	Weekly	Cow, Pig, Broiler	Not recorded	Local	Local	Nil	Nil	Nil

Format 7 : Peoplescape

1	2	3	4	5	6
Community	Families &	Sub-	Depending	Major resources accessed and seasons of access	Landscape
&	Major	occupation	Landscape		Management
Population	Occupation	-	_		Practices
Mizo	593			Forest products including timber, firewood, raw materials for constructions and furniture, wild	-
2543	Farming			vegetables and medicinal plants etc are the major resources obtained and season of access may vary	
				from their availability.	

7	8	9	10	11
Resource Management Practices	Cast/Tribe	Social Condition	Nature of inhabitants	No of Households
There is no specific mechanism followed for the resource management.	Mizo	Lower & Middle class		534

Format 8 : Landscape

		1	2	3	4	5	6
Majo	or Lands	capes	Sub-land	Features	Ownership	General Flora General Fauna	
Agri.	Pond	Fallow	scape	and approx.			
Land		Land		area			
17	3 ha	8		Hill	Mizo	Acmella paniculata, Ageratina adenophora,	
sq.kms		sq.kms		Slope/Hilly	(Local	Alseodaphne petiolaris, Ananus comosus, Bauhinia	Aonyx cinerea, Ptyas mucosa, Argyrophis diardii,
				Terrain	Commu		Melanochelys tricarinata, Kaloula assamensis,
					-nity)	benghalensis, Croton tiglium, Drimycarpus racemosus,	
						Dryopteris sp, Engelhardtia spicata, Vernonia cinerea,	Occidozyga sp, Euphlyctis cyanophlyctis,
						Vigna unguiculata, Vitis vinifera, Wedlandia	Hoplobatrachus crassus, Bufo stomaticus etc
						bundleioides,Zea mays etc etc	

7	8	9	10	11	12
User	Management Practices	General Uses	Associated TK	Other	Community
Groups				details	accessed
T 1					NC
Local	No specific management practice followed by the community or BMC. Members of the	For cultivation of agricultural	-	-	Mizo
people	village councils have followed and practice land management systems adopted by them	crops			
(Mizo)	with their own skills and knowledge.				

Format 9 : Waterscape

1	2	3	4	5	6
Waterscape Element type	Sub-type	Features and	Ownership	General	General fauna
		approx. area		Flora	
Varhva, Chelui, Sairil, Tuichang. Domestic uses is taken from Paihte river through Gravity.		Not measured	Mizo, Local community	-	Prawn, Crab and indigenous fishes like Garra sp (Nghalim), Neolissochilus sp (Nghahrah), Garra lissorhynchus (Nghazawngek), Macrognathus sp. (Nghalerh), Barilius barila (Lengphar), Devario devario (Nghadawl), Anguilla bengalensis (Ngharul), Botia sp (Nghasanghal).Nghatun, Dawntial, Nghameidum, Sumsi, etc

7	8 9		10	11	12	13
Major Uses	User Groups	Management Practices	General Uses	Associated TK	Other details	Community accessed
Domestic uses like cooking, washing etc.	Local people	No specific management were practiced but the Village council and YMA and NGOs in the community preserved and protected their water sources (rivers) with their own skills and knowledge		-	-	Local Community

Format 10 : Soil type

1	2	3	4
Soil Type	Color & Texture	Features	Soil Management
Red soil and sandy	-	-	Soil fertility is maintained and preserved by practicing terrace system for cultivation of agricultural crops. Contour
loamy soil			trenching has been practiced by some locals. The community does not practice any other systematic mechanism for the
-			management of soils. Usually they practice using pig/cow dung and chicken manure as fertilizers for their crops. Soils
			are highly fertile and any kind of jhum crops can be cultivated and thrives very well in this kind of soils.

5	6	7	8
Plants/Crop Suitable	Flora and Fauna	Associated TK	Other Information
Nearly all kinds of agricultural	Flora: Acmella paniculata, Ageratina adenophora, Alseodaphne petiolaris, Ananus comosus, Bauhinia		
crops and jhum crops are	variegata, Bidens pilosa, Brassica rapa, Cajanus cajan, Callophyllum polyanthum, Citrus limon,	-	-
cultivated.	Colocasia esculenta, Commelina benghalensis, Croton tiglium, Drimycarpus racemosus, Dryopteris sp.,,		
	Engelhardtia spicata, Erythrina variegata, Ipomoea batatas etc etc		
	Fauna: Arctogalidia trivirgata, Trachypithecus pileatus , Aonyx cinerea, Neofelis nebulosa,		
	Trachypithecus pileatus, Trachypithecus phayrei, Arctonyx collaris, Helarctos malayanus, Leopoldamis		
	edwardsi, Hoplobatrachus crassus, Bufo stomaticus etc		

DOMESTICATED BIODIVERSITY

Format 11 : Fruit Trees

1	2	3	4	5	6		7
Plant	Scientific name	Local name	Variety	Landscape Habitat	Local S	Status	Source of Plants/Seeds
type					Past	Present]
Tree	Ziziphus jujuba	Bawrai	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Protium serratum	Bil	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Persea Americana	Butter thei	Introduced	Hilly Terrain	Insufficient	Abundant	Introduced
Tree	Syzigium claviflorum	Hmuifarial	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Prunus domestica	Japan theite	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Phyllanthus acidus	Kawlsunhlu	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Psidium guajava	Kawlthei	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Dillenia indica	Kawrthindeng	Local	Hilly Terrain, Plain	Insufficient	Insufficient	Locally available
Tree	Myrica esculenta	Keifang	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Laurocerasus jenkinsii	Keipui	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Rhus chinensis	Khawmhma	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Artocarpus heterophyllus	Lamkhuang	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Prunus nepalensis	Lumler	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Baccaurea ramiflora	Pangkai	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Pyrus communis	Pear	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Aglaia edulis	Raithei	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Melia dubia	Sakhithei	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Citrus limon	Ser (fang)	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Citrus medica	Serpui	Local	Hilly Terrain	Abundant	Insufficient	Locally available

Tree	Citrus maxima	Sertawk	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Citurs reticulate	Serthlum	Local	Hilly Terrain	Insufficient	Abundant	Locally available
Tree	Phyllanthus emblica	Sunhlu	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Artocarpus chama	Tatkawng	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Tamarindus indica	Tengtere	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Annona squamosa	Thei arbawm/chini	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Laurocerasus undulata	Theiarlung	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Ficus fistulosa	Thei-ba-te	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Dimocarpus longan	Theifeimung	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Mangifera indica	Theihai	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Averrhoea carambola	Theiherawt	Local	Hilly Terrain	Abundant	Insufficient	Introduced
Tree	Elaeocarpus rugosus	Thei-kel-ek	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Sarcosperma griffithii	Theikhawkham	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Choerospondias axillaris	Theikhuangchawm	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Bruinsmia polysperma	Theipalingkawh	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Ficus semicordata	Theipui	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Carallia brachiata	Theiria	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Aphananthe cuspidate	Theisehret	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Artocarpus lacucha	Theitat	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Prunus persica	Theitehmul	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Ficus prostrata	Theitit	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Carica papaya	Thingfanghma	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Tetrastigma leucostaphylum	Thurpui	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Garunga floribunda	Tuairam	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Garcinia succifolia	Tuaithleng /Tuaihabet	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Antidesma bunius	Tuaitit	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Garcinia sopsopia	Vawmva	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Willughbeia edulis	Vuakdup	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Alphonsea ventricosa	Zawng Balhla/Thei-vawk-ek	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Parkia timoriana	Zawngtah	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Dimocarpus longan	Zo theifeimung	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Morus alba	Thing Theihmu	Local	Hilly Terrain	Abundant	Insufficient	Locally available

8	9	10	11	12
Season of	Uses (Usage)	Associated TK	Other details	Community/
Fruiting				Knowledge
				Holder
Oct - Feb	Leaves are lopped for fodder. Wood hard, reddish, durable		Own/Market use	Mizo
	used for house construction, tool handles etc. root, bark,			
	leaves and fruits are medicinal.			
Apr – Jun	Fruit is edible. Wood is used for furniture, gunstock etc		Own/Market use	Mizo
Oct-Feb	Leaves flowers fruits and seeds are used in medicine	Infusion of pounded leaves is useful for stomach ulcer	Own/Market use	Mizo
May-Jun	Leaves are lopped for cattle fodder	Wood is used for firewood	Own/Market use	Mizo

May-Jul	Fruit is edible	Fruit is laxative and refrigerant	Own/Market use	Mizo
Mar-Jun	Ripe fruit is edible	Leaves are eaten cooked as vegetable and also used for pigs feed	Own/Market use	Mizo
Sept-Nov	Bark & young leaves are used against diarrhoea, dysentery. Richest natural source of vitamin C	Juice of pounded bark, leaves & ripe fruits are applied to carbuncle. Bark paste is applied to toothache.	Own/Market use	Mizo
Dec – March	Wood is used for building, plywood, charcoal etc. fruit is edible	Juice of the crushed fruit is taken against rabies, cholera, diarrhoea. Bark and leaves are also medicinal.	Own/Market use	Mizo
April - June	Wood is used for firewood, Charcoal. Leaves are used as fodder and riped fruits are eaten by man and birds.	Bark is used to poison fish. Decoction of the bark is effective for cough, fever, bronchitis, sore throat, doarrhoea nad dysentery. Bark is also chewed for toothache.	Own/Market use	Mizo
Mar - May	Wood is used for firewood, rice pestles etc and leaves are for cattle fodder	-	Own/Market use	Mizo
Dec-Jan	Decoction of fruit used for colic, diarrhoea, dysentery	Wood used for fence posts & gun powder	Own/Market use	Mizo
Jun-Aug	Decoction of root used in fever, asthma, leaves used in fever, skin diseases, wounds, boils etc	Young fruits and seeds used as vegetable	Own/Market use	Mizo
Mar-May	Fruit is edible. Hardwood, leaves and fruits are used for medicinal purposes etc	-	Own/Market use	Mizo
June-Aug	Bark is used for constipatioan and leaves for toothache	-	Own/Market use	Mizo
Apr-May	Fruits are eatable	-	Own/Market use	Mizo
Mar - May	Wood very hard, red, good for furniture. Boats, posts, agricultural implements, firewood etc	-	Own/Market use	Mizo
Nov- Jan	Wood used for planking, ceilings, pencils, match boxes, plyboard, building purposes, fence post etc	-	Own/Market use	Mizo
Jun-Sep	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Own/Market use	Mizo
Jun-Sep	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Own/Market use	Mizo
Nov-Mar	Fruit is medicinal	Seeds are used for hypertension and diabetes	Own/Market use	Mizo
Oct-Feb	Fruit is a rich source of vitamin C, eaten by man	Water of boiled leaves used for bathing in fever	Own/Market use	Mizo
Whole year	Fruit which is very rich in vitamin C.	Bark is used for poisoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes.	Own/Market use	Mizo
Mar-Jun	Wood is used for building, furniture, plywood etc. leaves are lopped for cattle fodder	Bark is used in diarrhoea, milky juice is applied on inflammatory diseases of gland.	Own/Market use	Mizo
Frb – April	Wood used for furniture, tool handles, rice pounders, firewood, charcoal etc. young leaves and pods are used as vegetable	Seeds are considered antidote for snake bites. Fruit and	Own/Market use	Mizo
Jan- April	Fruits and leaves are used as fish-poison	This fruit is introduced and cultivated for the sake of its edible fruits	Own/Market use	Mizo
Aug-Sept	Fruit is edible, leaves are lopped for cattle fodder	Decoction of the bark/leaves is drunk for heart diseases.	Own/Market use	Mizo
Jun - July	Wood for fuelwood. Young shoots and fruits are used as vegetables.	Decoction of the leaves is given to women after childbirth. Bark and roots are also medicinal	Own/Market use	Mizo

Mar - July	Wood red, hard, durable used for furniture, posts, tool handles, firewood and charcoal. Fruits are edible and used in	-	Own/Market use	Mizo
May-Aug	medicine. Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles.	Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Own/Market use	Mizo
Nov-Feb	Fruits are edible, used as acid in dyeing and for removing iron mould and other stains on linen.	Leaves, roots and fruits are used as cooling medicines, fruits are used for treating liver diseases, urinary complaints and diabetes.	Own/Market use	Mizo
Oct - Feb	Wood light brown, soft, used for tea boxes, firewood etc	-	Own/Market use	Mizo
Apr – May	Wood hard, heavy, elastic used for building and firewood.	Seed is used for expelling intestinal worms and threadworms.	Own/Market use	Mizo
Aug-Nov	Fruit is edible	-	Own/Market use	Mizo
Dec-Feb	Fruits are edible	Juice of fruits and leaves are applied on sharp pain caused bu nettles or by poisonous hairs of caterpillars	Own/Market use	Mizo
Throughout the year	Bark fibre is used for making ropes. Fruits are edible. Leaves are used for cattle fodder and polishing wood	Young fruits are pounded with tender shoots of <i>Acacia pennata</i> and eaten.white latex is applied on boils. Roots, bark and fruits are used in medicine	Own/Market use	Mizo
Dec – Mar	Fruit is edible. Leaves are lopped for cattle fodder	Bark and leaves are used in septic poisoning and itch.	Own/Market use	Mizo
Oct-Dec	Fruits are edible	-	Own/Market use	Mizo
May-July	Fruit is edible, wood is used for firewood.	-	Own/Market use	Mizo
Oct – Dec	Fruit is edible and leaves are lopped for cattle fodder	-	Own/Market use	Mizo
June – july	Fruit is edible	Juice of the root is given in snake bite and white latex is also applied in snake bites.	Own/Market use	Mizo
Whole year	Ripe fruit is good for digestion.	Decoction of unripe fruit is used to cure jaundice, diabetes etc. juice of boiled leaves is used to treat various type of cancer and stomach problems	Own/Market use	Mizo
May – Aug	Wood is used for firewood, leaves are good for fodder	-	Own/Market use	Mizo
Aug- Nov	Fruit is edible	-	Own/Market use	Mizo
Aug-Sept	Fruits are edible	-	Own/Market use	Mizo
Aug - Oct	Bark is used for making rope	Acid leaves are used in snake bites. Juice of crushed leaves are also used for whooping cough.	Own/Market use	Mizo
June- Aug	Fruits are edible	Seeds are prscribed for killing intestinal worms	Own/Market use	Mizo
April-May	Milky juice is used as milk im tea	-	Own/Market use	Mizo
July - Oct	Wood is hard very elastic, used for boat building, native bows poles, tool handles, firewood etc		Own/Market use	Mizo
Nov-Feb	Unmatured pods and tender leaves are eaten as vegetable.	Young leaves and seeds are useful against food allergy, colic, diarrhoea and dysentery. Bark and fruits are prescribed to check excessive bleeding during menstruation. Juice of the green rind of the pod is applied to fresh cuts, scabiea and itching.	Own/Market use	Mizo
July – Sept	Ripe Fruit is edible	-	Own/Market use	Mizo
April - June	Silkworm fed on its leaves. Young leaves and twigd are for fodder. Wood is used for furniture, house construction etc	Leaves are sometimes boiled with meats and eaten as curry	Own/Market use	Mizo

Format 12 : Medicinal Plants

1	2	3	4	5	6
Plant type	Local Name	Scientific Name	Variety	Landscape/habitat	Source of Plant/Seeds
Herb	Aieng	Curcuma longa	Local	Cultivated	Tuber
Herb	Ailaidum	Curcuma caesia	Local	Cultivated	Tuber
Herb	Anchiri	Homalomena aromaticum	Local	Wild	Seeds
Herb	Anhling	Solanum nigrum	Local	Wild/Cultivated	Seeds
Climber	Ar-a fanghma	Cyclanthera pedata	Local	Wild	Seeds
Tree	Archangkawm	Oroxylum indicum	Local	Wild	Seeds
Succulent	Awle lei	Aloe vera	Local	Cultivated	Seeds
Fern	Awmvel	Platycerium wallichii	Local	Wild	Seeds
Climber	Bachhim	Dioscorea alata	Local	Wild	Seeds
Herb	Bahkhawr	Eryngium foetidum	Local	Wild/cultivated	Seeds
Herb	Bakkhate	Glinus oppositifolius	Local	Wild/cultivated	Seeds
Tree	Belthei	Aegle marmelos	Local	Wild	Seeds
Sub-shrub	Buarze	Blumea lanceolaria	Local	Wild	Seeds/Plantlet
Shrub	Builukham Pa/Nu	Osbeckia crinita/chinensis	Local	Wild	Seeds
Herb	Changkalrit	Drymaria cordata	Local	Wild	Seeds
Shrub	Chawng	Euphorbia royleana	Local	Wild	Seeds
Tree	Chhawntual	Aporosa octandra	Local	Wild	Seeds
Herb	Choak-a thi	Lobelia angulata	Local	Wild	Seeds
Tree	Fartuah	Erythrina stricta	Local	Wild	Seeds
Grass	Fu	Saccharum officinarum	Local	Cultivated	Seeds
Climber	Hlozak/Hlonuar	Mimosa pudica	Local	Wild	Plantlet
Tree	Hnahkiah	Callicarpa arborea	Local	Wild	Plantlet/seeds
Climber	Hruivankai	Tinospora sinensis	Local	Wild	Seeds
Climber	Japanhlo	Mikania micrantha	Local	Wild	Seeds
Tree	Kaihzawl	Dillenia pentagyna	Local	Wild	Seeds
Tree	Kamsahulh	Croton tiglium	Local	Wild	Seeds
Tree	Kawhtebel	Trevesia palmata	Local	Cultivated	Seeds
Shrub	Kawldai	Justicia adhatoda	Local	Wild	Seeds
Herb	Kelba-an	Plantago major	Local	Wild	Seeds
Climber	Kelhnamtur	Hedvotis scandens	Local	Wild	Seeds
Herb	Kham damdawi	Bergenia pacumbis	Local	Wild	Seeds
Herb	Khatual	Picria felterrae	Local	Wild	Seeds
Tree	Khawitur	Hydnocarpus kurzii	Local	Wild	Seeds
Tree	Khawmhma	Rhus chinensis	Local	Wild/cultivated	Seeds
Climbing shrub	Lalruanga dawibur	Zanonia indica	Local	Wild	Seeds
Herb	Lambak	Centella asiatica	Local	Wild	Seeds
Herb	Lunglehkha nawhfaina	Peperomia pellucida	Local	Wild	Seeds
Climber	Maipawl	Benincasa hispida	Local	Cultivated	Seeds/Plantlet
Herb	Mitthi Sunhlu	Phyllanthus urinaria	Local	Wild	Seeds/Flantiet

