PEOPLE'S BIODIVERSITY REGISTER ZOTE SOUTH

Compiled by Members of Biodiversity Management Committee, Zote South

&

Mizoram State Biodiversity Board
Office of Chief Wildlife Warden
Environment, Forest & Climate Change Department
MINECO, Khatla, Aizawl
Mizoram

PART - I

1. The Biological Diversity Act, 2002 & Rules, 2004

The Biological Diversity Act, 2002 (No. 18 of 2003) was notified by the Government of India on 5th February, 2003. The Act extends to the whole of India and reaffirms the sovereign rights of the country over its biological resources. Subsequently the Government of India published Biological Diversity Rules, 2004 (15th April, 2004). The Rules under section 22 states that 'every local body shall constitute a Biodiversity Management Committee (BMC) within its area of jurisdiction'.

2. People's Biodiversity Registers and role of the Biodiversity Management Committee

The mandate of the Biodiversity Management Committee has been clearly highlighted in the Biological Diversity Rules 2002 as follows:

- The main function of the BMC is to prepare People's Biodiversity Register in consultation with the local people. The register shall contain comprehensive information on availability and knowledge of local biological resources, their medicinal or any other use.
- > The other functions of the BMC are to advice on any matter referred to it by the State Biodiversity Board or Authority for granting approval, to maintain data about local vaids and practitioners using the biological resources.
- > The Authority shall take steps to specify the form of People's Biodiversity Registers, and the particulars it shall contain and the format for electronic database.
- > The Authority and the State Biodiversity Boards shall provide guidance and technical support to the Biodiversity Management Committees for preparing People's Biodiversity Register.
- > The People's Biodiversity Registers shall be maintained and validated by the Biodiversity Management Committees.

3. People's Biodiversity Registers and role of National Biodiversity Authority (NBA)

The National Biodiversity Authority shall provide guidance and technical support to the Biodiversity Management Committee (BMC) for preparing People's Biodiversity Register.

People's Biodiversity Registers and the role of State Biodiversity Board (SBB)

The State Biodiversity Board (SBB) would provide necessary training to the technical Support Group (TSG) of the district and enable smooth functioning and aid in networking for creation and maintenance of People's Biodiversity Registers (PBR).

People's Biodiversity Registers and Role of the Technical Support Group (TSG)

The Technical Support Group (TSG) will consist of experts from various disciplines and line departments, universities, research institutes, colleges and schools and non-governmental organizations. The Technical Support Group will provide technical inputs and advice to the BMC's on identification of plants and animals, monitor and evaluate the PBR exercise, examine confidential information and advice on legal protection, maintain a database of local and external experts on biodiversity.

4. People's Biodiversity Registers (PBR)

Being a mega biodiverse country, India is very rich in biological and cultural diversity. It is also a home of many tribal groups, pursuing different kinds of nature based livelihoods. In addition, a large number of farming, fishing communities, and nomadic group possessed traditional knowledge of varying degrees. The development of modern science and technology in biotechnology and information technologies have increased the value of biodiversity and associated knowledge including traditional knowledge (TK). The growing importance of biodiversity, bio-resources and associated knowledge is fairly well understood. The first step towards conservation is sustainable utilization of biodiversity and its documentation. Biodiversity and associated knowledge is found in different ecosystems under different legal management regimes and hence the results and the manner of documentation will also differ.

The present manual guidelines have been drafted taking into consideration different ecosystems and include the rural, urban and protected areas. The guidelines may be customized and further information may be added to enrich the effort. It is important to keep in mind some of the issues related to PBRs:

- > It is to be undertaken in a participatory mode involving varying sections of village society
- ➤ While documenting the PBR, knowledge and views of both genders are to be recorded
- ➤ Information's provided by the community should be collated, analyzed and crosschecked by the members of the Technical Support group (TSG) before documentation
- > PBR is important base document in the legal arena as evidence of prior knowledge and hence careful documentation is necessary
- ➤ The document should be endorsed by the BMC and later publicized in the Gram Sabha/Grma Panchayat/Panchayat Samiti. The document can be a very useful tool in the management and sustainable use of bio-resources. The document can also be a very useful teaching tool for teaching environmental studies at schools, colleges and university level.
- The document should be periodically updated with the additional and new information as and when generated.

4.1 The PBR Process

The preparation of People's Biodiversity registers (PBR) involves the active support and cooperation of a large number of people who need to share their common as well as knowledge (traditional knowledge). The first and foremost important task for preparing a PBR is organizing a group meeting to explain the objectives and purpose of the exercise. Different social groups in the village need to be identified for purpose of data collection from those groups. In an urban situation, spots where biodiversity are important need to be identified for the purpose of the study and documentation. The documentation process includes information gathered from individuals through detailed questionnaire; focused group discussion with person's having knowledge and published secondary information.

4.2 Documentation and Traditional Knowledge (TK) related to biodiversity

Documentation of knowledge of individuals with regard to biodiversity and its uses is an important part of PBR. Every effort should be made to identify the persons with proven knowledge of local biodiversity; special attention should be given to the elderly persons who can also provide information on the biodiversity which was available in the past but no longer seen at present. In some cases focus group discussion may be held for the purpose of documentation.

4.3 PBR Methodology

The PBR is a participatory process requiring intensive and extensive consultation with the people. The objectives and purpose is to be explained in a group meeting in the presence of all sections of people in the Panchayat, members of the BMC, students, knowledgeable individuals and those interested in the effort. Documentation includes photographs (including digital images), drawings, audio and video recordings and other records like printed material.

4.4 Process in PBR Preparation

Step I: Formation of Biodiversity Management Committee (BMC)

Step II : Sensitization of the community/local people about the study, survey and possible management

Step III : Training of members in identification and collection of data on biological resources and traditional knowledge

Step IV : Collection of data. Data collections includes review of literature on the natural resources of the districts, Participatory Rural

Appraisal (PRAs) at village level, household interviews, individual interviews with village leaders and knowledgeable

individuals, household heads, key actors of the panchayat raj institutions and NGOs and direct field observations

Step V : Analysis and validation of data in consultation with technical support group and BMC

Step VI: Preparation of People's Biodiversity Register (PBR)

Step VII : Computerization of information and resources.

