PEOPLE'S BIODIVERSITY REGISTER SAICHAL

Compiled by
Members of Biodiversity Management Committee, Saichal

Mizoram State Biodiversity Board
Office of Chief Wildlife Warden
Environment, Forest & Climate Change Department
MINECO, Khatla, Aizawl
Mizoram

PART-I

1. The Biological Diversity Act, 2002 & Rules, 2004

The Biological Diversity Act, 2002 (No. 18 of 2003) was notified by the Government of India on 5th February, 2003. The Act extends to the whole of India and reaffirms the sovereign rights of the country over its biological resources. Subsequently the Government of India published Biological Diversity Rules, 2004 (15th April, 2004). The Rules under section 22 states that 'every local body shall constitute a Biodiversity Management Committee (BMC) within its area of jurisdiction'.

2. People's Biodiversity Registers and role of the Biodiversity Management Committee

The mandate of the Biodiversity Management Committee has been clearly highlighted in the Biological Diversity Rules 2002 as follows:

- The main function of the BMC is to prepare People's Biodiversity Register in consultation with the local people. The register shall contain comprehensive information on availability and knowledge of local biological resources, their medicinal or any other use.
- > The other functions of the BMC are to advice on any matter referred to it by the State Biodiversity Board or Authority for granting approval, to maintain data about local vaids and practitioners using the biological resources.
- > The Authority shall take steps to specify the form of People's Biodiversity Registers, and the particulars it shall contain and the format for electronic database.
- > The Authority and the State Biodiversity Boards shall provide guidance and technical support to the Biodiversity Management Committees for preparing People's Biodiversity Register.
- > The People's Biodiversity Registers shall be maintained and validated by the Biodiversity Management Committees.

3. People's Biodiversity Registers and role of National Biodiversity Authority (NBA)

The National Biodiversity Authority shall provide guidance and technical support to the Biodiversity Management Committee (BMC) for preparing People's Biodiversity Register.

People's Biodiversity Registers and the role of State Biodiversity Board (SBB)

The State Biodiversity Board (SBB) would provide necessary training to the technical Support Group (TSG) of the district and enable smooth functioning and aid in networking for creation and maintenance of People's Biodiversity Registers (PBR).

People's Biodiversity Registers and Role of the Technical Support Group (TSG)

The Technical Support Group (TSG) will consist of experts from various disciplines and line departments, universities, research institutes, colleges and schools and non-governmental organizations. The Technical Support Group will provide technical inputs and advice to the BMC's on identification of plants and animals, monitor and evaluate the PBR exercise, examine confidential information and advice on legal protection, maintain a database of local and external experts on biodiversity.

4. People's Biodiversity Registers (PBR)

Being a mega biodiverse country, India is very rich in biological and cultural diversity. It is also a home of many tribal groups, pursuing different kinds of nature based livelihoods. In addition, a large number of farming, fishing communities, and nomadic group possessed traditional knowledge of varying degrees. The development of modern science and technology in biotechnology and information technologies have increased the value of biodiversity and associated knowledge including traditional knowledge (TK). The growing importance of biodiversity, bio-resources and associated knowledge is fairly well understood. The first step towards conservation is sustainable utilization of biodiversity and its documentation. Biodiversity and associated knowledge is found in different ecosystems under different legal management regimes and hence the results and the manner of documentation will also differ.

The present manual guidelines have been drafted taking into consideration different ecosystems and include the rural, urban and protected areas. The guidelines may be customized and further information may be added to enrich the effort. It is important to keep in mind some of the issues related to PBRs:

- > It is to be undertaken in a participatory mode involving varying sections of village society
- ➤ While documenting the PBR, knowledge and views of both genders are to be recorded
- Information's provided by the community should be collated, analyzed and crosschecked by the members of the Technical Support group (TSG) before documentation
- > PBR is important base document in the legal arena as evidence of prior knowledge and hence careful documentation is necessary
- The document should be endorsed by the BMC and later publicized in the Gram Sabha/Grma Panchayat/Panchayat Samiti. The document can be a very useful tool in the management and sustainable use of bio-resources. The document can also be a very useful teaching tool for teaching environmental studies at schools, colleges and university level.
- The document should be periodically updated with the additional and new information as and when generated.

4.1 The PBR Process

The preparation of People's Biodiversity registers (PBR) involves the active support and cooperation of a large number of people who need to share their common as well as knowledge (traditional knowledge). The first and foremost important task for preparing a PBR is organizing a group meeting to explain the objectives and purpose of the exercise. Different social groups in the village need to be identified for purpose of data collection from those groups. In an urban situation, spots where biodiversity are important need to be identified for the purpose of the study and documentation. The documentation process includes information gathered from individuals through detailed questionnaire; focused group discussion with person's having knowledge and published secondary information.

4.2 Documentation and Traditional Knowledge (TK) related to biodiversity

Documentation of knowledge of individuals with regard to biodiversity and its uses is an important part of PBR. Every effort should be made to identify the persons with proven knowledge of local biodiversity; special attention should be given to the elderly persons who can also provide information on the biodiversity which was available in the past but no longer seen at present. In some cases focus group discussion may be held for the purpose of documentation.

4.3 PBR Methodology

The PBR is a participatory process requiring intensive and extensive consultation with the people. The objectives and purpose is to be explained in a group meeting in the presence of all sections of people in the Panchayat, members of the BMC, students, knowledgeable individuals and those interested in the effort. Documentation includes photographs (including digital images), drawings, audio and video recordings and other records like printed material.

4.4 Process in PBR Preparation

Step I: Formation of Biodiversity Management Committee (BMC)

Step II : Sensitization of the community/local people about the study, survey and possible management

Step III: Training of members in identification and collection of data on biological resources and traditional knowledge

Step IV : Collection of data. Data collections includes review of literature on the natural resources of the districts, Participatory Rural Appraisal

(PRAs) at village level, household interviews, individual interviews with village leaders and knowledgeable individuals, household heads,

key actors of the panchayat raj institutions and NGOs and direct field observations

Step V : Analysis and validation of data in consultation with technical support group and BMC

Step VI: Preparation of People's Biodiversity Register (PBR)

Step VII : Computerization of information and resources.

General Details of People's Biodiversity Register (PBR) of SAICHAL

Name of the village : Saichal

Block : Ngopa RD Block

District : Saitual

State : Mizoram

Geographical Area of the Panchayat Samity : 22 sq.km

Population under the Panchayat Samity : 1061

Male : 561

Female : 500

Habitat and Topography : Tropical evergreen forest, Hilly terrain & Plain

Climate (Rainfall, Temperature and other : 7°C-30°C (Temp.), 3000- 4000mm(Rainfall)

weather patterns)

Land use (Nine fold classification available

with village records) : Agriculture/Farming

Date, Month and Year of PBR preparation : 22.03.2022

Management Regime: Reserve Forests (RF)/ : RF/COM
Joint Management (JM)/Protected areas (PA)/

Community Owned and Managed Forests (COM)

Annexure I

Details of the BMC members of the Panchayat (One elected chairperson and six persons nominated by the local body; not less than one third to be women and not less than 18% belonging to SC/ST)

Age

Age

Age

Gender

Address

Area of specialization:

Female

Saichal

Farmer

1. Name of the Chairman P.S. Lalhunchhunga V.Lalruatkima 2. Name

Age

Gender Male Gender Male Saichal Saichal Address Address

Area of specialization Social Worker Area of specialization: Social Worker

3. Name H.Lalchungnunga 4. Name C.Lalnunpuia

Age

Gender Male Gender Male Address Saichal Address Saichal Social Worker Area of specialization: Area of specialization Farmer

K.C Lalnghakliana 5. Name Name M.S Dawngzeli 6. 39

Age

Gender Male Saichal Address Area of specialization Farmer

Name Lalzami 7.

> 62 Age

Gender Female Address Saichal

Area of specialization Social Worker

Annexure II

List of Vaids, hakims and traditional healthcare (human and livestock) practitioners residing and or using biological resources occurring within the jurisdiction of the village.

Name : NIL

Age : Gender : Address : :

Area of specialization :

Location from which the person accesses biological material :

Perception of the practitioner

on the resource status :

Annexure III

List of individuals perceived by the villagers to possess Traditional knowledge (TK) related to biodiversity in agriculture, fisheries and forestry.

Name : NIL

Age : Gender : Address : Area of Specialization :

Annexure IV

Details of schools, colleges, departments, universities, government institutions, non-governmental organization and individuals involved in the preparation of the PBR

1) Contact Person : Dr. Lalneihpuia Chhakchhuak

Name and Address : Technical Assistant

Mizoram State Biodiversity Board

2) Contact Person : Derrick Zothanmawia Name and Address : Computer Assistant

Mizoram State Biodiversity Board

PART-II

AGROBIODIVERSITY

Format 1: Crop Plants

1	2	3	4	5	6	7	
Crop	Scientific Name	Local Name	Variety	Landscape/	Approx. area	Local S	tatus
				Habitat	sown	Past	Present
Turmeric	Curcuma longa	Aieng	Local	Hilly terrain, Jhum land	Not measured	Abundant	Insufficient
Para cress	Acmella paniculata	Ankasa	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Mustard	Brassica rapa	Antam	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Deccan hemp	Hibiscus cannabinus	Anthur	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
White or Winged yam	Dioscorea alata	Bachhim	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild coriander	Eryngium foetidum	Bahkhawr	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Perennial herb	Colocasia sp	Baibing	Local	Hilly terrain, Jhum land	-do-	Abundant	Insufficient
Taro	Colocasia esculenta	Bal	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Brinjal	Solanum melongena	Bawkbawn	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Lady's finger	Abelmoschus esculentus	Bawrhsaiabe	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Bean	Phaseolus vulgaris	Bean	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cow pea	Vigna unguiculata	Behlawi	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Pigeon pea	Cajanus cajan	Behliang	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Soyabean	Glycine max	Bekang	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Hyacinth bean	Lablab pupureus	Bepui	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Winged Bean	Psophocarpus tetragonolobus	Bepuipawr	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Snake gourd	Trichosanthes anguina	Berul	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Climber	-	Bete	Local	Hilly terrain, Jhum land	-do-	Abundant	Insufficient
Broccoli	Brassica olearcea var italica	Brocoli	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Rice	Oryza sativa	Buh	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Green pea/Matar	Pisum sativum	Chana	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Bitter gourd	Momordica charantia	Changkha	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
White durra	Sorghum cernuum	Chhawhchhi	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Coriander	Coriandrum sativum	Dhania	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Sorghum	Sorghum bicolor	Faibar	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cucumber	Cucumis sativas	Fanghma	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Broad or sword bean	Canavalia ensiformis	Fangra	Local	Hilly terrain, Jhum land	-do-	Abundant	Insufficient
Chilli	Capsicum annuum	Hmarchapui	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Birds eye chilli	Capsicum frutescens	Hmarchate	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Arrowroot	Maranta arundinaceae	Hnahthialbal	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Squash	Sechium edule	Iskut	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Roselle	Hibiscus sabdariffa	Lakher anthur	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Aromatic herb	Elsholtzia communis	Lengser	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Pumpkin	Cucurbita maxima	Mai/Maian	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Ash gourd	Benincasa hispida	Maipawl	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Spiny bitter tomato	Momordica cochincinensis	Maitamtawk	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
-	Coix lacryma-jobi	Mim	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient

Mula	Raphanus sativas	Mula	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cauliflower	Brassica oleracea var. botrytis	Parbawr	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild celery	Trachyspermum roxburghianum	Pardi	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
-	Clerodendrum colebrookianum	Phuihnam	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
-	Senna occidentalis	Reng an	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild basil	Ocimum americanum	Runhmui	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Bitter tomato	Solanum aethiopicum	Samtawk	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
African eggplant	Solanum macrcarpon	Satinrem	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
Ginger	Zingiber officinale	Sawhthing	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Devils tongue	Amorphophallus sp	Telhawng	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Tomato	Solanum lycopersicum	Tomato	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Bottle guard	Lagenaria siceraria	Um ei	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Tobacco plant	Nicotiana tabacum	Vaihlo	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Maize	Zea mays	Vaimim	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Yam bean	Pachyrhizus erosus	Zawng tur	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cabbage	Brassica oleracea var. capitata	Zikhlum	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Chinese Onion	Allium chinense	Zo purun	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient

	9	10	11	12	13	14
Special Features	Cropping Season	Uses	Associated TK	Other Details	Source of Seeds /Plants	Community Knowledge Holder
Rhizome is used as condiment	Mar-April	Edible	Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	-	Local	Mizo
Leaves and stems as vegetable	Mar-April	Edible	Flowers are chewed to relieve toothache and affections of the gum and throat	-	Local	Mizo
Young leaves are eaten as vegetables	Mar-April	Edible	Seeds and oil are used in medicine	=	Local	Mizo
Leaves are eaten as vegetables, curry	Mar-April	Edible	Leaves are used as diuretic, sedative, refrigerant	-	Local	Mizo
Tuber is anthelmintic	Mar-April	Edible	Tubers and bubils are used as vegetable, tuber is used in treating cancer, piles, and gonorrhoea	-	Local	Mizo
Leaves used as flavouring dishes	Mar-April	Edible	Leaves are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled and the water is drunk for malarial fever, diabetes, pneumonia, and constipation	-	Local	Mizo
Spadix is eaten cooked as vegetable	Mar-April	Edible	-	-	Local	Mizo
Corm, stem and young leaves are eaten as vegetables	Mar-April	Edible	Acrid juice is applied to wounds and bee sting. Whole plant is used for pig feed	-	Local	Mizo
Unripe fruit as vegetable	Mar-April	Edible	Root, leaves, fruits and seeds are used as medicine	-	Local	Mizo
Unripe fruit eaten as vegetable	Mar-April	Edible	Cut fruit soaked in water overnight (water) is used to control diabetes	-	Local	Mizo
Green immature pods are cooked and eaten as vegetables	Mar-April	Edible	Beans are also used for diarrhoea, dysentery, burns, diabetes, rheumatism, sciatica etc	-	Local	Mizo
Young leaves, pods and seeds as vegetable	Mar-April	Edible	Seed is useful to strengthen stomach and kills worm in the stomach	-	Local	Mizo

Tender leaves, pods as vegetable, yellow seeds as pulse	Mar-April	Edible	Leaves and seeds are medicinal, leaves as cattle fodder	-	Local	Mizo
Seeds are edible rich in protein, oils and minerals	August	Edible	Seeds are cooked, fermented and eaten as delicacies (called <i>Bekang</i> famous –traditional Mizo dish). Boiled water of seeds are given to pigs for fertility control	-	Local	Mizo
Young pods, seeds as vegetable	Mar-April	Edible	Juice of crushed leaves is used against diarrhoea, stomach-ache	-	Local	Mizo
Young pods as vegetable	Mar-April	Edible	The plant is a good fodder, green manuring and ground cover	-	Local	Mizo
Fruit and young leaves as vegetable	Mar-April	Edible	Fruits and leaves are considered antidote for snake bite	-	Local	Mizo
Seeds are eaten cooked as vegetable	July	Edible	-	-	Local	Mizo
Flower buds and leaves are eaten as vegetable	September	Edible	-	-	Local	Mizo
Grain is the staple food	April	Edible	Chipstraw is boiled and the water is used for kidney stone and urinary problems. Rice wash water is also used for diarrhoea, dysentery	-	Local	Mizo
Seeds as pulse and young leaves are eaten as vegetable	May	Edible	-	-	Local	Mizo
Young fruit and leaves are cooked or fried eaten as vegetable	Mar-April	Edible	Leaves and fruits are medicinal used to treat fever, jaundice, diabetes, dysentery, intestinal worms etc	-	Local	Mizo
	Mar-April	Edible	Baked grains are pounded and eaten as curry	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
-	Mar-April	Edible	Grains are cooked and eaten	-	Local	Mizo
Fruit is edible	Mar-April	Edible	Juice of the leaves and stem are used in high blood pressure. Fruits and seeds are also medicinal	-	Local	Mizo
-	Mar-April	Edible	Grains are cooked and eaten	-	Local	Mizo
Fruits are condiment and leaves as vegetable	Mar-April	Edible	Juice of the fruits is applied to burns, snake bite and centipede sting	-	Local	Mizo
Fruits are condiment and leaves as vegetable	Mar-April	Edible	Juice of the fruits is applied to burns, snake bite and centipede sting	-	Local	Mizo
Rhizome is cooked and eaten	Mar-April	Edible	Rhizome is used as curry and in medicine	-	Local	Mizo
Fruits, young shoot and roots are eaten as vegetable-	Mar-April	Edible	Leaves are used for fodder	-	Local	Mizo
Leaves are eaten as vegetables, curry	Mar-April	Edible	Leaves are used as diuretic, sedative, refrigerant	-	Local	Mizo
Leaves and flowers -are used for flavouring curry-	Mar-April	Edible	-	-	Local	Mizo
Flowers, fruit, you-ng leaves and stem are all eaten as v-egetables	Mar-April	Edible	Seeds are used to expel worms from the body	-	Local	Mizo
Fruits and tender leaves are eaten as vegetable	Mar-April	Edible	Juice of the fruit is a cure for cholera, diarrhoea, dysentery, fever, asthma, vomiting and kidney diseases. Infusion of leaves and fruit are used externally in snake bite	-	Local	Mizo
Fruit is cooked and eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Grains are eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Young fruit and flower eaten as vegetable	Mar-April	Edible	Roots, leaves and seeds are medicinal	-	Local	Mizo

Flower buds and leaves are eaten as vegetable	September	Edible	-	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
Leaves and flowers are eaten cooked as vegetable	Mar-April	Edible	Leaves are cooked with water and water is taken for hypertension, blood sugar etc	-	Local	Mizo
Leaves are eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
Green- fruit are eaten as vegetable	Mar-April	Edible	Fruit is good for high blood pressure, skin problems and anti microbial	-	Local	Mizo
Leaves are used as vegetable and cooked with any kind of meat	Mar-April	Edible	-	-	Local	Mizo
Rhizomes are used as spice and condiment, taken as cure for food poisoning	Mar-April	Edible	Tender leaves, young flowers are eaten cooked as vegetable, juice of the pounded rhizomes is given to women in case of insufficient supply of milk for their babies and also dropped into the ear when attacked by ticks.	-	Local	Mizo
-	Mar-April	Edible	Corm and young leaf stalk and shoots are eaten cooked as veg.	-	Local	Mizo
Fruit is edible	Mar-April	Edible	-	-	Local	Mizo
Cultivated for fruits	1	Edible	Non bitter, soft shelled fruits and tender leaves are used as vegetable, and dried shell of the fruit for holding water. Roots, leaves and seeds are used in medicine	-	Local	Mizo
-	Mar-April	Edible	Leaves are pounded, dried and used for making cigarette	-	Local	Mizo
Grains are eate-n cooked, roasted, fried-	Mar-April	Edible	Grains and leaves are used to feed poultry, pigs and cows. Decoction of the grain is used as hip bath for piles, lessen pain	-	Local	Mizo
-	_	Edible	Tuberous root is edible	-	Local	Mizo
-	June	Edible	Leaves and head are eaten cooked as vegetable	-	Local	Mizo
Fresh bulb and leaves as condiment	Mar-April	Edible	Bulbs are used for treating fever, hypertension, indigestion, pneumonia, common cold etc. Juice of bulb is applied to muscle sprains, earache etc	-	Local	Mizo

Format 2: Fruit plants

1	2	3	4	5	6	
Plant	Scientific name	Local name	Variety	Landscape/habitat	Local	status
					Past	Present
Herb	Musa acuminata	Balhla	Local	Hilly Terrain	Insufficient	Abundant
Shrub	Garcinia lanceifolia	Chengkek	Local	Hilly Terrain	Abundant	Insufficient
Climber	Citrullus lanatus	Dawnfawh	Local	Hilly Terrain	Abundant	Abundant
Climber	Hylocereus costaricensis	Dragon fruit	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Vitis vinifera	Grape	Local	Hilly Terrain	Insufficient	Insufficient
Herb	Ananus comosus	Lakhuihthei	Local	Hilly Terrain	Insufficient	Abundant
Shrub	Citrus limon	Nimbu	Local	Hilly Terrain	Insufficient	Abundant
Climber	Passiflora edulis	Sapthei	Local	Hilly Terrain	Abundant	Insufficient

Climber	Eleagnus latifolia	Sarzukpui	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Eleagnus pyriformis	Sarzukte	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Citrus limon	Ser (fang)	Local	Hilly Terrain	Abundant	Insufficient
Shrub	Citrus medica	Serpui	Local	Hilly Terrain	Abundant	Insufficient
Shrub	Citrus maxima	Sertawk	Local	Hilly Terrain	Abundant	Insufficient
Shrub	Citurs reticulata	Serthlum	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Haematocarpus validus	Theichhungsen	Local	Hilly Terrain	Insufficient	Insufficient
Tree	Carica papaya	Thingfanghma	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	-	Zammir	Local	Hilly Terrain	Insufficient	Insufficient