Tree	Nauthak	Litsea monopetala	Local	Wild	Seeds
Tree	Neem	Azadirachta indica	Local	Cultivated	Seeds
Shrub	Nimbu	Citrus limon	Local	Cultivated	Seeds
Tree	Pasaltakaza	Helicia robusta	Local	Wild	Seeds/Plantlet
Shrub	Pawhrual	Maesa andamanica	Local	Wild	Seeds
Shrub	Pawhrual	Sarcococca pruniformis	Local	Wild	Seeds
Shrub	Pawhrual (Mitthi pal)	Justicia gendarussa	Local	Wild	Seeds
Undershrub	Perhpawng chaw	Scoparia dulcis	Local	Wild	Seeds
Shrub	Phuihnam	Clerodendrum colebrookianum	Local	Wild/Cultivated	Seeds/Plantlet
Shrub	Saisiak	Flueggea virosa	Local	Wild	Seeds
Tree	Saithei	Gynocardia odorata	Local	Wild	Seeds
Climber	Sarzuk	Elaeagnus sp	Local	Wild/Cultivated	Seeds
Herb	Sawhthing	Zingiber officinale	Local	Cultivated	Tuber
Herb	Sekhupthur	Begonia sp.	Local	Wild	Seeds
Herb	Sumbul	Cheilocostus speciosus	Local	Wild	Seeds
Shrub	Tawkpui	Solanum torvum	Local	Wild/cultivated	Seeds/Plantlet
Shrub	Tawkte	Solanum anguivi	Local	Wild/cultivated	Seeds/Plantlet
Herb	Thasuih	Lindernia ruellioides	Local	Wild	Seeds
Tree	Theihai	Mangifera indica	Local	Cultivated	Seeds
Climber	Theikelki	Stelmocrypton khasianum	Local	Wild	Seeds
Tree	Thingfanghma	Carica papaya	Local	Cultivated	Seeds
Tree	Thingsia	Castanopsis tribuloides	Local	Wild	Seeds
Tree	Thuamriat	Alstonia scholaris	Local	Wild	Seeds
Shrub	Tlangsam	Chromolaena odorata	Local	Wild	Seeds/Plantlet
Climber	Tluangngil	Smilax glabra	Local	Wild	Seeds
Herb	Tumbu	Musa sp.	Local	Wild	Seeds
Herb	Uithinthang	Houttuynia cordata	Local	Wild	Seeds
Climber	Va ko	Thunbergia alata	Local	Wild	Seeds
Shrub	Vakep	Mussaenda roxburghii/Mussaenda glabra	Local	Wild	Seeds
Climber	Vawihuihhrui	Paederia foetidia	Local	Wild	Seeds
Tree	Zihnghal	Stereospermum tetragonum/chelonoides	Local	Wild	Seeds
Climber	Zuanghnuang	Byttneria grandifolia			Seeds
Tree	Zairum	Anogeissus acuminata	Local	Wild	Seeds

,	7	8	9	10	11	12
Local	Status	Uses	Part Used	Associated TK	Other details	Community/
Past	Present	(Usage)			market/	Knowledge
					own use	Holder
Abundant	Abundant	Medicinal	Rhizome	Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery,	Own use	Mizo
				cholera, asthma, food poisoning, and also used as a tonic for blood purifier		
Insufficient	Insufficient	Medicinal	Rhizome	Rhizome is used for stomach ache, diarrhoea, dysentery, jaundice, asthma,	Own use	Mizo
				measles, food allergy or food poisoning		

Insufficient	Insufficient	Medicinal	Stalks, Rhizomes	Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, berries	Leaves are boiled in water and taken against urinary problems and kidney stones. Juice of green berries is applied to boils, ringworm etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Fruit	Fruit is rich in antioxidant and used in medicine	Own use	Mizo
Abundant	Insufficient	Medicinal	Leaves, fruit,	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion,	Own use	Mizo
			bark	dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc		
Insufficient	Insufficient	Medicinal	Leaf pulp	Leaf pulp is used for liver complaints, spleen enlargement, jaundice, asthma, kidney stones, ulcers, fresh cuts and wounds, burns, skin diseases.	Own use	Mizo
Insufficient	Abundant	Medicinal	Leaves	Juice of leaves is applied to herpes eruptions	Own use	Mizo
Abundant	Insufficient	Medicinal	Tuber, Bulbil	Tubers and Bulbil are use as vegetable and also used to treat cancer	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, roots	Leaves are used for flavouring curry. They are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled for treating malarial fever, diabetes, pneumonia, constipation	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Whole Plant is medicinal	Own use	Mizo
Insufficient	Insufficient	Medicinal	Fruit, Bark	Fruit is useful in diabetes, digestion, dysentery and diarrhoea. Root bark is used for poisoning of fish.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Decoction of leaves used in ulcer, asthma, sores, dandruff etc	Own use	Mizo
Abundant	Abundant	Medicinal	Root & leaves	Decoction of roots is used in diarrhoea, dysentery, hepatitis etc, leaves for toothache	Own use	Mizo
Insufficient	Insufficient	Medicinal	Whole plant	Thick paste prepared from plant is applied on broken bone. Plant is laxative and cooling uswd for cold, sinusitis, and menstruation troubles etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Shrub, milky juie	Pith of this shrub and unripe fruit of papaya are cooked with chicken and water is taken against diseases of liver, chronic fever. Milky juice is used externally for ringworm, rheumatism, sciatica, boils, warts etc	Own use	Mizo
Abundant	Insufficient	Medicinal	Bark, Leaves	Bark and leaves decoction used in stomach ulcer, diarrhoea and dysentery.	Own use	Mizo
Abundant	Insufficient	Medicinal	Leaves & Fruits	Juice of crushed leaves & fruits are used against diarrhoea, sore throat, stomach ulcer, tonsillitis and toothache	Own use	Mizo
Abundant	Abundant	Medicinal	Bark	Decoction of the bark is ysed for stomach ulcer and kidney trouble. Powder of the bark is used in fever, asthma, biliousness, rheumatism, itch, burning sensation, leprosy and epilepsy.	Own use	Mizo
Abundant	Abundant	Medicinal	Stem juice	Juice of the stem is used as a remedy for jaundice, purifies blood, good for lungs, diuretic etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots	Roots decoction used in piles and jaundice, diseases of liver and kidney etc	Own use	Mizo
Abundant	Abundant	Medicinal	Bark & Leaves	Decoction of bark and leaves used for diabetes, cholera, internal bleeding, stomach ulcer etc. Leaves are used for fermenting cooked soya bean (<i>Bekang</i>), famous mizo dish.	Own use	Mizo
Abundant	Abundant	Medicinal	Rhizome	Juice of the pounded rhizome is used in indigestion, stomach trouble, dysuria, dysentery.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaf juice applied on fresh wounds, stomach pain & ulcer	Own use	Mizo
Insufficient	Insufficient	Medicinal	Bark, leaves	Decoction of bark, leaves is used for curing gastric trouble, asthma, dysentery, cancer etc	Own use	Mizo

Insufficient	Insufficient	Medicinal	Fruits, leaves,	Fruits and leaves are used for poisoning of fish. Decoction of bark and leaves	Own use	Mizo
A1	A1	N. 1 1	bark	are used in treatment of cancer.	0	
Abundant	Abundant	Medicinal	Root, leaves	Roots and leaves are used to treat stomachache	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis, and juice of the crushed leaves is also applied to fresh cuts	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	The leaves are eaten raw in salad or cooked as a pot herb. The plant is very rich in vitamin B11 and Riboflavin. Decoction of the whole plant is used in malarial fever, diabetes and tuberculosis. Warm water of cooked leaves is retained in mouth sore and tooth-ache. Juice of the leaves is externally used for wounds, boils, chronic ulcers, cuts, otitis, sprains, stings, swellings etc. leaves are crushed with fruits of <i>Solanum anguivi</i> and applied to pimples and small boils on the face. Poultice of leaves is also bound to cuts to draw out thorns and splinters.	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots & leaves	Decoction of roots/leaves is medicinal. The plant is also used as fish poison	Own use	Mizo
Insufficient	Insufficient	Medicinal	Root	Bitter root is used in fever, dysuria, spleen enlargement, liver diseases, stomachache, diarrhoea, dysentery etc and also applied to wounds, sores and boils.	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	Bitter leaves are used for making Sa-chek. Decoction of the plant is prescribed as a remedy for enlarged spleen, fever and stomachache.	Own use	Mizo
Insufficient	Insufficient	Medicinal	Seeds	Seeds yields chaulumugra oil which is used in rheumatism, leprosy, psoriasis and other skin diseases.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves & fruits	Decoction of fruit & Leaves used in various diseases	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves, Fruit	Water is put inside the empty fruit and shaken, the water becomes bitter and drunk for stomachache etc.	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	Plant is used in diabetes, jaundice, pile,dysentery,diarrhoea,hypertension etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Whole Plant	The plant has been used for treating abdominal pain, abscesses, acne, boils, colic, fatigue, gout, headache, renal disorders, and rheumatic joint pain. the whole plant is used to stop hemorrhages. The roots are used to treat fevers and the aerial parts are used as dressing for wounds. The plant has been used to lower cholesterol. It is a popular cough suppressant, emollient, and diuretic. It is also used topically for skin disorders such as acne and boils.	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit & Leaves	Juice of fruit is used for diarrhoea, cholera, diabetes, vomiting, kidney problems	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots and leaves	Roots and leaves are used in medicine	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	Juice of the whole plant is used for cholera, dyenstery, fever, liver problems and jaundice, diabetes etc	Own use	Mizo
Insufficient	Abundant	Medicinal	Root, bark, leaves	Muga silkworm feeds on the leaves. Roots, bark and leaves are used in medicine	Own use	Mizo
Insufficient	Abundant	Medicinal	Leaves	Boiled water of leaves is used to treat diabetes, hypertension, stomach problems etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots & fruits	Roots are used in colic, vomitting, flatulence. Fruits used in asthma, cough, diarrhoea, fever, blood purifier, skin diseases etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Bark & Leaves	Decoction of Bark & leaves used in stomach ulcer, indigestion, womb troubles	Own use	Mizo

				etc		
Insufficient	Insufficient	Medicinal	Leaves	Juice of the pounded leaves is used as fomentation for sprains. Cramps and rheumatism. Decoction of the leaves is also taken for pains in muscles and tissues.	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves	Juice of the crushed leaves is externally used for sprains and cramps. Decoction of the leaves is used against tonsilitis	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves, stem, Roots	Juice of the pounded leaves, stem and roots are used in diabetes, stomach troubles, nausea, diarrhea, dysentery, toothache and also removal of stones in kidney. Juice of the leaves is also useful as external applications for snake bite, sores, burns and cuts.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaf juice used in High blood pressure	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Decoction of leaves used in measles, chicken pox, scabies etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Fruit, root	Fruit is hit, anthelmintic, used in bronchitis, ulcers, skin diaseses, small tumors and slightly inflammations, leprosy, diabetes, etc. decoction of rott bark is also recommended for diabetes.	Own use	Mizo
Abundant	Abundant	Medicinal	Roots & leaves	Decoction of roots and leaves is used for treating menstrual and urinary problems	Own use	Mizo
Abundant	Abundant	Medicinal	Rhizome	Rhizomes are used as spice and condiment, taken as a cure for food poisoning. Juice of pounded rhizome is is given to women in case of sufficient supply of milk for their children and also dropped into the ear when attacked by ticks.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, stem	Stem and leaves are eaten against diarrhoea and dysentery, juice of the sten or stalk is also applied to rash or sores etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots	Juice of crushed roots used in diseases of kidney, fever, jaundice, bronchitis etc	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	-do-	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	Unripe fruit are eaten as vegetable. Roots and fruit are used in high blood pressure, asthma, dysuria, fever, colic. Crushed fruit is used in burns, boils etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Whole plant	Whole plant is used as poultice for cramps, rheumatism, sciatica, wounds etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Young leaves are cooked and juice is eaten for food poisoning, diarrhoea, dysentery etc	Own use	Mizo
Abundant	Abundant	Medicinal	Roots, Leaves	Roots or leaves are cooked and water is taken for curing diseases of liver and jaundice	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, fruit	Fruit is edible and used for constipation, stomach troubles, juice of boiled leaves is used in treating stomach ulcer, cancer and other stomach related problems	Own use	Mizo
Abundant	Abundant	Medicinal	Bark, stem	Juice of bark and stem is used for infection, wounds and cuts etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Bark and juice	Bark is useful in treatment of high blood pressure, asthma, typhoid, malaria, diarrhoea, dysentery. Milky juice applied in fresh cuts, sores, ringworm, wart,etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Juice of the leaves applied to fresh cuts	Own use	Mizo
		Medicinal	Leaves, Roots	Pounded tuberous roots are used as rheumatism, stomach ache and diarrhoea. Decoction of leaves is also taken for curing tonsilities.	Own use	Mizo
Abundant	Abundant	Medicinal	Buds	Plaintain is cooked with water and water is drink for treating deficiency of white blood	Own use	Mizo
Insufficient	Insufficient	Medicinal	Whole plant	Whole plant is used in medicine, used for treating cancer, liver problems etc	Own use	Mizo

Abundant	Abundant	Medicinal	Leaves	Decoction of leave used against diabetes, new cuts, stomach problem etc and	Own use	Mizo
				also for treatment of cancer		
Insufficient	Insufficient	Medicinal	Bark, Levaes	Bark and leaves are useful in snake bites	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	he whole plant is regarded as a specific for rheumatic affection, in which it is Iministered both internally and externally. Juice of crushed leaves is used in arrhoea and dysentery. Stem and leaves are also chewed for relief in tooth- the		Mizo
Insufficient	Insufficient	Medicinal	Leaves	Leaves are lopped for fodder. Bark and young leaves are used as remedy for fever, stomach pain etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Stem	Stem juice used for mouth sore, stomach ulcer etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, Bark	Water of cooked leaves is taken as remedy for high blood pressure. Decoction of bark is used in stomach troubles, fever, diarrhoea and also applied on measles, chicken pox, sprains and burns	Own use	Mizo

Format 13 : Ornamental Plants

1	2	3	4	5	
Plant type	Local Name	Scientific Name	Variety	Source of Plants/Seeds	
Herb	Herb Anthurium Anthurium andraeanum		Introduced	Locally available	
Tree	April par	Delonix regia	Introduced	Locally available	
Herb	Ar-tukkhuan	Mirabilis jalapa	Local variety	Locally available	
Tree	Chawnpui	Lagerstroemia speciosa	Local variety	Locally available	
Shrub	Christmas par	Poinsettia pulcherrima	Introduced	Locally available	
Herb	Chuailopar	Gomphrena globosa	Local variety	Locally available	
Herb	Dahlia	Dahlia pinnata	Local variety	Locally available	
Annual Herb	Derhken	Tagetes erecta	Local variety	Locally available	
Grass	Di par	Gladiolus dalenii/natalensis	Local variety	Locally available	
Perennial Herb	Dingdi	Asclepias curassavica	Local variety	Locally available	
Tree	Fartuah	Erythrina stricta	Local variety	Locally available	
Shrub	Forget me not	Durranta erecta	Local variety	Locally available	
Herb	Kumtluang	Catharanthus roseus	Local variety	Locally available	
Perennial herb	Kungpuimuthi	Canna indica	Local variety	Locally available	
Tuber	Lilypar	Lilium sp	Local variety	Locally available	
Tree	Makpazangkang	Cassia javanica spp nodosa	Local variety	Locally available	
Shrub or small tree	Midum pangpar	Hibiscus rosa-sinensis	Local variety	Locally available	
Shrub	Mualhawihte	Ixora coccinea	Local variety	Locally available	
Epiphyte	Nauban	Orchid	Local variety	Locally available	
Herb	Nuaithang	Impatiens balsamina	Local variety	Locally available	
Shrub	Rose par	Rosa indica	Local variety	Locally available	
Thorny shrub	Saron par	Bougainvillea spectabilis	Local variety	Locally available	
Shrub	Saron par te	Holmskioldia sanguinea	Local variety	Locally available	
Tree	Vaube	Bauhinia variegata	Local variety	Locally available	
Annual herb	Zamzo	Celosia argentea	Local variety	Locally available	
Glabrous shrub	Zan rimtui	Cestrum nocturnum	Local variety	Locally available	

6	7	8	9	10
Commercial/Non commercial	Uses	Associated TK	Other Details	Community/ Knowledge holder
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo

Format 14 : Timber plants

1	2	3	4		5		7
Plant	Local Name	Scientific Name	Habitat	Local	Local Status		Other uses
Туре				Past	Present	home- garden	
Tree	Batling	Wedlandia bundleioides	Wild	Abundant	Abundant	Wild	Wood is used for gunpowder, charcoal, firewood etc
Tree	Belphuar	Trema orientalis	Wild	Abundant	Abundant	Wild	Wood is used for gunpowder, charcoal, firewood etc
Tree	Berawchal	Canarium bengalense	Wild	Insufficient	Insufficient	Wild	Wood heartwood, reddish brown, used for firewood etc
Tree	Bul	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wild	Wood is used for building, furniture, firewood etc
Tree	Bulfek	Phoebe lanceolata	Wild	Abundant	Abundant	Wild	Heartwood used for firewood and leaves for cattle fodder
Tree	Bulpui	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wild	Wood used for building, furniture, firewood etc
Tree	Bulthur	Nyssa javanica	Wild	Abundant	Abundant	Wild	Wood is grey, yellow, soft used for house building
Tree	Bung	Ficus benghalensis	Wild	Abundant	Abundant	Wild	Wood used for fuelwood, well curbs etc

Tree	Char	Terminalia myriocarpa	Wild	Abundant	Abundant	Wild	Wood used for furniture, house building, firewood etc
Tree	Chawmzil	Ligustrum robustum	Wild	Abundant	Abundant	Wild	Wood used for firewood and charcoal etc
Tree	Chhawntual	Aporosa octandra	Wild	Abundant	Abundant	Wild	Wood used for firewood and charcoal etc
Tree	Fah	Lithocarpus dealbatus	Wild	Abundant	Abundant	Wild	Wood used for rice pestle, firewood and charcoal etc
Tree	Fartuah	Erythrina variegata	Wild	Abundant	Abundant	Wild	Wood is used for drums, toys etc and bark fibre for cordage
Tree	Haidai	Mangifera sylvatica	Wild	Insufficient	Insufficient	Wild	Wood used for cheap furniture, house building, frames etc
Tree	Haivahmim	Mangifera indica	Wild	Insufficient	Insufficient	Wild	Wood used for cheap furniture, house building, frames etc
Tree	Herhse	Mesua ferrea	Wild	Insufficient	Insufficient	Wild	Wood very hard used for bridges, railway sleepers, tool
							handles, firewood, rice pestle, charcoal etc
Tree	Hmawng	Ficus sp	Wild	Abundant	Abundant	Wild	Wood used for fuel and charcoal etc
Tree	Hmuifarial	Syzygium claviflorum	Wild	Insufficient	Insufficient	Wild	Wood is used for firewood, leaves are lopped for cattle fodder
Tree	Hmuipui/Lenhmui	Syzygium cumini	Wild	Insufficient	Insufficient	Wild	Wood is moderately hard, used for plywood, furniture, tool handles, panels, posts and firewood etc
Tree	Hnahkhar	Mallotus paniculatus	Wild	Abundant	Abundant	Wild	Wood used for firewood
Tree	Hnahpawte	Litsea lancifolia	Wild	Insufficient	Insufficient	Wild	Wood used for firewood
Tree	Hnahthap	Colona floribunda	Wild	Abundant	Abundant	Wild	Wood is used for making lockets of key chain and firewood
Tree	Hnum	Engelhardtia spicata	Wild	Insufficient	Insufficient	Wild	Wood used for house construction, tea boxes, packing etc
Tree	Hriang	Betula alnoides	Wild	Insufficient	Insufficient	Wild	Wood used for furniture, plywood, tool handles.
Tree	Hriangzau	Betula cylindrostachya	Wild	Insufficient	Insufficient	Wild	Wood red, hard, heavy used for building, furniture, firewood and charcoal
Tree	Kamsahulh	Croton tiglium	Wild	Insufficient	Insufficient	Wild	-
Tree	Kawihthuang	Leucosceptrum canum	Wild	Insufficient	Abundant	Wild	Wood can be used as firewood
Tree	Kei te	Symplocos racemosa	Wild	Insufficient	Insufficient	Wild	Wood is used for firewood.
Tree	Kham thing	-	Wild	Insufficient	Insufficient	Wild	-
Tree	Kharduap	Macaranga indica	Wild	Insufficient	Insufficient	Wild	Wood can be used for firewood etc
Tree	Kharuan	Elaeocarpus lanceifolius	Wild	Abundant	Insufficient	Wild	Wood used for house building, firewood and charcoal etc
Tree	Khaukhim	Firminia/Sterculia colorata	Wild	Abundant	Insufficient	Wild	Wood grey, soft and used for floors.
Tree	Khaupui	Sterculia villosa	Wild	Abundant	Insufficient	Wild	Wood very soft is used for drums and paper pulp
Tree	Khawitur	Hydnocarpus kudzii	Wild	Insufficient	Insufficient	Wild	Wood used for temporary building, firewood etc
Tree	Khawkherh	Juglans regia	Wild	Insufficient	Insufficient	Wild	Wood used for cabinet making, furniture, carving etc
Tree	Khawreng	Streblus indicus	Wild	Insufficient	Insufficient	Wild	Heartwood is used for house posts
Tree	Khiang	Schima wallichii	Wild	Abundant	Abundant	Wild	Wood durable is used in planking, building, plywood, firewood
Tree	Khiangzo	Schima khasiana	Wild	Abundant	Abundant	Wild	Wood used for house building, firewood etc
Tree	Khuangthli	Bischofia javanica	Wild	Insufficient	Insufficient	Wild	Wood used for house building, furniture, firewood etc
Tree	Kumkhal /Umkhal	Elaeocarpus tectorius	Wild	Insufficient	Insufficient	Wild	Wood used for firewood
Tree	Lawngthing	Dipterocarpus turbinatus	Wild	Insufficient	Insufficient	Wild	Wood used for house construction, floors, plywood, firewood,
	8						railway sleepers, tool handles etc
Tree	Lungkhup	Haldina cordifolia	Wild	Insufficient	Insufficient	Wild	Wood used for planking, house posts, door and window
					/		frames, shutters, furniture, plywood, firewood etc
Tree	Mualhawih	Saraca asoca/indica	Wild	Insufficient	Insufficient	Wild	Wood used for tool handles, ploughs and shafts
Tree	Muk	Cordia fragrantissima	Wild	Abundant	Abundant	Wild	Wood durable, used for gunstocks, posts and firewood etc
Tree	Nauthak	Litsea monopetala	Wild	Abundant	Abundant	Wild	Wood soft not durable can be used for firewood
Tree	Nganbawm	Acrocarpus fraxinifolius	Wild	Insufficient	Insufficient	Wild	Wood used for furniture, motor bodies, planking, flooring etc