General Details of People's Biodiversity Register (PBR) of ZOTE SOUTH

Name of the village : ZOTE SOUTH

Block : Lunglei RD Block

District : Lunglei

State : Mizoram

Geographical Area of the Panchayat Samity : 10 Sq.Km

Population under the Panchayat Samity : 807

Male : 410

Female : 397

Habitat and Topography : Tropical evergreen forest, Hilly terrain & Plain

Climate (Rainfall, Temperature and other : 7°C-30°C (Temp), 3000mm (Rainfall)

weather patterns)

Land use (Nine fold classification available

with village records) : Agriculture/Farming

Date, Month and Year of PBR preparation :

Management Regime: Reserve Forests (RF)/ : RF/COM

Joint Management (JM)/Protected areas (PA)/ Community Owned and Managed Forests (COM)

Annexure I

Details of the BMC members of the Panchayat (One elected chairperson and six persons nominated by the local body; not less than one third to be women and not less than 18% belonging to SC/ST)

1.	Name of the Chairman	:	R.Lalchawiliana	2.	Name	:	R.lalchhuanawma
	Age	:	53		Age	:	44
	Gender	:	Male		Gender	:	Male
	Address	:	Zote South		Address	:	Zote South
	Area of specialization	:	Farmer		Area of specialization	ı:	Farmer
3.	Name	:	R.Lalchhanliana	4.	Name	:	V.Rozamliana
	Age	:	50		Age	:	47
	Gender	:	Male		Gender	:	Male
	Address	:	Zote South		Address	:	Zote South
	Area of specialization	:	Farmer		Area of specialization	ı :	Farmer
5.	Name	:	Ramliana	6.	Name	:	Sangdingliani
	Age	:	52		Age	:	54
	Gender	:	Male		Gender	:	Female
	Address	:	Zote South		Address	:	Zote South
	Area of specialization	:	Mistiri		Area of specialization	ı :	Farmer
7.	Name	:	Ralliani	8.	Name	:	R.Lalremsanga

Age

Gender

Address

Area of specialization:

47

Male

Mistiri

Zote South

Annexure II

List of Vaids, hakims and traditional healthcare (human and livestock) practitioners residing and or using biological resources occurring within the jurisdiction of the village.

50

Female

Farmer

Zote South

Name : **NIL**

Age

Gender

Address

Area of specialization

Age : Gender : Address : :

Area of specialization :

Location from which the person accesses biological material :

Perception of the practitioner

on the resource status :

Annexure III

List of individuals perceived by the villagers to possess Traditional knowledge (TK) related to biodiversity in agriculture, fisheries and forestry.

Name : **NIL**

Age

Gender

Address :

Area of Specialization :

Annexure IV

Details of schools, colleges, departments, universities, government institutions, non-governmental organization and individuals involved in the preparation of the PBR

1) Contact Person : Dr. Lalneihpuia Chhakchhuak

Name and Address : Technical Assistant

Mizoram State Biodiversity Board

2) Contact Person : Derrick Zothanmawia

Name and Address : Computer/Field Assistant

Mizoram State Biodiversity Board

PART - II

AGROBIODIVERSITY

Format 1: Crop Plants

1	2	3	4	5	6	7	
Crop	Scientific Name	Local Name	Variety	Landscape/	Approx. area	Local S	Status
_				Habitat	sown	Past	Present
Turmeric	Curcuma longa	Aieng	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
Para cress	Acmella paniculata	Ankasa	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Mustard	Brassica rapa	Antam	Local	Hilly terrain, Jhum land	Not measured	Insufficient	Abundant
Deccan hemp	Hibiscus cannabinus	Anthur	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
White or Winged yam	Dioscorea alata	Bachhim	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild coriander	Eryngium foetidum	Bahkhawr	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Perennial herb	Colocasia sp	Baibing	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
Taro	Colocasia esculenta	Bal	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Brinjal	Solanum melongena	Bawkbawn	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Lady's finger	Abelmoschus esculentus	Bawrhsaiabe	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
Bean	Phaseolus vulgaris	Bean	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
Cow pea	Vigna unguiculata	Behlawi	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
Pigeon pea	Cajanus cajan	Behliang	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
Soyabean	Glycine max	Bekang	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Hyacinth bean	Lablab pupureus	Bepui	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Winged Bean	Psophocarpus tetragonolobus	Bepuipawr	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Snake gourd	Trichosanthes anguina	Berul	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Climber	-	Bete	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Broccoli	Brassica olearcea var italica	Brocoli	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Rice	Oryza sativa	Buh	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Green pea/Matar	Pisum sativum	Chana	Local	Hilly terrain, Jhum land	-do-	Insufficient	Abundant
Bitter gourd	Momordica charantia	Changkha	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
White durra	Sorghum cernuum	Chhawhchhi	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Coriander	Coriandrum sativum	Dhania	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cucumber	Cucumis sativas	Fanghma	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Broad or sword bean	Canavalia ensiformis	Fangra	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Chilli	Capsicum annuum	Hmarchapui	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Birds eye chilli	Capsicum frutescens	Hmarchate	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Arrowroot	Maranta arundinaceae	Hnahthialbal	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Squash	Sechium edule	Iskut	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Roselle	Hibiscus sabdariffa	Lakher anthur	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Aromatic herb	Elsholtzia communis	Lengser	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Pumpkin	Cucurbita maxima	Mai/Maian	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Ash gourd	Benincasa hispida	Maipawl	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
-	Coix lacryma-jobi	Mim	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient

Mula	Raphanus sativas	Mula	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cauliflower	Brassica oleracea var. botrytis	Parbawr	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild celery	Trachyspermum roxburghianum	Pardi	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
-	Clerodendrum colebrookianum	Phuihnam	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
-	Senna occidentalis	Reng an	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild basil	Ocimum americanum	Runhmui	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Bitter tomato	Solanum aethiopicum	Samtawk	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
African eggplant	Solanum macrcarpon	Satinrem	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Ginger	Zingiber officinale	Sawhthing	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Tomato	Solanum lycopersicum	Tomato	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Tobacco plant	Nicotiana tabacum	Vaihlo	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Maize	Zea mays	Vaimim	Local	Hilly terrain, Jhum land	Not measured	Insufficient	Insufficient
Yam bean	Pachyrhizus erosus	Zawng tur	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cabbage	Brassica oleracea var. capitata	Zikhlum	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Chinese Onion	Allium chinense	Zo purun	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient

	9	10	11	12	13	14
Special Features	Cropping Season	Uses	Associated TK	Other Details	Source of Seeds /Plants	Community Knowledge Holder
Rhizome is used as condiment	Mar-April	Edible	Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	-	Local	Mizo
Leaves and stems as vegetable	Mar-April	Edible	Flowers are chewed to relieve toothache and affections of the gum and throat	-	Local	Mizo
Young leaves are eaten as vegetables	Mar-April	Edible	Seeds and oil are used in medicine	-	Local	Mizo
Leaves are eaten as vegetables, curry	Mar-April	Edible	Leaves are used as diuretic, sedative, refrigerant	-	Local	Mizo
Tuber is anthelmintic	Mar-April	Edible	Tubers and bubils are used as vegetable, tuber is used in treating cancer, piles, and gonorrhoea	-	Local	Mizo
Leaves used as flavouring dishes	Mar-April	Edible	Leaves are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled and the water is drunk for malarial fever, diabetes, pneumonia, and constipation	-	Local	Mizo
Spadix is eaten cooked as vegetable	Mar-April	Edible	-	-	Local	Mizo
Corm, stem and young leaves are eaten as vegetables	Mar-April	Edible	Acrid juice is applied to wounds and bee sting. Whole plant is used for pig feed	-	Local	Mizo
Unripe fruit as vegetable	Mar-April	Edible	Root, leaves, fruits and seeds are used as medicine	-	Local	Mizo
Unripe fruit eaten as vegetable	Mar-April	Edible	Cut fruit soaked in water overnight (water) is used to control diabetes		Local	Mizo
Green immature pods are cooked and eaten as vegetables	Mar-April	Edible	Beans are also used for diarrhoea, dysentery, burns, diabetes, rheumatism, sciatica etc	-	Local	Mizo
Young leaves, pods and seeds as vegetable	Mar-April	Edible	Seed is useful to strengthen stomach and kills worm in the stomach	-	Local	Mizo
Tender leaves, pods as vegetable,	Mar-April	Edible	Leaves and seeds are medicinal, leaves as cattle fodder	-	Local	Mizo

yellow seeds as pulse						
and minerals famous –traditional Mizo dish). Boiled water of seeds pigs for fertility control			-	Local	Mizo	
Young pods, seeds as vegetable	Mar-April	Edible	Juice of crushed leaves is used against diarrhoea, stomach-ache	-	Local	Mizo
Young pods as vegetable	Mar-April	Edible	The plant is a good fodder, green manuring and ground cover	-	Local	Mizo
Fruit and young leaves as vegetable	Mar-April	Edible	Fruits and leaves are considered antidote for snake bite	-	Local	Mizo
Seeds are eaten cooked as vegetable	July	Edible	-	-	Local	Mizo
Flower buds and leaves are eaten as vegetable	September	Edible	-	-	Local	Mizo
Grain is the staple food	April	Edible	Chipstraw is boiled and the water is used for kidney stone and urinary problems. Rice wash water is also used for diarrhoea, dysentery	-	Local	Mizo
Seeds as pulse and young leaves are eaten as vegetable	May	Edible	-	-	Local	Mizo
Young fruit and leaves are cooked or fried eaten as vegetable	Mar-April	Edible	Leaves and fruits are medicinal used to treat fever, jaundice, diabetes, dysentery, intestinal worms etc	-	Local	Mizo
-	Mar-April	Edible	Baked grains are pounded and eaten as curry	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
Fruit is edible	Mar-April	Edible	Juice of the leaves and stem are used in high blood pressure. Fruits and seeds are also medicinal	-	Local	Mizo
-	Mar-April	Edible	Grains are cooked and eaten	-	Local	Mizo
Fruits are condiment and leaves as vegetable	Mar-April	Edible	Juice of the fruits is applied to burns, snake bite and centipede sting	-	Local	Mizo
Fruits are condiment and leaves as vegetable	Mar-April	Edible	Juice of the fruits is applied to burns, snake bite and centipede sting	-	Local	Mizo
Rhizome is cooked and eaten	Mar-April	Edible	Rhizome is used as curry and in medicine	-	Local	Mizo
Fruits, young shoot and roots are eaten as vegetable-	Mar-April	Edible	Leaves are used for fodder	-	Local	Mizo
Leaves are eaten as vegetables, curry	Mar-April	Edible	Leaves are used as diuretic, sedative, refrigerant	-	Local	Mizo
Leaves and flowers -are used for flavouring curry-	Mar-April	Edible	-	-	Local	Mizo
Flowers, fruit, you-ng leaves and stem are all eaten as v-egetables	Mar-April	Edible	Seeds are used to expel worms from the body	-	Local	Mizo
Fruits and tender leaves are eaten as vegetable	Mar-April	Edible	Juice of the fruit is a cure for cholera, diarrhoea, dysentery, fever, asthma, vomiting and kidney diseases. Infusion of leaves and fruit are used externally in snake bite	-	Local	Mizo
Grains are eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Young fruit and flower eaten as vegetable	Mar-April	Edible	Roots, leaves and seeds are medicinal	-	Local	Mizo
Flower buds and leaves are eaten as vegetable	September	Edible	-	-	Local	Mizo
Leaves and flowers are used as	Mar-April	Edible	-	-	Local	Mizo

condiment						
Leaves and flowers are eaten cooked as vegetable	Mar-April	Edible	Leaves are cooked with water and water is taken for hypertension, blood sugar etc	-	Local	Mizo
Leaves are eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
Green- fruit are eaten as vegetable	Mar-April	Edible	Fruit is good for high blood pressure, skin problems and anti microbial	-	Local	Mizo
Leaves are used as vegetable and cooked with any kind of meat	Mar-April	Edible	-	-	Local	Mizo
Rhizomes are used as spice and condiment, taken as cure for food poisoning	Mar-April	Edible	Tender leaves, young flowers are eaten cooked as vegetable, juice of the pounded rhizomes is given to women in case of insufficient supply of milk for their babies and also dropped into the ear when attacked by ticks.	-	Local	Mizo
Fruit is edible	Mar-April	Edible	-	-	Local	Mizo
-	Mar-April	Edible	Leaves are pounded, dried and used for making cigarette	-	Local	Mizo
Grains are eate-n cooked, roasted, fried-	Mar-April	Edible	Grains and leaves are used to feed poultry, pigs and cows. Decoction of the grain is used as hip bath for piles, lessen pain	<u>-</u>	Local	Mizo
-	-	Edible	Tuberous root is edible	-	Local	Mizo
-	June	Edible	Leaves and head are eaten cooked as vegetable	-	Local	Mizo
Fresh bulb and leaves as condiment	Mar-April	Edible	Bulbs are used for treating fever, hypertension, indigestion, pneumonia, common cold etc. Juice of bulb is applied to muscle sprains, earache etc	-	Local	Mizo