7	8	9	10	11	12
Source of seeds/plants	Season of fruiting	Associated TK	Uses	Other details Market/ Own use	Community Knowledge holder
Locally available	Mar-Dec	-	Fruit is edible	Market/own use	Mizo
Locally available	Whole year	Fruits are good in blood purification, indestion etc . leaves are cooked and water is used for bathing in case of measles	Fruit is edible	Market/own use	Mizo
Locally available	Mar-Sept	Fruit purifies blood, cures biliousness, sore eyes, scabies, itching, seeds are tonic to the brain		Own use	Mizo
Introduced	July-Sept	-	Fruit is edible	Market/own use	Mizo
Introduced	Feb-Sept	-	Fruit is edible	Market/own use	Mizo
Locally available	October	-	Fruit is edible	Market/own use	Mizo
Locally available	August	Fruit juice rich in vitamin C is used to treat various diseases like stomach problems, liver diseases, hypertension, diabetes etc	Fruit is edible	Market/own use	Mizo
Locally available	April	Ripe fruit is used for jaundice and liver problems	Leaves are used as vegetable	Market/own use	Mizo
Locally available	April	Decoction of root is medicinal	Wood is used as a good fuel	Own use	Mizo
Locally available	October	Decoction of root and boiled leaves is medicinal	Fruit is edible	Own use	Mizo
Locally available	October	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Market/own use	Mizo
Locally available	October	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Market/own use	Mizo
Locally available	Jan-Feb	Fruit is medicinal	Seeds are used for hypertension and diabetes	Market/own use	Mizo
Locally available	September	Fruit is a rich source of vitamin C, eaten by man	Water of boiled leaves used for bathing in fever	Market/own use	Mizo
Locally available	October	-	Fruit is edible	Market/own use	Mizo
Locally available	Jan – August	Ripe fruit is good for digestion. Decoction of unripe fruit is used to cure jaundice, diabetes etc. juice of boiled leaves is used to treat various type of cancer and stomach problems		Market/own use	Mizo
Locally available	September	-	Fruit is edible	Market/own use	Mizo

Format 3: Fodder crop

1	2	3	4	5	
Plant	Scientific name	Local name	Landscape/habitat	Local status	
				Past Present	
Herb	Colocasia esculenta	Bal	Jhum field	Abundant	Abundant
Succulent herb	Crassocephalum crepidioides	Buarthau	Hilly terrain, fallow land	Abundant	Abundant
Grass	Oryza sativa	Buh	Jhum field	Abundant	Abundant
Herb	Musa sp.	Changel	Hilly terrain, fallow land	Abundant	Abundant
Herb	Colocasia esculenta	Dawl/Bal	Cultivated and fallow land	Abundant	Abundant
BroomGrass	Thysanolaena latifolia	Hmunphiah	Cultivated and fallow land	Abundant	Abundant
Mile-a minute	Mikania micrantha	Japanhlo	Hilly terrain, fallow land	Abundant	Abundant
Grass	Saccharum longisetosum	Luang	Cultivated and fallow land	Abundant	Abundant
Herb	Polygonum chinense	Taham	Hilly terrain, fallow land	Abundant	Abundant
Maize	Zea mays	Vaimim	Cultivated land	Abundant	Abundant
Herb	Bidens pilosa	Vawkpuithal	Hilly terrain, cultivated, fallow land	Abundant Abundant	

6	7	8	9	10
Source of	Associated TK	Part Used	Other details	Community/
seeds/plants				Knowledge holder
Wild /Local	Corm, leaves and stem are used for pig feed	Corm, leaves, stem	-	Mizo
Wild /Local	-		-	Mizo
Wild /Local	Grains are cooked and used for pig feed	Grains	-	Mizo
Wild /Local	Stem is used for pig feed. Leaves are used for serving food when feast is prepared	Stem	-	Mizo
Wild /Local	Whole plant is used for pig feed and corm is eaten by wild boar etc. Corm, stem and young	Whole plant	-	Mizo
	leaves are eaten as vegetables. Juice of corm and leaves are medicinal			
Wild /Local	Flower panicles are used for making brooms, leaves are for cattle fodder	Panicles & Leaves	-	Mizo
Wild /Local	Juice of crushed leaves used for fever,stomachache,diarrhoea,dysentery,fresh cuts.	Leaves	-	Mizo
Wild /Local	Young leaves are good for cattle fodder	Leaves	-	Mizo
Wild /Local	Leaves used as pig fed	Leaves	-	Mizo
Wild /Local	Grains are eaten as vegetables. Used for feeding poultry and pigs	Grains & Leaves	-	Mizo
Wild /Local	Juice of leaves are used for treating eye and ear affections, skin affections	Leaves	-	Mizo

Format 4: Weeds

1	2	3	4	5	6
Plant	Scientific name	Local name	Affected Crop	Impact	Landscape/habitat
Herb	Acmella paniculata	Ankasate	All the jhum crops	Growth is effecte, which leads	Hilly terrain, cultivated and fallow
				to decrease in crop production	land.
Climber	Cyclanthera pedata	Ar-a fanghma	-do-	-do-	-do-
Herb	Solanum viarum	Athlo hling	-do-	-do-	-do-
Shrub	Ageratina adenophora	Bihar Hlo	-do-	-do-	-do-
Herb	Vernonia cinerea	Buar	-do-	-do-	-do-
Erect herb	Conyza stricta	Buarthar rang	-do-	-do-	-do-

Herb	Crassocephalum crepidioides	Buarthau	-do-	-do-	-do-
Herb	Blumea lanceolaria	Buarze	-do-	-do-	-do-
Herb	Stellaria media	Changkalrit	-do-	-do-	-do-
Herb	Lobelia nummularia	Choak-a-thi	-do-	-do-	-do-
Herb	Asystasiella neesiana	Dai hlo	-do-	-do-	-do-
Herb	Commelina benghalensis	Dawng	-do-	-do-	-do-
Grass	Imperata cylindrical	Di	-do-	-do-	-do-
Shrub	Mimosa pudica	Hlonuar	-do-	-do-	-do-
Erect shrub	Inula cappa	Hmeithai sarawh tul	-do-	-do-	-do-
Herb	Hypoestes phyllostachya	Hnahde	-do-	-do-	-do-
Climber	Dysolobium grande	Hruichun	-do-	-do-	-do-
Climber	Mucuna bracteata	Hruiduk	-do-	-do-	-do-
Climber	Mikania micrantha	Japanhlo	-do-	-do-	-do-
Fern	Dryopteris sp.	Katchat	-do-	-do-	-do-
Climber	Hedyotis capitellata	Kelhnamtur	-do-	-do-	-do-
Climbing shrub	Pericampylus glaucus	Khauchhim	-do-	-do-	-do-
Herb	Centella asiatica	Lambak	-do-	-do-	-do-
Herb	Saccharum longisetosum	Luang	-do-	-do-	-do-
Herb	Phyllanthus urinaria	Mitthi sunhlu	-do-	-do-	-do-
Grass	Cynodon dactylon	Phaitualhlo	-do-	-do-	-do-
Grass	Chrysopogon aciculatus	Phaitualhnim	-do-	-do-	-do-
Climber	Byttneria pilosa	Sazuk nghawnghlap	-do-	-do-	-do-
Under shrub	Urena lobeta	Se hnap	-do-	-do-	-do-
Under shrub	Triumfetta pilosa	Se meibawm	-do-	-do-	-do-
Shrub	Rubus birmanicus	Siali nu chhu	-do-	-do-	-do-
Herb	Cheilocostus speciosus	Sumbul	-do-	-do-	-do-
Shrub	Persicaria chinensis	Taham	-do-	-do-	-do-
Grass	Eulalia trispicata	Thang	-do-	-do-	-do-
Herb	Lindernia ruellioides	Thasuih	-do-	-do-	-do-
Climber	Merremia vitifolia	Thiannu	-do-	-do-	-do-
Climber	Merremia umbellata	Thianpa	-do-	-do-	-do-
Herb	Carex baccans	Thip	-do-	-do-	-do-
Shrub	Chromolaena odorata	Tlangsam	-do-	-do-	-do-
Herb	Houttuynia cordata	Uithinthang	-do-	-do-	-do-
Herb	Mollugo stricta	Vahmima bung	-do-	-do-	-do-
Herb	Ageratum houstonianum	Vailenhlo	-do-	-do-	-do-
Herb	Ageratum conyzoides	Vailenhlo	-do-	-do-	-do-
Herb	Lepidagathis incurva	Vangvat hlo	-do-	-do-	-do-
Herb	Bidens pilosa	Vawkpuithal	-do-	-do-	-do-
Herb	Croton caudatus	Vawkze	-do-	-do-	-do-
Herb	Cyanotis cristata	Vawmkur	-do-	-do-	-do-
Herb	Hibiscus surattensis	Zawng anthur	-do-	-do-	-do-

7		8	9	10	11	12
Local	Status	Uses if any	Management options	Associated	Other	Community/
Past	Present			TK	details	Knowledge holder
Abundant	Abundant	Some weeds have medicinal properties	Weeding is done by using	_	-	Mizo
Abundant	Abundant	and were used for treating fresh cuts, and	hands/knives. Herbicides like Glycel	-	-	Mizo
Abundant	Abundant	certain illness. While other weeds like	is also used for mangaging weeds.	-	-	Mizo
Abundant	Abundant	Imperata cylindrical, Mikania micrantha etc are used for pig feed and cattle fodder.		-	-	Mizo
Abundant	Abundant	etc are used for pig feed and cattle fodder.		-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	_	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
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Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	_	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	_	Mizo
Abundant	Abundant			-	-	Mizo

Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo
Abundant	Abundant	-	-	Mizo

Format 5: Pests of Crops -

1	2	3	4	5	6
Plant	Insect/Animal	Scientific Name	Local Name	Habitat	Time/Season of attack
Jhum crops	Animal	Rhizomys sumatrensis	Bui	Jhum field	Apr-Aug
Maize	Insect pest	Spodoptera frugiperda	Fall army worm	Jhum field	Apr – May
Jhum crops	Insect	Caelifera sp.	Khau	Jhum field	Mar – May
Jhum crops	Reptile	Eutropis carinata	Laitel	Jhum field	Mar - Apr
Jhum crops	Bird	Streptopelia orientalis	Mimsirikut	Jhum field	Mar – May
Rice	Bird	Lonchura sp	Pit	Jhum field	Oct - Nov
Rice	Bird	Gallus gallus	Ram-Ar	Jhum field	March - April
Pumpkin, Taro	Animal	Atherurus macrourus	Sakuh/Kuhsi	Jhum field	Oct - Nov
Rice	Animal	Sus scrofa	Sanghal	Jhum field	Oct – Nov
Pumpkin	Animal	Melursus ursinus	Savawm	Jhum field	Oct – Nov
Rice	Animal	Rattus rattus	Sazu	Jhum field	Oct - Nov
Maize	Animal	Tamiops macclellandi	Thehlei	Jhum field	July – Aug
Orange	Insect	Eusthenes sp.	Thlangdar	Forest	June-September
Fruits & Vegetables	Bird	Pycnonotus cafer	Tlaiberh	Forest & Jhum field	When the crop is cultivated
Jhum crops	Bird	Psittacula sp.	Vaki	Jhum field	Mar – May
Rice	Bird	Carpodacus erythrinus	Vasuih	Jhum field	Oct – Nov

7	8	9	10
Management Mechanism	Associated TK	Other Details	Community/
			Knowledge holder
	-	-	Mizo
Mostly, the local communities do not used insecticides or pesticides to control pest attacking crops. They	-	-	Mizo
do not follow any specific mechanisms to manage these pests. Recent outbreak of fall armyworm	-	-	Mizo
attacking maize in the jhum fields have caused a serious damage to the crops and some farmers used	-	-	Mizo
insecticides like Emamectin benzoate 5% SG to control such pests . Bangla Red Soap (Bangla Sahbawn	-	-	Mizo

sen) is diluted with water and is sprayed or dropped to the worms or crop affected by fall army worm.	-	-	Mizo
	-	-	Mizo
		-	Mizo
	-	-	Mizo

Format 6: Market for domesticated animals - NIL

Format 7: Peoplescape

1	2	3	4	5	6
Community	Families &	Sub-	Depending	Major resources accessed and seasons of access	Landscape Management Practices
&	Major	occupation	Landscape		
Population	Occupation				
Mizo,	204,	Business,		Forest products including timber, firewood, raw materials for	-
1061	Farming	Govt.		constructions and furniture, wild vegetables and medicinal	
	_	Employee		plants etc are the major resources obtained and season of	
				access may vary from their availability.	

7	8	9	10	11
Resource Management Practices	Cast/Tribe	Social Condition	Nature of inhabitants	No of Households
There is no specific mechanism followed for the resource management.	Mizo	Lower & Middle class	Assam Type, RCC, Pucca Assam Type	204

Format 8 : Landscape

		1	2	3	4	5	6
Majo	r Lands	capes	Sub-land	Features	Ownership	General Flora	General Fauna
Agri.	Pond	Fallow	scape	and approx.			
Land		Land		area			
13	10 ha.	5		Hill	Mizo	Acmella paniculata, Ageratina adenophora,	Arctogalidia trivirgata, Trachypithecus pileatus ,
sq.kms		sq.km		Slope/Hilly	(Local	Alseodaphne petiolaris, Ananus comosus, Bauhinia	Aonyx cinerea, Nyctiebus bengalensis
				Terrain	Commu	variegata , Bidens pilosa, Brassica rapa, Cajanus cajan,	Stump-tailed Macaque , Macaca fascicularis
					-nity)	Callophyllum polyanthum, Citrus limon, Colocasia	Callosciurus pygerythrus, Boiga ochracea, Ptyas
						esculenta, Commelina benghalensis, Croton tiglium,	mucosa, Argyrophis diardii, Melanochelys
						Drimycarpus racemosus, Dryopteris sp, Engelhardtia	tricarinata, Kaloula assamensis
						spicata, Tetrameles nudiflora, Thysanolaena latifolia,	Chiromantus vittatus, Hyla annectans,
						Trema orientalis, Vernonia cinerea, Vigna unguiculata,	Occidozyga sp, Euphlyctis cyanophlyctis
						Vitis vinifera, Wedlandia bundleioides,Zea mays etc etc	Hoplobatrachus crassus, Bufo stomaticus etc

7	8	9	10	11	12
User	Management Practices	General Uses	Associated TK	Other	Community
Groups				details	accessed
Local	No specific management practice followed by the community or BMC. Members of the	For cultivation of agricultural	-	-	Mizo
people	village councils have followed and practice land management systems adopted by them	crops			
(Mizo)	with their own skills and knowledge.				

Format 9: Waterscape

1	2	3	4	5	6
Waterscape Element	Sub-type	Features and	Ownership	General Flora	General fauna
type		approx. area			
		Not measured	Mizo,	-	Prawn, Crab and indigenous fishes like Garra sp (Nghalim), Neolissochilus sp
			Local		(Nghahrah), Garra lissorhynchus (Nghazawngek), Macrognathus sp. (Nghalerh),
			community		Barilius barila (Lengphar), Devario devario (Nghadawl), Anguilla bengalensis
					(Ngharul), Botia sp (Nghasanghal). Nghatun, Dawntial, Nghameidum, Thaichhawni
					Nu, Sumsi, Satel, Nghakhing, Nghavawk, Nghafunglawr, Sarba, Hmursawp

7	8	9	10	11	12	13
Major Uses	User Groups	Management Practices	General Uses	Associated TK	Other details	Community accessed
Domestic uses like cooking, washing etc.	Local people	No specific management were practiced but the Village council and YMA and NGOs in the community preserved and protected their water sources (rivers) with their own skills and knowledge		-	-	Local Community

Format 10 : Soil type

1	2	3	4
Soil Type	Color & Texture	Features	Soil Management
Red soil and sandy	-	-	Soil fertility is maintained and preserved by practicing terrace system for cultivation of agricultural crops.
loamy soil			Contour trenching has been practiced by some locals. The community does not practice any other
			systematic mechanism for the management of soils. Usually they practice using pig/cow dung and chicken
			manure as fertilizers for their crops. Soils are highly fertile and any kind of jhum crops can be cultivated
			and thrives very well in this kind of soils.

5	6	7	8
Plants/Crop Suitable	Flora and Fauna	Associated TK	Other Informati
Nearly all kinds of agricultural	Flora: Acmella paniculata, Ageratina adenophora, Alseodaphne petiolaris, Ananus comosus, Bauhinia		
crops and jhum crops are	variegata, Bidens pilosa, Brassica rapa, Cajanus cajan, Callophyllum polyanthum, Citrus limon,	-	-
cultivated.	Colocasia esculenta, Commelina benghalensis, Croton tiglium, Drimycarpus racemosus, Dryopteris sp.,		
	Engelhardtia spicata, Erythrina variegata, Fragaria ananassa, Haematocarpus validus, Hibiscus		
	cannabinus, Imperata cylindrical, Inula cappa, Ipomoea batatas etc etc		
	Fauna: Arctogalidia trivirgata, Trachypithecus pileatus, Aonyx cinerea, Nyctiebus bengalensis,		

Stump-tailed Macaque , Macaca fascicularis, Callosciurus pygerythrus, Catopuma temmincki, Neofelis	
nebulosa, Trachypithecus pileatus, Trachypithecus phayrei, Arctonyx collaris, Helarctos malayanus,	
Leopoldamis edwardsi, Hoplobatrachus crassus, Bufo stomaticus etc	

DOMESTICATED BIODIVERSITY

Format 11 : Fruit Trees

1 2		3	4	5	6		7
Plant	Scientific name	Local name	Variety	Landscape Habitat	Local S	Status	Source of Plants/Seeds
type					Past	Present	
Tree	Ziziphus jujuba	Bawrai	Local	Hilly Terrain			Locally available
Tree	Protium serratum	Bil	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Persea Americana	Butter thei	Introduce d	Hilly Terrain	Insufficient	Insufficient	Introduced
Tree	Syzigium claviflorum	Hmuifarial	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Prunus domestica	Japan theite	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Phyllanthus acidus	Kawlsunhlu	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Psidium guajava	Kawlthei	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Myrica esculenta	Keifang	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Laurocerasus jenkinsii	Keipui	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Rhus chinensis	Khawmhma	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Artocarpus heterophyllus	Lamkhuang	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Baccaurea ramiflora	Pangkai	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Melia dubia	Sakhithei	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Citrus limon	Ser (fang)	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Citrus medica	Serpui	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Citrus maxima	Sertawk	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Citurs reticulate	Serthlum	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Phyllanthus emblica	Sunhlu	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Mangifera indica	Theihai	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Choerospondias axillaris	Theikhuangchawm	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Bruinsmia polysperma	Theipalingkawh	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Artocarpus lacucha	Theitat	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Prunus persica	Theitehmul	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Carica papaya	Thingfanghma	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Garunga floribunda	Tuairam	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Garcinia succifolia	Tuaithleng /Tuaihabet	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Antidesma bunius	Tuaitit	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Parkia timoriana	Zawngtah	Local	Hilly Terrain	Abundant	Insufficient	Locally available
Tree	Dimocarpus longan	Zo theifeimung	Local	Hilly Terrain	Insufficient	Insufficient	Locally available