Tree	Nghalchhun	Eriobotrya bengalensis	Wild	Insufficient	Insufficient	Wild	Wood used for firewood, charcoal etc
Tree	Ngiau	Michelia champaca	Wild	Abundant	Abundant	Wild	Wood hard and durable used in furniture, building, planking
Tree	Pang	Bombax insigne	Wild	Abundant	Abundant	Wild	Wood used for packing cases, matchboxes, splints
Tree	Pangkai	Baccaurea ramiflora	Wild	Insufficient	Insufficient	Wild	-
Tree	Phan	Ulmus lanceifolia	Wild	Insufficient	Insufficient	Wild	Wood durable used for posts, gunstocks, tool handles etc
Tree	Phuanberh	Macropanax undulatus	Wild	Insufficient	Insufficient	Wild	Wood is soft and can be used for firewood
Tree	Phuanberhpui	Ailanthus integrifolia spp	Wild	Insufficient	Insufficient	Wild	Wood used for partition wall, plywood, packing cases etc
Tree	Phunchawng	Bombax ceiba	Wild	Insufficient	Insufficient	Wild	Wood used for packing cases, matchboxes and splints
Tree	Ramlakhuih	Pandanus odorifer	Wild	Insufficient	Insufficient	Wild	Fruit is used for combing cotton yarn and seeds are edible
Tree	Rihnim	Ficus religiosa	Wild	Insufficient	Insufficient	Wild	Wood durable underwater, used for fuel and charcoal etc
Tree	Ruphir	Prunus ceylanica	Wild	Insufficient	Insufficient	Wild	Wood is used for firewood and charcoal
Tree	Sahatah	Aglaia spectabilis	Wild	Insufficient	Insufficient	Wild	Wood hard used for furniture, building, doors and windows
Tree	Saithei	Gynocardia odorata	Wild	Insufficient	Insufficient	Wild	wood used for planking, posts and firewood
Tree	Saper	Lindera nacusua	Wild	Insufficient	Insufficient	Wild	Wood used for building construction
Tree	Saperbul	Cinnamomum glaucescens	Wild	Insufficient	Insufficient	Wild	Wood is durable, used for furniture, boat building, fuelwood
Tree	Saphut	Tarennoidea wallichii	Wild	Insufficient	Insufficient	Wild	Wood cream colour, used for building, firewood, charcoal etc.
Tree	Sehawr	Castanopsis indica	Wild	Abundant	Abundant	Wild	Wood hard used for furniture, building, firewood etc
Tree	Sentezel	Callophyllum polyanthum	Wild	Insufficient	Insufficient	Wild	Wood moderately hard, strong and elastic is used for building,
							firewood, bridges etc
Tree	Sernam	Litsea cubeba	Wild	Insufficient	Insufficient	Wild	Wood used for gunpowder, charcoal, firewood etc
Tree	Sevuak	Olea dioica	Wild	Insufficient	Insufficient	Wild	Wood hard used for tool handles, firewood and charcoal
Tree	Sihneh	Eurya japonica	Wild	Abundant	Abundant	Wild	-
Tree	Siksil	Pterospermum acerifolium	Wild	Abundant	Abundant	Wild	Wood used for furniture, building, planking, motorbodies etc
Tree	Taitaw	Spondias pinnata	Wild	Abundant	Abundant	Wild	Wood used for drums, firewood etc
Tree	Tatkawng	Artocarpus chama	Wild	Abundant	Abundant	Wild	Wood durable used for building, furniture, plywood etc
Tree	Teak	Tectona grandis	Wild	Abundant	Abundant	Wild	Wood extremely durable, used for buildings, bridges,
							furniture, plywood, constructions etc
Tree	Tei	Toona cilliata	Wild	Abundant	Insufficient	Wild	wood usedfor furniture, house building, ceiling, floors etc
Tree	Tek em	Sapium eugeniaefolium	Wild	Insufficient	Insufficient	Wild	Wood can be used for firewood.
Tree	Thal	Quercus floribunda	Wild	Insufficient	Insufficient	Wild	Wood reddish grey with darker streaks, very hard, durable
							used for bulding, axe handles, firewood and charcoal.
Tree	Thal pui	Quercus lineata	Wild	Insufficient	Insufficient	Wild	Wood brown or grayish brown hard used for building,
	TT1 1 1		XX7'1 1			XX 7'1 1	firewood and charcoal
Tree	Thalteh	Kydia calycina/glabrescens	Wild	Abundant	Abundant	Wild	Wood soft suitable for plywood, packing cases etc
Tree	Thehlei khak	Aglaia chittagonga	Wild	Insufficient	Insufficient	Wild	Wood used for house posts and firewood etc
Tree	Theikum	Diospyros malabarica	Wild	Insufficient	Insufficient	Wild	Wood used for building, firewood etc
Tree	Theivabuan	Plachonella grandifolia	Wild	Insufficient	Insufficient	Wild	Wood moderately hard, used for building purposes
Tree	Theipalingkawh	Bruinsmia polysperma	Wild	Abundant	Insufficient	Wild	Sawn timber used for house construction
Tree	Theipui	Ficus semicoradata	Wild	Abundant	Abundant	Wild	Wood used for mortars, firewood etc
Tree	Theisehret	Aphananthe cuspidata	Wild	Insufficient	Insufficient	Wild	Wood used for planking, firewood and charcoal
Tree	Thelret	Hevea brasilliensis	Wild	Insufficient	Insufficient	Wild	Wood used for furniture industry and can be used as firewood
Tree	Thil	Lithocarpus polystachyus	Wild	Insufficient	Insufficient	Wild	Wood used for building, firewood etc
Tree	Thingarek	Vitex glabrata	Wild	Insufficient	Insufficient	Wild	Wood moderately hard, used for cartwheel, firewood, charcoal

Tree	Thingdawl	Tetrameles nudiflora	Wild	Insufficient	Insufficient	Wild	Wood is used for flooring, walling, matches, plywood etc .
Tree	Thingdawn	Itea macrophylla	Wild	Insufficient	Insufficient	Wild	Wood used as fuel
Tree	Thingkha	Derris robusta	Wild	Abundant	Abundant	Wild	Wood used for house posts, firewood and charcoal
Tree	Thingkhawilu	Vitex peduncularis	Wild	Abundant	Abundant	Wild	Wood used for posts, firewood and charcoal etc
Tree	Thinglung	Homalium ceylanicum	Wild	Abundant	Abundant	Wild	Wood used for building, firewood, charcoal etc
Tree	Thingpuithing	Lithocarpus elegans/obscurus	Wild	Abundant	Abundant	Wild	Wood used for firewood, building, charcoal etc
Tree	Thingsaphu	Dysoxylum mollissimum	Wild	Abundant	Insufficient	Wild	Wood red, durable used for house building, furniture, boats
Tree	Thingsen	Dipterocarpus retusus	Wild	Insufficient	Insufficient	Wild	Wood moderately hard used for house building, motor bodies, plywood etc
Tree	Thingsia	Castanopsis tribuloides	Wild	Abundant	Abundant	Wild	Wood used for house posts, firewood, charcoal etc
Tree	Thingtheihmu	Morus alba	Wild	Abundant	Insufficient	Wild	Wood used for house construction, furniture, tool handles etc
Tree	Thingvandawt	Pterygota alata	Wild	Insufficient	Insufficient	Wild	Wood used for drums, firewood etc
Tree	Thingvawkpui	Balakata baccata	Wild	Abundant	Insufficient	Wild	Wood used for plywood, packing cases, firewood etc
Tree	Thlanvawng	Gmelina arborea	Wild	Abundant	Abundant	Wild	Wood used for planking, furniture, house posts etc
Tree	Tiar	Saurauia punduana	Wild	Insufficient	Insufficient	Wild	Wood light, brown, soft used for firewood and charcoal
Tree	Tiarpui	Saurauia napaulensis	Wild	Insufficient	Insufficient	Wild	Wood, light pink, soft used ofr temporary building, firewood
							and charcoal and leaves for fodder
Tree	Vaiza	Hibiscus macrophyllus	Wild	Insufficient	Insufficient	Wild	Wood soft but durable used for posts, rafters etc
Tree	Vang	Albizia chinensis	Wild	Abundant	Abundant	Wild	Wood used for making drum, firewood and charcoal etc
Tree	Vaube	Bauhinia variegata	Wild	Abundant	Abundant	Wild	Wood is used for tool handles, firewood, charcoal etc. leaves
							are a good fodder. Decoction of bark/leaves is used in
							menstrual disorders, piles, diabetes, diarrhoea and dysentery
Tree	Vawmbal	Drimycarpus racemosus	Wild	Abundant	Abundant	Wild	Wood is used for building, boats, firewood etc
Tree	Vawngdawl	-	Wild	Insufficient	Insufficient	Wild	-
Tree	Vawngthir	-	Wild	Abundant	Abundant	Wild	-
Tree	Vawngthla	Premna milleflora	Wild	Abundant	Abundant	Wild	Wood durable used for house posts etc
Tree	Zaihri	Ficus virens	Wild	Insufficient	Insufficient	Wild	Wood moderately hard, used for firewood etc
Tree	Zairum	Anogeissus acuminata	Wild	Abundant	Insufficient	Wild	Wood used for house posts, tool handles, fuel and charcoal etc
Tree	Zathu	Polyalthia jenkinsii	Wild	Insufficient	Insufficient	Wild	Wood is used for house posts, firewood etc
Tree	Zawng taitaw	-	Wild	Insufficient	Insufficient	Wild	-
Tree	Zihnghal	Stereospermum chelonoides	Wild	Insufficient	Insufficient	Wild	Wood used for house construction, cabinet making, furniture
Tree	Zuang	Duabanga grandiflora	Wild	Abundant	Abundant	Wild	Wood used for building, plywood, firewood etc

8	9	10
Associated TK	Other details	Community/
		knowledge
		holder
	Wood pole is used for fencing post.	Mizo
Bark yields a strong fibre and leaves are lopped for cattle fodder	It is a light demanding tree, fsat growing and short lived tree	Mizo
-	-	Mizo
-	Ripe fruit is eaten by birds and animals	Mizo
-	It is a shade bearer and fast growing tree	Mizo

-	-	Mizo
-	Fruit is eaten by birds and wild animals	Mizo
Bark and aerial roots are used for making coarse ropes	Leaves are good for cattle fodder	Mizo
-	Leaves are good for fodder, it is a fast growing tree	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Tender pods are edible, seeds edible roasted or boiling, bark and leaves are also used in medicine	It is a fast growing tree and cultivated as ornamental and hedge plant	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Bark, unripe fruit, flowers and seed oil are medicinal	Seed oil is used for burning, lubricating and soap making	Mizo
Leaves and twigs are lopped for cattle fodder	Bark, fruit and leaves are used in medicine	Mizo
	Fruits are eaten by man, bears and birds	Mizo
Seed is very useful for treating diabetes and the bark for fever, jaundice, urinary problems, sore throat, ronchitis, asthma, ulcers and chronic dysentery etc	Fruits are eaten by man, birds and wild animals	Mizo
	-	Mizo
Root is medicinal for diarrhoea	-	Mizo
	-	Mizo
Bark is medicinal and also used for poisoning fish. Leaves are lopped for fodder	It is a light demander	Mizo
	The plant is said to be used as snake bite remedy. It can tolerate moderate shade and it is a moderate shade growing tree	Mizo
	It is a fast growing tree	Mizo
Fruits and leaves are used for poisoning fish.	Decoction of leaves are used for treating cancer	Mizo
	-	Mizo
Bark is used in medicine and the leaves and bark are used in dyeing.	-	Mizo
	-	Mizo
Different parts of the plant are used in various traditional medicine	-	Mizo
Bark is scraped with dao and the powder is used for stupefying bees (Khawivah)	Fruits are used for poisoning fish	Mizo
Bark fibre is used for making cordage. Bark is cooked with bark of <i>Citrus medica</i> and water is taken for tonsillitis	Leaves are lopped for cattle fodder	Mizo
Seeds are eaten roasted or fried. Bark yields a strong fibre	Decoction of the bark is used in cholera, dysentery, diarrhoea and tonsilities	Mizo
	-	Mizo
Rind of the unripe fruit and young leaves are used to intoxicate fish and nuts for anning and dyeing	Leaves are used for cattle fodder, it is a light demander and moderate fats growing tree	Mizo
Free is tapped for wood oil and oleo resin is applied to ring worm, ulcers, sprains etc. Bark is also chewed to relieve toothache	It is a light demander, can tolerate shade in youth	Mizo
Powdered fruit is used in scorpion sting, bites of centipede, juice of the bark for chronic ulcer and fresh cuts. Leaves are lopped for fodder	Tender leaves are cooked eaten. It is moderate light demander and moderately fast growing tree	Mizo
Pounded bark is used for poisoning of fish	-	Mizo
Juice of young leaves is used for curing tonsillitis and sores	Bark, stem and leaves are also medicinal. Leaves are lopped for cattle fodder	Mizo

-	-	Mizo
	It is a strong light demander but the seedlings are shade tolerant.	Mizo
diarrhoea, dysentery		
Tender leaves are eaten cooked as vegetable, seed is chewed as a substitute for	-	Mizo
betel nut, bark sometimes used as tea leaves		
Young leaves are eaten cooked with rat's meat. Decoction of Bark/leaves is used	-	Mizo
to expel small pieces of retained placenta		
Bark is used for constipation and leaves for toothache	-	Mizo
Muga Silkworm are reared on the leaves	Roots, bark and leaves are used in medicine, leaves are for cattle fodder	Mizo
Leaves are lopped for cattle fodder	This tree is a quick growing and moderate light demander	Mizo
-	Leaves are lopped for cattle fodder.	Mizo
-	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are used for cattle fodder	-	Mizo
Tender leaves are cooked and eaten without its water as vegetables	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Cotton is used for pillows and cushions, leaves for fodder. Tender leaves, flowers and calyces are used as vegetable	It is a strong light demander, fire resistant and fast growing tree	Mizo
Fibre obtained from the leaves is used for nets, sacks and brushes. Decoction of the roots is also used in diseases of kidney etc.	-	Mizo
-	-	Mizo
Kernels are used for poisoning fish	-	Mizo
	-	Mizo
Bark and fruit pulp are used for poisoning fish. Decoction of root bark is also recommended for diabetes	Leaves are poisonous for cattle	Mizo
	-	Mizo
Leaves are eaten cooked as vegetable	_	Mizo
		Mizo
		Mizo
Fruits are eaten by wild animals. Trunk is used for making mortars for pounding rice	It is a moderate shade bearer in youth. Seed often germinate soon after falling under its mother tree	Mizo
Silkworm reared on the leaves. Boiled water of berries with meats of Indian Badger is taken as a remedy for sciatica and high blood pressure		Mizo
		Mizo
		Mizo
Leaves are used by Mizos for lining Siksil (Umbrella) and Thul – Basket lids	-	Mizo
Decoction of bark is used in treating diarrhoea, dysentery and rheumatism	Juice of crushed bark is also applied to fresh cuts	Mizo
Bark is used in diarrhoea, milky juice is applied on inflammatory diseases of glands and sometimes used as milk in tea. Leaves are lopped for cattle fodder	It is a shade bearer in youth and grow very fast	Mizo
Leaves are used for fermenting cooked soyabean (<i>Bekang</i>), a traditional mizo delicacy	It is a strong light demander and fire resistant	Mizo
Bark is useful in fever, diarrhoea, itching and flowers in menstrual disorders	Leaves are lopped for cattle fodder	Mizo

Acorns are devoured by wild animals like bears etc and birds. It is a shade bearer or moderate light demander and growth is moderate. Acorns are eaten by wild animals It is a light demander and fast growing tree. Tolerates moderate shade in youth - - - Leaves are lopped for cattle fodder and polishing wood It is a fast growing tree - - It is a fast growing tree - It yields the para rubber, the finest and the most durable catoutchouc known - - - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be -	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
Acorns are eaten by wild animals It is a light demander and fast growing tree. Tolerates moderate shade in youth - - Leaves are lopped for cattle fodder and polishing wood It is a fast growing tree - It yields the para rubber, the finest and the most durable catoutchouc known - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
It is a light demander and fast growing tree. Tolerates moderate shade in youth Leaves are lopped for cattle fodder and polishing wood It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
- - Leaves are lopped for cattle fodder and polishing wood It is a fast growing tree - It yields the para rubber, the finest and the most durable catoutchouc known - It yields the para rubber, the finest and the most durable catoutchouc known - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo Mizo Mizo Mizo Mizo Mizo
Leaves are lopped for cattle fodder and polishing wood It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo Mizo Mizo Mizo Mizo Mizo
It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo Mizo Mizo Mizo Mizo
It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo Mizo Mizo Mizo
It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo Mizo Mizo
 It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo Mizo
It yields the para rubber, the finest and the most durable catoutchouc known - - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo Mizo
- - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo
- - It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo
	Mizo
	111120
used for poisoning fish, juice of crushed bark and leaves are used to tick bite.	Mizo
-	Mizo
Leaves are lopped for cattle fodder	Mizo
	Mizo
	Mizo
	Mizo
-	Mizo
It is a shade bearer in early stages and afterwards a light demander	Mizo
	Mizo
Young leaves and twigs are good for cattle fodder	Mizo
-	Mizo
Endi silkworm reared on the leaves	Mizo
	Mizo
-	Mizo
-	Mizo
	Mizo
	Mizo
	Mizo Mizo
	used for poisoning fish, juice of crushed bark and leaves are used to tick bite. - Leaves are lopped for cattle fodder Young leaves and twigs are good for cattle fodder Endi silkworm reared on the leaves It is a light demander and fire resistant, fast growing tree - - - - - - - - - - - - -

applied on sore of baby's navel		
-	-	Mizo
Decoction of bark is used in stomach troubles, fever, diarrhoea and also apllied on		Mizo
measles, chickem pox, sprains and burns. Leaves are cooked in water and water is		
taken as a remedy for high blood pressure.		
Tender leaves are boiled with meats and eaten as vegetables		Mizo
Young shoots are eaten in curries, amd fibre can also be used as rope	Fast growing tree	Mizo
Decoction of the bark is used in stomach troubles, fever, diarrhea and also applied	Leaves are cooked in water and water is taken as a remedy for high blood	Mizo
on measles, chicken pox, sprains and burns.	pressure	
-	-	Mizo
		Mizo
Root, leaves and flowers are also used medicinally. Bark and young leaves are		Mizo
used as a remedy for fever, stomach ache etc		
Bark is bruised, boiled with soil impregnated with urine to produce a bluish dye	Fast growing tree	Mizo