Format 2 : Fruit plants

1	2	3	4	5	6	
Plant	Scientific name	Local name	Variety	Landscape/habitat	Local	status
					Past	Present
Herb	Musa acuminata	Balhla	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Garcinia lanceifolia	Chengkek	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Citrullus lanatus	Dawnfawh	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Hylocereus costaricensis	Dragon fruit	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Vitis vinifera	Grape	Local	Hilly Terrain	Insufficient	Insufficient
Tree/Shrub	Prunus domestica	Japan theite	Local	Hilly Terrain	Insufficient	Insufficient
Herb	Ananus comosus	Lakhuihthei	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Citrus limon	Nimbu	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Passiflora edulis	Sapthei	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Eleagnus latifolia	Sarzukpui	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Eleagnus pyriformis	Sarzukte	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Citrus limon	Ser (fang)	Local	Hilly Terrain	Abundant	Abundant
Shrub	Citrus medica	Serpui	Local	Hilly Terrain	Insufficient	Insufficient

Shrub	Citrus maxima	Sertawk	Local	Hilly Terrain	Abundant	Abundant
Shrub	Citurs reticulata	Serthlum	Local	Hilly Terrain	Abundant	Abundant
Herb	Fragaria ananassa	Strawberry	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Haematocarpus validus	Theichhungsen	Local	Hilly Terrain	Insufficient	Insufficient
Tree	Carica papaya	Thingfanghma	Local	Hilly Terrain	Abundant	Abundant
Shrub	-	Zammir	Local	Hilly Terrain	Insufficient	Insufficient

7	8	9	10	11	12
Source of seeds/plants	Season of fruiting	Associated TK	Uses	Other details Market/ Own use	Community Knowledge holder
Locally available	Mar-Dec	-	Fruit is edible	Market/own use	Mizo
Locally available	Whole year	Fruits are good in blood purification, indestion etc . leaves are cooked and water is used for bathing in case of measles	Fruit is edible	Market/own use	Mizo
Locally available	Mar-Sept	Fruit purifies blood, cures biliousness, sore eyes, scabies, itching, seeds are tonic to the brain		Own use	Mizo
Introduced	July-Sept	-	Fruit is edible	Market/own use	Mizo
Introduced	Feb-Sept	-	Fruit is edible	Market/own use	Mizo
Locally available	July	Fruit is edible	Fruit is laxative and refrigerant	Own use	Mizo
Locally available	October	-	Fruit is edible	Market/own use	Mizo
Locally available	August	Fruit juice rich in vitamin C is used to treat various diseases like stomach problems, liver diseases, hypertension, diabetes etc	Fruit is edible	Market/own use	Mizo
Locally available	April	Ripe fruit is used for jaundice and liver problems	Leaves are used as vegetable	Market/own use	Mizo
Locally available	April	Decoction of root is medicinal	Wood is used as a good fuel	Own use	Mizo
Locally available	October	Decoction of root and boiled leaves is medicinal	Fruit is edible	Own use	Mizo
Locally available	October	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Market/own use	Mizo
Locally available	October	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Market/own use	Mizo
Locally available	Jan-Feb	Fruit is medicinal	Seeds are used for hypertension and diabetes	Market/own use	Mizo
Locally available	September	Fruit is a rich source of vitamin C, eaten by man	Water of boiled leaves used for bathing in fever	Market/own use	Mizo
Introduced	Jan-March	-	Fruit is edible	Market/own use	Mizo
Locally available	October	-	Fruit is edible	Market/own use	Mizo
Locally available	Jan – August	Ripe fruit is good for digestion. Decoction of unripe fruit is used to cure jaundice, diabetes etc. juice of boiled leaves is used to treat various type of cancer and stomach problems		Market/own use	Mizo
Locally available	September	-	Fruit is edible	Market/own use	Mizo

Format 3: Fodder crop

1	2	3	4	5	
Plant	Scientific name	Local name	Landscape/habitat	Local	status
				Past	Present
Herb	Brassica rapa	Antam	Jhum field	Insufficient	Abundant
Herb	Colocasia esculenta	Bal	Jhum field	Insufficient	Abundant
Herb	Musa acuminata	Balhla	Cultivated land	Insufficient	Abundant
Grass	Oryza sativa	Buh	Jhum field	Abundant	Abundant
Herb	Musa sp.	Changel	Hilly terrain, fallow land	Abundant	Abundant
Herb	Colocasia esculenta	Dawl/Bal	Cultivated and fallow land	Abundant	Abundant
Grass	Imperata cylindrica	Di	Fallow land	Abundant	Abundant
Mile-a minute	Mikania micrantha	Japanhlo	Hilly terrain, fallow land	Abundant	Abundant
Climber	Ipomoea batatas	Kawlbahra	Cultivated land	Insufficient	Insufficient
Tree	Artocarpus heterophyllus	Lamkhuang	Hilly terrain, Forest	Abundant	Abundant
Grass	Saccharum longisetosum	Luang	Cultivated and fallow land	Abundant	Abundant
Shrub	Manihot esculenta	Pangbal	Jhum field	Insufficient	Insufficient
Maize	Zea mays	Vaimim	Cultivated land Insufficient		Insufficient
Herb	Bidens pilosa	Vawkpuithal	Hilly terrain, cultivated, fallow land	nd Abundant Abundant	

6	7	8	9	10
Source of seeds/plants	Associated TK	Part Used	Other details	Community/ Knowledge holder
Wild /Local	Leaves are used for pig feed	Leaves	-	Mizo
Wild /Local	Corm, leaves and stem are used for pig feed	Corm, leaves, stem	-	Mizo
Wild /Local	Stems and unripe fruit are used for pig feed	Stem, unripe fruit	-	Mizo
Wild /Local	Grains are cooked and used for pig feed	Grains	-	Mizo
Wild /Local	Stem is used for pig feed. Leaves are used for serving food when feast is prepared	Stem	-	Mizo
Wild /Local	Whole plant is used for pig feed and corm is eaten by wild boar etc. Corm, stem and young leaves are eaten as vegetables. Juice of corm and leaves are medicinal	Whole plant	-	Mizo
Wild /Local	Levaes are used for cattle fodder, pig feed	Leaves	-	Mizo
Wild /Local	Juice of crushed leaves used for fever,stomachache,diarrhoea,dysentery,fresh cuts.	Leaves	-	Mizo
Wild /Local	Cooked leaves are used against diarrhoea, dysentery, stomach problems, diabetes etc	Leaves	-	Mizo
Wild /Local	-		-	Mizo
Wild /Local	Young leaves are good for cattle fodder	Leaves	-	Mizo
Wild /Local	Leaves are used for cattle fodder, pig feed	Leaves	-	Mizo
Wild /Local	Grains are eaten as vegetables. Used for feeding poultry and pigs	Grains & Leaves	-	Mizo
Wild /Local	Juice of leaves are used for treating eye and ear affections, skin affections	Leaves	-	Mizo