Pruiting	8	9	10	11	12	
used for house construction, tool handles etc. root, bark, leaves and fruits are medicinal. Apr – Jun Fruit is edible, Wood is used for furniture, gunstock etc Oct-Feb Leaves flowers fruits and seeds are used in medicine May-Jun Leaves are lopped for cattle fodder Wood is used for firewood Own/Market use May-Jul Fruit is dible Fruit is lacible Agr-Jun Ripe fruit is edible Fruit is lacible Fruit is lacible Fruit is lacible Fruit is lacible Agr-Jun Ripe fruit is edible Fruit is lacible Agr-Jun Richest natural source of vitamin C April - June Wood is used for firewood, Charcoal, Leaves are used as fodder and riped fruits are eaten by man and birds. April - June Wood is used for firewood, rice pestles etc and leaves are for cattle fodder Dec-Jan Decoction of fruit used for colic, diarrhoea, dysentery Dec-Jan Decoction of fruit used for colic, diarrhoea, dysentery Wood used for finewood, rice pestles etc and leaves are for cattle fodder Dec-Jan Decoction of fruit used for colic, diarrhoea, dysentery Wood used for fine posts & gun powder Own/Market use Jun-Aug Decoction of froit used in fever, asthma, leaves used in fever, skin diseases, wounds, boils etc Jun-Aug Bark is used for constipation and leaves for toothache - Voong fruits and seeds used as vegetable Own/Market use Jun-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Own/Market use Nov-Mar Fruit is medicinal Nov-Mar Fruit is medicinal Wood is used fir furniture, boat building, planking, tea boxes, peking cases etc. Fruits is eadible and used for making rash or sore. Founded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and runk diabetes. Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.			Associated TK		Community/ Knowledge Holder	
Det-Feb Leaves flowers fruits and seeds are used in medicine Infusion of pounded leaves is useful for stomach ulcer Own/Market use May-Jun Leaves are lopped for eattle fodder Wood is used for firewood Own/Market use Pruit is edible Pruit is edible Pruit is laxative and refrigerant Own/Market use Own/Market use Despite to the provided of	Oct - Feb	used for house construction, tool handles etc. root, bark, leaves and fruits are medicinal.	/	Own/Market use	Mizo	
May-Jun Leaves are lopped for cattle fodder Fruit is edible Fruit is edible Fruit is edible Fruit is edible Leaves are eaten cooked as vegetable and also used for Market use Petron Richest natural source of vitamin C Pown/Market use fodder and riped fruits are eaten by man and birds. Mar - May Wood is used for firewood, Charcoal. Leaves are used as fodder and riped fruits are eaten by man and birds. Mar - May Wood is used for firewood, rice pestles etc and leaves are for cattle fodder Decoction of fruit used for colic, diarrhoea, dysentery with a fine process of the control of the c	Apr – Jun	Fruit is edible. Wood is used for furniture, gunstock etc	-	Own/Market use	Mizo	
May-Jul Pruit is edible Mar-Jun Ripe fruit is edible Rar-Jun Ripe fruit is	Oct-Feb	Leaves flowers fruits and seeds are used in medicine			Mizo	
Mar-Jun Ripe fruit is edible Leaves are eaten cooked as vegetable and also used for pigs feed Development of Richest natural source of vitamin C Development of Richest natural sourc	May-Jun	Leaves are lopped for cattle fodder	Wood is used for firewood		Mizo	
Sept-Nov Bark & young leaves are used against diarrhoea, dysentery. April - June Wood is used for firewood, Charcoal. Leaves are used as fodder and riped fruits are eaten by man and birds. Mar - May Wood is used for firewood, rice pestles etc and leaves are for cattle fodder Dec-Jan Decoction of fruit used for colic, diarrhoea, dysentery Dec-Jan Decoction of fruit used for colic, diarrhoea, dysentery Jun-Aug Decoction of fruit used for colic, diarrhoea, dysentery Bark is used for fence posts & gun powder Wood used for fence posts & gun powder Own/Market use Wood used for planking, ceilings, pencils, match boxes, plyboard, building purposes, fence post etc Jun-Sep Fruits edible, rich source of vitamin C Oct-Feb Fruit is a rich source of vitamin C. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, peking cases etc. Fruits is eadible and used for making pickles.	May-Jul	Fruit is edible		Own/Market use	Mizo	
Richest natural source of vitamin C April - June Wood is used for firewood, Charcoal. Leaves are used as fodder and riped fruits are eaten by man and birds. Bark is used to poison fish. Decoction of the bark is effective for cough, fever, bronchitis, sore throat, doarrhoea nad dysentery. Bark is also chewed for toothache. Mar - May Wood is used for firewood, rice pestles et and leaves are for eattle fodder Dec-Jan Decoction of fruit used for colic, diarrhoea, dysentery Wood used for fence posts & gun powder Own/Market use Jun-Aug Decoction of root used in fever, asthma, leaves used in fever, skin diseases, wounds, boils etc June-Aug Bark is used for constipation and leaves for toothache Nov-Jan Wood used for planking, ceilings, pencils, match boxes, plyboard, building purposes, fence post etc Jun-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Ovn/Market use Pruit is medicinal Seeds are used for loolic, vomiting etc Ovn/Market use Oct-Feb Fruit is a rich source of vitamin C. Seeds are used for loolic, vomiting etc Ovn/Market use Oct-Feb Fruit is a rich source of vitamin C. Seeds are used for poisonning fish. Decoction of the bark is used for cough, fever proheditis, sore throat, doarrhoea, and disarches, and of rice posts & gun powder Own/Market use Oct-Feb Fruit which is very rich in vitamin C. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Decoction of young leaves used in heaten to stop hiccough.	Mar-Jun	Ripe fruit is edible		Own/Market use	Mizo	
fodder and riped fruits are eaten by man and birds. effective for cough, fever, bronchitis, sore throat, doarrhoen and dysentery. Bark is also chewed for toothache. Mar - May Wood is used for firewood, rice pestles etc and leaves are for cattle fodder Deco-Jan Decoction of fruit used for colic, diarrhoea, dysentery Wood used for fence posts & gun powder Voung fruits and seeds used as vegetable Jun-Aug Decoction of root used in fever, asthma,leaves used in fever, skin diseases, wounds, boils etc June-Aug Bark is used for constipation and leaves for toothache Nov- Jan Wood used for planking, ceilings, pencils, match boxes, plyboard, building purposes, fence post etc Jun-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Nov-Mar Fruit is medicinal Seeds are used for hypertension and diabetes Own/Market use Own/Market use Oet-Feb Fruit is a rich source of vitamin C, eaten by man Water of boiled leaves used for bathing in fever Bark is used for postoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Sept-Nov			Own/Market use	Mizo	
Cattle fodder Deco-Jan Decoction of fruit used for colic, diarrhoea, dysentery Wood used for fence posts & gun powder Own/Market use	April - June		effective for cough, fever, bronchitis, sore throat, doarrhoea nad dysentery. Bark is also chewed for	Own/Market use	Mizo	
June-Aug Bark is used for constipation and leaves for toothache Nov- Jan Wood used for planking, ceilings, pencils, match boxes, plyboard, building purposes, fence post etc June-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Nov-Mar Fruit is medicinal Seeds are used for hypertension and diabetes Oun/Market use Nov-Mar Fruit is a rich source of vitamin C, eaten by man Water of boiled leaves used for bathing in fever Whole year Fruit which is very rich in vitamin C. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Pound fruits and seeds used as vegetable Young fruits and seeds used as vegetable Oun/Market use	Mar - May		-	Own/Market use	Mizo	
Skin diseases, wounds, boils etc Sunce-Aug Bark is used for constipatioan and leaves for toothache - Own/Market use	Dec-Jan	Decoction of fruit used for colic, diarrhoea, dysentery	Wood used for fence posts & gun powder	Own/Market use	Mizo	
Nov-Jan Wood used for planking, ceilings, pencils, match boxes, plyboard, building purposes, fence post etc Jun-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Own/Market use Jun-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Own/Market use Nov-Mar Fruit is medicinal Seeds are used for hypertension and diabetes Own/Market use Oct-Feb Fruit is a rich source of vitamin C, eaten by man Water of boiled leaves used for bathing in fever Own/Market use Whole year Fruit which is very rich in vitamin C. Bark is used for poisoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Jun-Aug		Young fruits and seeds used as vegetable	Own/Market use	Mizo	
Nov-Jan Wood used for planking, ceilings, pencils, match boxes, plyboard, building purposes, fence post etc Jun-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Own/Market use Jun-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Own/Market use Nov-Mar Fruit is medicinal Seeds are used for hypertension and diabetes Own/Market use Oct-Feb Fruit is a rich source of vitamin C, eaten by man Water of boiled leaves used for bathing in fever Own/Market use Whole year Fruit which is very rich in vitamin C. Bark is used for poisoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	June-Aug	Bark is used for constipatioan and leaves for toothache	-	Own/Market use	Mizo	
Jun-SepFruits edible, rich source of vitamin CRoots are used in colic, vomiting etcOwn/Market useJun-SepFruits edible, rich source of vitamin CRoots are used in colic, vomiting etcOwn/Market useNov-MarFruit is medicinalSeeds are used for hypertension and diabetesOwn/Market useOct-FebFruit is a rich source of vitamin C, eaten by manWater of boiled leaves used for bathing in feverOwn/Market useWhole yearFruit which is very rich in vitamin C.Bark is used for poisoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes.May-AugWood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles.Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.Own/Market use	Nov- Jan		-	Own/Market use	Mizo	
Sun-Sep Fruits edible, rich source of vitamin C Roots are used in colic, vomiting etc Own/Market use	Jun-Sep		Roots are used in colic, vomiting etc	Own/Market use	Mizo	
Nov-Mar Fruit is medicinal Oct-Feb Fruit is a rich source of vitamin C, eaten by man Water of boiled leaves used for bathing in fever Own/Market use Bark is used for poisoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Jun-Sep	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Own/Market use	Mizo	
Whole year Fruit which is very rich in vitamin C. Bark is used for poisoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Nov-Mar	Fruit is medicinal	Seeds are used for hypertension and diabetes	Own/Market use	Mizo	
is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes. May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Oct-Feb	Fruit is a rich source of vitamin C, eaten by man	Water of boiled leaves used for bathing in fever	Own/Market use	Mizo	
May-Aug Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles. Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Whole year	Fruit which is very rich in vitamin C.	is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled	Own/Market use	Mizo	
Aug-Nov Fruit is edible - Own/Market use	May-Aug	pcking cases etc. Fruits is eadible and used for making	Decoction of young leaves used in diabetes, diarrhoea,	Own/Market use	Mizo	
	Aug-Nov		-	Own/Market use	Mizo	
Dec-Feb Fruits are edible Juice of fruits and leaves are applied on sharp pain caused bu nettles or by poisonous hairs of caterpillars Own/Market use	Dec-Feb	Fruits are edible		Own/Market use	Mizo	
May-July Fruit is edible, wood is used for firewood Own/Market use	May-July	Fruit is edible, wood is used for firewood.	-	Own/Market use	Mizo	

Oct – Dec	Fruit is edible and leaves are lopped for cattle fodder	-	Own/Market use	Mizo
Whole year	Ripe fruit is good for digestion.	Decoction of unripe fruit is used to cure jaundice,	Own/Market use	Mizo
		diabetes etc. juice of boiled leaves is used to treat various		
		type of cancer and stomach problems		
Aug- Nov	Fruit is edible	-	Own/Market use	Mizo
Aug-Sept	Fruits are edible	-	Own/Market use	Mizo
Aug - Oct	Bark is used for making rope	Acid leaves are used in snake bites. Juice of crushed	Own/Market use	Mizo
_		leaves are also used for whooping cough.		
Nov-Feb	Unmatured pods and tender leaves are eaten as vegetable.	Young leaves and seeds are useful against food allergy,	Own/Market use	Mizo
		colic, diarrhoea and dysentery. Bark and fruits are		
		prescribed to check excessive bleeding during		
		menstruation. Juice of the green rind of the pod is applied		
		to fresh cuts, scabiea and itching.		
July – Sept	Ripe Fruit is edible	-	Own/Market use	Mizo

Format 12: Medicinal Plants

1	2	3	4	5	6
Plant type	Local Name	Scientific Name	Variety	Landscape/habitat	Source of Plant/Seeds
Herb	Aieng	Curcuma longa	Local	Cultivated	Tuber
Herb	Ailaidum	Curcuma caesia	Local	Cultivated	Tuber
Herb	Anchiri	Homalomena aromaticum	Local	Wild	Seeds
Herb	Anhling	Solanum nigrum	Local	Wild/Cultivated	Seeds
Climber	Ar-a fanghma	Cyclanthera pedata	Local	Wild	Seeds
Tree	Archangkawm	Oroxylum indicum	Local	Wild	Seeds
Climber	Bachhim	Dioscorea alata	Local	Wild	Seeds
Herb	Bahkhawr	Eryngium foetidum	Local	Wild/cultivated	Seeds
Herb	Bakkhate	Glinus oppositifolius	Local	Wild/cultivated	Seeds
Sub-shrub	Buarze	Blumea lanceolaria	Local	Wild	Seeds/Plantlet
Shrub	Builukham Pa/Nu	Osbeckia crinita/chinensis	Local	Wild	Seeds
Herb	Changkalrit	Drymaria cordata	Local	Wild	Seeds
Shrub	Chawng	Euphorbia royleana	Local	Wild	Seeds
Tree	Chhawntual	Aporosa octandra	Local	Wild	Seeds
Herb	Choak-a thi	Lobelia angulata	Local	Wild	Seeds
Tree	Fartuah	Erythrina stricta	Local	Wild	Seeds
Grass	Fu	Saccharum officinarum	Local	Cultivated	Seeds
Climber	Hlozak/Hlonuar	Mimosa pudica	Local	Wild	Plantlet
Tree	Hnahkiah	Callicarpa arborea	Local	Wild	Plantlet/seeds
Climber	Japanhlo	Mikania micrantha	Local	Wild	Seeds
Tree	Kaihzawl	Dillenia pentagyna	Local	Wild	Seeds
Tree	Kamsahulh	Croton tiglium	Local	Wild	Seeds
Tree	Kawhtebel	Trevesia palmata	Local	Cultivated	Seeds
Climber	Kelhnamtur	Hedyotis scandens	Local	Wild	Seeds
Herb	Khatual	Picria felterrae	Local	Wild	Seeds

Tree	Khawmhma	Rhus chinensis	Local	Wild/cultivated	Seeds
Herb	Lambak	Centella asiatica	Local	Wild	Seeds
Climber	Maipawl	Benincasa hispida	Local	Cultivated	Seeds/Plantlet
Tree	Nauthak	Litsea monopetala	Local	Wild	Seeds
Tree	Neem	Azadirachta indica	Local	Cultivated	Seeds
Shrub	Nimbu	Citrus limon	Local	Cultivated	Seeds
Tree	Pasaltakaza	Helicia robusta	Local	Wild	Seeds/Plantlet
Shrub	Phuihnam	Clerodendrum colebrookianum	Local	Wild/Cultivated	Seeds/Plantlet
Shrub	Saisiak	Flueggea virosa	Local	Wild	Seeds
Climber	Sarzuk	Elaeagnus sp	Local	Wild/Cultivated	Seeds
Herb	Sawhthing	Zingiber officinale	Local	Cultivated	Tuber
Herb	Sekhupthur	Begonia sp.	Local	Wild	Seeds
Herb	Sumbul	Cheilocostus speciosus	Local	Wild	Seeds
Shrub	Tawkpui	Solanum torvum	Local	Wild/cultivated	Seeds/Plantlet
Shrub	Tawkte	Solanum anguivi	Local	Wild/cultivated	Seeds/Plantlet
Herb	Thasuih	Lindernia ruellioides	Local	Wild	Seeds
Tree	Theihai	Mangifera indica	Local	Cultivated	Seeds
Climber	Theikelki	Stelmocrypton khasianum	Local	Wild	Seeds
Tree	Thingfanghma	Carica papaya	Local	Cultivated	Seeds
Tree	Thingsia	Castanopsis tribuloides	Local	Wild	Seeds
Tree	Thuamriat	Alstonia scholaris	Local	Wild	Seeds
Shrub	Tlangsam	Chromolaena odorata	Local	Wild	Seeds/Plantlet
Climber	Tluangngil	Smilax glabra	Local	Wild	Seeds
Herb	Tumbu	Musa sp.	Local	Wild	Seeds
Herb	Uithinthang	Houttuynia cordata	Local	Wild	Seeds
Climber	Va ko	Thunbergia alata	Local	Wild	Seeds
Shrub	Vakep	Mussaenda roxburghii/Mussaenda glabra	Local	Wild	Seeds
Climber	Vawihuihhrui	Paederia foetidia	Local	Wild	Seeds
Tree	Zihnghal	Stereospermum tetragonum/chelonoides	Local	Wild	Seeds
Climber	Zuanghnuang	Byttneria grandifolia	Local	Wild	Seeds
Tree	Zairum	Anogeissus acuminata	Local	Wild	Seeds

,	7 8		7 8 9 10		11	12
Local	Status	Uses	Part Used	Associated TK	Other details	Community/
Past	Present	(Usage)			market/	Knowledge
					own use	Holder
Abundant	Abundant	Medicinal	Rhizome	Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea,	Own use	Mizo
				dysentery, cholera, asthma, food poisoning, and also used as a tonic for		
				blood purifier		
Insufficient	Insufficient	Medicinal	Rhizome	Rhizome is used for stomach ache, diarrhoea, dysentery, jaundice,	Own use	Mizo
				asthma, measles, food allergy or food poisoning		
Abundant	Insufficient	Medicinal	Stalks,	Stalks are used as vegetables, cooked stalk are eaten to increase breast	Own use	Mizo
			Rhizomes	milk. Rhizomes are used in manufacturing of prefumes		

Abundant	Abundant	Medicinal	Leaves, berries	Leaves are boiled in water and taken against urinary problems and kidney stones. Juice of green berries is applied to boils, ringworm etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Fruit	Fruit is rich in antioxidant and used in medicine	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, fruit, bark	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Tuber, Bulbil	Tubers and Bulbil are use as vegetable and also used to treat cancer	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, roots	Leaves are used for flavouring curry. They are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled for treating malarial fever, diabetes, pneumonia, constipation	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves	Whole Plant is medicinal	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves	Decoction of leaves used in ulcer, asthma, sores, dandruff etc	Own use	Mizo
Abundant	Abundant	Medicinal	Root & leaves	Decoction of roots is used in diarrhoea, dysentery, hepatitis etc, leaves for toothache	Own use	Mizo
Insufficient	Insufficient	Medicinal	Whole plant	Thick paste prepared from plant is applied on broken bone. Plant is laxative and cooling uswd for cold, sinusitis, and menstruation troubles etc	Own use	Mizo
Abundant	Insufficient	Medicinal	Shrub, milky juie	Pith of this shrub and unripe fruit of papaya are cooked with chicken and water is taken against diseases of liver, chronic fever. Milky juice is used externally for ringworm, rheumatism, sciatica, boils, warts etc	Own use	Mizo
Abundant	Abundant	Medicinal	Bark, Leaves	Bark and leaves decoction used in stomach ulcer, diarrhoea and dysentery.	Own use	Mizo
Abundant	Insufficient	Medicinal	Leaves & Fruits	Juice of crushed leaves & fruits are used against diarrhoea, sore throat, stomach ulcer, tonsillitis and toothache	Own use	Mizo
Abundant	Abundant	Medicinal	Bark	Decoction of the bark is ysed for stomach ulcer and kidney trouble. Powder of the bark is used in fever, asthma, biliousness, rheumatism, itch, burning sensation, leprosy and epilepsy.	Own use	Mizo
Insufficient	Insufficient	Medicinal	Stem juice	Juice of the stem is used as a remedy for jaundice, purifies blood, good for lungs, diuretic etc	Own use	Mizo
Insufficient	Abundant	Medicinal	Roots	Roots decoction used in piles and jaundice, diseases of liver and kidney etc	Own use	Mizo
Abundant	Abundant	Medicinal	Bark & Leaves	Decoction of bark and leaves used for diabetes, cholera, internal bleeding, stomach ulcer etc. Leaves are used for fermenting cooked soya bean (<i>Bekang</i>), famous mizo dish.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaf juice applied on fresh wounds, stomach pain & ulcer	Own use	Mizo
Abundant	Abundant	Medicinal	Bark, leaves	Decoction of bark, leaves is used for curing gastric trouble, asthma, dysentery, cancer etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Fruits, leaves, bark	Fruits and leaves are used for poisoning of fish. Decoction of bark and leaves are used in treatment of cancer.	Own use	Mizo
Abundant	Abundant	Medicinal	Root, leaves	Roots and leaves are used to treat stomachache	Own use	Mizo
Abundant	Abundant	Medicinal	Roots & leaves	Decoction of roots/leaves is medicinal. The plant is also used as fish	Own use	Mizo

				poison		
Abundant	Abundant	Medicinal	Whole plant	Bitter leaves are used for making Sa-chek. Decoction of the plant is prescribed as a remedy for enlarged spleen, fever and stomachache.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves & fruits	Decoction of fruit & Leaves used in various diseases	Own use	Mizo
Abundant	Insufficient	Medicinal	Whole plant	Plant is used in diabetes, jaundice, pile,dysentery,diarrhoea,hypertension etc	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit & Leaves	Juice of fruit is used for diarrhoea, cholera, diabetes, vomiting, kidney problems	Own use	Mizo
Abundant	Insufficient	Medicinal	Whole plant	Juice of the whole plant is used for cholera, dyenstery, fever, liver problems and jaundice, diabetes etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Root, bark, leaves	Muga silkworm feeds on the leaves. Roots, bark and leaves are used in medicine	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves	Boiled water of leaves is used to treat diabetes, hypertension, stomach problems etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots & fruits	Roots are used in colic, vomitting,flatulence. Fruits used in asthma, cough, diarrhoea, fever, blood purifier, skin diseases etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaf juice used in High blood pressure	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Decoction of leaves used in measles, chicken pox, scabies etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots & leaves	Decoction of roots and leaves is used for treating menstrual and urinary problems	Own use	Mizo
Insufficient	Abundant	Medicinal	Rhizome	Rhizomes are used as spice and condiment, taken as a cure for food poisoning. Juice of pounded rhizome is is given to women in case of sufficient supply of milk for their children and also dropped into the ear when attacked by ticks.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, stem	Stem and leaves are eaten against diarrhoea and dysentery, juice of the sten or stalk is also applied to rash or sores etc	Own use	Mizo
Abundant	Abundant	Medicinal	Roots	Juice of crushed roots used in diseases of kidney, fever, jaundice, bronchitis etc	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	-do-	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	Unripe fruit are eaten as vegetable. Roots and fruit are used in high blood pressure, asthma, dysuria, fever, colic. Crushed fruit is used in burns, boils etc	Own use	Mizo
Abundant	Insufficient	Medicinal	Whole plant	Whole plant is used as poultice for cramps, rheumatism, sciatica, wounds etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Young leaves are cooked and juice is eaten for food poisoning, diarrhoea, dysentery etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots, Leaves	Roots or leaves are cooked and water is taken for curing diseases of liver and jaundice	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves, fruit	Fruit is edible and used for constipation, stomach troubles, juice of boiled leaves is used in treating stomach ulcer, cancer and other stomach related problems	Own use	Mizo
Abundant	Abundant	Medicinal	Bark, stem	Juice of bark and stem is used for infection, wounds and cuts etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Bark and juice	Bark is useful in treatment of high blood pressure, asthma, typhoid, malaria, diarrhoea, dysentery. Milky juice applied in fresh cuts, sores,	Own use	Mizo

				ringworm, wart,etc		
Abundant	Abundant	Medicinal	Leaves	Juice of the leaves applied to fresh cuts	Own use	Mizo
Abundant	Insufficient	Medicinal	Leaves, Roots	Pounded tuberous roots are used as rheumatism, stomach ache and diarrhoea. Decoction of leaves is also taken for curing tonsilities.	Own use	Mizo
Abundant	Abundant	Medicinal	Buds	Plaintain is cooked with water and water is drink for treating deficiency of white blood	Own use	Mizo
Insufficient	Insufficient	Medicinal	Whole plant	Whole plant is used in medicine, used for treating cancer, liver problems etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Decoction of leave used against diabetes, new cuts, stomach problem etc and also for treatment of cancer	Own use	Mizo
Abundant	Insufficient	Medicinal	Bark, Levaes	Bark and leaves are useful in snake bites	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	The whole plant is regarded as a specific for rheumatic affection, in which it is administered both internally and externally. Juice of crushed leaves is used in diarrhoea and dysentery. Stem and leaves are also chewed for relief in tooth-ache	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaves are lopped for fodder. Bark and young leaves are used as remedy for fever, stomach pain etc	Own use	Mizo
Abundant	Abundant	Medicinal	Stem	Stem juice used for mouth sore, stomach ulcer etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, Bark	Water of cooked leaves is taken as remedy for high blood pressure. Decoction of bark is used in stomach troubles, fever, diarrhoea and also applied on measles, chicken pox, sprains and burns	Own use	Mizo