Format 15 : Domesticated Animals

1	2	3	4	5	6
Animal type	Local name	Scientific name	Breed	Features	Method of keeping
Poultry	Ar	Gallus domesticus	Local	-	Poultry house made up of bamboo, poles and GI Sheets near the house
Cattle	Bawng	Bos gaurus	Local	-	Cattle Shed
Poultry	Broiler Ar	Gallus gallus domesticus	Broiler	-	Poultry House/Shed
Cattle	Kel	Capra aegagrus hircus	Local	-	Cattle Shed
Poultry	Parva	Columba livia	Local	-	Poultry house/shed
Dog	Ui	Cannis familiaris	Local	-	Kennel
Poultry	Vahmim	Coturnix coturnix	Local	-	Poultry house/shed
Poultry	Varak	Anas platyrhynchos domesticus	Local	-	Poultry house/shed
Pig	Vawk	Artiodactyla suidae	Local	-	Pig shed built separately near the owner's house
Cat	Zawhte	Felis catus	Local	-	Inside house alongwith the owner's family

,	7	8	9	10	11	12
Local	Status	Uses	Associated TK	Commercial	Other details	Community/
Past	Present			Rearing		Knowledge holder
Abundant	Insufficient	For meat and eggs	Chickens are used for sacrifice in olden days	Commercial and own use	Dung is used as fertilisers for cultivated crops	Mizo
Abundant	Insufficient	For meat and milk	-	Commercial	Cow dung is used as fertilizers	Mizo
Insufficient	Abundant	For meat	-	Commercial	Dung is used as fertilisers for cultivated crops	Mizo
Abundant	Insufficient	For meat	-	Commercial	-	Mizo
Insufficient	Insufficient		-	-	-	Mizo
Abundant	Abundant	For housekeeper	Fresh blood used for inflammatory disease of gland (Hrilawn)	-		Mizo
Insufficient	Insufficient	For meat and eggs	-	-	_	Mizo

Insufficient	Insufficient	For meat	-	-	-	Mizo
Abundant	Abundant	For meat	-	Commercial	Dung is used for cultivated crops	Mizo
Abundant	Abundant		-	-	-	Mizo

Format 16 : Culture Fisheries

1	2	3	4	5	6		7
Fish type	Local Name	Scientific Name	Variety	Features	Waterscape	Local	status
					-	Past	Present
Carp	Common carp	Cyprinus carpio		-	-do-	Insufficient	Abundant
Carp	Grass carp	Ctenopharyngodon idella		-	-do-	Insufficient	Abundant

8	9	10	11	12
Uses	Associated TK	Commercial rearing	Other details	Community/Knowledge holder
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo

Format 17 : Markets/Fairs of domesticated animals, medicinal plants and other products ------

1	2	3	4
Name of the Weekly Market/Fair	Location	Weekly/Fortnight & others/Biannual/Annual	Day held
Ralkahkawn	Dinthar Veng	Daily	Monday-Saturday
Kawtchhuah	Kawtchhuah	Daily	Monday-Saturday

WILD BIODIVERSITY

Format 18 : Trees, Shrubs, Herbs, Tubers, Grasses, Climbers

1	2	3	4	5	6	
Plant type	Local Name	Scientific Name	Habit	Habitat	Local	status
					Past	Present
Herb	Aidu	Amomum dealbatum	Perennial herb	Wild	Abundant	Abundant
Herb	Anchiri	Homalomena aromatica	Aromatic herb	Wild	Insufficient	Insufficient
Herb	Anhling	Solanum americanum	Herb	Wild	Abundant	Abundant
-	Bahra		-	Wild	Abundant	Abundant
Shrub	Builukham nu	Melastoma malabathricum	Evergreen large shrub	Wild	Abundant	Abundant
Shrub	Builukham pa	Osbeckia stellata	Erect branched shrub	Wild	Abundant	Abundant
Fern	Chakawk	Diplazium esculentum	Large terrestrial fern	Wild	Abundant	Abundant
Bamboo	Chal	Bambusa khasiana	Tall grass	Wild	Abundant	Insufficient
Tree	Chawmzil	Ligustrum robustum	Evergreen tree	Wild	Abundant	Abundant
Tree	Chingit	Zanthozylum rhetsa	Small tree	Wild	Abundant	Abundant
Tree	Chingit suak	Tetradium fraxinifolium	Small tree	Wild	Abundant	Abundant
Herb	Hnahthial (Pa)	Stachyphrynium placentarium	Perennial herb	Wild	Abundant	Abundant
Climber	Hruiduk	Mucuna bracteata	Climber	Wild	Abundant	Abundant
Climber	Hruihmul	Pueraria montana var. lobata	Perennial deciduous hairy climber	Wild	Abundant	Abundant

Cane	Hruipui	Calamus flagellum	Cane	Wild	Abundant	Insufficient
Climber	Hruirithet	Tetrastigma rumicispermum	Large climber	Wild	Insufficient	Insufficient
Climber	Hulhu	Aganope thyrsiflora	Large woody climber	Wild	Abundant	Abundant
Climber	Kai ha	Smilax perfoliata	Large climber	Wild	Insufficient	Insufficient
Fern	Katchat	Nephrolepis cordifolia	Terrestrial or Epiphytic fern	Wild	Abundant	Abundant
Tree	Kawhte bel	Trevesia palmata	Small evergreen tree	Wild	Abundant	Abundant
Climber	Kawihrui	Entada phaseoloides	Large climber	Wild	Abundant	Abundant
Tree	Kawihthuang	Leucosceptrum canum	Small evergreen tree	Wild	Abundant	Insufficient
Herb	Kawlbahra	Ipomoea batatas	Perennial prostrate herb	Wild	Abundant	Abundant
Shrub	Kawldai	Ĵusticia adhatoda	Evergreen shrub	Wild	Abundant	Abundant
Climber	Khangpawl	Acacia pruinescens	Large climber with recurved prickles	Wild	Abundant	Abundant
Climber	Khangsen	Acacia megaladena	Climber	Wild	Abundant	Abundant
Climber	Lengphek	Tetrastigma coriaceum	Climber	Wild	Insufficient	Insufficient
Bamboo	Mautak	Melocanna baccifera	Evergreen single culm Bamboo	Wild	Abundant	Abundant
Tree	Nauthak	Litsea monopetala	Small tree	Wild	Abundant	Abundant
Shrub	Pangbal	Manihot esculenta	Herbaceous shrub	Wild	Abundant	Abundant
Under shrub	Pelh	Gnetum gnemon	Evergreen under shrub	Wild	Abundant	Abundant
Herb	Phaiphek	Molineria capitulata	Tufted perennial herb	Wild	Insufficient	Insufficient
Bamboo	Phulrua	Dendrocalamus hamiltonii	Large tufted bamboo	Cultivated	Abundant	Abundant
Bamboo	Rawnal	Dendrocalamus longispathus	Long sheath bamboo	Cultivated	Abundant	Abundant
Bamboo	Rawthing	Bambusa longsipiculata	Evergreen clumped bamboo	Wild	Abundant	Abundant
Bamboo	Rawthla	Schizostachyum dullooa	Moderate sized bamboo with thin walls	Wild	Abundant	Abundant
Climbing Pear Bamboo	Sairil	Melocalamus compactiflorus	Climbing bamboo	Wild	Abundant	Abundant
Shrub	Saisiak	Fluggea virosa	Large shrub	Wild	Abundant	Abundant
Tree	Sernam	Litsea cubeba	Small tree	Wild	Insufficient	Insufficient
Shrub	Siali nu chhu	Rubus birmanicus	Large shrub	Wild	Abundant	Abundant
Shrub	Sihneh	Eurya cerasifolia/japonica	Evergreen shrub or small tree	Wild	Abundant	Abundant
Palm	Tartiang	Pinanga gracilis	Erect shrub with simple stem	Wild	Insufficient	Insufficient
Shrub	Thakpui	Dendrocnide sinuata	Large Evergreen Shrub	Wild	Abundant	Abundant
Climber	Tluangngil	Smilax glabra	Slender climber	Wild	Insufficient	Insufficient
Shrub	Vakep	Mussaenda glabra/macrophylla	Large erect shrub	Wild	Abundant	Abundant
Climber	Vako	Thunbergia grandiflora	Large climber	Wild	Abundant	Abundant
Shrub	Vani an	Lycianthes neesiana	Shrub with bluish white flowers	Wild	Abundant	Abundant
Shrub	Vate khawizu	Phlogacanthus sp.	Shrub with yellow or red flowers	Wild	Insufficient	Insufficient
Climber	Vawihuih hrui	Paederia foetida	Slender wiry foetid climber	Wild	Abundant	Abundant
Tree	Zairum	Anogeissus acuminata	Big tree	Wild	Abundant	Insufficient
Climber	Zawnga leihawn	Bauhinia scandens	Large evergreen climber with flat stem	Wild	Abundant	Insufficient
Climber	Zawngtur	Pachyrhizus erosus	Perennial climber	Wild	Abundant	Insufficient
Tree	Zuang	Duabanga grandiflora	Big tree	Wild	Abundant	Abundant

7	8	9	10	11
Commercial/ own use	Part collected	Associated TK	Other details	Community Knowledge Holder
Own use	Young shoots, Buds	Stem is used for tying purposes, leaves are also used for fermenting cooked soya beans	Plant is used for a cure of enlargement of the liver, young shoots and buds are eaten cooked or fired as vegetables	Mizo
Own use	Stalks, Rhizomes	Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	-	Mizo
Own use	Leaves, berries	Water of boiled leaves is taken against urinary problems and stones in kidney. Juice of green berries is applied to ringworm, boils etc.	This plant is eaten cooked as vegetable	Mizo
Own use	Tuber	-	Tuber is eaten cooked as vegetable	Mizo
Own use	Whole plant	Fruits edible, leaves are used for cuts, diarroea and dysentery	Whole plant is used for high blood pressure	Mizo
Own use	Root	Decoction/infusion of root is useful in diseases of kidney, dysuria, stomach complaints, dysentery and for expelling threadworms from the body	-	Mizo
Own use	Fronds	-	Young fronds are eaten cooked as vegetable	Mizo
Own use	Culms, shoots	Culms are used for receptacle of womans pipe, basket work and building	Young shoots are edible.	Mizo
Own use	Leaves	Leaves are sometimes lopped for cattle fodder	In some places, planted as hedge plant	Mizo
Own use	Tender leaves, fruit	Young fruits and leaves are used to poison fish. Oil obtained from fruit is medicinal	Tender leaves are eaten cooked as vegetable.	Mizo
Own use	Fruit	Fruit is used for treating dysentery	_	Mizo
Own use	Leaves	Leaves are used for packing and wrapping foodstuff like cooked rice, raw sugar and other eatable items including fresh vegetables	-	Mizo
Own use	-	The plant is used as a cover crop in Rubber and Oil palm plantation	_	Mizo
Own use	Roots, Leaves	Roots are used to poison fish	Leaves are eaten by cattle and buffaloes	Mizo
Own use	Cane, leaves	Cane is used for making furniture and basket, leaves for thatching	-	Mizo
Own use	Fruit	-	Ripe fruit is edible	Mizo
Own use	Leaves, fruits	Young leaves are eaten as vegetable, but several changes of water is needed while cooking.	Decoction of fruit is used against stomach- ache, dysentery	Mizo
Own use	Stem	Pieces of stem are used for cleaning teeth	-	Mizo
Own use	-	-	-	Mizo
Own use	Shoots, flowers, fruits	Shoots, young fruits and flower buds are eaten as vegetable	Roots and leaves are used to treat stomach-ache	Mizo
Own use	Leaves, seeds	Seeds are used for washing hairs and splitted stem for tying purposes. It is also used for playing games by Mizo boys and girls. Pounded seeds mixed with water is used for expelling leeches from cattle nostrils	Tender leaves are eaten cooked as vegetable. Seeds are roasted and eaten.	Mizo
Own use	-	-	Wood can be used for firewood	Mizo
Own use	Leaves	Leaves are eaten cooked as vegetable, and also used against diarrhoea, dysentery, stomach-ache, digestive troubles, diabetes etc	-	Mizo
Own use	Leaves	Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis and juice of the crushed leaves is applied to fresh	Leaves dired and made into cigarettes are smoked in asthma, juice is used for diarroea	Mizo

		cuts.	and dysentery	
Own use	Leaves	Tender leaves are acid and eaten as vegetable.	Plants are prescribed for asthma, bronchitis and pneumonia. Leaves are also used in scabies and	Mizo
			snake bite	
Own use	Bark	Bark is used as fish poison and medicine	-	Mizo
Own use	-	-	-	Mizo
Own use	Culm, Tender shoots	Culm is used for building,. Paper pulp and also used for making	Tender shoots are boiled and eaten, used in	Mizo
		house walls, thatching, mats, baskets etc. the glossy surface of the stem is scraped and powder is applied to fresh cuts.	curries and pickles.	
Own use	Leaves	Muga silkworm feeds on the leaves, leaves for cattle fodder	Roots abrk and leaves are used in medicine	Mizo
Own use	Roots, shoots	Tuberous roots are eaten cooked or fried.	Tuberous roots are used externally for skin	Mizo
O will use	100013, 5110013		diseases	IVIIZO
Own use	Leaves, flower, fruit	The tender leaves including flowers and fruits are cooked or fried	Fibres of inner bark are good for nets and ropes	Mizo
		eaten as vegetable. Seeds are also roasted and eaten		
Own use	Tuber, Petiole	Juice of the crushed tuber is used to cure abdominal pain and to stop	Tender white petiole is also used for liver	Mizo
		bleeding	problems and stomach pain	
Own use	Culms, shoots	Culms are used for temporary building, mats, baskets, agarbati	Young shoots are eaten cooked as vegetables	Mizo
		sticks, paper, fuel, gutters, water vessel etc		
Own use	Culms, Shoots	Culms are used for making paper pulp, baskets, building etc	Young shoots are eaten cooked as vegetables	Mizo
Own use	Culms, shoots	Culms are used for building purposes	Young shoots are eaten cooked as vegetables	Mizo
Own use	Culm, Tender shoots	Culm is used for making baskets, mats, mizo looms, ceiling,	Young shoots are eaten cooked as vegetable	Mizo
		partition walls, huts purlin etc. and <i>Buhban or Sticky rice</i> is also cooked in the joints.		
Own use	Stem	It is used for making hats, baskets etc.	Juice of stem is used for influenza and applied	Mizo
Own use	Stem	It is used for making hats, baskets etc.	to scalp for curing dandruff, falling hairs and	IVIIZO
			baldness.	
Own use	Bark, Leaves	Bark used for poisoning fish. Decoction of the leaves used in case of	-	Mizo
	,	both measles, chicken pox, scabies and skin itching.		
Own use	Leaves, berries	Silkworm reared on the leaves. Boiled water of berries are used for	Young berries are used for flavouring	Mizo
	,	sciatica and high blood pressure		
Own use	-	-	-	Mizo
Own use	Leaves	Tender leaves are eaten cooked with rice or meats	Wood used for firewood and charcoal	Mizo
Own use	Fruit, leaves	Fruit is chewed like betel nut. Leaves are also used in roofing native	-	Mizo
		huts		
Own use	Roots	Decoction of roots is used in diseases of liver, jaundice, fever,	Pounded roots with crabs are prescribed in	Mizo
		chicken pox, skin itching.	malaria and jaundice	
Own use	Roots, Leaves	Pounded tuberous roots is employed in rheumatism, stomach ache	-	Mizo
		and diarrhoea. Decoction of leaves is also taken for curing tonsillitis		
Own use	Bark, Leaves	Bark and leaves are useful in application of snake bites	-	Mizo
Own use	Leaves	Juice of the leaves is useful for diabetes, eye diseases, fresh cuts.	-	Mizo
		Decoction of leaves is used for stomach troubles		
Own use	Leaves	-	Leaves are eaten cooked as vegetable	Mizo
Own use	Leaves	-	Leaves are used for washing by rubbing the	Mizo
			leaves which gives a lather with water	

Own use	Stem, Leaves	Juice of the crushed leaves is used for diarrhoea and dysentery. Stem	-	Mizo			
		and leaves are also chewed for relief in toothache					
Own use	Wood, bark, leaves	Wood is hard used for house posts, tool handles, fuel and charcoal.	Leaves are cooked with water and the water is	Mizo			
		Decoction of bark is used in stomach pain, fever, diarrhoea, measles,	used for treating high blood pressure				
		chicken pox, sprains and burns.					
Own use	Bark	Bark is used for making rope	-	Mizo			
Own use	Tubers	Tubers are usedfor treatment of dysuria, cough, rheumatism,	Tuberous roots are sweet and eaten by man and	Mizo			
		malarial fevere etc	wild animals				
Own use	Wood, bark	Bark is bruised and boiled with soil impregnated with urine to	Wood is used for house building,	Mizo			
		produce a bluish dye	scaffolding,plywood, firewood etc				

Format 19 : Wild Plant Species of Importance

1	2	3	4	5
Local Name	Scientific Name	Variety	Importance (Economic, Social & Cultural)	Status
Anchiri	Homalomena aromatica	Wild	Rhizome and petiole are medicinal, it is also used for making fragrance	Insufficient
Bawltehlantai	Agapetes odontocera	Wild	Roots, Leave snd flowers are medicinal	Insufficient
Belthei	Aegle marmelos	Wild	Fruit is useful in diabetes, digestion, dysentery and diarrhoea. Root bark is used for poisoning of fish.	Insufficient
Beltur	Ostodes paniculata	Wild	Wood used for firewood. Gum from tree is used for making paper. Leaves as fodder	Insufficient
Builukham	Osbeckia sp.	Wild	Leaves are used for cuts, diarrhoea nad dysentery. Whole plant is used for hypertension	Abundant
Hnahthial	<i>Phrynium/Stachyphrynium</i> sp.	Wild	Leaves are used for packing and wrapping food stuff and vegetables, also used for carpeting rice bin	Abundant
Hruivankai	Tinospora sinensis	Wild	Juice of the pounded rhizome is used in indigestion, stomach trouble, dysuria, dysentery.	Abundant
Hulhu	Aganope thyrsiflora	Wild	Young leaves are eaten as vegetable. Decoction of fruit is used against stomach-ache and dysentery	Abundant
Kham	Bergnia pacumbis	Wild	Bitter root is used in fever, dysuria, spleen enlargement, livaer diseases, stomachache, diarrhoea,	Insufficient
damdawi			dysentery etc and also applied to wounds, sores and boils.	
Khaupui	Sterculia villosa	Wild	Bark yields a strong fibre. Decoction of bark is used cholera, dysentery, diarrhoea and tonsilities	Abundant
Lal ruanga	Zanonia indica	Wild	Water is put inside the empty fruit and shaken, the water becomes bitter and drunk for stomachache	Insufficient
dawibur			etc.	
Phaktel	Bridelia montana	Wild	Wood is used for posts, tool handles, house construction, firewood etc. Roots and bark are medicine.	Insufficient
Rulei	Millettia pachycarpa	Wild	Roots and pods are used to poison fish. Juice of crushed roots is applied on mange of pigs	Abundant
Saithei	Gynocardia odorata	Wild	Fruit is hit, anthelmintic, used in bronchitis, ulcers, skin diaseses, small tumors and slightly	Insufficient
			inflammations, leprosy, diabetes, etc. decoction of rott bark is also recommended for diabetes.	
Thelret	Ficus elastica	Wild	It yields Indian rubber of commerce. Leaves are used for fodder	Insufficient
Tluangngil	Smilax glabra	Wild	Pounded tuberous roots are used in rheumatism, stomach-ache and diarrhoea. Decoction of leaves is	Insufficient
			also taken for curing tonsilities	
Zairum	Anogeissus acuminata	Wild	Wood is used for charcoal, fuel, tool handles. Water of cooked leaves is taken as remedy for high	Insufficient
			blood pressure. Decoction of bark is used in stomach troubles, fever, diarrhoea and also applied on	
			measles, chicken pox, sprains and burns	
Zihnghal	Stereospermum tetragonum	Wild	Wood is used for house construction, furniture, tool handles, firewood etc. leaves are lopped for	Insufficient
			fodder. Bark and young leaves are used as remedy for fever, stomach-ache etc. roots and flowers are	
			also used medicinally.	