Format 4: Weeds

1	2	3	4	5	6
Plant	Scientific name	Local name	Affected Crop	Impact	Landscape/habitat
Herb	Acmella paniculata	Ankasate	All the jhum crops	Growth is effecte, which leads	Hilly terrain, cultivated and
	•		J I	to decrease in crop production	fallow land.
Climber	Cyclanthera pedata	Ar-a fanghma	-do-	-do-	-do-
Herb	Solanum viarum	Athlo hling	-do-	-do-	-do-
Shrub	Ageratina adenophora	Bihar Hlo	-do-	-do-	-do-
Herb	Vernonia cinerea	Buar	-do-	-do-	-do-
Erect herb	Conyza stricta	Buarthar rang	-do-	-do-	-do-
Herb	Crassocephalum crepidioides	Buarthau	-do-	-do-	-do-
Herb	Blumea lanceolaria	Buarze	-do-	-do-	-do-
Herb	Stellaria media	Changkalrit	-do-	-do-	-do-
Herb	-	Changkawr	-do-	-do-	-do-
Herb	Lobelia nummularia	Choak-a-thi	-do-	-do-	-do-
Herb	Asystasiella neesiana	Dai hlo	-do-	-do-	-do-
Herb	Commelina benghalensis	Dawng	-do-	-do-	-do-
Grass	Imperata cylindrical	Di	-do-	-do-	-do-
Shrub	Mimosa pudica	Hlonuar	-do-	-do-	-do-
Erect shrub	Inula cappa	Hmeithai sarawh tul	-do-	-do-	-do-
Herb	Hypoestes phyllostachya	Hnahde	-do-	-do-	-do-
Herb	-	Hnimthei	-do-	-do-	-do-
Herb	-	Hrakawng	-do-	-do-	-do-
Climber	Dysolobium grande	Hruichun	-do-	-do-	-do-
Climber	Mucuna bracteata	Hruiduk	-do-	-do-	-do-
Climber	Mikania micrantha	Japanhlo	-do-	-do-	-do-
-	-	Kaihphihrit	-do-	-do-	-do-
Fern	Dryopteris sp.	Katchat	-do-	-do-	-do-
Climber	Hedyotis capitellata	Kelhnamtur	-do-	-do-	-do-
-	-	Kelsih Hlo	-do-	-do-	-do-
Climbing shrub	Pericampylus glaucus	Khauchhim	-do-	-do-	-do-
-	-	Kutthak	-do-	-do-	-do-
Herb	Centella asiatica	Lambak	-do-	-do-	-do-
Herb	Saccharum longisetosum	Luang	-do-	-do-	-do-
-	-	Mauhnuai hlo	-do-	-do-	-do-
Herb	Phyllanthus urinaria	Mitthi sunhlu	-do-	-do-	-do-
-	-	Pawih chek hlo	-do-	-do-	-do-
Grass	Cynodon dactylon	Phaitualhlo	-do-	-do-	-do-
Grass	Chrysopogon aciculatus	Phaitualhnim	-do-	-do-	-do-
Climber	Byttneria pilosa	Sazuk nghawnghlap	-do-	-do-	-do-
Under shrub	Urena lobeta	Se hnap	-do-	-do-	-do-

Under shrub	Triumfetta pilosa	Se meibawm	-do-	-do-	-do-
Shrub	Rubus birmanicus	Siali nu chhu	-do-	-do-	-do-
Herb	Cheilocostus speciosus	Sumbul	-do-	-do-	-do-
Shrub	Persicaria chinensis	Taham	-do-	-do-	-do-
-	-	Tangzang	-do-	-do-	-do-
-	-	Tawnhniang	-do-	-do-	-do-
Grass	Eulalia trispicata	Thang	-do-	-do-	-do-
Herb	Lindernia ruellioides	Thasuih	-do-	-do-	-do-
Climber	Merremia vitifolia	Thiannu	-do-	-do-	-do-
Climber	Merremia umbellata	Thianpa	-do-	-do-	-do-
Herb	Carex baccans	Thip	-do-	-do-	-do-
Shrub	Chromolaena odorata	Tlangsam	-do-	-do-	-do-
Herb	Houttuynia cordata	Uithinthang	-do-	-do-	-do-
Herb	Mollugo stricta	Vahmima bung	-do-	-do-	-do-
Herb	Ageratum houstonianum	Vailenhlo	-do-	-do-	-do-
Herb	Ageratum conyzoides	Vailenhlo	-do-	-do-	-do-
Herb	Lepidagathis incurva	Vangvat hlo	-do-	-do-	-do-
Herb	Bidens pilosa	Vawkpuithal	-do-	-do-	-do-
Herb	Croton caudatus	Vawkze	-do-	-do-	-do-
Herb	Cyanotis cristata	Vawmkur	-do-	-do-	-do-
Herb	Hibiscus surattensis	Zawng anthur	-do-	-do-	-do-

,	7	8	9	10	11	12
Local	Status	Uses if any	Management options	Associated	Other	Community/
Past	Present			TK	details	Knowledge holder
Abundant	Abundant	Some weeds have medicinal properties	Weeding is done by using	-	-	Mizo
Abundant	Abundant	and were used for treating fresh cuts, and	hands/knives. Herbicides or any other	-	-	Mizo
Abundant	Abundant	certain illness. While other weeds like	chemicals were not used for	-	-	Mizo
Abundant	Abundant	Imperata cylindrical, Mikania micrantha etc are used for pig feed and cattle fodder.	mangaging weeds.	-	-	Mizo
Abundant	Abundant	etc are used for pig feed and cattle fodder.		-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			•	•	Mizo
Abundant	Abundant			•	•	Mizo
Abundant	Abundant			•	•	Mizo
Abundant	Abundant			•	•	Mizo
Abundant	Abundant			•	•	Mizo
Abundant	Abundant			•	-	Mizo
Abundant	Abundant			•	-	Mizo
Abundant	Abundant			-	-	Mizo

	1	1	ı	1	,
Abundant	Abundant		-	-	Mizo
Abundant	Abundant		-	-	Mizo
Abundant	Abundant		-	-	Mizo
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Abundant	Abundant		-	-	Mizo
Abundant	Abundant		-	-	Mizo
Abundant	Abundant		-	-	Mizo
Abundant	Abundant		-	-	Mizo
Abundant	Abundant		-	-	Mizo