Format 13: Ornamental Plants

1	2	3	4	5
Plant type	Local Name	Scientific Name	Variety	Source of Plants/Seeds
Tree	April par	Delonix regia	Introduced	Locally available
Shrub	April parte	Caesalpina pulcherrima	Introduced	Locally available
Herb	Ar-tukkhuan	Mirabilis jalapa	Local variety	Locally available
Tree	Chawnpui	Lagerstroemia speciosa	Local variety	Locally available
Shrub	Christmas par	Poinsettia pulcherrima	Introduced	Locally available
Herb	Chuailopar	Gomphrena globosa	Local variety	Locally available
Annual Herb	Derhken	Tagetes erecta	Local variety	Locally available
	Di par	Gladiolus dalenii/natalensis	Local variety	Locally available
Perennial Herb	Dingdi	Asclepias curassavica	Local variety	Locally available
Evrgereen Tree	Far	Pinus sp.	Local variety	Locally available
Tree	Fartuah	Erythrina stricta	Local variety	Locally available
Shrub	Forget me not	Durranta erecta	Local variety	Locally available
Annual slender Herb	Hnahsinpar	Cosmos bipinnatus	Local variety	Locally available
Herb	Kumtluang	Catharanthus roseus	Local variety	Locally available
Tuber	Lilypar	Lilium sp	Local variety	Locally available
Tree	Makpazangkang	Cassia javanica spp nodosa	Local variety	Locally available
Herb	Mawza par (Salvia)	Salvia splendens	Introduced	Locally available
Shrub or small tree	Midum pangpar	Hibiscus rosa-sinensis	Local variety	Locally available

Shrub	Mualhawihte	Ixora coccinea	Local variety	Locally available
Epiphyte	Nauban	Orchid	Local variety	Locally available
Herb	Nghasih par	Cleoserrata speciosa	Local variety	Locally available
Herb	Nuaithang	Impatiens balsamina	Local variety	Locally available
Shrub	Rose par	Rosa indica	Local variety	Locally available
Herb	Sappangpar	Zinnia sp	Local variety	Locally available
Thorny shrub	Saron par	Bougainvillea spectabilis	Local variety	Locally available
Shrub	Saron par te	Holmskioldia sanguinea	Local variety	Locally available
Deciduous shrub	Uaiting wayvet	Lagerstroemia indica	Local variety	Locally available
Tree	Vaube	Bauhinia variegata	Local variety	Locally available
Tree	Yellow trumpet flower	Tecoma castanifolia	Local variety	Locally available
Annual herb	Zamzo	Celosia argentea	Local variety	Locally available
Glabrous shrub	Zan rimtui	Cestrum nocturnum	Local variety	Locally available

6	7	8	9	10
Commercial/Non commercial	Uses	Associated TK	Other Details	Community/ Knowledge holder
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo

Non commercial	Ornamental purpose	-	1	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo

Format 14: Timber plants

1	14: Timber plants	3	4	5		6	7		
Plant	Local Name	Scientific Name	Habitat	Local	Status	Wild/	Other uses		
Type				Past	Present	home- garden			
Tree	Anku	Celtis australis	Wild	Abundant	Abundant	Wild	Wood tough, used for building. Tool handles, firewood etc		
Tree	Batling	Wedlandia bundleioides	Wild	Abundant	Abundant	Wild	Wood is used for gunpowder, charcoal, firewood etc		
Tree	Belphuar	Trema orientalis	Wild	Abundant	Abundant	Wild	Wood is used for gunpowder, charcoal, firewood etc		
Tree	Berawchal	Canarium bengalense	Wild	Abundant	Insufficient	Wild	Wood heartwood, reddish brown, used for firewood etc		
Tree	Biruchuk	Lithocarpus obscurus	Wild	Abundant	Abundant	Wild	Wood vey hard, used for building, fuelwood, charcoal etc		
Tree	Buanchum	Pachylarnax pleiocarpa	Wild	Insufficient	Insufficient	Wild	Wood takes a fine polish, use for house building, furniture		
Tree	Bul	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wild	Wood is used for building, furniture, firewood etc		
Tree	Bulfek	Phoebe lanceolata	Wild	Abundant	Abundant	Wild	Heartwood used for firewood and leaves for cattle fodder		
Tree	Bulpui	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wild	Wood used for building, furniture, firewood etc		
Tree	Bulthur	Nyssa javanica	Wild	Insufficient	Insufficient	Wild	Wood is grey, yellow, soft used for house building		
Tree	Bung	Ficus benghalensis	Wild	Abundant	Abundant	Wild	Wood used for fuelwood, well curbs etc		
Tree	Char	Terminalia myriocarpa	Wild	Abundant	Insufficient	Wild	Wood used for furniture, house building, firewood etc		
Tree	Chawmzil	Ligustrum robustum	Wild	Abundant	Insufficient	Wild	Wood used for firewood and charcoal etc		
Tree	Chhawntual	Aporosa octandra	Wild	Abundant	Abundant	Wild	Wood used for firewood and charcoal etc		
Tree	Fah	Lithocarpus dealbatus	Wild	Abundant	Abundant	Wild	Wood used for rice pestle, firewood and charcoal etc		
Tree	Fartuah	Erythrina variegata	Wild	Abundant	Abundant	Wild	Wood is used for drums, toys etc and bark fibre for cordage		
Tree	Herhse	Mesua ferrea	Wild	Abundant	Insufficient	Wild	Wood very hard used for bridges, railway sleepers, tool		
							handles, firewood, rice pestle, charcoal etc		
Tree	Hmawng	Ficus sp	Wild	Abundant	Insufficient	Wild	Wood used for fuel and charcoal etc		
Tree	Hmuifarial	Syzygium claviflorum	Wild	Insufficient	Insufficient	Wild	Wood is used for firewood, leaves are lopped for cattle fodder		
Tree	Hmuipui/Lenhmui	Syzygium cumini	Wild	Insufficient	Insufficient	Wild	Wood is moderately hard, used for plywood, furniture, tool		
							handles, panels, posts and firewood etc		
Tree	Hnahkhar	Mallotus paniculatus	Wild	Abundant	Abundant	Wild	Wood used for firewood		
Tree	Hnahthap	Colona floribunda	Wild	Abundant	Abundant	Wild	Wood is used for making lockets of key chain and firewood		
Tree	Hnum	Engelhardtia spicata	Wild	Abundant	Abundant	Wild	Wood used for house construction, tea boxes, packing etc		
Tree	Hriang	Betula alnoides	Wild	Abundant	Abundant	Wild	Wood used for furniture, plywood, tool hanldles.		
Tree	Kamsahulh	Croton tiglium	Wild	Insufficient	Insufficient	Wild	-		
Tree	Kawihthuang	Leucosceptrum canum	Wild	Abundant	Insufficient	Wild	Wood can be used as firewood		
Tree	Kham thing	-	Wild	Insufficient	Insufficient	Wild	-		
Tree	Kharduap	Macaranga indica	Wild	Abundant	Abundant	Wild	Wood can be used for firewood etc		
Tree	Kharuan	Elaeocarpus lanceifolius	Wild	Abundant	Abundant	Wild	Wood used for house building, firewood and charcoal etc		
Tree	Khaupui	Sterculia villosa	Wild	Insufficient	Insufficient	Wild	Wood very soft is used for drums and paper pulp		

Tree	Khawkherh	Juglans regia	Wild	Abundant	Insufficient	Wild	Wood used for cabinet making, furniture, carving etc
Tree	Khawreng	Streblus indicus	Wild	Insufficient	Insufficient	Wild	Heartwood is used for house posts
Tree	Khiang	Schima wallichii	Wild	Abundant	Abundant	Wild	Wood durable is used in planking, building,plywood,firewood
Tree	Khiangzo	Schima khasiana	Wild	Insufficient	Insufficient	Wild	Wood used for house building, firewood etc
Tree	Khuangthli	Bischofia javanica	Wild	Abundant	Abundant	Wild	Wood used for house building, furniture, firewood etc
Tree	Kumkhal /Umkhal	Elaeocarpus tectorius	Wild	Insufficient	Insufficient	Wild	Wood used for firewood
Tree	Lungkhup	Haldina cordifolia	Wild	Abundant	Abundant	Wild	Wood used for planking, house posts, door and window
							frames, shutters, furniture, plywood, firewood etc
Tree	Muk	Cordia fragrantissima	Wild	Abundant	Abundant	Wild	Wood durable, used for gunstocks, posts and firewood etc
Tree	Nauthak	Litsea monopetala	Wild	Abundant	Insufficient	Wild	Wood soft not durable can be used for firewood
Tree	Nganbawm	Acrocarpus fraxinifolius	Wild	Abundant	Insufficient	Wild	Wood used for furniture, motor bodies, planking, flooring etc
Tree	Nghalchhun	Eriobotrya bengalensis	Wild	Abundant	Abundant	Wild	Wood used for firewood, charcoal etc
Tree	Ngiau	Michelia champaca	Wild	Insufficient	Insufficient	Wild	Wood hard and durable used in furniture, building, planking
Tree	Pang	Bombax insigne	Wild	Abundant	Abundant	Wild	Wood used for packing cases, matchboxes, splints
Tree	Pangkai	Baccaurea ramiflora	Wild	Abundant	Abundant	Wild	-
Tree	Phan	Ulmus lanceifolia	Wild	Insufficient	Insufficient	Wild	Wood durable used for posts, gunstocks, tool handles etc
Tree	Phuanberh	Macropanax undulatus	Wild	Abundant	Insufficient	Wild	Wood is soft and can be used for firewood
Tree	Phuanberhpui	Ailanthus integrifolia spp	Wild	Abundant	Insufficient	Wild	Wood used for partition wall, plywood, packing cases etc
Tree	Rihnim	Ficus religiosa	Wild	Insufficient	Insufficient	Wild	Wood durable underwater, used for fuel and charcoal etc
Tree	Sahatah	Aglaia spectabilis	Wild	Abundant	Insufficient	Wild	Wood hard used for furniture, building, doors and windows
Tree	Saithei	Gynocardia odorata	Wild	Abundant	Insufficient	Wild	wood used for planking, posts and firewood
Tree	Saper	Lindera nacusua	Wild	Abundant	Insufficient	Wild	Wood used for building construction
Tree	Saperbul	Cinnamomum glaucescens	Wild	Abundant	Insufficient	Wild	Wood is durable, used for furniture, boat building, fuelwood
Tree	Sehawr	Castanopsis indica	Wild	Abundant	Insufficient	Wild	Wood hard used for furniture, building, firewood etc
Tree	Sernam	Litsea cubeba	Wild	Abundant	Abundant	Wild	Wood used for gunpowder, charcoal, firewood etc
Tree	Sihneh	Eurya japonica	Wild	Abundant	Abundant	Wild	-
Tree	Taitaw	Spondias pinnata	Wild	Abundant	Abundant	Wild	Wood used for drums, firewood etc
Tree	Tatkawng	Artocarpus chama	Wild	Abundant	Insufficient	Wild	Wood durable used for building, furniture, plywood etc
Tree	Tei	Toona cilliata	Wild	Abundant	Insufficient	Wild	wood usedfor furniture, house building, ceiling, floors etc
Tree	Theipalingkawh	Bruinsmia polysperma	Wild	Insufficient	Insufficient	Wild	Sawn timber used for house construction
Tree	Theipui	Ficus semicoradata	Wild	Abundant	Abundant	Wild	Wood used for mortars, firewood etc
Tree	Theisehret	Aphananthe cuspidata	Wild	Abundant	Abundant	Wild	Wood used for planking, firewood and charcoal
Tree	Thelret	Hevea brasilliensis	Wild	Insufficient	Insufficient	Wild	Wood used for furniture industry and can be used as firewood
Tree	Thil	Lithocarpus polystachyus	Wild	Abundant	Abundant	Wild	Wood used for building, firewood etc
Tree	Thingdawl	Tetrameles nudiflora	Wild	Insufficient	Insufficient	Wild	Wood is used for flooring, walling, matches, plywood etc.
Tree	Thingkha	Derris robusta	Wild	Abundant	Abundant	Wild	Wood used for house posts, firewood and charcoal
Tree	Thingkhawilu	Vitex peduncularis	Wild	Abundant	Abundant	Wild	Wood used for posts, firewood and charcoal etc
Tree	Thinglung	Homalium ceylanicum	Wild	Abundant	Abundant	Wild	Wood used for building, firewood, charcoal etc
Tree	Thingpuithing	Lithocarpus elegans/obscurus	Wild	Abundant	Abundant	Wild	Wood used for firewood, building, charcoal etc
Tree	Thingsia	Castanopsis tribuloides	Wild	Abundant	Abundant	Wild	Wood used for house posts, firewood, charcoal etc
Tree	Thingtheihmu	Morus alba	Wild	Insufficient	Insufficient	Wild	Wood used for house construction, furniture, tool handles etc
Tree	Thingvandawt	Pterygota alata	Wild			Wild	Wood used for drums, firewood etc
Tree	Thingvawkpui	Balakata baccata	Wild	Abundant	Abundant	Wild	Wood used for plywood, packing cases, firewood etc

Tree	Thlanvawng	Gmelina arborea	Wild	Abundant	Abundant	Wild	Wood used for planking, furniture, house posts etc
Tree	Vaiza	Hibiscus macrophyllus	Wild	Abundant	Insufficient	Wild	Wood soft but durable used for posts, rafters etc
Tree	Vang	Albizia chinensis	Wild	Abundant	Abundant	Wild	Wood used for making drum, firewood and charcoal etc
Tree	Vaube	Bauhinia variegata	Wild	Abundant	Abundant	Wild	Wood is used for tool handles, firewood, charcoal etc. leaves
							are a good fodder. Decoction of bark/leaves is used in
							menstrual disorders, piles, diabetes, diarrhoea and dysentery
Tree	Vawmbal	Drimycarpus racemosus	Wild	Insufficient	Insufficient	Wild	Wood is used for building, boats, firewood etc
Tree	Vawngdawl	-	Wild	Insufficient	Insufficient	Wild	-
Tree	Vawngthir	-	Wild	Abundant	Insufficient	Wild	-
Tree	Vawngthla	Premna milleflora	Wild	Abundant	Insufficient	Wild	Wood durable used for house posts etc
Tree	Zaihri	Ficus virens	Wild	Abundant	Abundant	Wild	Wood moderately hard, used for firewood etc
Tree	Zairum	Anogeissus acuminata	Wild	Abundant	Abundant	Wild	Wood used for house posts, tool handles, fuel and charcoal etc
Tree	Zihnghal	Stereospermum chelonoides	Wild	Abundant	Abundant	Wild	Wood used for house construction, cabinet making, furniture
Tree	Zuang	Duabanga grandiflora	Wild	Abundant	Abundant	Wild	Wood used for building, plywood, firewood etc

8	9	10
Associated TK	Other details	Community/
		knowledge
		holder
-	Leaves and fruits are used in medicine	Mizo
	Wood pole is used for fencing post.	Mizo
Bark yields a strong fibre and leaves are lopped for cattle fodder	It is a light demanding tree, fsat growing and short lived tree	Mizo
-	-	Mizo
-	-	Mizo
-	-	Mizo
-	Ripe fruit is eaten by birds and animals	Mizo
-	It is a shade bearer and fast growing tree	Mizo
-	-	Mizo
-	Fruit is eaten by birds and wild animals	Mizo
Bark and aerial roots are used for making coarse ropes	Leaves are good for cattle fodder	Mizo
-	Leaves are good for fodder, it is a fast growing tree	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Tender pods are edible, seeds edible roasted or boiling, bark and leaves are also	It is a fast growing tree and cultivated as ornamental and hedge plant	Mizo
used in medicine		
Bark, unripe fruit, flowers and seed oil are medicinal	Seed oil is used for burning, lubricating and soap making	Mizo
Leaves and twigs are lopped for cattle fodder	Bark, fruit and leaves are used in medicine	Mizo
-	Fruits are eaten by man, bears and birds	Mizo
Seed is very useful for treating diabetes and the bark for fever, jaundice, urinary	Fruits are eaten by man, birds and wild animals	Mizo
problems, sore throat, ronchitis, asthma, ulcers and chronic dysentery etc		
-	-	Mizo
-	-	Mizo

Bark is medicinal and also used for poisoning fish. Leaves are lopped for fodder	It is a light demander	Mizo
-	The plant is said to be used as snake bite remedy. It can tolerate moderate	Mizo
	shade and it is a moderate shade growing tree	
Fruits and leaves are used for poisoning fish.	Decoction of leaves are used for treating cancer	Mizo
-	-	Mizo
-	-	Mizo
Different parts of the plant are used in various traditional medicine	-	Mizo
Bark is scraped with dao and the powder is used for stupefying bees (Khawivah)	Fruits are used for poisoning fish	Mizo
Seeds are eaten roasted or fried. Bark yields a strong fibre	Decoction of the bark is used in cholera, dysentery, diarrhoea and tonsilities	Mizo
Rind of the unripe fruit and young leaves are used to intoxicate fish and nuts for	Leaves are used for cattle fodder, it is a light demander and moderate fats	Mizo
tanning and dyeing	growing tree	
Tree is tapped for wood oil and oleo resin is applied to ring worm, ulcers, sprains	It is a light demander, can tolerate shade in youth	Mizo
etc . Bark is also chewed to relieve toothache	·	
Powdered fruit is used in scorpion sting, bites of centipede, juice of the bark for	Tender leaves are cooked eaten. It is moderate light demander and moderately	Mizo
chronic ulcer and fresh cuts. Leaves are lopped for fodder	fast growing tree	
Pounded bark is used for poisoning of fish	-	Mizo
Juice of young leaves is used for curing tonsillitis and sores	Bark, stem and leaves are also medicinal. Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Tender leaves are eaten cooked as vegetable, seed is chewed as a substitute for	-	Mizo
betel nut, bark sometimes used as tea leaves		
Bark is used for constipation and leaves for toothache	-	Mizo
Muga Silkworm are reared on the leaves	Roots, bark and leaves are used in medicine, leaves are for cattle fodder	Mizo
Leaves are lopped for cattle fodder	This tree is a quick growing and moderate light demander	Mizo
-	Leaves are lopped for cattle fodder.	Mizo
-	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are lopped for cattle fodder	_	Mizo
Leaves are used for cattle fodder	_	Mizo
Tender leaves are cooked and eaten without its water as vegetables	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
_	_	Mizo
	_	Mizo
Bark and fruit pulp are used for poisoning fish. Decoction of root bark is also	Leaves are poisonous for cattle	Mizo
recommended for diabetes	Leaves are poisonous for eartic	WIIZO
	_	Mizo
Leaves are eaten cooked as vegetable		Mizo
	- 	Mizo
Silkworm reared on the leaves. Boiled water of berries with meats of Indian		Mizo
Badger is taken as a remedy for sciatica and high blood pressure		IVIIZU
		Mizo
Leaves are used by Mizos for lining <i>Siksil</i> (Umbrella) and <i>Thul</i> – Basket lids	Juice of crushed bark is also applied to fresh cuts	Mizo
Decoction of bark is used in treating diarrhoea, dysentery and rheumatism	It is a shade bearer in youth and grow very fast	Mizo
Leaves are used for fermenting cooked soyabean (<i>Bekang</i>), a traditional mizo	Leaves are lopped for cattle fodder	Mizo
Leaves are used for fermenting cooked soyabean (Bekang), a traditional mizo	Leaves are topped for caute fouder	IVIIZO

delicacy		
Young fruits are pounded with tender shoots of <i>Acacia pennata</i> and eaten	It is a fast growing tree	Mizo
Juice of fruits and leaves are applied on sharp pain caused by nettles or poisonous	-	Mizo
hairs of caterpillars		
-		Mizo
Leaves are loped for cattle fodder	It yields the para rubber, the finest and the most durable catoutchouc known	Mizo
	-	Mizo
Infusion of bark is recommende for dysentery	It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used to tick bite.	Mizo
Fibre of the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby	Leaves are lopped for cattle fodder	Mizo
Decoction of bark is used as an effective remedy for diabetes and high blood pressure		Mizo
Infusion of leaves/bark is used against black water fever, malarial fever, jaundice, typhoid, stomach ulcer and kidney stones		Mizo
		Mizo
Balsam is used in treatment of Gonorrhoea, Gleet and similar affections of the urinary organs (IMP)		Mizo
Juice of the stem is recommended for mouth infection in children	Young leaves and twigs are good for cattle fodder	Mizo
Silkworm fed on its leaves. Leaves are sometimes boiled with meats and eaten as curry. Root bark, leaves and fruits are also medicinal.	-	Mizo
Latex mixed with mustard oil is applied to muscular swellings	Endi silkworm reared on the leaves	Mizo
Fruits are eaten by man and birds	It is a light demander and fire resistant, fast growing tree	Mizo
Bark is used as anaesthesia and antiseptic		Mizo
Bark fibre which is called <i>Hruikhau</i> is used for making into rope and <i>Hnam hrui</i> . Leaves are used for fermenting cooked soyabean (<i>bekang</i>) and sometimes for wrapping food in.	It is a moderate light demander and fast growing tree	Mizo
Bark used to poison fish. Leaves are lopped for cattle fodder	It is a moderate light demander and wind firm tree	Mizo
Leaves, tender fruits and flower buds are eaten as vegetable	Plant is laxative and cooling used for cold, sinusitis and menstruation problems	Mizo
Thick paste of the plant is applied on broken bone. Juice of the plant is also applied on sore of baby's navel	-	Mizo
-	-	Mizo
Decoction of bark is used in stomach troubles, fever, diarrhoea and also apllied on measles, chickem pox, sprains and burns. Leaves are cooked in water and water is taken as a remedy for high blood pressure.		Mizo
Tender leaves are boiled with meats and eaten as vegetables	Fast growing tree	Mizo
Young shoots are eaten in curries, amd fibre can also be used as rope	Leaves are cooked in water and water is taken as a remedy for high blood pressure	Mizo
		Mizo
Root, leaves and flowers are also used medicinally. Bark and young leaves are used as a remedy for fever, stomach ache etc	Fast growing tree	Mizo