Format 20 : Aquatic Biodiversity :

1	1 2		4	5	6		
Local Name	Scientific Name	Variety	Features	Habitat	Local Status		
					Past	Present	
Chakai	Potamonautes sp	Local	-	Rivers and Streams	Abundant	Abundant	
Chengkawl	Bithynia tentaculata	Local	-	Rivers and Streams	Abundant	Abundant	
Dawntial	Acanthocobitis botia	Local	-	Rivers and Streams	Abundant	Abundant	
Dawntial	Nemacheilus savona	Local	-	Rivers and Streams	Abundant	Abundant	
Dawntial	Nemacheilus scaturigina	Local	-	Rivers and Streams	Abundant	Abundant	
Dawntial	Schistura sp/ Acanthococbitis botia	Local	-	Rivers and Streams	Abundant	Abundant	
Hmursawp	Garra cf. gotyla	Local	-	Rivers and Streams	Abundant	Insufficient	
Kaikuang	Macrobrachium rosenbergii	Local	-	Rivers and Streams	Abundant	Abundant	
Lengphar	Barilius barila	Local	-	Rivers and Streams	Abundant	Insufficient	
Makur	Clarius magur	Local	-	Rivers and Streams	Insufficient	Insufficient	
Nghaberberek	Pseudolaguvia sp	Local	-	Rivers and Streams	Insufficient	Insufficient	
Nghabual	Wallago attu	Local	-	Rivers and Streams	Insufficient	Insufficient	
Nghachik	Lepidocephalichthys guntea	Local	-	Rivers and Streams	Insufficient	Insufficient	
Nghadarthlalang	Parambasis serrata	Local	-	Rivers and Streams	Abundant	Insufficient	
Nghadawl	Devario devario and Devario aequipinnatus	Local	-	Rivers and Streams	Abundant	Insufficient	
Nghadungtial	Laubuka parafasciata	Local	-	Rivers and Streams	Insufficient	Insufficient	
Nghafunglawr	Xenentodon cancila	Local	-	Rivers and Streams	Abundant	Insufficient	
Nghafunglawr	Dermogenys pusilla	Local	-	Rivers and Streams	Abundant	Insufficient	
Nghahrah	Neolissochilus hexagonolepis	Local	-	Rivers and Streams	Abundant	Abundant	
Nghakhing	Channa marulius	Local	-	Rivers and Streams	Abundant	Insufficient	
Nghakhuai	Olyra longicaudata	Local	-	Rivers and Streams	Abundant	Abundant	
Nghalerh	Macrognathus sp	Local	-	Rivers and Streams	Abundant	Abundant	
Nghalim	Garra manipurensis and Gara tyao	Local	-	Rivers and Streams	Abundant	Abundant	
Nghameidum	Pethia sp	Local	-	Rivers and Streams	Abundant	Abundant	
Ngharul	Anguilla bengalensis	Local	-	Rivers and Streams	Abundant	Abundant	
Nghasanghal	Botia sp	Local	-	Rivers and Streams	Insufficient	Insufficient	
Nghatun	Labeo rohu	Local	-	Rivers and Streams	Insufficient	Insufficient	
Nghavang	Semiplotus modestus	Local	-	Rivers and Streams	Abundant	Insufficient	
Nghavawk	Channa gachua	Local	-	Rivers and Streams	Abundant	Insufficient	
Nghazawngek	Garra lissorhynchus	Local	-	Rivers and Streams	Abundant	Abundant	
Sarba	<i>Glyptothorax</i> sp	Local	-	Rivers and Streams	Abundant	Abundant	
Satel	Melanochelys tricarinata	Local	-	Rivers and Streams	Abundant	Insufficient	
Sumsi	Lissemys punctata	Local	-	Rivers and Streams	Insufficient	Insufficient	
Thaichhawni nu	Bagarius bagarius	Local	-	Rivers and Streams	Insufficient	Insufficient	
Tui Satel	Batagur dhongoka	Local	-	Rivers and Streams	Abundant	Abundant	
Tuikep	Oyster	Local	-	Rivers and Streams	Abundant	Abundant	
Uchang	Euphlyctis cyanophlyctis	Local	-	Rivers and Streams	Abundant	Abundant	
JChang (Chung U)	<i>Uperodon systoma</i>	Local	-	Rivers and Streams	Abundant	Abundant	
Utawk	Bufo stomaticus	Local	-	Rivers and Streams	Abundant	Insufficient	

Associated TK	Other details	Community/Knowledge Holder Mizo
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Format 21 : Wild Aquatic Plant Species of Importance - NIL

Format 22 : Wild Plants of Medicinal Importance

1	2	3	4	5	6		
Plant (tree, shrub, herb)	Local Name	Scientific Name	Variety	Landscape	Local Status		
				/Habitat	Past	Present	
Herb	Aieng	Curcuma longa	Local	Wild	Abundant	Abundant	
Herb	Ailaidum	Curcuma caesia	Local	Wild	Insufficient	Insufficient	
Herb	Anchiri	Homalomena aromaticum	Local	Wild	Insufficient	Insufficient	
Herb	Anhling	Solanum nigrum	Local	Wild	Abundant	Abundant	
Climber	Ar-a fanghma	Cyclanthera pedata	Local	Wild	Insufficient	Insufficient	
Tree	Archangkawm	Oroxylum indicum	Local	Wild	Abundant	Insufficient	
Succulent	Awle lei	Aloe vera	Local	Wild	Insufficient	Insufficient	
Fern	Awmvel	Platycerium wallichii	Local	Wild	Insufficient	Abundant	
Climber	Bachhim	Dioscorea alata	Local	Wild	Abundant	Insufficient	
Herb	Bahkhawr	Eryngium foetidum	Local	Wild	Abundant	Abundant	
Herb	Bakkhate	Glinus oppositifolius	Local	Wild	Abundant	Abundant	
Tree	Belthei	Aegle marmelos	Local	Wild	Insufficient	Insufficient	
Sub-shrub	Buarze	Blumea lanceolaria	Local	Wild	Abundant	Abundant	
Shrub	Builukham Pa/Nu	Osbeckia crinita/chinensis	Local	Wild	Abundant	Abundant	
Herb	Changkalrit	Drymaria cordata	Local	Wild	Insufficient	Insufficient	
Shrub	Chawng	Euphorbia royleana	Local	Wild	Insufficient	Insufficient	
Tree	Chhawntual	Aporosa octandra	Local	Wild	Abundant	Insufficient	
Herb	Choak-a thi	Lobelia angulata	Local	Wild	Abundant	Insufficient	
Tree	Fartuah	Erythrina stricta	Local	Wild	Abundant	Abundant	
Grass	Fu	Saccharum officinarum	Local	Wild	Abundant	Abundant	
Climber	Hlozak/Hlonuar	Mimosa pudica	Local	Wild	Insufficient	Insufficient	
Tree	Hnahkiah	Callicarpa arborea	Local	Wild	Abundant	Abundant	
Climber	Hruivankai	Tinospora sinensis	Local	Wild	Abundant	Abundant	
Climber	Japanhlo	Mikania micrantha	Local	Wild	Abundant	Abundant	
Tree	Kaihzawl	Dillenia pentagyna	Local	Wild	Insufficient	Insufficient	
Tree	Kamsahulh	Croton tiglium	Local	Wild	Insufficient	Insufficient	
Tree	Kawhtebel	Trevesia palmata	Local	Wild	Abundant	Abundant	
Shrub	Kawldai	Justicia adhatoda	Local	Wild	Abundant	Abundant	
Herb	Kelba-an	Plantago major	Local	Wild	Abundant	Abundant	
Climber	Kelhnamtur	Hedyotis scandens	Local	Wild	Insufficient	Insufficient	
Herb	Kham damdawi	Bergenia pacumbis	Local	Wild	Insufficient	Insufficient	
Herb	Khatual	Picria felterrae	Local	Wild	Abundant	Abundant	
Tree	Khawitur	Hydnocarpus kurzii	Local	Wild	Insufficient	Insufficient	
Tree	Khawmhma	Rhus chinensis	Local	Wild	Abundant	Abundant	
Climbing shrub	Lalruanga dawibur	Zanonia indica	Local	Wild	Insufficient	Insufficient	
Herb	Lambak	Centella asiatica	Local	Wild	Abundant	Abundant	
Herb	Lunglehkha nawhfaina	Peperomia pellucida	Local	Wild	Insufficient	Insufficient	
Climber	Maipawl	Benincasa hispida	Local	Wild	Abundant	Abundant	
Herb	Mitthi Sunhlu	Phyllanthus urinaria	Local	Wild	Insufficient	Insufficient	

Tree	Nauthak	Litsea monopetala	Local	Wild	Abundant	Abundant
Tree	Neem	Azadirachta indica	Local	Wild	Insufficient	Abundant
Shrub	Nimbu	Citrus limon	Local	Wild	Insufficient	Abundant
Tree	Pasaltakaza	Helicia robusta	Local	Wild	Insufficient	Insufficient
Shrub	Pawhrual	Maesa andamanica	Local	Wild	Insufficient	Insufficient
Shrub	Pawhrual	Sarcococca pruniformis	Local	Wild	Insufficient	Insufficient
Shrub	Pawhrual (Mitthi pal)	Justicia gendarussa	Local	Wild	Insufficient	Insufficient
Undershrub	Perhpawng chaw	Scoparia dulcis	Local	Wild	Insufficient	Insufficient
Shrub	Phuihnam	Clerodendrum colebrookianum	Local	Wild	Abundant	Abundant
Shrub	Saisiak	Flueggea virosa	Local	Wild	Abundant	Abundant
Tree	Saithei	Gynocardia odorata	Local	Wild	Insufficient	Insufficient
Climber	Sarzuk	Elaeagnus sp	Local	Wild	Abundant	Abundant
Herb	Sawhthing	Zingiber officinale	Local	Wild	Abundant	Abundant
Herb	Sekhupthur	Begonia sp.	Local	Wild	Abundant	Abundant
Herb	Sumbul	Cheilocostus speciosus	Local	Wild	Insufficient	Insufficient
Shrub	Tawkpui	Solanum torvum	Local	Wild	Abundant	Abundant
Shrub	Tawkte	Solanum anguivi	Local	Wild	Abundant	Abundant
Herb	Thasuih	Lindernia ruellioides	Local	Wild	Insufficient	Insufficient
Tree	Theihai	Mangifera indica	Local	Wild	Abundant	Abundant
Climber	Theikelki	Stelmocrypton khasianum	Local	Wild	Abundant	Abundant
Tree	Thingfanghma	Carica papaya	Local	Wild	Abundant	Abundant
Tree	Thingsia	Castanopsis tribuloides	Local	Wild	Abundant	Abundant

7	8	9	10	11
Associated TK	Uses (Usage)	Part used	Other details Market/	Community/ Knowledge Holder
Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	Medicinal	Rhizome	Own use	Mizo
Rhizome is used for stomach ache, diarrhoea, dysentery, jaundice, asthma, measles, food allergy or food poisoning	Medicinal	Rhizome	Own use	Mizo
Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	Medicinal	Stalks, Rhizomes	Own use	Mizo
Leaves are boiled in water and taken against urinary problems and kidney stones. Juice of green berries is applied to boils, ringworm etc	Medicinal	Leaves, berries	Own use	Mizo
Fruit is rich in antioxidant and used in medicine	Medicinal	Fruit	Own use	Mizo
Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases of liver, hepatitis etc	Medicinal	Leaves, fruit, bark	Own use	Mizo
Leaf pulp is used for liver complaints, spleen enlargement, jaundice, asthma, kidney stones, ulcers, fresh cuts and wounds, burns, skin diseases.	Medicinal	Leaf pulp	Own use	Mizo
Juice of leaves is applied to herpes eruptions	Medicinal	Leaves	Own use	Mizo

Tubers and Bulbil are use as vegetable and also used to treat cancer	Medicinal	Tuber, Bulbil	Own use	Mizo
Leaves are used for flavouring curry. They are used for expulsion of threadworms from the	Medicinal	Leaves, roots	Own use	Mizo
body, as a remedy for food poisoning. Roots and leaves are boiled for treating malarial fever,				
diabetes, pneumonia, constipation				
Whole Plant is medicinal	Medicinal	Leaves	Own use	Mizo
Fruit is useful in diabetes, digestion, dysentery and diarrhoea. Root bark is used for poisoning	Medicinal	Fruit, Bark	Own use	Mizo
of fish.				
Decoction of leaves used in ulcer, asthma, sores, dandruff etc	Medicinal	Leaves	Own use	Mizo
Decoction of roots is used in diarrhoea, dysentery, hepatitis etc, leaves for toothache	Medicinal	Root & leaves	Own use	Mizo
Thick paste prepared from plant is applied on broken bone. Plant is laxative and cooling uswd	Medicinal	Whole plant	Own use	Mizo
for cold, sinusitis, and menstruation troubles etc				
Pith of this shrub and unripe fruit of papaya are cooked with chicken and water is taken against	Medicinal	Shrub, milky juie	Own use	Mizo
diseases of liver, chronic fever. Milky juice is used externally for ringworm, rheumatism,				
sciatica, boils, warts etc				
Bark and leaves decoction used in stomach ulcer, diarrhoea and dysentery.	Medicinal	Bark, Leaves	Own use	Mizo
Juice of crushed leaves & fruits are used against diarrhoea, sore throat, stomach ulcer,	Medicinal	Leaves & Fruits	Own use	Mizo
tonsillitis and toothache				
Decoction of the bark is ysed for stomach ulcer and kidney trouble. Powder of the bark is used	Medicinal	Bark	Own use	Mizo
in fever, asthma, biliousness, rheumatism, itch, burning sensation, leprosy and epilepsy.				
Juice of the stem is used as a remedy for jaundice, purifies blood, good for lungs, diuretic etc	Medicinal	Stem juice	Own use	Mizo
Roots decoction used in piles and jaundice, diseases of liver and kidney etc	Medicinal	Roots	Own use	Mizo
Decoction of bark and leaves used for diabetes, cholera, internal bleeding, stomach ulcer etc.	Medicinal	Bark & Leaves	Own use	Mizo
Leaves are used for fermenting cooked soya bean (Bekang), famous mizo dish.				
Juice of the pounded rhizome is used in indigestion, stomach trouble, dysuria, dysentery.	Medicinal	Rhizome	Own use	Mizo
Leaf juice applied on fresh wounds, stomach pain & ulcer	Medicinal	Leaves	Own use	Mizo
Decoction of bark, leaves is used for curing gastric trouble, asthma, dysentery, cancer etc	Medicinal	Bark, leaves	Own use	Mizo
Fruits and leaves are used for poisoning of fish. Decoction of bark and leaves are used in	Medicinal	Fruits, leaves, bark	Own use	Mizo
treatment of cancer.				
Roots and leaves are used to treat stomachache	Medicinal	Root, leaves	Own use	Mizo
Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis, and	Medicinal	Leaves	Own use	Mizo
juice of the crushed leaves is also applied to fresh cuts				
The leaves are eaten raw in salad or cooked as a pot herb. The plant is very rich in vitamin B11	Medicinal	Whole plant	Own use	Mizo
and Riboflavin. Decoction of the whole plant is used in malarial fever, diabetes and				
tuberculosis. Warm water of cooked leaves is retained in mouth sore and tooth-ache. Juice of				
the leaves is externally used for wounds, boils, chronic ulcers, cuts, otitis, sprains, stings,				
swellings etc. leaves are crushed with fruits of Solanum anguivi and applied to pimples and				
small boils on the face. Poultice of leaves is also bound to cuts to draw out thorns and splinters.				
Decoction of roots/leaves is medicinal. The plant is also used as fish poison	Medicinal	Roots & leaves	Own use	Mizo
Bitter root is used in fever, dysuria, spleen enlargement, liver diseases, stomachache, diarrhoea,	Medicinal	Root	Own use	Mizo
dysentery etc and also applied to wounds, sores and boils.				
Bitter leaves are used for making Sa-chek. Decoction of the plant is prescribed as a remedy for	Medicinal	Whole plant	Own use	Mizo
enlarged spleen, fever and stomachache.				:
Seeds yields chaulumugra oil which is used in rheumatism, leprosy, psoriasis and skin diseases.	Medicinal	Seeds	Own use	Mizo
Decoction of fruit & Leaves used in various diseases	Medicinal	Leaves & fruits	Own use	Mizo