Format 5: Pests of Crops -

1	2	3	4	5	6
Plant	Insect/Animal	Scientific Name	Local Name	Habitat	Time/Season of attack
Jhum crops	Worm	-	Balung	Jhum field	Whole year
Maize	Insect pest	Spodoptera frugiperda	Fall army worm	Jhum field	Apr – May
Jhum crops	Insect	Caelifera sp.	Khau	Jhum field	Mar – May
Brinjal/Bitter tomato	Insect	Epicauta hirticornis	Kutdurh	Jhum field	July – Aug
Jhum crops	Reptile	Eutropis carinata	Laitel	Jhum field	Mar - Apr
Jhum crops	Bird	Streptopelia orientalis	Mimsirikut	Jhum field	Mar – May
Rice	Bird	Lonchura sp	Pit	Jhum field	Oct – Nov
Rice	Bird	Gallus gallus	Ram-Ar	Jhum field	March - April
Pumpkin, Taro	Animal	Atherurus macrourus	Sakuh/Kuhsi	Jhum field	Oct – Nov
Rice	Animal	Sus scrofa	Sanghal	Jhum field	Oct – Nov
Pumpkin	Animal	Melursus ursinus	Savawm	Jhum field	Oct – Nov
Rice	Animal	Rattus rattus	Sazu	Jhum field	Oct – Nov
Maize	Animal	Tamiops macclellandi	Thehlei	Jhum field	July – Aug
Fruits & Vegetables	Bird	Pycnonotus cafer	Tlaiberh	Forest & Jhum field	When the crop is cultivated
Fruits & Vegetables	Bird	Babusicola fytchii	Vahlah	Forest & Jhum field	When the crop is cultivated
Jhum crops	Bird	Psittacula sp.	Vaki	Jhum field	Mar – May
Rice	Bird	Carpodacus erythrinus	Vasuih	Jhum field	Oct – Nov

7	8	9	10
Management Mechanism	Associated TK	Other Details	Community/
			Knowledge holder
	-	-	Mizo
Mostly, the local communities do not used insecticides or pesticides to control pest attacking crops. They	-	-	Mizo
do not follow any specific mechanisms to manage these pests. However, they control pests with their own	-	-	Mizo
skills and knowledge. While recent outbreak of fall armyworm attacking maize in the jhum fields have	-	-	Mizo
caused a serious damage to the crops and some farmers used insecticides like Emamectin benzoate 5%		-	Mizo
SG to control such pests . Red Soap (Bangla Sahbawn sen) is diluted with water and is sprayed or	-	-	Mizo
dropped to the worms or crop affected by fall army worm	-	-	Mizo
	-	-	Mizo

-	-	Mizo
-	-	Mizo
=	=	Mizo
=	=	Mizo
=	=	Mizo
-	-	Mizo

Format 6: Market for domesticated animals NIL

Format 7 : Peoplescape

1	2	3	4		5	6
Community	Families &	Sub-	Depending	Major reso	urces accessed and seasons of access	Landscape Management Practices
&	Major	occupation	Landscape			
Population	Occupation					
Mizo, 807	152 families	Weaving	Forest	Forest products incl	luding timber, firewood, raw materials for	-
	& Farmer/			constructions and furr	niture, wild vegetables and medicinal plants etc	
	Cultivator			are the major resource	es obtained and season of access may vary from	
				their availability.		
	7		8	9	10	11
Resource	Management	Practices	Cast/	Social Condition	Nature of inhabitants	No of Households
			Tribe			
There is no s	specific mechan	nism followed	Mizo	Lower & Middle	Assam type, Pucca Assam type and RCC	152
for the resource	e management.			class	Building	

Format 8 : Landscape

	1		2	3	4	5	6
Majo	Major Landscapes		Sub-land	Features	Ownership	General Flora	General Fauna
Agri.	Pond	Fallow	scape	and approx.			
Land		Land		area			
5	1 ha	3		Hill	Mizo	Acmella paniculata, Ageratina adenophora,	Arctogalidia trivirgata, Trachypithecus
sq.kms		Sq.km		Slope/Hilly	(Local	Alseodaphne petiolaris, Ananus comosus,Bauhinia	pileatus , Aonyx cinerea, Nyctiebus bengalensis
				Terrain	Commu	variegata , Bidens pilosa, Syzygium claviflorum,	Stump-tailed Macaque , Macaca fascicularis
					-nity)	Syzygium cumini ,Terminalia myriocarpa,Tetrameles	Callosciurus pygerythrus, Catopuma temmincki
						nudiflora,Thysanolaena latifolia,Trema orientalis	Hyla annectans, Occidozyga sp, Euphlyctis
						Vernonia cinerea, Vigna unguiculata, Vitis vinifera	cyanophlyctis, Hoplobatrachus crassus, Bufo
						Wedlandia bundleioides,Zea mays etc etc	stomaticus etc etc

7	8	9	10	11	12
User	Management Practices	General Uses	Associated	Other	Community
Groups			TK	details	accessed
Local	No specific management practice followed by the community or BMC. Members of the village	For cultivation of			Mizo
people	councils have followed and practice land management systems adopted by them with their own	agricultural crops	_	_	IVIIZO
1 1		agricultural crops			
(Mizo)	skills and knowledge. Most of the land were owned and managed by the land owner himself.				

Format 9: Waterscape

1	2	3	4	5			6		
Waterscape Element	Sub-type	Features and	Ownership	General Flora		General fauna			
type		approx. area							
Thuhruk lui		Not measured	Mizo,	-	Prawn, Crab	and indigenous fishes	like Garra sp	p (Nghalim),	Neolissochilus sp
Tuisen			Local		(Nghahrah),	Garra lissorhynchus (N	Nghazawngek),	Macrognathi	us sp. (Nghalerh),
Phakte			community		Barilius bari	la (Lengphar), Devari	o devario (Ng	ghadawl), <i>Ang</i>	guilla bengalensis
Tuizuar					(Ngharul),	Botia sp (Nghas	anghal).Nghatu	ın, Dawntial	, Nghameidum,
Vanva					Thaichhawni	Nu, Sumsi, Satel, N	ghakhing, Ngl	navawk, Ngha	afunglawr, Sarba,
Mat					Hmursawp				
7	8			9		10	11	12	13
Major Uses	User Group	s	Manag	ement Practices		General Uses	Associated	Other	Community
							TK	details	accessed
Domestic uses like	Local peopl	e No specifi	c managemen	t were practiced bu	t the Village	Domestic uses	-	-	Local
cooking, washing		council an	d YMA and N	GOs in the commun	nity preserved				Community
etc.		and protec	ted their water	r sources (rivers) w	ith their own				
		skills and l	nowledge						

Format 10 : Soil type

1	2	3	4
Soil Type	Color & Texture	Features	Soil Management
Red soil and sandy loamy soil	-	-	Soil fertility is maintained and preserved by practicing terrace system for cultivation of agricultural crops. Contour trenching has been practiced by some locals. The community does not practice any other systematic mechanism for the management of soils. Usually they practice using pig/cow dung and chicken manure as fertilizers for their crops. Soils are highly fertile and any kind of jhum crops can be cultivated and thrives very well in this kind of soils.