Format 15: Domesticated Animals

Format 15:1	ormat 15: Domesticated Animals									
1	2		3	4	5	6				
Animal type	Local nar	ne Scient	ific name	Breed	Features	Method of keeping				
Poultry	Ar	Gallus	domesticus	Local	-	Poultry house made	up of bamboo, poles and GI Sheets no	ear the house		
Cattle	Bawng	Bos	gaurus	Local	-	Cattle Shed				
Poultry	Broiler Ar	Gallus gal	lus domesticus	Broiler	-	Poultry House/Shed				
Cattle	Kel	Capra aeg	gagrus hircus	Local	-	Cattle Shed				
Poultry	Parva	Colui	nba livia	Local	-	Poultry house/shed				
Dog	Ui	Cannis	familiaris	Local	-	Kennel				
Poultry	Vahmim	Coturn	ix coturnix	Local	-	Poultry house/shed				
Poultry	Varak	Anas platyrhy	nchos domesticus	Local	-	Poultry house/shed				
Pig	Vawk	Artioda	ctyla suidae	Local	-	Pig shed built separa	tely near the owner's house			
Cat	Zawhte	Fel	is catus	Local	-		ith the owner's family			
7	•	8		9		10 11 12				
Local S	Status	Uses	A	ssociated TI	ζ	Commercial	Other details	Community/		
Past	Present					Rearing		Knowledge holder		
Abundant	Abundant	For meat and eggs	Chickens are us	ed for sacrific	ce in olden days	Commercial and own use	Dung is used as fertilisers for cultivated crops	Mizo		
Abundant	Insufficient	For meat and milk		-		Commercial	Cow dung is used as fertilizers	Mizo		
Insufficient	Abundant	For meat		-		Commercial	Dung is used as fertilisers for cultivated crops	Mizo		
Abundant	Insufficient	For meat		-		Commercial	-	Mizo		
Insufficient	Insufficient			-		-	-	Mizo		
Abundant	Insufficient	For housekeeper	Fresh blood used for inflammatory disease of gland (Hrilawn)		-		Mizo			
Insufficient	Insufficient	For meat and eggs				-	-	Mizo		
Insufficient	Insufficient	For meat		-		-	-	Mizo		
Abundant	Abundant	For meat		-		Commercial	Dung is used for cultivated crops	Mizo		
H							+ · ·			

Format 16 : Culture Fisheries

Abundant

Abundant

1	2	3	4	5	6	7	
Fish type	Local Name	Scientific Name	Variety	Features	Waterscape	Local status	
						Past	Present
Carp	Common carp	Cyprinus carpio		-	-do-	Insufficient	Insufficient
Carp	Grass carp	Ctenopharyngodon idella		-	-do-	Insufficient	Insufficient

8	9	10	11	12
Uses	Associated TK	Commercial rearing	Other	Community/
		_	details	Knowledge holder
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo

Mizo Mizo

WILD BIODIVERSITY

Format 18: Trees, Shrubs, Herbs, Tubers, Grasses, Climbers

1	2	3	4	5	6	
Plant type	Local Name	Scientific Name	Habit	Habitat	Local status	
v x					Past	Present
Herb	Aidu	Amomum dealbatum	Perennial herb	Wild	Abundant	Abundant
Shrub	Ar hrik reh	Zanthoxylum armatum	Sub-deciduous shrub or small tree	Wild	Abundant	Abundant
Shrub	Builukham nu	Melastoma malabathricum	Evergreen large shrub	Wild	Abundant	Abundant
Shrub	Builukham pa	Osbeckia stellata	Erect branched shrub	Wild	Abundant	Abundant
Bamboo	Chal	Bambusa khasiana	Tall grass	Wild	Insufficient	Insufficient
Tree	Chawmzil	Ligustrum robustum	Evergreen tree	Wild	Abundant	Insufficient
Tree	Chingit	Zanthozylum rhetsa	Small tree	Wild	Abundant	Insufficient
Tree	Chingit suak	Tetradium fraxinifolium	Small tree	Wild	Insufficient	Insufficient
Climber	Hruiduk	Mucuna bracteata	Climber	Wild	Abundant	Abundant
Climber	Hruihmul	Pueraria montana var. lobata	Perennial deciduous hairy climber	Wild	Abundant	Abundant
Cane	Hruipui	Calamus flagellum	Cane	Wild	Abundant	Insufficient
Climber	Hruirithet	Tetrastigma rumicispermum	Large climber	Wild	Insufficient	Insufficient
Climber	Hulhu	Aganope thyrsiflora	Large woody climber	Wild	Insufficient	Insufficient
Climber	Kai ha	Smilax perfoliata	Large climber	Wild	Abundant	Abundant
Fern	Katchat	Nephrolepis cordifolia	Terrestrial or Epiphytic fern	Wild	Abundant	Abundant
Tree	Kawhte bel	Trevesia palmata	Small evergreen tree	Wild	Insufficient	Insufficient
Climber	Kawihrui	Entada phaseoloides	Large climber	Wild	Abundant	Abundant
Tree	Kawihthuang	Leucosceptrum canum	Small evergreen tree	Wild	Abundant	Insufficient
Shrub	Kawldai	Justicia adhatoda	Evergreen shrub	Wild	Abundant	Insufficient
Climber	Khangpawl	Acacia pruinescens	Large climber with recurved prickles	Wild	Insufficient	Insufficient
Climber	Khangsen	Acacia megaladena	Climber	Wild	Insufficient	Insufficient
Climber	Lengphek	Tetrastigma coriaceum	Climber	Wild	Abundant	Insufficient
Bamboo	Mautak	Melocanna baccifera	Evergreen single culm Bamboo	Wild	Insufficient	Insufficient
Tree	Nauthak	Litsea monopetala	Small tree	Wild	Abundant	Insufficient
Shrub	Pangbal	Manihot esculenta	Herbaceous shrub	Wild	Insufficient	Insufficient
Tree	Par sen	Litsea salicifolia	Middle sized evergreen tree	Wild	Abundant	Abundant
Under shrub	Pelh	Gnetum gnemon	Evergreen under shrub	Wild	Abundant	Abundant
Bamboo	Phulrua	Dendrocalamus hamiltonii	Large tufted bamboo	Cultivated	Abundant	Abundant
Bamboo	Rawlak	Dendrocalamus hookeri	Large tufted bamboo	Wild	Abundant	Abundant
Bamboo	Rawnal	Dendrocalamus longispathus	Long sheath bamboo	Cultivated	Abundant	Abundant
Bamboo	Rawthing	Bambusa longsipiculata	Evergreen clumped bamboo	Wild	Abundant	Abundant
Climbing Pear Bamboo	Sairil	Melocalamus compactiflorus	Climbing bamboo	Wild	Abundant	Abundant
Shrub	Saisiak	Fluggea virosa	Large shrub	Wild	Abundant	Abundant
Tree	Sernam	Litsea cubeba	Small tree	Wild	Abundant	Abundant
Shrub	Siali nu chhu	Rubus birmanicus	Large shrub	Wild	Abundant	Abundant

Shrub	Sihneh	Eurya cerasifolia/japonica	Evergreen shrub or small tree	Wild	Abundant	Abundant
Shrub	Thakpui	Dendrocnide sinuata	Large Evergreen Shrub	Wild	Abundant	Abundant
Tree	Thakthing	Cinamomum aromaticum	Evergreen aromatic tree	Wild	Insufficient	Insufficient
Climber	Tluangngil	Smilax glabra	Slender climber	Wild	Insufficient	Insufficient
Shrub	Vakep	Mussaenda glabra/macrophylla	Large erect shrub	Wild	Abundant	Insufficient
Climber	Vako	Thunbergia grandiflora	Large climber	Wild	Abundant	Abundant
Shrub	Vate khawizu	Phlogacanthus sp.	Shrub with yellow or red flowers	Wild	Abundant	Insufficient
Climber	Vawihuih hrui	Paederia foetida	Slender wiry foetid climber	Wild	Abundant	Abundant
Climber	Vuakdup	Willughbeia edulis	Large climber exuding milky juice	Wild	Insufficient	Insufficient
Tree	Zairum	Anogeissus acuminata	Big tree	Wild	Abundant	Abundant
Tree	Zuang	Duabanga grandiflora	Big tree	Wild	Abundant	Insufficient

7	8	9	10	11
Commercial/	Part	Associated TK	Other details	Community
own use	collected			Knowledge Holder
Own use	Young shoots, Buds	Stem is used for tying purposes, leaves are also used for fermenting cooked soya beans	Plant is used for a cure of enlargement of the liver, young shoots and buds are eaten cooked or fired as vegetables	Mizo
Own use	Bark, Leaves, fruits	Twigs are used for brushing teeth and branches for walking sticks. Young leaves are eaten cooked as vegetables. Bark, leaves and fruits are used to poison fish.	Bark, fruits and seeds are also used in medicine.	Mizo
Own use	Whole plant	Fruits edible, leaves are used for cuts, diarroea and dysentery	Whole plant is used for high blood pressure	Mizo
Own use	Root	Decoction/infusion of root is useful in diseases of kidney, dysuria, stomach complaints, dysentery and for expelling threadworms from the body	-	Mizo
Own use	Culms, shoots	Culms are used for receptacle of womans pipe, basket work and building	Young shoots are edible.	Mizo
Own use	Leaves	Leaves are sometimes lopped for cattle fodder	In some places, planted as hedge plant	Mizo
Own use	Tender leaves, fruit	Young fruits and leaves are used to poison fish. Oil obtained from fruit is medicinal	Tender leaves are eaten cooked as vegetable.	Mizo
Own use	Fruit	Fruit is used for treating dysentery	-	Mizo
Own use	-	The plant is used as a cover crop in Rubber and Oil palm plantation	-	Mizo
Own use	Roots, Leaves	Roots are used to poison fish	Leaves are eaten by cattle and buffaloes	Mizo
Own use	Cane, leaves	Cane is used for making furniture and basket, leaves for thatching	-	Mizo
Own use	Fruit	-	Ripe fruit is edible	Mizo
Own use	Leaves, fruits	Young leaves are eaten as vegetable, but several changes of water is needed while cooking.	Decoction of fruit is used against stomachache, dysentery	Mizo
Own use	Stem	Pieces of stem are used for cleaning teeth	-	Mizo
Own use	-	-	-	Mizo
Own use	Shoots, flowers, fruits	Shoots, young fruits and flower buds are eaten as vegetable	Roots and leaves are used to treat stomach-ache	Mizo
Own use	Leaves, seeds	Seeds are used for washing hairs and splitted stem for tying	Tender leaves are eaten cooked as vegetable.	Mizo

		purposes. It is also used for playing games by Mizo boys and girls. Pounded seeds mixed with water is used for expelling leeches from cattle nostrils	Seeds are roasted and eaten.	
Own use	-	-	Wood can be used for firewood	Mizo
Own use	Leaves	Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis and juice of the crushed leaves is applied to fresh cuts.	Leaves dired and made into cigarettes are smoked in asthma, juice is used for diarroea and dysentery	Mizo
Own use	Leaves	Tender leaves are acid and eaten as vegetable.	Plants are prescribed for asthma, bronchitis and pneumonia. Leaves are also used in scabies and snake bite	Mizo
Own use	Bark	Bark is used as fish poison and medicine	-	Mizo
Own use	-	-	-	Mizo
Own use	Culm, Tender shoots	Culm is used for building,. Paper pulp and also used for making house walls, thatching, mats, baskets etc. the glossy surface of the stem is scraped and powder is applied to fresh cuts.	Tender shoots are boiled and eaten, used in curries and pickles.	Mizo
Own use	Leaves	Muga silkworm feeds on the leaves, leaves for cattle fodder	Roots abrk and leaves are used in medicine	Mizo
Own use	Roots, shoots	Tuberous roots are eaten cooked or fried.	Tuberous roots are used externally for skin diseases	Mizo
Own use	-	-	Wood used for building and firewood	Mizo
Own use	Leaves, flower, fruit	The tender leaves including flowers and fruits are cooked or fried eaten as vegetable. Seeds are also roasted and eaten	Fibres of inner bark are good for nets and ropes	Mizo
Own use	Culms, shoots	Culms are used for temporary building, mats, baskets, agarbati sticks, paper, fuel, gutters, water vessel etc	Young shoots are eaten cooked as vegetables	Mizo
Own use	Culm, Tender shoots	Culm is used for building purposes and construction, baskets and water buckets etc	Young and tender shoots are cooked and eaten as vegetable	Mizo
Own use	Culms, Shoots	Culms are used for making paper pulp, baskets, building etc	Young shoots are eaten cooked as vegetables	Mizo
Own use	Culms, shoots	Culms are used for building purposes	Young shoots are eaten cooked as vegetables	Mizo
Own use	Stem	It is used for making hats, baskets etc.	Juice of stem is used for influenza and applied to scalp for curing dandruff, falling hairs and baldness.	Mizo
Own use	Bark, Leaves	Bark used for poisoning fish. Decoction of the leaves used in case of both measles, chicken pox, scabies and skin itching.	-	Mizo
Own use	Leaves, berries	Silkworm reared on the leaves. Boiled water of berries are used for sciatica and high blood pressure	Young berries are used for flavouring	Mizo
Own use	-	-	-	Mizo
Own use	Leaves	Tender leaves are eaten cooked with rice or meats	Wood used for firewood and charcoal	Mizo
Own use	Roots	Decoction of roots is used in diseases of liver, jaundice, fever, chicken pox, skin itching.	Pounded roots with crabs are prescribed in malaria and jaundice	Mizo
Own use	Bark, Root-bark	Wood is used for construction, firewood etc. dried bark and buds are used as spice.	Bark is also used in the treatment of diabetes, fevers, heart diseases, kidney disorders, piles, colic, dyspepsia, diarrhea, nausea, cough, cold, headache, toothache, rheumatism, cancer etc	Mizo
Own use	Roots, Leaves	Pounded tuberous roots is employed in rheumatism, stomach ache and diarrhoea. Decoction of leaves is also taken for curing tonsillitis	-	Mizo

Own use	Bark, Leaves	Bark and leaves are useful in application of snake bites	-	Mizo
Own use	Leaves	Juice of the leaves is useful for diabetes, eye diseases, fresh cuts.	-	Mizo
		Decoction of leaves is used for stomach troubles		
Own use	Leaves	-	Leaves are used for washing by rubbing the	Mizo
			leaves which gives a lather with water	
Own use	Stem, Leaves	Juice of the crushed leaves is used for diarrhoea and dysentery. Stem	-	Mizo
		and leaves are also chewed for relief in toothache		
Own use	-	-	It yields an inferior kind of caoutchouc	Mizo
Own use	Wood, bark, leaves	Wood is hard used for house posts, tool handles, fuel and charcoal.	Leaves are cooked with water and the water is	Mizo
		Decoction of bark is used in stomach pain, fever, diarrhoea, measles,	used for treating high blood pressure	
		chicken pox, sprains and burns.		
Own use	Wood, bark	Bark is bruised and boiled with soil impregnated with urine to	Wood is used for house building,	Mizo
		produce a bluish dye	scaffolding,plywood, firewood etc	

Format 19: Wild Plant Species of Importance

1	2	3	4	5
Local Name	Scientific Name	Variety	Importance (Economic, Social & Cultural)	Status
Anchiri	Homalomena aromatica	Wild	Rhizome and petiole are medicinal, it is also used for making fragrance	Insufficient
Builukham	Osbeckia sp.	Wild	Leaves are used for cuts, diarrhoea nad dysentery. Whole plant is used for hypertension	Abundant
Hnahthial	Phrynium/Stachyphrynium sp.	Wild	Leaves are used for packing and wrapping food stuff and vegetables, also used for carpeting rice bin	Abundant
Hruivankai	Tinospora sinensis	Wild	Juice of the pounded rhizome is used in indigestion, stomach trouble, dysuria, dysentery.	Abundant
Khaupui	Sterculia villosa	Wild	Bark yields a strong fibre. Decoction of bark is used cholera, dysentery, diarrhoea and tonsilities	Insufficient
Rulei	Millettia pachycarpa	Wild	Roots and pods are used to poison fish. Juice of crushed roots is applied on mange of pigs	Insufficient
Saithei	Gynocardia odorata	Wild	Fruit is hit, anthelmintic, used in bronchitis, ulcers, skin diaseses, small tumors and slightly	Insufficient
			inflammations, leprosy, diabetes, etc. decoction of rott bark is also recommended for diabetes.	
Tluangngil	Smilax glabra	Wild	Pounded tuberous roots are used in rheumatism, stomach-ache and diarrhoea. Decoction of leaves is	Abundant
			also taken for curing tonsilities	
Zairum	Anogeissus acuminata	Wild	Wood is used for charcoal, fuel, tool handles. Water of cooked leaves is taken as remedy for high	Abundant
			blood pressure. Decoction of bark is used in stomach troubles, fever, diarrhoea and also applied on	
			measles, chicken pox, sprains and burns	
Zihnghal	Stereospermum tetragonum	Wild	Wood is used for house construction, furniture, tool handles, firewood etc. leaves are lopped for	Insufficient
			fodder. Bark and young leaves are used as remedy for fever, stomach-ache etc. roots and flowers are	
			also used medicinally.	

Format 20 : Aquatic Biodiversity :

1	2	3	4	5	6	
Local Name	Scientific Name	Variety	Features	Habitat	Local Status	
					Past	Present
Chakai	Potamonautes sp	Local	-	Rivers and Streams	Abundant	Abundant
Chengkawl	Bithynia tentaculata	Local	-	Rivers and Streams	Abundant	Abundant
Dawntial	Acanthocobitis botia	Local	-	Rivers and Streams	Abundant	Abundant
Dawntial	Nemacheilus savona	Local	-	Rivers and Streams	Abundant	Abundant
Dawntial	Nemacheilus scaturigina	Local	-	Rivers and Streams	Abundant	Abundant

Dawntial	Schistura sp/ Acanthococbitis botia	Local	-	Rivers and Streams	Abundant	Abundant
Hmursawp	Garra cf. gotyla	Local	-	Rivers and Streams	Abundant	Abundant
Kaikuang	Macrobrachium rosenbergii	Local	-	Rivers and Streams	Insufficient	Insufficient
Lengphar	Barilius barila	Local	-	Rivers and Streams	Abundant	Abundant
Nghadawl	Devario devario and Devario aequipinnatus	Local	-	Rivers and Streams	Abundant	Abundant
Nghahrah	Neolissochilus hexagonolepis	Local	-	Rivers and Streams	Abundant	Insufficient
Nghalerh	Macrognathus sp	Local	-	Rivers and Streams	Abundant	Abundant
Nghalim	Garra manipurensis and Gara tyao	Local	-	Rivers and Streams	Abundant	Abundant
Nghameidum	Pethia sp	Local	-	Rivers and Streams	Insufficient	Insufficient
Ngharul	Anguilla bengalensis	Local	-	Rivers and Streams	Insufficient	Insufficient
Nghatun	Labeo rohu	Local	-	Rivers and Streams	Insufficient	Insufficient
Nghavang	Semiplotus modestus	Local	-	Rivers and Streams	Insufficient	Insufficient
Nghavawk	Channa gachua	Local	-	Rivers and Streams	Insufficient	Insufficient
Nghazawngek	Garra lissorhynchus	Local	-	Rivers and Streams	Abundant	Abundant
Sarba	Glyptothorax sp	Local	-	Rivers and Streams	Abundant	Abundant
Thaichhawni nu	Bagarius bagarius	Local	-	Rivers and Streams	Insufficient	Insufficient

7	8	9	10
Uses	Associated TK	Other details	Community/Knowledge Holder
Own use, edible	-		Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-		Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo
Own use, edible	-	-	Mizo