Water is put inside the empty fruit and shaken, the water becomes bitter and drunk for stomachache etc.	Medicinal	Leaves, Fruit	Own use	Mizo
Plant is used in diabetes, jaundice, pile,dysentery,diarrhoea,hypertension etc	Medicinal	Whole plant	Own use	Mizo
The plant has been used for treating abdominal pain, abscesses, acne, boils, colic, fatigue, gout, headache, renal disorders, and rheumatic joint pain. the whole plant is used to stop hemorrhages. The roots are used to treat fevers and the aerial parts are used as dressing for wounds. The plant has been used to lower cholesterol. It is a popular cough suppressant, emollient, and diuretic. It is also used topically for skin disorders such as acne and boils.	Medicinal	Whole Plant	Own use	Mizo
Juice of fruit is used for diarrhoea, cholera, diabetes, vomiting, kidney problems	Medicinal	Fruit & Leaves	Own use	Mizo
Roots and leaves are used in medicine	Medicinal	Roots and leaves	Own use	Mizo
Juice of the whole plant is used for cholera, dyenstery, fever, liver problems and jaundice, diabetes etc	Medicinal	Whole plant	Own use	Mizo
Muga silkworm feeds on the leaves. Roots, bark and leaves are used in medicine	Medicinal	Root, bark, leaves	Own use	Mizo
Boiled water of leaves is used to treat diabetes, hypertension, stomach problems etc	Medicinal	Leaves	Own use	Mizo
Roots are used in colic, vomitting, flatulence. Fruits used in asthma, cough, diarrhoea, fever, blood purifier, skin diseases etc	Medicinal	Roots & fruits	Own use	Mizo
Decoction of Bark & leaves used in stomach ulcer, indigestion, womb troubles etc	Medicinal	Bark & Leaves	Own use	Mizo
Juice of the pounded leaves is used as fomentation for sprains. Cramps and rheumatism. Decoction of the leaves is also taken for pains in muscles and tissues.	Medicinal	Leaves	Own use	Mizo
Juice of the crushed leaves is externally used for sprains and cramps. Decoction of the leaves is used against tonsilitis	Medicinal	Leaves	Own use	Mizo
Juice of the pounded leaves, stem and roots are used in diabetes, stomach troubles, nausea, diarrhea, dysentery, toothache and also removal of stones in kidney. Juice of the leaves is also useful as external applications for snake bite, sores, burns and cuts.	Medicinal	Leaves, stem, Roots	Own use	Mizo
Leaf juice used in High blood pressure	Medicinal	Leaves	Own use	Mizo
Decoction of leaves used in measles, chicken pox, scabies etc	Medicinal	Leaves	Own use	Mizo
Fruit is hit, anthelmintic, used in bronchitis, ulcers, skin diaseses, small tumors and slightly inflammations, leprosy, diabetes, etc. decoction of rott bark is also recommended for diabetes.	Medicinal	Fruit, root	Own use	Mizo
Decoction of roots and leaves is used for treating menstrual and urinary problems	Medicinal	Roots & leaves	Own use	Mizo
Rhizomes are used as spice and condiment, taken as a cure for food poisoning. Juice of pounded rhizome is is given to women in case of sufficient supply of milk for their children and also dropped into the ear when attacked by ticks.	Medicinal	Rhizome	Own use	Mizo
Stem and leaves are eaten against diarrhoea and dysentery, juice of the sten or stalk is also applied to rash or sores etc	Medicinal	Leaves, stem	Own use	Mizo
Juice of crushed roots used in diseases of kidney, fever, jaundice, bronchitis etc	Medicinal	Roots	Own use	Mizo
-do-	Medicinal	Fruit	Own use	Mizo
Unripe fruit are eaten as vegetable. Roots and fruit are used in high blood pressure, asthma, dysuria, fever, colic. Crushed fruit is used in burns, boils etc	Medicinal	Fruit	Own use	Mizo
Whole plant is used as poultice for cramps, rheumatism, sciatica, wounds etc	Medicinal	Whole plant	Own use	Mizo
Young leaves are cooked and juice is eaten for food poisoning, diarrhoea, dysentery etc	Medicinal	Leaves	Own use	Mizo
Roots or leaves are cooked and water is taken for curing diseases of liver and jaundice	Medicinal	Roots, Leaves	Own use	Mizo
Fruit is edible and used for constipation, stomach troubles, juice of boiled leaves is used in treating stomach ulcer, cancer and other stomach related problems	Medicinal	Leaves, fruit	Own use	Mizo
Juice of bark and stem is used for infection, wounds and cuts etc	Medicinal	Bark, stem	Own use	Mizo

Format 23 : Wild relatives of Crops

1	2	3	4	5		6
Local Name	Scientific Name	Associated	Landscape/	Local	status	Uses (Usage)
		crops	Habitat	Past	Present	
Aidu	Amomum dealbatum	All Jhum crops	Wild	Abundant	Abundant	Young shoots and buds are eaten cooked or fried as vegetables
Anhling	Solanum americanum	All Jhum crops	Wild	Abundant	Abundant	Leaves are eaten cooked as vegetables
Ankasate	Acmella paniculata	All Jhum crops	Wild	Abundant	Abundant	Leaves with stem are used as a vegetable
Ankhapui	Marsdenia maculata	All Jhum crops	Wild	Abundant	Abundant	Young stem and leaves are cooked eaten as vegetables
Ankhate	Marsdenia formosana	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Archangkawm	Oroxylum indicum	All Jhum crops	Wild	Abundant	Insufficient	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and
						skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc
Baibing	Alocasia fornicate	All Jhum crops	Wild	Abundant	Abundant	Spadix and stem are eaten cooked as vegetables
Chakawk	Diplazium esculentum	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Changpawl	Musa thomsonii	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changpui	Musa sikkimensis	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changthir	Musa balbisiana	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changvandawt	Musa ornata	All Jhum crops	Wild	Insufficient	Insufficient	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Chimchawk	Aralia foliosa var. sikkimensis	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cooked as vegetables
Chingit	Zanthoxylum rhetsa	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Hmuipui	Syzygium cumini	All Jhum crops	Wild	Insufficient	Insufficient	Wood moderately hard is used for plywood, tool handles, posts, door frames, panels, firewood, gunstocks etc
Hruitung	Salacca sedcunda	All Jhum crops	Wild	Insufficient	Insufficient	Leaves are used for thatching and the rachis for making temporary ropes
Hulhu	Aganope thyrsiflora	All Jhum crops	Wild	Abundant	Abundant	Young leaves are eaten cooked as vegetable
Kawhtebel	Trevesia palmata	All Jhum crops	Wild	Abundant	Abundant	The shoots, flower buds and young fruits are eaten as vegetable
Kha um	Hodgsonia heteroclita	All Jhum crops	Wild	Abundant	Abundant	Seeds are eaten roasted or fried
Khanghu	Acacia pennata	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Lairawk	Musa ochracea	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Nauawimu	Solena amplexicaulis	All Jhum crops	Wild	Insufficient	Insufficient	Tender leaves are eaten cooked as vegetable
Pelh	Gnetum gnemon	All Jhum crops	Wild	Abundant	Abundant	Tender leaves, flowers and fruits are eaten cooked or fried as vegetable. Seeds are also raosted and eaten

Phuihnam	Clerodendrum	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are cooked eaten as vegetable, also used for
	colebrookianum					fermenting cooked soyabean
Reng an	Senna occidentalis	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cokked as vegetable
Saisu	Ensete glaucum	All Jhum crops	Wild	Abundant	Abundant	Succulent leaf sheaths, young flowers and bracts of spadix
						are eaten cooked as vegetable
Sapthei	Passiflora edulis	All Jhum crops	Wild	Abundant	Insufficient	Leaves are cooked eaten as vegetable
Sihneh	Eurya cerasifolia	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked with rice or meals
Tawkpui	Solanum torvum	All Jhum crops	Wild	Abundant	Abundant	Fruits are eaten cooked or fried as vegetables
Telhawng	Amorphophallus sp.	All Jhum crops	Wild	Abundant	Abundant	Corm and young leaf stalk and shoots are eaten cooked as
						veg.
Thangtung	Arenga pinnata	All Jhum crops	Wild	Abundant	Insufficient	Young underdeveloped leaf shoot is used as vegetable
Theibate	Ficus fistulosa	All Jhum crops	Wild	Abundant	Abundant	Young shoots and fruits are used as vegetable
Thilte	Calamus erectus	All Jhum crops	Wild	Abundant	Insufficient	Leaves are used for thatching
Thingthupui	Calamus tenuis	All Jhum crops	Wild	Abundant	Abundant	Under developed shoots are used as vegetable
Thurpui	Tetrastigma lanceolarium	All Jhum crops	Wild	Abundant	Abundant	Ripe fruits are edible
Tum	Caryota urens	All Jhum crops	Wild	Insufficient	Insufficient	Wood is employed for many domestic purposes
Tumbu	Musa sp.	All Jhum crops	Wild	Abundant	Abundant	Young bud is eaten cooked as vegetable
Uithinthang	Houttuynia cordata	All Jhum crops	Wild	Insufficient	Insufficient	Whole plant is eaten raw or cooked as vegetable

7	8	9	10
Part Used	Associated TK	Other details	Community/ knowledge holder
Shoots, buds	The plant is used for a cure of enlargement of liver and the stem for tying purposes. Leaves are used for fermenting cooked soya beans.	-	Mizo
Leaves, berries	Water of boiled leaves is taken against urinary problems and stones in kidney. Juice of green berries is applied to ringworm, boils etc.	-	Mizo
Stem, leaves	Flowers are chewed to relive toothache and affections of the gums and throat	-	Mizo
Stem, leaves	As the taste of this plant is bitter, it is used to take for High Blood pressure and diabetes	-	Mizo
Leaves	-	-	Mizo
Roots, bark, leaves	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Deccoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases of liver, hepatitis etc	-	Mizo
Spadix, stem	Juice of the plant is used externally for snake bite. Leaf is also used for catching land leech from the body	-	Mizo
Leaves	-	-	Mizo
Stem, Buds, leaves	Juice of stem is used for snake bites, diarrhoea, dysentery and pounded seeds for diabetes	-	Mizo
Leaves, fruit	Young leaves are eaten as vegetable, but several changes of water is needed while cooking. Decoction of fruit is used against stomach-ache, dysentery	-	Mizo
Seeds	-	-	Mizo
Leaves, buds	Leaves are used for feasts instead of rice plates. Stems are used for pig feed. Leaves are also used for cattle fodder	-	Mizo
Leaves	-	-	Mizo
Leaves	Young fruits and leaves are used to poison fish. Oil obtained from fruit is used medicinally	-	Mizo
Seed, leaves	Seed is used to treat diabetes, and bark for fever, jaundice, urinary problems etc. Tassar silkworm feed on its leaves	-	Mizo

-	-	-	Mizo
Leaves	Plant is purgatice, laxative, anti malarial, and used for liver complaints, fever, cough, bronchitis, high blood pressure etc. Fresh leaves are taken to expel intestinal worms and parasites	-	Mizo
Whole plant	Roots and leaves are used to treat stomachache, leaves are also used as fodder	-	Mizo
Leaf, flowers, spadix	Juice of stem is used in severe fever and giddiness of children.	-	Mizo
Leaves	-	-	Mizo
Fruit, shoots, leaves	Decoction of leaves is given to women after birth	-	Mizo
Leaves	Fruit is used as soap for washing clothes, fibrous fruit as brush for pots, plates etc. decoction of roots is recommende for treating malaria, diabetes and seeds as a purgative	-	Mizo
Leaves, flowers, fruit and seeds	Fibres of inner bark are good for nets and ropes	-	Mizo
Leaves, Flowers	Decoction of leaves is used to reduce high blood pressure and decrease breast feeding mother's breast milk, also used to heal acute mastities	-	Mizo
Leaves, flowers		-	Mizo
Whole plant		-	Mizo
Leaves, fruit	Ripe fruit is useful for jaundice and liver problems	-	Mizo
Leaves	Wood is used for firewood and charcoal	-	Mizo
Fruit	fruit is medicinal used to treat hypertension and diabetes	-	Mizo
Corm, young leaf, shoot	The corm with <i>Ching-al</i> (Lye) is boiled to remove irritants. So, the boiled corm is mixed with <i>Sa-um</i> (fermented pork fat), <i>Ching-al</i> (Lye) and Salt and then eaten as curry (Traditional Mizo Dish)	-	Mizo
Whole plant	Fibres are used for fiddle strings, traps etc. the down beneath the laef stalks on the trunk is used for tinder and is known as ' <i>Meibu</i> '. Midrib of the leaflets is good for sweeping like a broom.	-	Mizo
Leaves		-	Mizo
Leaves, shoot	Shoots are eaten cooked as vegetables, fruits are also edible	-	Mizo
Shoot, leaves	It is used for making baskets, mats, furniture, chairs etc and fruit is edible	-	Mizo
Fruit, leaves	Leaves are eaten cooked as vegetable and also used for pig's feed	-	Mizo
Whole plant	Fibre is made into ropes, brushes, brooms, basket etc. terminal bud is eaten cooked as vegetable	-	Mizo
Bud, stem, leaves	Leaves are used for feasts instead of rice plates. Stems are used for pig feed. Leaves are also used for cattle fodder	-	Mizo
Whole plant	Whole plant is used in medicine, used for treating cancer etc	-	Mizo

Format 24 : Ornamental Plants

1	2	3	4	5	6	7	8
Local Name	Scientific Name	Variety	Habitat	Commercial/ Non commercial uses	Associated TK	Other details	Community/ Knowledge Holder
Anthurium	Anthurium andraeanum	Local	Home garden	Non commercial	-	-	Mizo
April par	Delonix regia	Local	Home garden	Non commercial	-	-	Mizo
Ar-tukkhuan	Mirabilis jalapa	Local	Home garden	Non commercial	-	-	Mizo
Chawnpui	Lagerstroemia speciosa	Local	Home garden	Non commercial	-	-	Mizo
Christmas par	Poinsettia pulcherrima		Home garden	Non commercial	-	-	Mizo
Chuailopar	Gomphrena globosa	Local	Home garden	Non commercial	=	-	Mizo

Dahlia	Dahlia pinnata	Local	Home garden	Non commercial	-	-	Mizo
Derhken	Tagetes erecta	Local	Home garden	Non commercial	-	-	Mizo
Di par	Gladiolus dalenii/natalensis	Local	Home garden	Non commercial	-	-	Mizo
Dingdi	Asclepias curassavica	Local	Home garden	Non commercial	-	-	Mizo
Fartuah	Erythrina stricta	Local	Home garden	Non commercial	-	-	Mizo
Forget me not	Durranta erecta	Local	Home garden	Non commercial	-	-	Mizo
Kumtluang	Catharanthus roseus	Local	Home garden	Non commercial	-	-	Mizo
Kungpuimuthi	Canna indica	Local	Home garden	Non commercial	-	-	Mizo
Lilypar	<i>Lilium</i> sp	Local	Home garden	Non commercial	-	-	Mizo
Makpazangkang	Cassia javanica spp nodosa	Local	Home garden	Non commercial	-	-	Mizo
Midum pangpar	Hibiscus rosa-sinensis	Local	Home garden	Non commercial	-	-	Mizo
Mualhawihte	Ixora coccinea	Local	Home garden	Non commercial	-	-	Mizo
Nauban	Orchid	Local	Home garden	Non commercial	-	-	Mizo
Nuaithang	Impatiens balsamina	Local	Home garden	Non commercial	-	-	Mizo
Rose par	Rosa indica	Local	Home garden	Non commercial	-	-	Mizo
Saron par	Bougainvillea spectabilis	Local	Home garden	Non commercial	-	-	Mizo
Saron par te	Holmskioldia sanguinea	Local	Home garden	Non commercial	-	-	Mizo
Vaube	Bauhinia variegata	Local	Home garden	Non commercial	-	-	Mizo
Zamzo	Celosia argentea	Local	Home garden	Non commercial	-	-	Mizo
Zan rimtui	Cestrum nocturnum	Local	Home garden	Non commercial	-	-	Mizo

Format 25 : Fumigate / Chewing Plants

1	2	3	4	5	6	j	7
Plant	Local Name	Scientific Name	Variety	Habitat	Local	Status	Uses (Usage)
(Herb,					Past	Present	
shrub,tree)							
Herb	Ankasa	Acmella oleracea	Local	Wild	Abundant	Abundant	Leaves and flowers are eaten cooked as vgetable
Herb	Ankasate	Acmella paniculata	Local	Wild	Abundant	Abundant	Leaves and flowers are eaten cooked as vgetable
Climber	Hnahthak	Piper diffusum	Local	Wild	Abundant	Abundant	Fruit is used as spice. Leaves are used for catching fish.
Tree	Kamsahulh	Croton tiglium	Local	Wild	Insufficient	Insufficient	-
Tree	Kangtek	Albizia procera	Local	Wild	Abundant	Insufficient	Leaves are used as cattle fodder
Climber	Khangpawl	Acacia pruinescens	Local	Wild	Abundant	Abundant	Tender leaves are acid and eaten as vegetable
Climber	Khangsen	Acacia megaladena	Local	Wild	Abundant	Abundant	-
Tree	Khawkherh	Juglans regia	Local	Wild	Insufficient	Insufficient	Leaves are used for cattle fodder
Tree	Khiangzo	Schima khasiana	Local	Wild	Abundant	Abundant	-
Shrub	Ngaihhih	Linostoma decandrum	Local	Wild	Abundant	Abundant	-
Climber	Panhnah	Piper betle	Local	Wild	Abundant	Insufficient	Leaves are chewed together with betelnut and lime paste
Climber	Ruchek	Endosamara racemosa	Local	Wild	Insufficient	Insufficient	Roots are used for poisoning fish
Climbing	Rulei	Millettia pachycarpa	Local	Wild	Abundant	Abundant	Roots and Pods are used to poison fish
shrub							
Tree	Ruthei	Diospyros pilosiuscula	Local	Wild	Abundant	Abundant	-
Tree	Saithei	Gynocardia odorata	Local	Wild	Insufficient	Insufficient	Leaves are used to poison cattle
Climber	Theikelki	Stelmocrypton khasianum	Local	Wild	Abundant	Insufficient	Acid leaves and fruits are edible

Γ	Tree	Thelret	Ficus elastica Local V		ca Local Wild Insufficient Insufficient		Leaves are good fodder. Leaf scales edible	
	Climber	Tling	Embelia vestita	Local	Wild	Insufficient	sufficient Insufficient Decoction of leaves is used for chicken p	
								other skin diseases; leaves are eaten cooked with fish.