5	6	7	8
Plants/Crop Suitable	Flora and Fauna	Associated TK	Other
			Information
Nearly all kinds of	Flora: Acmella paniculata, Ageratina adenophora, Alseodaphne petiolaris, Ananus comosus		
agricultural crops and jhum	Bauhinia variegata, Mangifera indica, Mangifera sylvatica, Mikania micrantha, Mucuna bracteata,		

crops are cultivated.	Musa acuminata, Nyssa javanica, Pachylarnax pleiocarpa, Phaseolus vulgaris, Phoebe lanceolata,			1
	Psophocarpus tetragonolobus, Saccharum longisetosum, Sapium eugeniaefolium , Schima khasiana,			
	Schima wallichii, Solanum viarum, Sterculia villosa, Syzygium claviflorum, Syzygium cumini ,			
	Terminalia myriocarpa,Tetrameles nudiflora,Thysanolaena latifolia,Trema orientalis, Vernonia			
	cinerea, Vigna unguiculata, Vitis vinifera, Wedlandia bundleioides, Zea mays etc etc			
	Fauna: Arctogalidia trivirgata, Trachypithecus pileatus, Aonyx cinerea, Nyctiebus bengalensis			
	Python bivittatus, Boiga ochracea, Ptyas mucosa, Argyrophis diardii, Melanochelys tricarinata,	-	-	
	Kaloula assamensis, Chiromantus vittatus, Hyla annectans, Occidozyga sp, Euphlyctis cyanophlyctis,			
	Hoplobatrachus crassus. Bufo stomaticus etc			

DOMESTICATED BIODIVERSITY

Format 11 : Fruit Trees

1	2	3	4	5	(5	7
Plant	Local name	Scientific name	Variety	Landscape	Local Status		Source of
type				Habitat	Past	Present	Plants/Seeds
Tree	Protium serratum	Bil	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Psidium guajava	Kawlthei	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Rhus chinensis	Khawmhma	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Artocarpus heterophyllus	Lamkhuang	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Baccaurea ramiflora	Pangkai	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Citrus limon	Ser (fang)	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Citrus maxima	Sertawk	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Citurs reticulate	Serthlum	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Phyllanthus emblica	Sunhlu	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Laurocerasus undulata	Theiarlung	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Mangifera indica	Theihai	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Choerospondias axillaris	Theikhuangchawm	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Bruinsmia polysperma	Theipalingkawh	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Ficus semicordata	Theipui	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Carallia brachiata	Theiria	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Artocarpus lacucha	Theitat	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Prunus persica	Theitehmul	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Carica papaya	Thingfanghma	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Garunga floribunda	Tuairam	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Antidesma bunius	Tuaitit	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Willughbeia edulis	Vuakdup	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Parkia timoriana	Zawngtah	Local	Hilly Terrain	Abundant	Abundant	Locally available

8	9	10	11	12
Season of Fruiting	Uses (Usage)	Associated TK	Other details	Community/ Knowledge Holder
Apr – Jun	Fruit is edible. Wood is used for furniture, gunstock etc		Own use/Market	Mizo
Sept-Nov	Bark & young leaves are used against diarrhoea, dysentery. Richest natural source of vitamin C	Juice of pounded bark, leaves & ripe fruits are applied to carbuncle. Bark paste is applied to toothache.	Own use/Market	Mizo
Dec-Jan	Decoction of fruit used for colic, diarrhoea, dysentery	Wood used for fence posts & gun powder	Own use/Market	Mizo
Jun-Aug	Decoction of root used in fever, asthma, leaves used in fever, skin diseases, wounds, boils etc	Young fruits and seeds used as vegetable	Own use/Market	Mizo
June-Aug	Bark is used for constipatioan and leaves for toothache	-	Own use/Market	Mizo
Jun-Sep	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Own use/Market	Mizo
Nov-Mar	Fruit is medicinal	Seeds are used for hypertension and diabetes	Own use/Market	Mizo
Oct-Feb	Fruit is a rich source of vitamin C, eaten by man	Water of boiled leaves used for bathing in fever	Own use/Market	Mizo
Whole year	Fruit which is very rich in vitamin C.	Bark is used for poisoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes.	Own use/Market	Mizo
Aug-Sept	Fruit is edible, leaves are lopped for cattle fodder	Decoction of the bark/leaves is drunk for heart diseases.	Own use/Market	Mizo
May-Aug	Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles.	Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Own use/Market	Mizo
Aug-Nov	Fruit is edible	-	Own use/Market	Mizo
Dec-Feb	Fruits are edible	Juice of fruits and leaves are applied on sharp pain caused bu nettles or by poisonous hairs of caterpillars	Own use/Market	Mizo
Throughout the year	Bark fibre is used for making ropes. Fruits are edible. Leaves are used for cattle fodder and polishing wood	Young fruits are pounded with tender shoots of <i>Acacia</i> pennata and eaten.white latex is applied on boils. Roots, bark and fruits are used in medicine	Own use/Market	Mizo
Dec – Mar	Fruit is edible. Leaves are lopped for cattle fodder	Bark and leaves are used in septic poisoning and itch.	Own use/Market	Mizo
May-July	Fruit is edible, wood is used for firewood.	-	Own use/Market	Mizo
Oct – Dec	Fruit is edible and leaves are lopped for cattle fodder	-	Own use/Market	Mizo
Whole year	Ripe fruit is good for digestion.	Decoction of unripe fruit is used to cure jaundice, diabetes etc. juice of boiled leaves is used to treat various type of cancer and stomach problems	Own use/Market	Mizo
Aug- Nov	Fruit is edible	-	Own use/Market	Mizo
Aug - Oct	Bark is used for making rope	Acid leaves are used in snake bites. Juice of crushed leaves are also used for whooping cough.	Own use/Market	Mizo
April-May	Milky juice is used as milk im tea	-	Own use/Market	Mizo
Nov-Feb	Unmatured pods and tender leaves are eaten as vegetable.	Young leaves and seeds are useful against food allergy, colic, diarrhoea and dysentery. Bark and fruits are prescribed to check excessive bleeding during	Own use/Market	Mizo

menstruation. Juice of the green rind of the pod is applied	
to fresh cuts, scabiea and itching.	