Format 21 : Wild Aquatic Plant Species of Importance - NIL

Format 22: Wild Plants of Medicinal Importance

1	2	3	4	5	6		
Plant (tree,	Local Name	Scientific Name	Variety	Landscape	Local Status		
shrub, herb)				/Habitat	Past	Present	
Herb	Aieng	Curcuma longa	Local	Wild	Abundant	Abundant	
Herb	Ailaidum	Curcuma caesia	Local	Wild	Insufficient	Insufficien	
Herb	Anchiri	Homalomena aromaticum	Local	Wild	Abundant	Insufficien	
Herb	Anhling	Solanum nigrum	Local	Wild	Abundant	Abundant	
Climber	Ar-a fanghma	Cyclanthera pedata	Local	Wild	Insufficient	Insufficien	
Tree	Archangkawm	Oroxylum indicum	Local	Wild	Abundant	Abundant	
Climber	Bachhim	Dioscorea alata	Local	Wild	Insufficient	Insufficien	
Herb	Bahkhawr	Eryngium foetidum	Local	Wild	Abundant	Abundant	
Herb	Bakkhate	Glinus oppositifolius	Local	Wild	Insufficient	Insufficien	
Sub-shrub	Buarze	Blumea lanceolaria	Local	Wild	Insufficient	Insufficien	
Shrub	Builukham Pa/Nu	Osbeckia crinita/chinensis	Local	Wild	Abundant	Abundant	
Herb	Changkalrit	Drymaria cordata	Local	Wild	Insufficient	Insufficien	
Shrub	Chawng	Euphorbia royleana	Local	Wild	Abundant	Insufficien	
Tree	Chhawntual	Aporosa octandra	Local	Wild	Abundant	Abundant	
Herb	Choak-a thi	Lobelia angulata	Local	Wild	Abundant	Insufficien	
Tree	Fartuah	Erythrina stricta	Local	Wild	Abundant	Abundant	
Grass	Fu	Saccharum officinarum	Local	Wild	Insufficient	Insufficien	
Climber	Hlozak/Hlonuar	Mimosa pudica	Local	Wild	Insufficient	Abundant	
Tree	Hnahkiah	Callicarpa arborea	Local	Wild	Abundant	Abundant	
Climber	Japanhlo	Mikania micrantha	Local	Wild	Abundant	Abundant	
Tree	Kaihzawl	Dillenia pentagyna	Local	Wild	Abundant	Abundant	
Tree	Kamsahulh	Croton tiglium	Local	Wild	Insufficient	Insufficien	
Tree	Kawhtebel	Trevesia palmata	Local	Wild	Abundant	Abundant	
Climber	Kelhnamtur	Hedyotis scandens	Local	Wild	Abundant	Abundant	
Herb	Khatual	Picria felterrae	Local	Wild	Abundant	Abundant	
Tree	Khawmhma	Rhus chinensis	Local	Wild	Abundant	Abundant	
Herb	Lambak	Centella asiatica	Local	Wild	Abundant	Insufficien	
Climber	Maipawl	Benincasa hispida	Local	Wild	Abundant	Abundant	
Tree	Nauthak	Litsea monopetala	Local	Wild	Abundant	Insufficien	
Tree	Neem	Azadirachta indica	Local	Wild	Insufficient	Insufficien	
Shrub	Nimbu	Citrus limon	Local	Wild	Insufficient	Insufficien	
Tree	Pasaltakaza	Helicia robusta			Insufficien		
Shrub	Phuihnam	Clerodendrum colebrookianum	Local	Wild	Abundant	Abundant	
Shrub	Saisiak	Flueggea virosa	Local	Wild	Abundant	Abundant	
Climber	Sarzuk	Elaeagnus sp	Local	Wild	Insufficient	Insufficien	
Herb	Sawhthing	Zingiber officinale	Local	Wild	Insufficient Abundant		
Herb	Sekhupthur	Begonia sp.	Local	Wild	Abundant	Abundant	

Herb	Sumbul	Cheilocostus speciosus	Local	Wild	Abundant	Abundant
Shrub	Tawkpui	Solanum torvum	Local	Wild	Abundant	Abundant
Shrub	Tawkte	Solanum anguivi	Local	Wild	Abundant	Abundant
Herb	Thasuih	Lindernia ruellioides	Local	Wild	Abundant	Insufficient
Tree	Theihai	Mangifera indica	Local	Wild	Abundant	Abundant
Climber	Theikelki	Stelmocrypton khasianum	Local	Wild	Insufficient	Insufficient
Tree	Thingfanghma	Carica papaya	Local	Wild	Insufficient	Insufficient
Tree	Thingsia	Castanopsis tribuloides	Local	Wild	Abundant	Abundant
Tree	Thuamriat	Alstonia scholaris	Local	Wild	Insufficient	Insufficient
Shrub	Tlangsam	Chromolaena odorata	Local	Wild	Abundant	Abundant
Climber	Tluangngil	Smilax glabra	Local	Wild	Abundant	Insufficient
Herb	Tumbu	Musa sp.	Local	Wild	Abundant	Abundant
Herb	Uithinthang	Houttuynia cordata	Local	Wild	Insufficient	Insufficient
Climber	Va ko	Thunbergia alata	Local	Wild	Abundant	Abundant
Shrub	Vakep	Mussaenda roxburghii/Mussaenda glabra	Local	Wild	Abundant	Insufficient
Climber	Vawihuihhrui	Paederia foetidia	Local	Wild	Abundant	Abundant
Tree	Zihnghal	Stereospermum tetragonum/chelonoides	Local	Wild	Abundant	Abundant
Climber	Zuanghnuang	Byttneria grandifolia	Local	Wild	Abundant	Abundant
Tree	Zairum	Anogeissus acuminata	Local	Wild	Abundant	Abundant

7	8	9	10	11
Associated TK	Uses (Usage)	Part used	Other details Market/ own use	Community/ Knowledge Holder
Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	Medicinal	Rhizome	Own use	Mizo
Rhizome is used for stomach ache, diarrhoea, dysentery, jaundice, asthma, measles, food allergy or food poisoning	Medicinal	Rhizome	Own use	Mizo
Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	Medicinal	Stalks, Rhizomes	Own use	Mizo
Leaves are boiled in water and taken against urinary problems and kidney stones. Juice of green berries is applied to boils, ringworm etc	Medicinal	Leaves, berries	Own use	Mizo
Fruit is rich in antioxidant and used in medicine	Medicinal	Fruit	Own use	Mizo
Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc	Medicinal	Leaves, fruit, bark	Own use	Mizo
Tubers and Bulbil are use as vegetable and also used to treat cancer	Medicinal	Tuber, Bulbil	Own use	Mizo
Leaves are used for flavouring curry. They are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled for treating malarial fever, diabetes, pneumonia, constipation	Medicinal	Leaves, roots	Own use	Mizo
Whole Plant is medicinal	Medicinal	Leaves	Own use	Mizo
Decoction of leaves used in ulcer, asthma, sores, dandruff etc	Medicinal	Leaves	Own use	Mizo

Decoction of roots is used in diarrhoea, dysentery, hepatitis etc, leaves for toothache	Medicinal	Root & leaves	Own use	Mizo
Thick paste prepared from plant is applied on broken bone. Plant is laxative and cooling uswd	Medicinal	Whole plant	Own use	Mizo
for cold, sinusitis, and menstruation troubles etc				
Pith of this shrub and unripe fruit of papaya are cooked with chicken and water is taken against	Medicinal	Shrub, milky juie	Own use	Mizo
diseases of liver, chronic fever. Milky juice is used externally for ringworm, rheumatism,				
sciatica, boils, warts etc				
Bark and leaves decoction used in stomach ulcer, diarrhoea and dysentery.	Medicinal	Bark, Leaves	Own use	Mizo
Juice of crushed leaves & fruits are used against diarrhoea, sore throat, stomach ulcer,	Medicinal	Leaves & Fruits	Own use	Mizo
tonsillitis and toothache				
Decoction of the bark is ysed for stomach ulcer and kidney trouble. Powder of the bark is used	Medicinal	Bark	Own use	Mizo
in fever, asthma, biliousness, rheumatism, itch, burning sensation, leprosy and epilepsy.				
Juice of the stem is used as a remedy for jaundice, purifies blood, good for lungs, diuretic etc	Medicinal	Stem juice	Own use	Mizo
Roots decoction used in piles and jaundice, diseases of liver and kidney etc	Medicinal	Roots	Own use	Mizo
Decoction of bark and leaves used for diabetes, cholera, internal bleeding, stomach ulcer etc.	Medicinal	Bark & Leaves	Own use	Mizo
Leaves are used for fermenting cooked soya bean (Bekang), famous mizo dish.				
Leaf juice applied on fresh wounds, stomach pain & ulcer	Medicinal	Leaves	Own use	Mizo
Decoction of bark, leaves is used for curing gastric trouble, asthma, dysentery, cancer etc	Medicinal	Bark, leaves	Own use	Mizo
Fruits and leaves are used for poisoning of fish. Decoction of bark and leaves are used in	Medicinal	Fruits, leaves, bark	Own use	Mizo
treatment of cancer.				
Roots and leaves are used to treat stomachache	Medicinal	Root, leaves	Own use	Mizo
Decoction of roots/leaves is medicinal. The plant is also used as fish poison	Medicinal	Roots & leaves	Own use	Mizo
Bitter leaves are used for making Sa-chek. Decoction of the plant is prescribed as a remedy for	Medicinal	Whole plant	Own use	Mizo
enlarged spleen, fever and stomachache.				
Decoction of fruit & Leaves used in various diseases	Medicinal	Leaves & fruits	Own use	Mizo
Plant is used in diabetes, jaundice, pile, dysentery, diarrhoea, hypertension etc	Medicinal	Whole plant	Own use	Mizo
Juice of fruit is used for diarrhoea, cholera, diabetes, vomiting, kidney problems	Medicinal	Fruit & Leaves	Own use	Mizo
Juice of the whole plant is used for cholera, dyenstery, fever, liver problems and jaundice,	Medicinal	Whole plant	Own use	Mizo
diabetes etc				
Muga silkworm feeds on the leaves. Roots, bark and leaves are used in medicine	Medicinal	Root, bark, leaves	Own use	Mizo
Boiled water of leaves is used to treat diabetes, hypertension, stomach problems etc	Medicinal	Leaves	Own use	Mizo
Roots are used in colic, vomitting, flatulence. Fruits used in asthma, cough, diarrhoea, fever,	Medicinal	Roots & fruits	Own use	Mizo
blood purifier, skin diseases etc				
Leaf juice used in High blood pressure	Medicinal	Leaves	Own use	Mizo
Decoction of leaves used in measles, chicken pox, scabies etc	Medicinal	Leaves	Own use	Mizo
Decoction of roots and leaves is used for treating menstrual and urinary problems	Medicinal	Roots & leaves	Own use	Mizo
Rhizomes are used as spice and condiment, taken as a cure for food poisoning. Juice of	Medicinal	Rhizome	Own use	Mizo
pounded rhizome is is given to women in case of sufficient supply of milk for their children				
and also dropped into the ear when attacked by ticks.				
Stem and leaves are eaten against diarrhoea and dysentery, juice of the sten or stalk is also	Medicinal	Leaves, stem	Own use	Mizo
applied to rash or sores etc				
Juice of crushed roots used in diseases of kidney, fever, jaundice, bronchitis etc	Medicinal	Roots	Own use	Mizo
-do-	Medicinal	Fruit	Own use	Mizo
Unripe fruit are eaten as vegetable. Roots and fruit are used in high blood pressure, asthma,	Medicinal	Fruit	Own use	Mizo

dysuria, fever, colic. Crushed fruit is used in burns, boils etc				
Whole plant is used as poultice for cramps, rheumatism, sciatica, wounds etc	Medicinal	Whole plant	Own use	Mizo
Young leaves are cooked and juice is eaten for food poisoning, diarrhoea, dysentery etc	Medicinal	Leaves	Own use	Mizo
Roots or leaves are cooked and water is taken for curing diseases of liver and jaundice	Medicinal	Roots, Leaves	Own use	Mizo
Fruit is edible and used for constipation, stomach troubles, juice of boiled leaves is used in	Medicinal	Leaves, fruit	Own use	Mizo
treating stomach ulcer, cancer and other stomach related problems				
Juice of bark and stem is used for infection, wounds and cuts etc	Medicinal	Bark, stem	Own use	Mizo
Bark is useful in treatment of high blood pressure, asthma, typhoid, malaria, diarrhoea,	Medicinal	Bark and juice	Own use	Mizo
dysentery. Milky juice applied in fresh cuts, sores, ringworm, wart,etc				
Juice of the leaves applied to fresh cuts	Medicinal	Leaves	Own use	Mizo
Pounded tuberous roots are used as rheumatism, stomach ache and diarrhoea. Decoction of	Medicinal	Leaves, Roots	Own use	Mizo
leaves is also taken for curing tonsilities.				
Plaintain is cooked with water and water is drink for treating deficiency of white blood	Medicinal	Buds	Own use	Mizo
Whole plant is used in medicine, used for treating cancer, liver problems etc	Medicinal	Whole plant	Own use	Mizo
Decoction of leave used against diabetes, new cuts, stomach problem etc and also for treatment	Medicinal	Leaves	Own use	Mizo
of cancer				
Bark and leaves are useful in snake bites	Medicinal	Bark, Levaes	Own use	Mizo
The whole plant is regarded as a specific for rheumatic affection, in which it is administered	Medicinal	Whole plant	Own use	Mizo
both internally and externally. Juice of crushed leaves is used in diarrhoea and dysentery. Stem				
and leaves are also chewed for relief in tooth-ache				
Leaves are lopped for fodder. Bark and young leaves are used as remedy for fever, stomach	Medicinal	Leaves	Own use	Mizo
pain etc				
Stem juice used for mouth sore, stomach ulcer etc	Medicinal	Stem	Own use	Mizo
Water of cooked leaves is taken as remedy for high blood pressure. Decoction of bark is used	Medicinal	Leaves, Bark	Own use	Mizo
in stomach troubles, fever, diarrhoea and also applied on measles, chicken pox, sprains and				
burns				

Format 23 : Wild relatives of Crops

1	2	3	4		5	6
Local Name	Scientific Name	Associated	Landscape/	Loca	l status	Uses (Usage)
		crops	Habitat	Past	Present	
Aidu	Amomum dealbatum	All Jhum crops	Wild	Abundant	Abundant	Young shoots and buds are eaten cooked or fried as vegetables
Anhling	Solanum americanum	All Jhum crops	Wild	Abundant	Abundant	Leaves are eaten cooked as vegetables
Ankasate	Acmella paniculata	All Jhum crops	Wild	Abundant	Abundant	Leaves with stem are used as a vegetable
Ankhapui	Marsdenia maculata	All Jhum crops	Wild	Abundant	Insufficient	Young stem and leaves are cooked eaten as vegetables
Ankhate	Marsdenia formosana	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cooked as vegetable
Archangkawm	Oroxylum indicum	All Jhum crops	Wild	Abundant	Abundant	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc
Baibing	Alocasia fornicata	All Jhum crops	Wild	Abundant	Abundant	Spadix and stem are eaten cooked as vegetables

Buarpui	Trachycarpus martianus	All Jhum crops	Wild	Abundant	Abundant	Flower bud is cooked eaten or fried as vegetable. Shoots are also eaten cooked as vegetable.
Chakawk	Diplazium esculentum	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Changpawl	Musa thomsonii	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changpui	Musa sikkimensis	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changthir	Musa balbisiana	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changvandawt	Musa ornata	All Jhum crops	Wild	Insufficient	Insufficient	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Chimchawk	Aralia foliosa var. sikkimensis	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cooked as vegetables
Chingit	Zanthoxylum rhetsa	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cooked as vegetable
Hmuipui	Syzygium cumini	All Jhum crops	Wild	Insufficient	Insufficient	Wood moderately hard is used for plywood, tool handles, posts, door frames, panels, firewood, gunstocks etc
Hruitung	Salacca sedcunda	All Jhum crops	Wild	Abundant	Insufficient	Leaves are used for thatching and the rachis for making temporary ropes
Hulhu	Aganope thyrsiflora	All Jhum crops	Wild	Abundant	Abundant	Young leaves are eaten cooked as vegetable
Kawhtebel	Trevesia palmata	All Jhum crops	Wild	Abundant	Abundant	The shoots, flower buds and young fruits are eaten as vegetable
Kha um	Hodgsonia heteroclita	All Jhum crops	Wild	Abundant	Insufficient	Seeds are eaten roasted or fried
Khanghu	Acacia pennata	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Lairawk	Musa ochracea	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Nauawimu	Solena amplexicaulis	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Pelh	Gnetum gnemon	All Jhum crops	Wild	Abundant	Abundant	Tender leaves, flowers and fruits are eaten cooked or fried as vegetable. Seeds are also raosted and eaten
Phuihnam	Clerodendrum colebrookianum	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are cooked eaten as vegetable, also used for fermenting cooked soyabean
Reng an	Senna occidentalis	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cokked as vegetable
Saisu	Ensete glaucum	All Jhum crops	Wild	Abundant	Insufficient	Succulent leaf sheaths, young flowers and bracts of spadix are eaten cooked as vegetable
Sapthei	Passiflora edulis	All Jhum crops	Wild	Abundant	Insufficient	Leaves are cooked eaten as vegetable
Sihneh	Eurya cerasifolia	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked with rice or meals
Tawkpui	Solanum torvum	All Jhum crops	Wild	Abundant	Abundant	Fruits are eaten cooked or fried as vegetables
Telhawng	Amorphophallus sp.	All Jhum crops	Wild	Abundant	Abundant	Corm and young leaf stalk and shoots are eaten cooked as veg.
Thangtung	Arenga pinnata	All Jhum crops	Wild	Abundant	Insufficient	Young underdeveloped leaf shoot is used as vegetable
Theibate	Ficus fistulosa	All Jhum crops	Wild	Abundant	Insufficient	Young shoots and fruits are used as vegetable
Thilte	Calamus erectus	All Jhum crops	Wild	Abundant	Abundant	Leaves are used for thatching
Thingthupui	Calamus tenuis	All Jhum crops	Wild	Abundant	Insufficient	Under developed shoots are used as vegetable
Thurpui	Tetrastigma lanceolarium	All Jhum crops	Wild	Abundant	Abundant	Ripe fruits are edible

Tum	Caryota urens	All Jhum crops	Wild	Abundant	Insufficient	Wood is employed for					
Tum thang	Crotalaria tetragona All Jhum crops Wild Insufficient Insufficient Tender leaves and flowers are eaten cooked as vegetable										
Tumbu	Musa sp.										
Uithinthang	Houttuynia cordata	Whole plant is eaten r	aw or cooked as vegetable								
7			8				9	10			
Part Used			Associated T	ΓK			Other details	Community/ knowledge holder			
Shoots, buds	The plant is used for a cu cooked soya beans.	are of enlargement of liv	ver and the ster	n for tying purp	oses. Leaves a	re used for fermenting	-	Mizo			
Leaves, berries	Water of boiled leaves is ringworm, boils etc.	s taken against urinary	problems and s	stones in kidney	Juice of gree	n berries is applied to	-	Mizo			
Stem, leaves	Flowers are chewed to re	elive toothache and affec	ctions of the gu	ıms and throat			-	Mizo			
Stem, leaves	As the taste of this plant	is bitter, it is used to tak	te for High Blo	od pressure and	l diabetes		=	Mizo			
Leaves	-	·		•			-	Mizo			
Roots, bark, leaves	Decoction of root & bar the bark is applied to r flatulence, ulcers, etc. do	heumatism, sprains, in	nflammations a	and skin diseas	es. Deccoction		-	Mizo			
Spadix, stem	Juice of the plant is used	externally for snake bit	e. Leaf is also	used for catchir	g land leech fro	om the body	-	Mizo			
Flower bud, shoots	Flower bud is cooked eat	ten as vegetable and is a	lso used for re	ducing high blo	od pressure	·	-				
Leaves	-	-			•		-	Mizo			
Stem, Buds, leaves	Juice of stem is used for	snake bites, diarrhoea, d	dysentery and p	oounded seeds f	or diabetes		-	Mizo			
Leaves, fruit	Young leaves are eaten a Decoction of fruit is used			ter is needed w	hile cooking.		-	Mizo			
Seeds	-	,					-	Mizo			
Leaves, buds	Leaves are used for feast	s instead of rice plates.	Stems are used	for pig feed. L	eaves are also u	sed for cattle fodder	-	Mizo			
Leaves	-	•		1 0			-	Mizo			
Leaves	Young fruits and leaves a	are used to poison fish.	Oil obtained fr	om fruit is used	medicinally		-	Mizo			
Seed, leaves	Seed is used to treat diab					orm feed on its leaves	-	Mizo			
-	_		· ·				-	Mizo			
Leaves	Plant is purgatice, laxat pressure etc. Fresh leaves				ever, cough, b	ronchitis, high blood	-	Mizo			
Whole plant	Roots and leaves are use						-	Mizo			
Leaf, flowers, spadix	Juice of stem is used in s						-	Mizo			
Leaves	-						-	Mizo			
Fruit, shoots, leaves	Decoction of leaves is gi	Decoction of leaves is given to women after birth									
Leaves	Fruit is used as soap for washing clothes, fibrous fruit as brush for pots, plates etc. decoction of roots is recommende for treating malaria, diabetes and seeds as a purgative										
Leaves, flowers, fruit and seeds	Fibres of inner bark are g		F S				-	Mizo			
Leaves, Flowers	Decoction of leaves is u	sed to reduce high bloc	od pressure and	d decrease brea	st feeding moth	er's breast milk, also	-	Mizo			
	•					,					

	used to heal acute mastities		
Leaves, flowers		-	Mizo
Whole plant		-	Mizo
Leaves, fruit	Ripe fruit is useful for jaundice and liver problems	-	Mizo
Leaves	Wood is used for firewood and charcoal	-	Mizo
Fruit	fruit is medicinal used to treat hypertension and diabetes	-	Mizo
Corm, young leaf,	The corm with Ching-al (Lye) is boiled to remove irritants. So, the boiled corm is mixed with Sa-um (fermented	-	Mizo
shoot	pork fat), Ching-al (Lye) and Salt and then eaten as curry (Traditional Mizo Dish)		
Whole plant	Fibres are used for fiddle strings, traps etc. the down beneath the laef stalks on the trunk is used for tinder and is	-	Mizo
	known as 'Meibu'. Midrib of the leaflets is good for sweeping like a broom.		
Leaves		=	Mizo
Leaves, shoot	Shoots are eaten cooked as vegetables, fruits are also edible	-	Mizo
Shoot, leaves	It is used for making baskets, mats, furniture, chairs etc and fruit is edible	-	Mizo
Fruit, leaves	Leaves are eaten cooked as vegetable and also used for pig's feed	-	Mizo
Whole plant	Fibre is made into ropes, brushes, brooms, basket etc. terminal bud is eaten cooked as vegetable	-	Mizo
Leaves, flowers		-	
Bud, stem, leaves	Leaves are used for feasts instead of rice plates. Stems are used for pig feed. Leaves are also used for cattle fodder	-	Mizo
Whole plant	Whole plant is used in medicine, used for treating cancer etc	-	Mizo