8	9	10	11
Part used *	Associated TK	Other details (mode of use)	Community Knowledge Holder
Leaves, flowers	Plant is used for poisoning fish	-	Mizo
Leaves, flowers	Plant is used for poisoning fish	-	Mizo
Fruit & Leaves	-	-	Mizo
Fruits & Leaves	Fruits and leaves are used for poisoning fish	-	Mizo
Bark	Bark is used to poison fish	It is a light demander, can stand moderate shade in youth. Coppices fairly well	Mizo
Leaves, whole plant	Plant is prescribed for asthma, bronchitis and pneumonia	Leaves are also used in scabies and snake bites	Mizo
Bark	Bark is used as fish poison and medicine	-	Mizo
Leaves	Young leaves are used to intoxicate fish	-	Mizo
Bark	Pounded bark is used for poisoning fish	-	Mizo
Roots	Roots are used for poisoning fish	Roots are boiled in water and used for dressing scabies	Mizo
Leaves	-		Mizo
Roots	-	-	Mizo
Roots & Pods	-	-	Mizo
Fruit	Unripe fruits are used for poisoning fish	All parts are used for stomach trouble, kidney stones, piles	Mizo
Bark, Fruit	Bark and fruit pulp are used for poisoning fish	Decoction of root-bark is also recommended for diabetes	Mizo
Leaves,Fruit and Roots	Roots or leaves are cooked and water is taken for curing diseases of liver and jaundice		Mizo
Latex, Fruit & Leaves	Latex (Rubber) is chewable, it yields Indian Rubber of commerce	Fruit eaten by man and animals, birds etc	Mizo
Leaves	- -	Leaves of this plant boiled with hibiscus leaves and water is taken to cure hiccough and difficult urination	Mizo

Format 26 : Timber Plants

1	2	3	4	ļ.	5
Local Name	Scientific Name	Habitat	Local	Status	Other uses
			Past	Present	(if any)
Batling	Wedlandia bundleioides	Wild	Abundant	Abundant	Wood is used for gunpowder, charcoal, firewood etc
Belphuar	Trema orientalis	Wild	Abundant	Abundant	Wood is used for gunpowder, charcoal, firewood etc
Berawchal	Canarium bengalense	Wild	Insufficient	Insufficient	Wood heartwood, reddish brown, used for firewood etc
Bul	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wood is used for building, furniture, firewood etc
Bulfek	Phoebe lanceolata	Wild	Abundant	Abundant	Heartwood used for firewood and leaves for cattle fodder
Bulpui	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wood used for building, furniture, firewood etc
Bulthur	Nyssa javanica	Wild	Abundant	Abundant	Wood is grey, yellow, soft used for house building
Bung	Ficus benghalensis	Wild	Abundant	Abundant	Wood used for fuelwood, well curbs etc
Char	Terminalia myriocarpa	Wild	Abundant	Abundant	Wood used for furniture, house building, firewood etc

ChhawntualApoFahLithFartuahEry,HaidaiManHaivahmimMan	gustrum robustum porosa octandra thocarpus dealbatus ythrina variegata	Wild Wild Wild	Abundant Abundant	Abundant Abundant	Wood used for firewood and charcoal etc Wood used for firewood and charcoal etc
FahLithFartuahEry,HaidaiManHaivahmimMan	thocarpus dealbatus ythrina variegata		1 to ana and		
FartuahEry,HaidaiManHaivahmimMan	ythrina variegata		Abundant	Abundant	Wood used for rice pestle, firewood and charcoal etc
Haidai Man Haivahmim Man		Wild	Abundant	Abundant	Wood is used for drums, toys etc and bark fibre for cordage
Haivahmim Mar	angifera sylvatica	Wild	Insufficient	Insufficient	Wood used for cheap furniture, house building, frames etc
	angifera indica	Wild	Insufficient	Insufficient	Wood used for cheap furniture, house building, frames etc
Herhse Mes	esua ferrea	Wild	Insufficient	Insufficient	Wood very hard used for bridges, tool handles, firewood, rice pestle, charcoal etc
	<i>cus</i> sp	Wild	Abundant	Abundant	Wood used for fuel and charcoal etc
	zygium claviflorum	Wild	Insufficient	Insufficient	Wood is used for firewood, leaves are lopped for cattle fodder
	zygium cumini	Wild	Insufficient	Insufficient	Wood is moderately hard, used for plywood, furniture, tool handles etc
	allotus paniculatus	Wild	Abundant	Abundant	Wood used for firewood
	tsea lancifolia	Wild	Insufficient	Insufficient	Wood used for firewood
	olona floribunda	Wild	Abundant	Abundant	Wood is used for making lockets of key chain and firewood
<u> </u>	ngelhardtia spicata	Wild	Insufficient	Insufficient	Wood used for house construction, tea boxes, packing etc
	etula alnoides	Wild	Insufficient	Insufficient	Wood used for furniture, plywood, tool handles.
	tula cylindrostachya	Wild	Insufficient	Insufficient	Wood used for furniture, prywood, toor nanidies. Wood red, hard, heavy used for building, furniture, firewood and charcoal
	oton tiglium	Wild			wood red, nard, neavy used for building, furniture, firewood and charcoal
	0		Insufficient	Insufficient	- Western henrider formered
	ucosceptrum canum	Wild	Insufficient	Abundant	Wood can be used as firewood
	mplocos racemosa	Wild	Insufficient	Insufficient	Wood is used for firewood.
Kham thing -		Wild	Insufficient	Insufficient	-
	acaranga indica	Wild	Insufficient	Insufficient	Wood can be used for firewood etc
	aeocarpus lanceifolius	Wild	Abundant	Insufficient	Wood used for house building, firewood and charcoal etc
	rminia/Sterculia colorata	Wild	Abundant	Insufficient	Wood grey,soft and used for floors.
	erculia villosa	Wild	Abundant	Insufficient	Wood very soft is used for drums and paper pulp
	vdnocarpus kudzii	Wild	Insufficient	Insufficient	Wood used for temporary building, firewood etc
	glans regia	Wild	Insufficient	Insufficient	Wood used for cabinet making, furniture, carving etc
	reblus indicus	Wild	Insufficient	Insufficient	Heartwood is used for house posts
Khiang Sch	hima wallichii	Wild	Abundant	Abundant	Wood durable is used in planking, building, plywood, firewood
Khiangzo Sch	hima khasiana	Wild	Abundant	Abundant	Wood used for house building, firewood etc
Khuangthli Bisc	schofia javanica	Wild	Insufficient	Insufficient	Wood used for house building, furniture, firewood etc
Kumkhal /Umkhal Elae	aeocarpus tectorius	Wild	Insufficient	Insufficient	Wood used for firewood
Lawngthing Dip	pterocarpus turbinatus	Wild	Insufficient	Insufficient	Wood used for house construction, floors, plywood, tool handles etc
Lungkhup Hal	aldina cordifolia	Wild	Insufficient	Insufficient	Wood used for planking, house posts, door and window frames, furniture etc
Mualhawih Sara	raca asoca/indica	Wild	Insufficient	Insufficient	Wood used for tool handles, ploughs and shafts
Muk Cor	ordia fragrantissima	Wild	Abundant	Abundant	Wood durable, used for gunstocks, posts and firewood etc
	tsea monopetala	Wild	Abundant	Abundant	Wood soft not durable can be used for firewood
	crocarpus fraxinifolius	Wild	Insufficient	Insufficient	Wood used for furniture, motor bodies, planking, flooring etc
	iobotrya bengalensis	Wild	Insufficient	Insufficient	Wood used for firewood, charcoal etc
	ichelia champaca	Wild	Abundant	Abundant	Wood hard and durable used in furniture, building, planking
	ombax insigne	Wild	Abundant	Abundant	Wood used for packing cases, matchboxes, splints
	accaurea ramiflora	Wild	Insufficient	Insufficient	-
	mus lanceifolia	Wild	Insufficient	Insufficient	Wood durable used for posts, gunstocks, tool handles etc
	acropanax undulatus	Wild	Insufficient	Insufficient	Wood is soft and can be used for firewood

Flunchwang Bonhaz cerha Wild Insufficient Insufficient Wood used for packing cases, matchboxes and splints Ramlakhulh Panalaue doorfer Wild Insufficient Insufficient Insufficient Insufficient Insufficient Insufficient Wood fard used for frewood and charcoal etc Raphir Pranas ceptanica Wild Insufficient Insufficient Wood fard used for frewood and charcoal Saintah Agtaia speciabilis Wild Insufficient Insufficient Wood sud for publing, gosts and frewood Saper Lindera nacusta Wild Insufficient Insufficient Wood sud for building, firewood, etc. Schwar Castonopsis indica Wild Insufficient Insufficient Nood is and store and charcoal tec. Sentzel Callophyllum polyathum Wild Abundant Abundant Wood sud for torinture, building, firewood etc Stantah Otea aducta Wild Abundant Wood sud stor for tornuc, building, firewood etc Stantah Dista castona Wild Abundant Vood sused for furniture, building, firewood etc </th <th>Phuanberhpui</th> <th>Ailanthus integrifolia spp</th> <th>Wild</th> <th>Insufficient</th> <th>Insufficient</th> <th>Wood used for partition wall, plywood, packing cases etc</th>	Phuanberhpui	Ailanthus integrifolia spp	Wild	Insufficient	Insufficient	Wood used for partition wall, plywood, packing cases etc
Randakuhi Pondamis odorifer Wild Insufficient Insufficient Fuir is used for combing cotton yarn and seeds are edible Rubnim Fuurs cerlanica Wild Insufficient Insufficient Wood durable undervater, used for fuel and charcoal etc. Sahatah Agalaa spectabilis Wild Insufficient Wood is used for furniture, building, doers and windows Sahatah Agalaa spectabilis Wild Insufficient wood used for planking, posts and firewood Saperbul Chardera nacusua Wild Insufficient wood is darable, used for furniture, building, furewood, charcoal etc. Saperbul Castanopsis indica Wild Insufficient Mood lard used for furniture, building, firewood etc. Serbard Castanopsis indica Wild Insufficient Houdel hard used for furniture, building, firewood etc. Servauk Ofea dioica Wild Insufficient Noudel and used for furniture, building, furewood etc. Servauk Ofea dioica Wild Insufficient Noudel and used for furniture, building, furewood etc. Servauk Ofea dioica Wild Insufficient Noud used for granuf, instre	1	<u> </u>				
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Thingsia	Castanopsis tribuloides	Wild	Abundant	Abundant	Wood used for house posts, firewood, charcoal etc		
Thingtheihmu	Morus alba	Wild	Abundant	Insufficient	Wood used for house construction, furniture, tool handles	etc	
Thingvandawt	Pterygota alata	Wild	Insufficient	Insufficient	Wood used for drums, firewood etc		
Thingvawkpui	Balakata baccata	Wild	Abundant	Insufficient			
Thlanvawng	Gmelina arborea	Wild	Abundant	Abundant	Wood used for planking, furniture, house posts etc		
Tiar	Saurauia punduana	Wild	Insufficient	Insufficient	Wood light, brown, soft used for firewood and charcoal		
Tiarpui	Saurauia napaulensis	Wild	Insufficient	Insufficient	Wood, light pink, soft used ofr temporary building, firewo	od and charcoal and	
1 m p m					leaves for fodder		
Vaiza	Hibiscus macrophyllus	Wild	Insufficient	Insufficient	Wood soft but durable used for posts, rafters etc		
Vang	Albizia chinensis	Wild	Abundant	Abundant	Wood used for making drum, firewood and charcoal etc		
Vaube	Bauhinia variegata	Wild	Abundant	Abundant	Wood is used for tool handles, firewood, charcoal etc. leav	es are a good fodder.	
					Decoction of bark/leaves is used in menstrual disorders, pi		
					and dysentery		
Vawmbal	Drimycarpus racemosus	Wild	Abundant	Abundant	Wood is used for building, boats, firewood etc		
Vawngdawl	-	Wild	Insufficient	Insufficient	-		
Vawngthir	-	Wild	Abundant	Abundant	-		
Vawngthla	Premna milleflora	Wild	Abundant	Abundant	Wood durable used for house posts etc		
Zaihri	Ficus virens	Wild	Insufficient	Insufficient	Wood moderately hard, used for firewood etc		
Zairum	Anogeissus acuminata	Wild	Abundant	Insufficient	Wood used for house posts, tool handles, fuel and charcoal	etc	
Zathu	Polyalthia jenkinsii	Wild	Insufficient	Insufficient	Wood is used for house posts, firewood etc		
Zawng taitaw	-	Wild	Insufficient	Insufficient	-		
Zihnghal	Stereospermum chelonoides	Wild	Insufficient	Insufficient	Wood used for house construction, cabinet making, furnitu	ire	
Zuang	Duabanga grandiflora	Wild	Abundant	Abundant	Wood used for building, plywood, firewood etc		
	6				7	8	
	Associated TK				Other details	Community/	
						Knowledge Holder	
					s used for fencing post.	Mizo	
Bark yields a stro	ng fibre and leaves are lopped for ca	attle fodder		It is a light d	lemanding tree, fsat growing and short lived tree	Mizo	
-				-		Mizo	
	<u> </u>				eaten by birds and animals	Mizo	
-				It is a shade	bearer and fast growing tree	Mizo	
-				-		Mizo	
	-				n by birds and wild animals	Mizo	
Bark and aerial ro	oots are used for making coarse rope	S			good for cattle fodder	Mizo	
-					good for fodder, it is a fast growing tree	Mizo	
-				Leaves are le	Mizo		
-				Leaves are le	opped for cattle fodder	Mizo	
-				-		Mizo	
Tender pods are e used in medicine	dible, seeds edible roasted or boiling	g, bark and le	eaves are also	It is a fast gr	owing tree and cultivated as ornamental and hedge plant	Mizo	
	ng leaves is used in diabetes, diarrho ccough	oea and ash o	of dried leaves	It prefers de	ep well drained loamy soil and it is a shade bearer	Mizo	
	ng leaves is used in diabetes, diarrh	and ach	£ 1	It must and a	ep well drained loamy soil and it is a shade bearer	Mizo	

is taken to stop hiccough		
Bark, unripe fruit, flowers and seed oil are medicinal	Seed oil is used for burning, lubricating and soap making	Mizo
Leaves and twigs are lopped for cattle fodder	Bark, fruit and leaves are used in medicine	Mizo
	Fruits are eaten by man, bears and birds	Mizo
Seed is very useful for treating diabetes and the bark for fever, jaundice, urinary problems, sore throat, ronchitis, asthma, ulcers and chronic dysentery etc	Fruits are eaten by man, birds and wild animals	Mizo
· · ·	-	Mizo
Root is medicinal for diarrhoea	-	Mizo
	-	Mizo
Bark is medicinal and also used for poisoning fish. Leaves are lopped for fodder	It is a light demander	Mizo
	The plant is said to be used as snake bite remedy. It can tolerate moderate shade and it is a moderate shade growing tree	Mizo
	It is a fast growing tree	Mizo
Fruits and leaves are used for poisoning fish.	Decoction of leaves are used for treating cancer	Mizo
	-	Mizo
Bark is used in medicine and the leaves and bark are used in dyeing.	-	Mizo
· · ·	-	Mizo
Different parts of the plant are used in various traditional medicine	-	Mizo
Bark is scraped with dao and the powder is used for stupefying bees Khawivah)	Fruits are used for poisoning fish	Mizo
Bark fibre is used for making cordage. Bark is cooked with bark of <i>Citrus nedica</i> and water is taken for tonsillitis	Leaves are lopped for cattle fodder	Mizo
Seeds are eaten roasted or fried. Bark yields a strong fibre	Decoction of the bark is used in cholera, dysentery, diarrhoea and tonsilities	Mizo
	-	Mizo
Rind of the unripe fruit and young leaves are used to intoxicate fish and nuts for canning and dyeing	Leaves are used for cattle fodder, it is a light demander and moderate fats growing tree	Mizo
Tree is tapped for wood oil and oleo resin is applied to ring worm, ulcers, sprains etc. Bark is also chewed to relieve toothache	It is a light demander, can tolerate shade in youth	Mizo
Powdered fruit is used in scorpion sting, bites of centipede, juice of the bark for chronic ulcer and fresh cuts. Leaves are lopped for fodder	Tender leaves are cooked eaten. It is moderate light demander and moderately fast growing tree	Mizo
Pounded bark is used for poisoning of fish	-	Mizo
Juice of young leaves is used for curing tonsillitis and sores	Bark, stem and leaves are also medicinal. Leaves are lopped for cattle fodder	Mizo
	-	Mizo
Bark is prescribed for fever, strangury, ulcers, skin diseases and the roots for liarrhoea, dysentery	It is a strong light demander but the seedlings are shade tolerant.	Mizo
Fender leaves are eaten cooked as vegetable, seed is chewed as a substitute for betel nut, bark sometimes used as tea leaves	-	Mizo
Young leaves are eaten cooked with rat's meat. Decoction of Bark/leaves is used to expel small pieces of retained placenta	-	Mizo
Bark is used for constipation and leaves for toothache		Mizo
Muga Silkworm are reared on the leaves	Roots, bark and leaves are used in medicine, leaves are for cattle fodder	Mizo

Leaves are lopped for cattle fodder	This tree is a quick growing and moderate light demander	Mizo
-	Leaves are lopped for cattle fodder.	Mizo
-	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are used for cattle fodder	-	Mizo
Tender leaves are cooked and eaten without its water as vegetables	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Cotton is used for pillows and cushions, leaves for fodder. Tender leaves, flowers and calyces are used as vegetable	It is a strong light demander, fire resistant and fast growing tree	Mizo
Fibre obtained from the leaves is used for nets, sacks and brushes. Decoction of the roots is also used in diseases of kidney etc.	-	Mizo
-	-	Mizo
Kernels are used for poisoning fish	-	Mizo
	-	Mizo
Bark and fruit pulp are used for poisoning fish. Decoction of root bark is also recommended for diabetes	Leaves are poisonous for cattle	Mizo
-	-	Mizo
Leaves are eaten cooked as vegetable	-	Mizo
		Mizo
		Mizo
Fruits are eaten by wild animals. Trunk is used for making mortars for pounding rice	It is a moderate shade bearer in youth. Seed often germinate soon after falling under its mother tree	Mizo
Silkworm reared on the leaves. Boiled water of berries with meats of Indian Badger is taken as a remedy for sciatica and high blood pressure		Mizo
		Mizo
		Mizo
Leaves are used by Mizos for lining Siksil (Umbrella) and Thul – Basket lids	-	Mizo
Decoction of bark is used in treating diarrhoea, dysentery and rheumatism	Juice of crushed bark is also applied to fresh cuts	Mizo
Bark is used in diarrhoea, milky juice is applied on inflammatory diseases of glands and sometimes used as milk in tea. Leaves are lopped for cattle fodder	It is a shade bearer in youth and grow very fast	Mizo
Leaves are used for fermenting cooked soyabean (<i>Bekang</i>), a traditional mizo delicacy	It is a strong light demander and fire resistant	Mizo
Bark is useful in fever, diarrhoea, itching and flowers in menstrual disorders	Leaves are lopped for cattle fodder	Mizo
Fruits are eaten by man and birds	Endi silkworm reared on the leaves	Mizo
-	Acorns are devoured by wild animals like bears etc and birds. It is a	Mizo
	shade bearer or moderate light demander and growth is moderate.	111120
	Acorns are eaten by wild animals	Mizo
Bark yields a strong fibre and used for making ropes and cordage . leaves are lopped for cattle fodder	It is a light demander and fast growing tree. Tolerates moderate shade in youth	Mizo
Pulp of unripe fruits is used as gum, seeds are edible	-	Mizo
-		Mizo
Young fruits are pounded with tender shoots of <i>Acacia pennata</i> and eaten	Leaves are lopped for cattle fodder and polishing wood	Mizo

Juice of fruits and leaves are applied on sharp pain caused by nettles or poisonous hairs of caterpillars	It is a fast growing tree	Mizo
		Mizo
Leaves are loped for cattle fodder		Mizo
	It yields the para rubber, the finest and the most durable catoutchouc known	Mizo
-	-	Mizo
Infusion of bark is recommende for dysentery	-	Mizo
Leaves are used as soap for washing 'Mizo Pawnpui' (Blanket)	It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used to tick bite.	Mizo
Fibre of the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby	0 -	Mizo
Decoction of bark is used as an effective remedy for diabetes and high blood pressure	Leaves are lopped for cattle fodder	Mizo
Infusion of leaves/bark is used against black water fever, malarial fever, jaundice, typhoid, stomach ulcer and kidney stones		Mizo
		Mizo
Saplings used as pendant for scorching off the bristles of the pig killed		Mizo
Bark is used internally for pain in the stomach	-	Mizo
Balsam is used in treatment of Gonorrhoea, Gleet and similar affections of the arinary organs (IMP)	e It is a shade bearer in early stages and afterwards a light demander	Mizo
Juice of the stem is recommended for mouth infection in children		Mizo
Silkworm fed on its leaves. Leaves are sometimes boiled with meats and eater as curry. Root bark, leaves and fruits are also medicinal.	Young leaves and twigs are good for cattle fodder	Mizo
Latex mixed with mustard oil is applied to muscular swellings		Mizo
Fruits are eaten by man and birds	Endi silkworm reared on the leaves	Mizo
Flowers are eaten cooked as vegetables, leaves are lopped for cattle fodder	It is a light demander and fire resistant, fast growing tree	Mizo
	-	Mizo
Bark is used as anaesthesia and antiseptic		Mizo
Bark fibre which is called <i>Hruikhau</i> is used for making into rope and <i>Hnan</i> <i>hrui</i> . Leaves are used for fermenting cooked soyabean (<i>bekang</i>) and sometimes for wrapping food in.		Mizo
Bark used to poison fish. Leaves are lopped for cattle fodder	It is a moderate light demander and fast growing tree	Mizo
Leaves, tender fruits and flower buds are eaten as vegetable	It is a moderate light demander and wind firm tree	Mizo
Thick paste of the plant is applied on broken bone. Juice of the plant is also applied on sore of baby's navel	Plant is laxative and cooling used for cold, sinusitis and menstruation problems	Mizo
· · ·	-	Mizo
Decoction of bark is used in stomach troubles, fever, diarrhoea and also apllied on measles, chickem pox, sprains and burns. Leaves are cooked in water and water is taken as a remedy for high blood pressure.		Mizo
Tender leaves are boiled with meats and eaten as vegetables		Mizo
Young shoots are eaten in curries, amd fibre can also be used as rope	Fast growing tree	Mizo
Decoction of the bark is used in stomach troubles, fever, diarrhea and also	b Leaves are cooked in water and water is taken as a remedy for high	Mizo

applied on measles, chicken pox, sprains and burns.	blood pressure	
-	-	Mizo
		Mizo
Root, leaves and flowers are also used medicinally. Bark and young leaves are used as a remedy for fever, stomach ache etc		Mizo
Bark is bruised, boiled with soil impregnated with urine to produce a bluish dye	Fast growing tree	Mizo

Format 27 : Wild Animals (Mammals, Birds, Reptiles, Amphibia, Insects, Others)

1	2	3	4	5	6
Animal type	Local Name	Scientific Name	Habitat	Description	Season when seen
Mammal	Awrrang	Ratufa bicolor	Forest	-	Not recorded
Mammal	Biang	Belomys pearsonii	Forest	-	-do-
Mammal	Chepa	Tupaia bengaleri	Forest	-	-do-
Mammal	Hleikapsen	Callosciurus erythraeus	Forest	-	-do-
Mammal	Hleilubial	Callosciurus pygerythrus	Forest	-	-do-
Mammal	Hleimeipar	Dremomys lokriah	Forest	-	-do-
Mammal	Hleimualrang	Tamiops macclellandi	Forest	-	-do-
Mammal	Hleizawng	Callosciurus pygerythrus	Forest	-	-do-
Mammal	Keisen	Catopuma temmincki	Forest	-	-do-
Mammal	Kelral	Neofelis nebulosa	Forest	-	-do-
Mammal	Kuhpui	Hystrix brachyura	Forest	-	-do-
Mammal	Kuhsi	Atherurus macrourus	Forest	-	-do-
Mammal	Ngau	Trachypithecus pileatus	Forest	-	-do-
Mammal	Ngau buang	Trachypithecus pileatus	Forest	-	-do-
Mammal	Ngau hang (Tarmit bun)	Trachypithecus phayrei	Forest	-	-do-
Mammal	Ngharbawr	Prionailurus viverrinus	Forest	-	-do-
Mammal	Phai-uak (Sa uak)	-	Forest	-	-do-
Mammal	Phivawk	Arctonyx collaris	Forest	-	-do-
Mammal	Safia	Martes flavigula	Forest	-	-do-
Mammal	Sahmaitha	Melogale moschata/personata	Forest	-	-do-
Mammal	Sahram	Aonyx cinerea	Forest	-	-do-
Mammal	Sahuai	Nyctiebus bengalensis	Forest	-	-do-
Mammal	Sakhi	Muntiacus vaginalis	Forest	-	-do-
Mammal	Samang (Mangte)	Helarctos malayanus	Forest	-	-do-
Mammal	Sanghal	Sus scrofa	Forest	-	-do-
Mammal	Sanghar	Prionailurus bengalensis	Forest	-	-do-
Mammal	Saphu	Manis pentadactyla	Forest	-	-do-
Mammal	Sarivaithun	Herpetes javanicus	Forest	-	-do-
Mammal	Savawm	Melursus ursinus	Forest	-	-do-
Mammal	Saza	Capricornis sumatraensis	Forest	-	-do-
Mammal	Sazaw (Zawreng)	Paradoxurus hermaphroditus	Forest	-	-do-
Mammal	Sazuk	Rusa unicolor	Forest	-	-do-
Mammal	Sihal	Canis aureus	Forest	-	-do-

Mammal	Tampui	Leopoldamis edwardsi	Forest	-	-do-
Mammal	Tlumpui	Viverra zibetha	Forest	-	-do-
Mammal	Tlumther	Viverricula indica	Forest	-	-do-
Mammal	Vahluk	Petaurista petaurista	Forest	-	-do-
Mammal	Zamphu	Arctictis binturong	Forest	-	-do-
Mammal	Zawbuang	Paguma larvata	Forest	-	-do-
Mammal	Zawhang	Arctogalidia trivirgata	Forest	-	-do-
Mammal	Hauhuk	Hoolock hoolock	Forest	-	-do-
Mammal	Zawng mawt/hmaitai	Stump-tailed Macaque	Forest	-	-do-
Mammal	Zawng meisei/hmeltha	Macaca fascicularis	Forest	-	-do-
Mammal	Zuhrei	Berylmys mackenziei	Forest	-	-do-
Bird	Bawng	Pericrocotus brevirostris	Forest	-	-do-
Bird	Bullut	Ducula badia	Forest	-	-do-
Bird	Chhawlhring	Chloropsis aurifrons	Forest	_	-do-
Bird	Chhemhur	Lanius sp.	Forest	-	-do-
Bird	Chhimbuk	Bubo bengalensis	Forest	-	-do-
Bird	Chhuangtuar	Upupa epops	Forest	-	-do-
Bird	Chingpirinu	Strix leptogrammica	Forest	-	-do-
Bird	Chinrang	Enicurus scouleri	Forest	-	-do-
Bird	Chip te	Anthus hodgsoni	Forest	-	-do-
Bird	Daikat	Orthotomus sutorius	Forest	-	-do-
Bird	Dawithiama arpa	Aethopyga sp.	Forest	-	-do-
Bird	Dawntliang	Cissa chinensis	Forest	-	-do-
Bird	Hrangkir	Athene brama	Forest	-	-do-
Bird	Irliak	Coracina macei	Forest	-	-do-
Bird	Kaikuangral	Alcedo atthis	Forest	-	-do-
Bird	Kawlrit	Hemixos flavala	Forest	-	-do-
Bird	Kireuh	Arachnothera longirostra	Forest	-	-do-
Bird	Koro	Garrulax leucolophus	Forest	-	-do-
Bird	Lailen	Motacilla flava	Forest	-	-do-
Bird	Lalruanga sehnawt	Centropus sinensis	Forest	-	-do-
Bird	Luangtubeuh	Picumnus innominatus	Forest	-	-do-
Bird	Lungdup	Ictinaetus malayensis	Forest	-	-do-
Bird	Mitval	Zosterops palbebrosa	Forest	-	-do-
Bird	Mu arla	Lophotriorchis kienerii	Forest	-	-do-
Bird	Mute	Accipiter sp.	Forest	-	-do-
Bird	Mute ngaldang	Circus macrourus	Forest	-	-do-
Bird	Muvanlai	Spilornis cheela	Forest	-	-do-
Bird	Ramar	Gallus gallus	Forest	-	-do-
Bird	Ramparva	Chalcophaps indica	Forest	-	-do-
Bird	Setawt	Pycnonotus flavescens	Forest	-	-do-
Bird	Tawktawk awrsen	Ficedula strophiata	Forest	-	-do-
Bird	Tawllawt	Megalaima virens	Forest	-	-do-

Bird	Tek tek	Dicaem minullum	Forest	-	-do-
Bird	Thangfen	Myiophonus caeruleus	Forest	-	-do-
Bird	Theh hek	Prinia hodgsonii	Forest	-	-do-
Bird	Thizil	Psamisomus dalhousiae	Forest	-	-do-
Bird	Thlanthla	Dicrurus aeneus	Forest	-	-do-
Bird	Thloh	Blythipicus pyrrhotis	Forest	-	-do-
Bird	Tlaiberh	Pycnonotus cafer	Forest	-	-do-
Bird	Tukkhumvilik	Pycnonotus melanicterus	Forest	-	-do-
Bird	Tuklo	Megalaima asiatica	Forest	-	-do-
Bird	Va in ronghak	Monticola solitarius	Forest	-	-do-
Bird	Vabak/Valambawk	Caprimulgus macrurus	Forest	-	-do-
Bird	Vacha	Ardeola grayii	Forest	-	-do-
Bird	Vadartle	Irena puella	Forest	-	-do-
Bird	Vadumdeleng	Niltada sp.	Forest	-	-do-
Bird	Vahai	Anthracoceros albirostris	Forest	-	-do-
Bird	Vahlah	Bambusicola fytchii	Forest	-	-do-
Bird	Vahmim	Turnix suscitator	Forest	-	-do-
Bird	Vahrit	Lophura leucomelanos	Forest	-	-do-
Bird	Vahui	Treron sp.	Forest	-	-do-
Bird	Vaki	Psittacula krameri	Forest	-	-do-
Bird	Valeisawt	Pnoepyga albiventer	Forest	-	-do-
Bird	Vamaitai	Oriolus tenuirostris	Forest	-	-do-
Bird	Vangek	-	Forest	-	-do-
Bird	Vapui	Coracias benghalensis	Forest	-	-do-
Bird	Varalthi	Harpactes erythrocephalus	Forest	-	-do-
Bird	Varihaw	Polyplectron bicalcaratum	Forest	-	-do-
Bird	Varung	Arborophila sp.	Forest	-	-do-
Bird	Vasuih	Carpodacus erythrinus	Forest	-	-do-
Bird	Vazar	Garrulax sp.	Forest	-	-do-
Bird	Vazun	Phaenicophaeus tristis	Forest & Human habitation		
Reptiles	Changpat rul	Argyrophis diardii			
Reptiles	Chawngkawr	Naja kaouthia			
Reptiles	Chawnglei	Bungarus fasciatus			
Reptiles	Chhawknghawl	Typhlops diardii			
Reptiles	Hlaidum	Ptyas mucosa	Forest & Human habitation		
Reptiles	Hlaivawm	Ptyas mucosa			
Reptiles	Khuavang rul	Bungarus niger			
Reptiles	Ruahlawm rul	Rhabdops bicolor	Forest	-	-do-
Reptiles	Rul hlai	Ptyas korros, Coelognathus radiatus	Forest & Human habitation		
Reptiles	Rul ngan	Ophiophagus hannah	Forest	-	-do-
Reptiles	Rul nghawngsen	Rhabdophis subminiatus	Forest		
Reptiles	Rul rial	Boiga cyanea	Forest & Human habitation		
Reptiles	Rul sakhi	Boiga ochracea	Forest	-	-do-

Reptiles	Rul thi hna	Oreocryptophis porphyraceus	Forest	-	-do-
Reptiles	Rulvai		Forest	-	-do-
Reptiles	Rul vutbuak		Forest	-	-do-
Reptiles	Rul mitdel		Forest	-	-do-
Reptiles	Rul vankai	Dendrelaphis cyanochloris	Forest	-	-do-
Reptiles	Rulmuk (Zo Rulpui)	Ovophis monticola	Forest	-	-do-
Reptiles	Rultuha	Trimeresurus erythrurus/albolabris	Forest	-	-do-
Reptiles	Saphai	Python bivittatus	Ponds and near water bodies		
Reptiles	Tui Rul	Xenochropis piscator	Forest		
Reptiles	Satel	Melanochelys tricarinata	Rivers, streams etc		
Reptiles	Tui satel	Cyclemis gemeli	Forest	-	-do-
Reptiles	Tangkawng /Tangkeu	Varanus bengalensis	Forest, open areas		-do-
Reptiles	Laiking	Christidorsata otai	Forest & Human habitation	-	-do-
Reptiles	Awk-e	Gecko gekko	Human habitation, House	-	-do-
Reptiles	Bang daidep	Hemidactylus frenatus	Rivers, Ponds etc	-	-do-
Amphibians	Utum	Kaloula assamensis	Rivers, Ponds etc	-	-do-
Amphibians	Dawngthlek	Chiromantus vittatus	Rivers Ponds etc	-	-do-
Amphibians	U chhhawlhring	Hyla annectans	Rivers Ponds etc	-	-do-
Amphibians	U berek	Occidozyga sp	Rivers Ponds etc	-	-do-
Amphibians	U Chang	Euphlyctis cyanophlyctis	Rivers Ponds etc	-	-do-
Amphibians	U Sai	Hoplobatrachus crassus	Rivers Ponds etc	-	-do-
Amphibians	Utawkphar	Bufo stomaticus	Rivers Ponds etc	-	-do-
Insects	Khauphar	-	Rivers Ponds etc	-	-do-
Insects	Perhpawng	-	Rivers Ponds etc	-	-do-
Insects	Khauchher	-	Rivers Ponds etc	-	-do-
Insects	Chep chep	-	Rivers Ponds etc	-	-do-
Insects	Zawlzawng	-	Rivers Ponds etc	-	-do-
Insects	Khaukhuap	-	Rivers Ponds etc	-	-do-
Insects	Uleuh	-	Forest & Human habitation	-	-do-
Insects	Khawibel	Vespa velutina	Forest & Human habitation	-	-do-
Insects	Khawi sanghar	Parapolybia sp.	Forest, open areas		-do-
Insects	Khawifung	Apis florea	Forest, open areas		-do-
Insects	Khawi chhunmu	Provespa sp.	Forest, open areas		-do-
Insects	Khawikeilu	-	Forest & Human habitation		-do-
Insects	Khawivah	Apis cerana indica	Forest, open areas		-do-
Insects	Khawichhinkhup	Polistes tenebricosus	Forest, open areas		-do-
Insects	Nghalfek	Vespa tropica	Forest, open areas		-do-
Insects	Khawi in ting	-	Forest, open areas		-do-
Insects	Khawidang	-	Forest, open areas		-do-
Insects	Khawipui	Apis dorsata	Forest, open areas		-do-
Insects	Rengchal	Psaltoda cf. plaga	Forest, open areas		-do-
Insects	Dawlrem	-	Forest, open areas		-do-
Insects	Thereng	-	Forest, open areas		-do-

Insects	Losul thereng	Magicicada sp.	Forest, open areas	-do-
Insects	Nipui thereng	-	Forest, open areas	-do-
Insects	Ngirtling	-	Forest, open areas	-do-
Insects	Uifawm	-	Forest, open areas	-do-
Insects	Tekral	-	Forest, open areas	-do-
Insects	Khuang chiri/ Khuangbai	<i>Gryllus</i> sp.	Forest, open areas	-do-
Insects	Tawh ek	-	Forest, open areas	-do-
Insects	Taivang	<i>Tetraponera</i> sp.	Forest, open areas	-do-
Insects	Zan taivang	<i>Tetraponera</i> sp.	Forest, open areas	-do-
Insects	Hnahkiah taivang	Tetraponera sp.	Forest, open areas	-do-
Insects	Mawnger	Crematogaster sp.	Forest, open areas	-do-
Insects	Fachhawng	-	Forest, open areas	-do-
Insects	Reksen	-	Forest, open areas	-do-
Insects	Tarpilu	-	Forest, open areas	-do-
Insects	Khuangruang	-	Forest, open areas	-do-
Insects	Nauchawthing bawm	Drosophila melanogaster	Forest, open areas	-do-

	7	8	9	10	11	12
Loca	al Status	Uses (if any)	Associated TK	Mode of Hunting,	Other details	Community/ Knowledge
Past	Present			collecting (if any)		Holder
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Abundant	-	-	By Gun or trap	-	Mizo
Abundant	Abundant	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Abundant	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo

Abundant	Insufficient	_	_	By Gun or trap	_	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	_	Mizo
Abundant	Abundant	_	-	By Gun or trap	_	Mizo
Abundant	Abundant	-	-	By Gun or trap	_	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	_	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	_	Mizo
Insufficient	Insufficient	_	_	By Gun or trap	_	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	_	_	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	_	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	_	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Abundant	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Abundant	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo

Abundant	Insufficient	-	_	By Gun or trap	_	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Insufficient	-	_	By Gun or trap	_	Mizo
Abundant	Insufficient	-	_	By Gun or trap	_	Mizo
Abundant	Insufficient	-	_	By Gun or trap	_	Mizo
Abundant	Insufficient	-	_	By Gun or trap	_	Mizo
Abundant	Insufficient	-	_	By Gun or trap	_	Mizo
Abundant	Insufficient	-	-	-	_	Mizo
Abundant	Insufficient	-	-	-	_	Mizo
Abundant	Insufficient	-	-	-	_	Mizo
Abundant	Insufficient	-	_	_	_	Mizo
Abundant	Insufficient	-	_	_	_	Mizo
Abundant	Abundant	-	_	_	_	Mizo
Abundant	Abundant	-	_	_	_	Mizo
Abundant	Abundant	-	-	-	_	Mizo
Abundant	Insufficient	-	_	-	_	Mizo
Abundant	Insufficient	-	_	-	_	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
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Abundant	Insufficient	-	-	-	-	Mizo
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Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo

Abundant	Insufficient	-	-	_	-	Mizo
Abundant	Abundant	-	-	_	_	Mizo
Abundant	Insufficient	_	_	_	_	Mizo
Abundant	Insufficient		_	-	_	Mizo
Abundant	Insufficient		_	-	_	Mizo
Abundant	Insufficient		_	-	_	Mizo
Abundant	Abundant	-	-	_	_	Mizo
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Insufficient	Insufficient	_	_	-	_	Mizo
Insufficient	Insufficient	_	_	-	_	Mizo
Insufficient	Insufficient	_	_	_	_	Mizo
Abundant	Insufficient		-	_	_	Mizo
Insufficient	Insufficient		-	-	_	Mizo
Abundant	Abundant		-	_	_	Mizo
Insufficient	Insufficient		-	_	_	Mizo
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Abundant	Insufficient	_	_	_	_	Mizo
Abundant	Insufficient			_	_	Mizo
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Abundant	Abundant	-		-		Mizo
Abundant	Abundant					Mizo
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Abundant	Abundant					Mizo
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Abundant	Abundant	-	-	-	-	Mizo
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Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Abundant	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
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Abundant	Insufficient	-	-	-	-	Mizo
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Abundant	Abundant	-	-	-	-	Mizo
Abundant	Abundant	-	-	-	-	Mizo

BIODIVERSITY OF KHAWLAILUNG



Gossypium arboreum



Perilla frutescens



Solanum melongena



Solanum incanum



Brassica rapa



Capsicum frutescens



Cajanus cajan



Hibiscus sabdariffa







Tagetes erecta



Catharanthus roseus



Zinnia splendens



Cosmos bipinnatus



Euphorbia pulcherrima



Chrysanthemum sp.





Tecoma stans

Celosia argentea





Gallus domesticus



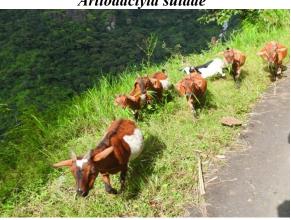
Artiodactyla suidae



Bos taurus



Felis catus



Capra aegagrus hircus



Anas platyrhynchos domesticus



Columba livia



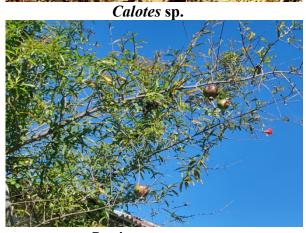
Gallus gallus domesticus







Mikania macrantha



Punica granatum



Carica papaya



Citrus grandis







Parkia roxburghii



Caryota urens

Faibar





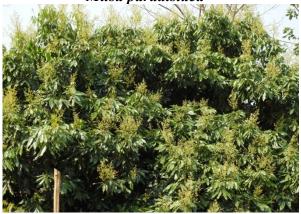
Musa paradisiaca



Phyllanthus emblica



Elaeagnus pyriformis



Litchi chinensis



Citrus medica





Derrick from SBB Mizoram and BMC members of Khawlailung - Collection of necessary data and information for PBR during Updation and Field Validation of PBR at Khawlailung Village



Members of Biodiversity Management Committee Khawlailung



Khawlailung Village