Format 24: Ornamental Plants

1	2	3	4	5	6	7	8
Local Name	Scientific Name	Variety	Habitat	Commercial/ Non commercial uses	Associated TK	Other details	Community/ Knowledge Holder
April par	Delonix regia	Local	Home garden	Non commercial	-	-	Mizo
April parte	Caesalpina pulcherrima	Local	Home garden	Non commercial	-	-	Mizo
Ar-tukkhuan	Mirabilis jalapa	Local	Home garden	Non commercial	-	-	Mizo
Chawnpui	Lagerstroemia speciosa	Local	Home garden	Non commercial	-	-	Mizo
Christmas par	Poinsettia pulcherrima						
Chuailopar	Gomphrena globosa	Local	Home garden	Non commercial	-	-	Mizo
Derhken	Tagetes erecta	Local	Home garden	Non commercial	-	-	Mizo
Di par	Gladiolus dalenii/natalensis	Local	Home garden	Non commercial	-	-	Mizo
Dingdi	Asclepias curassavica	Local	Home garden	Non commercial	-	-	Mizo
Far	Pinus sp.	Local	Home garden	Non commercial	-	-	Mizo
Fartuah	Erythrina stricta	Local	Home garden	Non commercial	-	-	Mizo
Forget me not	Durranta erecta	Local	Home garden	Non commercial	-	-	Mizo
Hnahsinpar	Cosmos bipinnatus	Local	Home garden	Non commercial	-	-	Mizo
Kumtluang	Catharanthus roseus	Local	Home garden	Non commercial	-	-	Mizo
Lilypar	<i>Lilium</i> sp	Local	Home garden	Non commercial	-	-	Mizo
Makpazangkang	Cassia javanica spp nodosa	Local	Home garden	Non commercial	-	-	Mizo
Mawza par (Salvia)	Salvia splendens	Local	Home garden	Non commercial	-	-	Mizo
Midum pangpar	Hibiscus rosa-sinensis	Local	Home garden	Non commercial	-	-	Mizo

Mualhawihte	Ixora coccinea	Local	Home garden	Non commercial	-	-	Mizo
Nauban	Orchid	Local	Home garden	Non commercial	-	-	Mizo
Nghasih par	Cleoserrata speciosa	Local	Home garden	Non commercial	-	-	Mizo
Nuaithang	Impatiens balsamina	Local	Home garden	Non commercial	-	-	Mizo
Rose par	Rosa indica	Local	Home garden	Non commercial	-	-	Mizo
Sappangpar	Zinnia sp	Local	Home garden	Non commercial	-	-	Mizo
Saron par	Bougainvillea spectabilis	Local	Home garden	Non commercial	-	-	Mizo
Saron par te	Holmskioldia sanguinea	Local	Home garden	Non commercial	-	-	Mizo
Uaiting wayvet	Lagerstroemia indica	Local	Home garden	Non commercial	-	-	Mizo
Vaube	Bauhinia variegata	Local	Home garden	Non commercial	-	-	Mizo
Yellow trumpet	Tecoma castanifolia	Local	Home garden	Non commercial	-	-	Mizo
flower	-						
Zamzo	Celosia argentea	Local	Home garden	Non commercial	-	-	Mizo
Zan rimtui	Cestrum nocturnum	Local	Home garden	Non commercial	-	-	Mizo

Format 25 : Fumigate / Chewing Plants

1	2	3	4	5	6)	7
Plant	Local Name	Scientific Name	Variety	Habitat	Local	Status	Uses (Usage)
(Herb,					Past	Present	
shrub,tree)							
Herb	Ankasa	Acmella oleracea	Local	Wild	Abundant	Abundant	Leaves and flowers are eaten cooked as vgetable
Herb	Ankasate	Acmella paniculata	Local	Wild	Abundant	Abundant	Leaves and flowers are eaten cooked as vgetable
Climber	Hnahthak	Piper diffusum	Local	Wild	Abundant	Abundant	Fruit is used as spice. Leaves are used for catching fish.
Tree	Kamsahulh	Croton tiglium	Local	Wild	Insufficient	Insufficient	-
Tree	Kangtek	Albizia procera	Local	Wild	Insufficient	Insufficient	Leaves are used as cattle fodder
Climber	Khangpawl	Acacia pruinescens	Local	Wild	Abundant	Abundant	Tender leaves are acid and eaten as vegetable
Climber	Khangsen	Acacia megaladena	Local	Wild	Abundant	Abundant	-
Tree	Khawkherh	Juglans regia	Local	Wild	Abundant	Insufficient	Leaves are used for cattle fodder
Tree	Khiangzo	Schima khasiana	Local	Wild	Insufficient	Insufficient	-
Palm	Kuhva	Areca catechu	Local	Wild	Insufficient	Insufficient	Nuts are chewed with pan leaves and lime
Shrub	Ngaihhih	Linostoma decandrum	Local	Wild	Abundant	Abundant	-
Climber	Panhnah	Piper betle	Local	Wild	Insufficient	Insufficient	Leaves are chewed together with betelnut and lime paste
Climber	Ruchek	Endosamara racemosa	Local	Wild	Insufficient	Insufficient	Roots are used for poisoning fish
Climbing	Rulei	Millettia pachycarpa	Local	Wild	Abundant	Abundant	Roots and Pods are used to poison fish
shrub							-
Tree	Ruthei	Diospyros pilosiuscula	Local	Wild	Insufficient	Insufficient	-
Tree	Saithei	Gynocardia odorata	Local	Wild	Abundant	Insufficient	Leaves are used to poison cattle
Climber	Tling	Embelia vestita	Local	Wild	Insufficient	Insufficient	Decoction of leaves is used for chicken pox, itching and
							other skin diseases; leaves are eaten cooked with fish.

8	9	10	11
Part used *	Associated TK	Other details	Community
		(mode of use)	Knowledge

			Holder
Leaves, flowers	Plant is used for poisoning fish	-	Mizo
Leaves, flowers	Plant is used for poisoning fish	-	Mizo
Fruit & Leaves	-	-	Mizo
Fruits & Leaves	Fruits and leaves are used for poisoning fish	-	Mizo
Bark	Bark is used to poison fish	It is a light demander, can stand moderate shade in youth. Coppices fairly well	Mizo
Leaves, whole plant	Plant is prescribed for asthma, bronchitis and pneumonia	Leaves are also used in scabies and snake bites	Mizo
Bark	Bark is used as fish poison and medicine	-	Mizo
Leaves	Young leaves are used to intoxicate fish	-	Mizo
Bark	Pounded bark is used for poisoning fish	-	Mizo
Nuts, shoots, seeds	-	Seeds are used for expelling intestinal worm from the body	Mizo
Roots	Roots are used for poisoning fish	Roots are boiled in water and used for dressing scabies	Mizo
Leaves	-		Mizo
Roots	-	-	Mizo
Roots & Pods	-	-	Mizo
Fruit	Unripe fruits are used for poisoning fish	All parts are used for stomach trouble, kidney stones, piles	Mizo
Bark, Fruit	Bark and fruit pulp are used for poisoning fish	Decoction of root-bark is also recommended for diabetes	Mizo
Leaves	-	Leaves of this plant boiled with hibiscus leaves and water is taken to cure hiccough and difficult urination	Mizo

Format 26: Timber Plants

1	2	3		ı	5
Local Name	Scientific Name	Habitat	Local	Status	Other uses
			Past	Present	(if any)
Anku	Celtis australis	Wild	Abundant	Abundant	Wood tough, used for building. Tool handles, firewood etc
Batling	Wedlandia bundleioides	Wild	Abundant	Abundant	Wood is used for gunpowder, charcoal, firewood etc
Belphuar	Trema orientalis	Wild	Abundant	Abundant	Wood is used for gunpowder, charcoal, firewood etc
Berawchal	Canarium bengalense	Wild	Abundant	Insufficien	Wood heartwood, reddish brown, used for firewood etc
				t	
Biruchuk	Lithocarpus obscurus	Wild	Abundant	Abundant	Wood vey hard, used for building, fuelwood, charcoal etc
Buanchum	Pachylarnax pleiocarpa	Wild	Insufficient	Insufficien	Wood takes a fine polish, use for house building, furniture
				t	
Bul	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wood is used for building, furniture, firewood etc
Bulfek	Phoebe lanceolata	Wild	Abundant	Abundant	Heartwood used for firewood and leaves for cattle fodder
Bulpui	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wood used for building, furniture, firewood etc
Bulthur	Nyssa javanica	Wild	Insufficient	Insufficien	Wood is grey, yellow, soft used for house building
				t	
Bung	Ficus benghalensis	Wild	Abundant	Abundant	Wood used for fuelwood, well curbs etc
Char	Terminalia myriocarpa	Wild	Abundant	Insufficien	Wood used for furniture, house building, firewood etc
				t	
Chawmzil	Ligustrum robustum	Wild	Abundant	Insufficien	Wood used for firewood and charcoal etc
				t	

Chhawntual	Aporosa octandra	Wild	Abundant	Abundant	Wood used for firewood and charcoal etc
Fah	Lithocarpus dealbatus	Wild	Abundant	Abundant	Wood used for rice pestle, firewood and charcoal etc
Fartuah	Erythrina variegata	Wild	Abundant	Abundant	Wood is used for drums, toys etc and bark fibre for cordage
Herhse	Mesua ferrea	Wild	Abundant	Insufficien	Wood very hard used for bridges, railway sleepers, tool handles, firewood, rice
				t	pestle, charcoal etc
Hmawng	Ficus sp	Wild	Abundant	Insufficien	Wood used for fuel and charcoal etc
				t	
Hmuifarial	Syzygium claviflorum	Wild	Insufficient	Insufficien	Wood is used for firewood, leaves are lopped for cattle fodder
				t	
Hmuipui/Lenhmui	Syzygium cumini	Wild	Insufficient	Insufficien	Wood is moderately hard, used for plywood, furniture, tool handles, panels, posts
				t	and firewood etc
Hnahkhar	Mallotus paniculatus	Wild	Abundant	Abundant	Wood used for firewood
Hnahthap	Colona floribunda	Wild	Abundant	Abundant	Wood is used for making lockets of key chain and firewood
Hnum	Engelhardtia spicata	Wild	Abundant	Abundant	Wood used for house construction, tea boxes, packing etc
Hriang	Betula alnoides	Wild	Abundant	Abundant	Wood used for furniture, plywood, tool hanldles.
Kamsahulh	Croton tiglium	Wild	Insufficient	Insufficien	-
				t	
Kawihthuang	Leucosceptrum canum	Wild	Abundant	Insufficien	Wood can be used as firewood
				t	
Kham thing	-	Wild	Insufficient	Insufficien	-
				t	
Kharduap	Macaranga indica	Wild	Abundant	Abundant	Wood can be used for firewood etc
Kharuan	Elaeocarpus lanceifolius	Wild	Abundant	Abundant	Wood used for house building, firewood and charcoal etc
Khaupui	Sterculia villosa	Wild	Insufficient	Insufficien	Wood very soft is used for drums and paper pulp
				t	
Khawkherh	Juglans regia	Wild	Abundant	Insufficien	Wood used for cabinet making, furniture, carving etc
				t	
Khawreng	Streblus indicus	Wild	Insufficient	Insufficien	Heartwood is used for house posts
				t	
Khiang	Schima wallichii	Wild	Abundant	Abundant	Wood durable is used in planking, building,plywood,firewood
Khiangzo	Schima khasiana	Wild	Insufficient	Insufficien	Wood used for house building, firewood etc
				t	
Khuangthli	Bischofia javanica	Wild	Abundant	Abundant	Wood used for house building, furniture, firewood etc
Kumkhal /Umkhal	Elaeocarpus tectorius	Wild	Insufficient	Insufficien	Wood used for firewood
T 11	77 11, 1,0 1,0	******		t	
Lungkhup	Haldina cordifolia	Wild	Abundant	Abundant	Wood used for planking, house posts, door and window frames, shutters,
3.6.1		******		41 1 .	furniture, plywood, firewood etc
Muk	Cordia fragrantissima	Wild	Abundant	Abundant	Wood durable, used for gunstocks, posts and firewood etc
Nauthak	Litsea monopetala	Wild	Abundant	Insufficien	Wood soft not durable can be used for firewood
N 1	4	777'1 1	A1 1 /	t cc :	W 110-0-1111111
Nganbawm	Acrocarpus fraxinifolius	Wild	Abundant	Insufficien	Wood used for furniture, motor bodies, planking, flooring etc
N -1 -1 -1 -1 -	Eni-L-ton 1	777'1 1	A 1 1 /	Alam 1	W11
Nghalchhun	Eriobotrya bengalensis	Wild	Abundant	Abundant	Wood used for firewood, charcoal etc

Ngiau	Michelia champaca	Wild	Insufficient	Insufficien t	Wood hard and durable used in furniture, building, planking
Pang	Bombax insigne	Wild	Abundant	Abundant	Wood used for packing cases, matchboxes, splints
Pangkai	Baccaurea ramiflora	Wild	Abundant	Abundant	-
Phan	Ulmus lanceifolia	Wild	Insufficient	Insufficien t	Wood durable used for posts, gunstocks, tool handles etc
Phuanberh	Macropanax undulatus	Wild	Abundant	Insufficien t	Wood is soft and can be used for firewood
Phuanberhpui	Ailanthus integrifolia spp	Wild	Abundant	Insufficien t	Wood used for partition wall, plywood, packing cases etc
Rihnim	Ficus religiosa	Wild	Insufficient	Insufficien t	Wood durable underwater, used for fuel and charcoal etc
Sahatah	Aglaia spectabilis	Wild	Abundant	Insufficien t	Wood hard used for furniture, building, doors and windows
Saithei	Gynocardia odorata	Wild	Abundant	Insufficien t	wood used for planking, posts and firewood
Saper	Lindera nacusua	Wild	Abundant	Insufficien t	Wood used for building construction
Saperbul	Cinnamomum glaucescens	Wild	Abundant	Insufficien t	Wood is durable, used for furniture, boat building, fuelwood
Sehawr	Castanopsis indica	Wild	Abundant	Insufficien t	Wood hard used for furniture, building, firewood etc
Sernam	Litsea cubeba	Wild	Abundant	Abundant	Wood used for gunpowder, charcoal, firewood etc
Sihneh	Eurya japonica	Wild	Abundant	Abundant	-
Taitaw	Spondias pinnata	Wild	Abundant	Abundant	Wood used for drums, firewood etc
Tatkawng	Artocarpus chama	Wild	Abundant	Insufficien t	Wood durable used for building, furniture, plywood etc
Tei	Toona cilliata	Wild	Abundant	Insufficien t	wood usedfor furniture, house building, ceiling, floors etc
Theipalingkawh	Bruinsmia polysperma	Wild	Insufficient	Insufficien t	Sawn timber used for house construction
Theipui	Ficus semicoradata	Wild	Abundant	Abundant	Wood used for mortars, firewood etc
Theisehret	Aphananthe cuspidata	Wild	Abundant	Abundant	Wood used for planking, firewood and charcoal
Thelret	Hevea brasilliensis	Wild	Insufficient	Insufficien t	Wood used for furniture industry and can be used as firewood
Thil	Lithocarpus polystachyus	Wild	Abundant	Abundant	Wood used for building, firewood etc
Thingdawl	Tetrameles nudiflora	Wild	Insufficient	Insufficien t	Wood is used for flooring, walling, matches, plywood etc.
Thingkha	Derris robusta	Wild	Abundant	Abundant	Wood used for house posts, firewood and charcoal
Thingkhawilu	Vitex peduncularis	Wild	Abundant	Abundant	Wood used for posts, firewood and charcoal etc
Thinglung	Homalium ceylanicum	Wild	Abundant	Abundant	Wood used for building, firewood, charcoal etc
Thingpuithing	Lithocarpus elegans/obscurus	Wild	Abundant	Abundant	Wood used for firewood, building, charcoal etc

Thingsia	Castanopsis tribuloides	Wild	Abundant	Abundant	Wood used for house posts, firewood, charcoal etc
Thingtheihmu	Morus alba	Wild	Insufficient	Insufficien	Wood used for house construction, furniture, tool handles etc
_				t	
Thingvandawt	Pterygota alata	Wild			Wood used for drums, firewood etc
Thingvawkpui	Balakata baccata	Wild	Abundant	Abundant	Wood used for plywood, packing cases, firewood etc
Thlanvawng	Gmelina arborea	Wild	Abundant	Abundant	Wood used for planking, furniture, house posts etc
Vaiza	Hibiscus macrophyllus	Wild	Abundant	Insufficien	Wood soft but durable used for posts, rafters etc
				t	
Vang	Albizia chinensis	Wild	Abundant	Abundant	Wood used for making drum, firewood and charcoal etc
Vaube	Bauhinia variegata	Wild	Abundant	Abundant	Wood is used for tool handles, firewood, charcoal etc. leaves are a good fodder.
					Decoction of bark/leaves is used in menstrual disorders, piles, diabetes, diarrhoea
					and dysentery
Vawmbal	Drimycarpus racemosus	Wild	Insufficient	Insufficien	Wood is used for building, boats, firewood etc
				t	
Vawngdawl	-	Wild	Insufficient	Insufficien	-
				t	
Vawngthir	-	Wild	Abundant	Insufficien	-
				t	
Vawngthla	Premna milleflora	Wild	Abundant	Insufficien	Wood durable used for house posts etc
				t	
Zaihri	Ficus virens	Wild	Abundant	Abundant	Wood moderately hard, used for firewood etc
Zairum	Anogeissus acuminata	Wild	Abundant	Abundant	Wood used for house posts, tool handles, fuel and charcoal etc
Zihnghal	Stereospermum chelonoides	Wild	Abundant	Abundant	Wood used for house construction, cabinet making, furniture
Zuang	Duabanga grandiflora	Wild	Abundant	Abundant	Wood used for building, plywood, firewood etc

6	7	8
Associated TK	Other details	Community/
		Knowledge Holder
-	Leaves and fruits are used in medicine	Mizo
	Wood pole is used for fencing post.	Mizo
Bark yields a strong fibre and leaves are lopped for cattle fodder	It is a light demanding tree, fsat growing and short lived tree	Mizo
-	-	Mizo
-	-	Mizo
-	-	Mizo
-	Ripe fruit is eaten by birds and animals	Mizo
-	It is a shade bearer and fast growing tree	Mizo
-	-	Mizo
-	Fruit is eaten by birds and wild animals	Mizo
Bark and aerial roots are used for making coarse ropes	Leaves are good for cattle fodder	Mizo
-	Leaves are good for fodder, it is a fast growing tree	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo

Tender pods are edible, seeds edible roasted or boiling, bark and leaves are also used in medicine	It is a fast growing tree and cultivated as ornamental and hedge plant	Mizo
Bark, unripe fruit, flowers and seed oil are medicinal	Seed oil is used for burning, lubricating and soap making	Mizo
Leaves and twigs are lopped for cattle fodder	Bark, fruit and leaves are used in medicine	Mizo
-	Fruits are eaten by man, bears and birds	Mizo
Seed is very useful for treating diabetes and the bark for fever, jaundice, urinary problems, sore throat, ronchitis, asthma, ulcers and chronic dysentery etc	Fruits are eaten by man, birds and wild animals	Mizo
-	-	Mizo
	-	Mizo
Bark is medicinal and also used for poisoning fish. Leaves are lopped for fodder	It is a light demander	Mizo
	The plant is said to be used as snake bite remedy. It can tolerate moderate shade and it is a moderate shade growing tree	Mizo
Fruits and leaves are used for poisoning fish.	Decoction of leaves are used for treating cancer	Mizo
	-	Mizo
	-	Mizo
Different parts of the plant are used in various traditional medicine	-	Mizo
Bark is scraped with dao and the powder is used for stupefying bees Khawivah)	Fruits are used for poisoning fish	Mizo
Seeds are eaten roasted or fried. Bark yields a strong fibre	Decoction of the bark is used in cholera, dysentery, diarrhoea and tonsilities	Mizo
Rind of the unripe fruit and young leaves are used to intoxicate fish and nuts for anning and dyeing	Leaves are used for cattle fodder, it is a light demander and moderate fats growing tree	Mizo
Tree is tapped for wood oil and oleo resin is applied to ring worm, ulcers, prains etc. Bark is also chewed to relieve toothache	It is a light demander, can tolerate shade in youth	Mizo
Powdered fruit is used in scorpion sting, bites of centipede, juice of the bark for thronic ulcer and fresh cuts. Leaves are lopped for fodder	Tender leaves are cooked eaten. It is moderate light demander and moderately fast growing tree	Mizo
Pounded bark is used for poisoning of fish	-	Mizo
uice of young leaves is used for curing tonsillitis and sores	Bark, stem and leaves are also medicinal. Leaves are lopped for cattle fodder	Mizo
	-	Mizo
Tender leaves are eaten cooked as vegetable, seed is chewed as a substitute for setel nut, bark sometimes used as tea leaves	-	Mizo
Bark is used for constipation and leaves for toothache	-	Mizo
Muga Silkworm are reared on the leaves	Roots, bark and leaves are used in medicine, leaves are for cattle fodder	Mizo
Leaves are lopped for cattle fodder	This tree is a quick growing and moderate light demander	Mizo
T. L. m	Leaves are lopped for cattle fodder.	Mizo
	-	Mizo
eaves are lopped for cattle fodder	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are used for cattle fodder	-	Mizo
Fender leaves are cooked and eaten without its water as vegetables	Leaves are lopped for cattle fodder	Mizo
	-	Mizo
	_	Mizo
	1	

recommended for diabetes Leaves are eaten cooked as vegetable Silkworm reared on the leaves. Boiled water of berries with meats of Indian Badger is taken as a remedy for sciatica and high blood pressure	Juice of crushed bark is also applied to fresh cuts It is a shade bearer in youth and grow very fast Leaves are lopped for cattle fodder It is a fast growing tree	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
recommended for diabetes Leaves are eaten cooked as vegetable Silkworm reared on the leaves. Boiled water of berries with meats of Indian Badger is taken as a remedy for sciatica and high blood pressure Leaves are used by Mizos for lining Siksil (Umbrella) and Thul — Basket lids Decoction of bark is used in treating diarrhoea, dysentery and rheumatism It Leaves are used for fermenting cooked soyabean (Bekang), a traditional mizo delicacy Young fruits are pounded with tender shoots of Acacia pennata and eaten Juice of fruits and leaves are applied on sharp pain caused by nettles or poisonous hairs of caterpillars Leaves are loped for cattle fodder It k Infusion of bark is recommende for dysentery It critical infusion of the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure	Juice of crushed bark is also applied to fresh cuts It is a shade bearer in youth and grow very fast Leaves are lopped for cattle fodder It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
Leaves are eaten cooked as vegetable	Juice of crushed bark is also applied to fresh cuts It is a shade bearer in youth and grow very fast Leaves are lopped for cattle fodder It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
Silkworm reared on the leaves. Boiled water of berries with meats of Indian Badger is taken as a remedy for sciatica and high blood pressure	Juice of crushed bark is also applied to fresh cuts It is a shade bearer in youth and grow very fast Leaves are lopped for cattle fodder It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
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Badger is taken as a remedy for sciatica and high blood pressure	Juice of crushed bark is also applied to fresh cuts It is a shade bearer in youth and grow very fast Leaves are lopped for cattle fodder It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
Badger is taken as a remedy for sciatica and high blood pressure	It is a shade bearer in youth and grow very fast Leaves are lopped for cattle fodder It is a fast growing tree It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo Mizo Mizo Mizo Mizo Mizo Mizo
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Juice of fruits and leaves are applied on sharp pain caused by nettles or poisonous hairs of caterpillars Leaves are loped for cattle fodder It k Infusion of bark is recommende for dysentery It contains the bark is used for cordage. Decoction of the root bark is given to known after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure	It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo Mizo Mizo
poisonous hairs of caterpillars Leaves are loped for cattle fodder Leaves are loped for cattle fodder It k Infusion of bark is recommende for dysentery It contains to the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure Infusion of bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure	It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo Mizo
Leaves are loped for cattle fodder Leaves are loped for cattle fodder It k Leaves are loped for cattle fodder It compared to the service of the bark is recommende for dysentery Fibre of the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure	It yields the para rubber, the finest and the most durable catoutchouc known It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo
Infusion of bark is recommende for dysentery It can be to bark is used for cordage. Decoction of the root bark is given to be women after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure	It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo Mizo
Fibre of the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure	can be used for poisoning fish, juice of crushed bark and leaves are used	
Fibre of the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure	can be used for poisoning fish, juice of crushed bark and leaves are used	Mizo
women after delivery of a baby Decoction of bark is used as an effective remedy for diabetes and high blood pressure	o tick bite.	
pressure	Leaves are lopped for cattle fodder	Mizo
	-	Mizo
Infusion of leaves/bark is used against black water fever, malarial fever, jaundice, typhoid, stomach ulcer and kidney stones	-	Mizo
	-	Mizo
Balsam is used in treatment of Gonorrhoea, Gleet and similar affections of the urinary organs (IMP)	-	Mizo
Juice of the stem is recommended for mouth infection in children Y	Young leaves and twigs are good for cattle fodder	Mizo
Silkworm fed on its leaves. Leaves are sometimes boiled with meats and eaten as curry. Root bark, leaves and fruits are also medicinal.		Mizo
	Endi silkworm reared on the leaves	Mizo
	It is a light demander and fire resistant, fast growing tree	Mizo
		Mizo
	It is a moderate light demander and fast growing tree	Mizo
		Mizo
Leaves, tender fruits and flower buds are eaten as vegetable P	It is a moderate light demander and wind firm tree	

	problems	
Thick paste of the plant is applied on broken bone. Juice of the plant is also	-	Mizo
applied on sore of baby's navel		
-	-	Mizo
Decoction of bark is used in stomach troubles, fever, diarrhoea and also apllied		Mizo
on measles, chickem pox, sprains and burns. Leaves are cooked in water and		
water is taken as a remedy for high blood pressure.		
Tender leaves are boiled with meats and eaten as vegetables	Fast growing tree	Mizo
Young shoots are eaten in curries, amd fibre can also be used as rope	Leaves are cooked in water and water is taken as a remedy for high	Mizo
	blood pressure	
		Mizo
Root, leaves and flowers are also used medicinally. Bark and young leaves are	Fast growing tree	Mizo
used as a remedy for fever, stomach ache etc		

Format 27: Wild Animals (Mammals, Birds, Reptiles, Amphibia, Insects, Others)

1	2	3	4	5	6
Animal type	Local Name	Scientific Name	Habitat	Description	Season when seen
Mammal	Awrrang	Ratufa bicolor	Forest	-	Not recorded
Mammal	Biang	Belomys pearsonii	Forest	-	-do-
Mammal	Chepa	Tupaia bengaleri	Forest	-	-do-
Mammal	Hleikapsen	Callosciurus erythraeus	Forest	-	-do-
Mammal	Hleilubial	Callosciurus pygerythrus	Forest	-	-do-
Mammal	Hleimeipar	Dremomys lokriah	Forest	-	-do-
Mammal	Hleimualrang	Tamiops macclellandi	Forest	-	-do-
Mammal	Hleizawng	Callosciurus pygerythrus	Forest	-	-do-
Mammal	Kelral	Neofelis nebulosa	Forest	-	-do-
Mammal	Kuhpui	Hystrix brachyura	Forest	-	-do-
Mammal	Kuhsi	Atherurus macrourus	Forest	-	-do-
Mammal	Ngau	Trachypithecus pileatus	Forest	-	-do-
Mammal	Ngau buang	Trachypithecus pileatus	Forest	-	-do-
Mammal	Ngau hang (Tarmit bun)	Trachypithecus phayrei	Forest	-	-do-
Mammal	Ngharbawr	Prionailurus viverrinus	Forest	-	-do-
Mammal	Phai-uak (Sa uak)	-	Forest	-	-do-
Mammal	Phivawk	Arctonyx collaris	Forest	-	-do-
Mammal	Safia	Martes flavigula	Forest	-	-do-
Mammal	Sahmaitha	Melogale moschata/personata	Forest	-	-do-
Mammal	Sahram	Aonyx cinerea	Forest	-	-do-
Mammal	Sahuai	Nyctiebus bengalensis	Forest	-	-do-
Mammal	Sakhi	Muntiacus vaginalis	Forest	-	-do-
Mammal	Samang (Mangte)	Helarctos malayanus	Forest	-	-do-
Mammal	Sanghal	Sus scrofa	Forest	-	-do-
Mammal	Sanghar	Prionailurus bengalensis	Forest	-	-do-
Mammal	Saphu	Manis pentadactyla	Forest	-	-do-

3.5 1			T .	I	1 .
Mammal	Sarivaithun	Herpetes javanicus	Forest	-	-do-
Mammal	Savawm	Melursus ursinus	Forest	-	-do-
Mammal	Saza	Capricornis sumatraensis	Forest	-	-do-
Mammal	Sazaw (Zawreng)	Paradoxurus hermaphroditus	Forest	-	-do-
Mammal	Sazuk	Rusa unicolor	Forest	-	-do-
Mammal	Sihal	Canis aureus	Forest	-	-do-
Mammal	Tampui	Leopoldamis edwardsi	Forest	-	-do-
Mammal	Tlumpui	Viverra zibetha	Forest	-	-do-
Mammal	Tlumther	Viverricula indica	Forest	-	-do-
Mammal	Vahluk	Petaurista petaurista	Forest	-	-do-
Mammal	Zamphu	Arctictis binturong	Forest	-	-do-
Mammal	Zawbuang	Paguma larvata	Forest	-	-do-
Mammal	Zawhang	Arctogalidia trivirgata	Forest	-	-do-
Mammal	Hauhuk	Hoolock hoolock	Forest	-	-do-
Mammal	Zawng mawt/hmaitai	Stump-tailed Macaque	Forest	-	-do-
Mammal	Zawng meisei/hmeltha	Macaca fascicularis	Forest	-	-do-
Mammal	Zuhrei	Berylmys mackenziei	Forest	-	-do-
Bird	Bawng	Pericrocotus brevirostris	Forest	-	-do-
Bird	Bullut	Ducula badia	Forest	-	-do-
Bird	Chhawlhring	Chloropsis aurifrons	Forest	-	-do-
Bird	Chhemhur	Lanius sp.	Forest	-	-do-
Bird	Chhimbuk	Bubo bengalensis	Forest	-	-do-
Bird	Chhuangtuar	Upupa epops	Forest	-	-do-
Bird	Chingpirinu	Strix leptogrammica	Forest	-	-do-
Bird	Chinrang	Enicurus scouleri	Forest	-	-do-
Bird	Chip te	Anthus hodgsoni	Forest	-	-do-
Bird	Daikat	Orthotomus sutorius	Forest	-	-do-
Bird	Dawithiama arpa	Aethopyga sp.	Forest	-	-do-
Bird	Dawntliang	Cissa chinensis	Forest	-	-do-
Bird	Hrangkir	Athene brama	Forest	-	-do-
Bird	Irliak	Coracina macei	Forest	-	-do-
Bird	Kaikuangral	Alcedo atthis	Forest	-	-do-
Bird	Kawlrit	Hemixos flavala	Forest	-	-do-
Bird	Kireuh	Arachnothera longirostra	Forest	-	-do-
Bird	Koro	Garrulax leucolophus	Forest	-	-do-
Bird	Lailen	Motacilla flava	Forest	-	-do-
Bird	Lalruanga sehnawt	Centropus sinensis	Forest	-	-do-
Bird	Luangtubeuh	Picumnus innominatus	Forest	-	-do-
Bird	Lungdup	Ictinaetus malayensis	Forest	-	-do-
Bird	Mitval	Zosterops palbebrosa	Forest	-	-do-
Bird	Mu arla	Lophotriorchis kienerii	Forest	-	-do-
Bird	Mute	Accipiter sp.	Forest	-	-do-
Bird	Mute ngaldang	Circus macrourus	Forest	-	-do-
	. 00	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -		l .	

Bird	Muvanlai	Spilornis cheela	Forest		-do-
Bird	Ramar	Gallus gallus	Forest		-do-
Bird	Ramparva	Chalcophaps indica	Forest	-	-do-
Bird	Setawt	Pycnonotus flavescens	Forest	=	-do-
Bird	Tawktawk awrsen	Ficedula strophiata	Forest	=	-do-
Bird	Tawllawt	Megalaima virens	Forest	-	-do-
Bird	Tek tek	Dicaem minullum	Forest	=	-do-
Bird	Thangfen	Myiophonus caeruleus	Forest	=	-do-
Bird	Theh hek	Prinia hodgsonii	Forest	=	-do-
Bird	Thizil	Psamisomus dalhousiae	Forest	=	-do-
Bird	Thlanthla	Dicrurus aeneus	Forest	-	-do-
Bird	Thloh	Blythipicus pyrrhotis	Forest	-	-do-
Bird	Tlaiberh	Pycnonotus cafer	Forest	-	-do-
Bird	Tukkhumvilik	Pycnonotus melanicterus	Forest	-	-do-
Bird	Tuklo	Megalaima asiatica	Forest	-	-do-
Bird	Va in ronghak	Monticola solitarius	Forest	-	-do-
Bird	Vabak/Valambawk	Caprimulgus macrurus	Forest	-	-do-
Bird	Vacha	Ardeola grayii	Forest	-	-do-
Bird	Vadartle	Irena puella	Forest	-	-do-
Bird	Vadumdeleng	Niltada sp.	Forest	-	-do-
Bird	Vahai	Anthracoceros albirostris	Forest	-	-do-
Bird	Vahlah	Bambusicola fytchii	Forest	-	-do-
Bird	Vahmim	Turnix suscitator	Forest	-	-do-
Bird	Vahrit	Lophura leucomelanos	Forest	-	-do-
Bird	Vahui	Treron sp.	Forest	-	-do-
Bird	Vaki	Psittacula krameri	Forest	=	-do-
Bird	Valeisawt	Pnoepyga albiventer	Forest	-	-do-
Bird	Vamaitai	Oriolus tenuirostris	Forest	-	-do-
Bird	Vangek	-	Forest	-	-do-
Bird	Vapui	Coracias benghalensis	Forest	-	-do-
Bird	Varalthi	Harpactes erythrocephalus	Forest	-	-do-
Bird	Varihaw	Polyplectron bicalcaratum	Forest	-	-do-
Bird	Varung	Arborophila sp.	Forest	-	-do-
Bird	Vasuih	Carpodacus erythrinus	Forest	-	-do-
Bird	Vazar	Garrulax sp.	Forest	-	-do-
Bird	Vazun	Phaenicophaeus tristis	Forest & Human habitation		
Reptiles	Changpat rul	Argyrophis diardii			
Reptiles	Chawngkawr	Naja kaouthia			
Reptiles	Chawnglei	Bungarus fasciatus			
Reptiles	Chhawknghawl	Typhlops diardii			
Reptiles	Hlaidum	Ptyas mucosa	Forest & Human habitation		
Reptiles	Hlaivawm	Ptyas mucosa			
Reptiles	Khuavang rul	Bungarus niger			
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Reptiles	Ruahlawm rul	Rhabdops bicolor	Forest	-	-do-
Reptiles	Rul hlai	Ptyas korros, Coelognathus radiatus	Forest & Human habitation		
Reptiles	Rul ngan	Ophiophagus hannah	Forest	-	-do-
Reptiles	Rul nghawngsen	Rhabdophis subminiatus	Forest		
Reptiles	Rul rial	Boiga cyanea	Forest & Human habitation		
Reptiles	Rul sakhi	Boiga ochracea	Forest	_	-do-
Reptiles	Rul thi hna	Oreocryptophis porphyraceus	Forest	_	-do-
Reptiles	Rulvai	J. S.	Forest	_	-do-
Reptiles	Rul vutbuak		Forest	_	-do-
Reptiles	Rul mitdel		Forest	_	-do-
Reptiles	Rul vankai	Dendrelaphis cyanochloris	Forest	_	-do-
Reptiles	Rulmuk (Zo Rulpui)	Ovophis monticola	Forest	-	-do-
Reptiles	Rultuha	Trimeresurus erythrurus/albolabris	Forest	_	-do-
Reptiles	Saphai	Python bivittatus	Ponds and near water bodies		
Reptiles	Tui Rul	Xenochropis piscator	Forest		
Reptiles	Satel	Melanochelys tricarinata	Rivers, streams etc		
Reptiles	Tui satel	Cyclemis gemeli	Forest	_	-do-
Reptiles	Tangkawng /Tangkeu	Varanus bengalensis	Forest, open areas		-do-
Reptiles	Laiking	Christidorsata otai	Forest & Human habitation	_	-do-
Reptiles	Awk-e	Gecko gekko	Human habitation, House	-	-do-
Reptiles	Bang daidep	Hemidactylus frenatus	Rivers, Ponds etc	_	-do-
Amphibians	Utum	Kaloula assamensis	Rivers, Ponds etc	_	-do-
Amphibians	Dawngthlek	Chiromantus vittatus	Rivers Ponds etc	_	-do-
Amphibians	U Chang	Euphlyctis cyanophlyctis	Rivers Ponds etc	_	-do-
Amphibians	U Sai	Hoplobatrachus crassus	Rivers Ponds etc	_	-do-
Amphibians	Utawkphar	Bufo stomaticus	Rivers Ponds etc	_	-do-
Insects	Khauphar	-	Rivers Ponds etc	-	-do-
Insects	Perhpawng	_	Rivers Ponds etc	-	-do-
Insects	Khauchher	-	Rivers Ponds etc	_	-do-
Insects	Chep chep	-	Rivers Ponds etc	-	-do-
Insects	Zawlzawng	-	Rivers Ponds etc	-	-do-
Insects	Khaukhuap	-	Rivers Ponds etc	-	-do-
Insects	Uleuh	-	Forest & Human habitation	-	-do-
Insects	Khawibel	Vespa velutina	Forest & Human habitation	-	-do-
Insects	Khawi sanghar	Parapolybia sp.	Forest, open areas		-do-
Insects	Khawifung	Apis florea	Forest, open areas		-do-
Insects	Khawi chhunmu	Provespa sp.	Forest, open areas		-do-
Insects	Khawikeilu	-	Forest & Human habitation		-do-
Insects	Khawivah	Apis cerana indica	Forest, open areas		-do-
Insects	Khawichhinkhup	Polistes tenebricosus	Forest, open areas		-do-
Insects	Nghalfek	Vespa tropica	Forest, open areas		-do-
Insects	Khawi in ting	-	Forest, open areas		-do-
Insects	Khawidang	-	Forest, open areas		-do-

Insects	Khawipui	Apis dorsata	Forest, open areas	-do-
Insects	Rengchal	Psaltoda cf. plaga	Forest, open areas	-do-
Insects	Dawlrem	-	Forest, open areas	-do-
Insects	Thereng	-	Forest, open areas	-do-
Insects	Losul thereng	Magicicada sp.	Forest, open areas	-do-
Insects	Nipui thereng	-	Forest, open areas	-do-
Insects	Ngirtling	-	Forest, open areas	-do-
Insects	Uifawm	-	Forest, open areas	-do-
Insects	Tekral	-	Forest, open areas	-do-
Insects	Khuang chiri/ Khuangbai	Gryllus sp.	Forest, open areas	-do-
Insects	Tawh ek	-	Forest, open areas	-do-
Insects	Taivang	Tetraponera sp.	Forest, open areas	-do-
Insects	Zan taivang	Tetraponera sp.	Forest, open areas	-do-
Insects	Hnahkiah taivang	Tetraponera sp.	Forest, open areas	-do-
Insects	Mawnger	Crematogaster sp.	Forest, open areas	-do-
Insects	Fachhawng	-	Forest, open areas	-do-
Insects	Reksen	-	Forest, open areas	-do-
Insects	Tarpilu	-	Forest, open areas	-do-
Insects	Khuangruang	-	Forest, open areas	-do-
Insects	Nauchawthing bawm	Drosophila melanogaster	Forest, open areas	-do-

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Loca	al Status	Uses (if any)	Associated TK	Mode of Hunting,	Other details	Community/ Knowledge
Past	Present			collecting (if any)		Holder
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
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BIODIVERSITY OF SAICHAL











Gallus domesticus

Passer domesticus

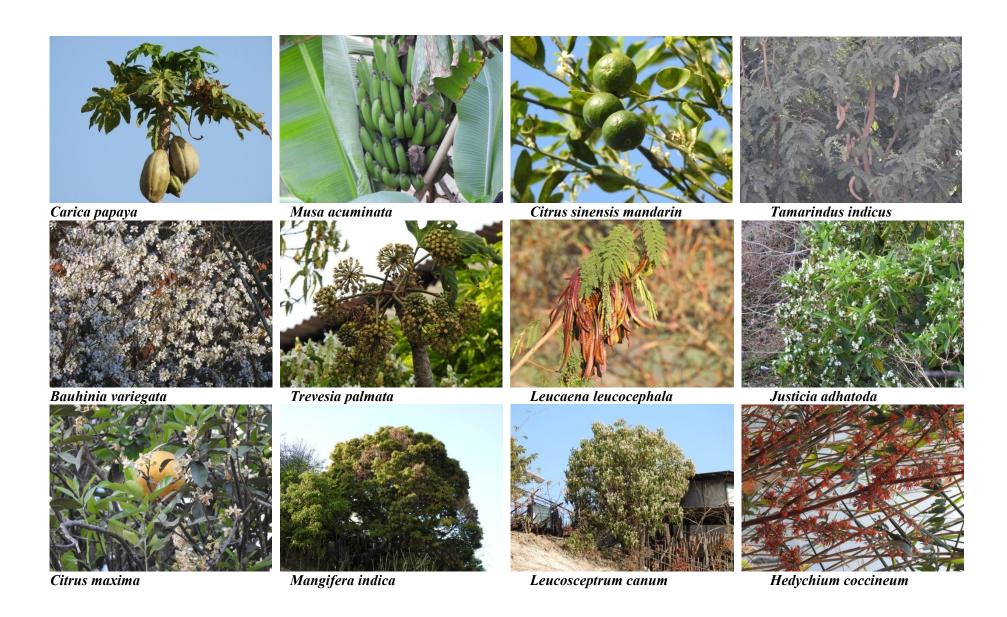
Cannis sp.





Felis catus

Artiodactyla suidae





Meeting with Saichal BMC members

Saichal Village