Format 12 : Medicinal Plants

1	2	3	4	5	6
Plant type	Local Name	Scientific Name	Variety	Landscape/habitat	Source of Plant/Seeds
Herb	Aieng	Curcuma longa	Local	Cultivated	Tuber
Herb	Ailaidum	Curcuma caesia	Local	Cultivated	Tuber
Herb	Anchiri	Homalomena aromaticum	Local	Wild	Seeds
Herb	Anhling	Solanum nigrum	Local	Wild/Cultivated	Seeds
Climber	Ar-a fanghma	Cyclanthera pedata	Local	Wild	Seeds
Tree	Archangkawm	Oroxylum indicum	Local	Wild	Seeds
Fern	Awmvel	Platycerium wallichii	Local	Wild	Seeds
Climber	Bachhim	Dioscorea alata	Local	Wild	Seeds
Herb	Bahkhawr	Eryngium foetidum	Local	Wild/cultivated	Seeds
Herb	Bakkhate	Glinus oppositifolius	Local	Wild/cultivated	Seeds
Sub-shrub	Buarze	Blumea lanceolaria	Local	Wild	Seeds/Plantlet
Shrub	Builukham Pa/Nu	Osbeckia crinita/chinensis	Local	Wild	Seeds
Shrub	Chawng	Euphorbia royleana	Local	Wild	Seeds
Tree	Chhawntual	Aporosa octandra	Local	Wild	Seeds
Herb	Choak-a thi	Lobelia angulata	Local	Wild	Seeds
Grass	Fu	Saccharum officinarum	Local	Cultivated	Seeds
Climber	Hlozak/Hlonuar	Mimosa pudica	Local	Wild	Plantlet
Tree	Hnahkiah	Callicarpa arborea	Local	Wild	Plantlet/seeds
Climber	Japanhlo	Mikania micrantha	Local	Wild	Seeds
Shrub	Kawldai	Justicia adhatoda	Local	Wild	Seeds
Climber	Kelhnamtur	Hedyotis scandens	Local	Wild	Seeds
Herb	Khatual	Picria felterrae	Local	Wild	Seeds
Tree	Khawmhma	Rhus chinensis	Local	Wild/cultivated	Seeds
Herb	Lambak	Centella asiatica	Local	Wild	Seeds
Climber	Maipawl	Benincasa hispida	Local	Cultivated	Seeds/Plantlet
Herb	Mitthi Sunhlu	Phyllanthus urinaria	Local	Wild	Seeds
Tree	Nauthak	Litsea monopetala	Local	Wild	Seeds
Shrub	Nimbu	Citrus limon	Local	Cultivated	Seeds
Tree	Pasaltakaza	Helicia robusta	Local	Wild	Seeds/Plantlet
Shrub	Phuihnam	Clerodendrum colebrookianum	Local	Wild/Cultivated	Seeds/Plantlet
Shrub	Saisiak	Flueggea virosa	Local	Wild	Seeds
Climber	Sarzuk	Elaeagnus sp	Local	Wild/Cultivated	Seeds
Herb	Sawhthing	Zingiber officinale	Local	Cultivated	Tuber
Herb	Sekhupthur	Begonia sp.	Local	Wild	Seeds
Herb	Sumbul	Cheilocostus speciosus	Local	Wild	Seeds

Shrub	Tawkpui	Solanum torvum	Local	Wild/cultivated	Seeds/Plantlet
Shrub	Tawkte	Solanum anguivi	Local	Wild/cultivated	Seeds/Plantlet
Tree	Theihai	Mangifera indica	Local	Cultivated	Seeds
Climber	Theikelki	Stelmocrypton khasianum	Local	Wild	Seeds
Tree	Thingfanghma	Carica papaya	Local	Cultivated	Seeds
Tree	Thingsia	Castanopsis tribuloides	Local	Wild	Seeds
Shrub	Tlangsam	Chromolaena odorata	Local	Wild	Seeds/Plantlet
Climber	Tluangngil	Smilax glabra	Local	Wild	Seeds
Herb	Tumbu	Musa sp.	Local	Wild	Seeds
Climber	Va ko	Thunbergia alata	Local	Wild	Seeds
Shrub	Vakep	Mussaenda roxburghii/Mussaenda glabra	Local	Wild	Seeds
Climber	Vawihuihhrui	Paederia foetidia	Local	Wild	Seeds
Tree	Zihnghal	Stereospermum tetragonum/chelonoides	Local	Wild	Seeds

7 8 9 10		10	11	12		
Local Past	Status Present	Uses (Usage)	Part Used	Associated TK	Other details market/ own use	Community/ Knowledge Holder
Insufficient	Abundant	Medicinal	Rhizome	Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	Own use	Mizo
Insufficient	Insufficient	Medicinal	Rhizome	Rhizome is used for stomach ache, diarrhoea, dysentery, jaundice, asthma, measles, food allergy or food poisoning	Own use	Mizo
Abundant	Insufficient	Medicinal	Stalks, Rhizomes	Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, berries	Leaves are boiled in water and taken against urinary problems and kidney stones. Juice of green berries is applied to boils, ringworm etc	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	Fruit is rich in antioxidant and used in medicine	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, fruit, bark	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Juice of leaves is applied to herpes eruptions	Own use	Mizo
Abundant	Insufficient	Medicinal	Tuber, Bulbil	Tubers and Bulbil are use as vegetable and also used to treat cancer	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, roots	Leaves are used for flavouring curry. They are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled for treating malarial fever, diabetes, pneumonia, constipation	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Whole Plant is medicinal	Own use	Mizo
Abundant	Insufficient	Medicinal	Leaves	Decoction of leaves used in ulcer, asthma, sores, dandruff etc	Own use	Mizo
Abundant	Abundant	Medicinal	Root & leaves	Decoction of roots is used in diarrhoea, dysentery, hepatitis etc, leaves	Own use	Mizo

				for toothache		
Abundant	Abundant	Medicinal	Shrub, milky juie	Pith of this shrub and unripe fruit of papaya are cooked with chicken and water is taken against diseases of liver, chronic fever. Milky juice is used externally for ringworm, rheumatism, sciatica, boils, warts etc	Own use	Mizo
Abundant	Abundant	Medicinal	Bark, Leaves	Bark and leaves decoction used in stomach ulcer, diarrhoea and dysentery.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves & Fruits	Juice of crushed leaves & fruits are used against diarrhoea, sore throat, stomach ulcer, tonsillitis and toothache	Own use	Mizo
Abundant	Abundant	Medicinal	Stem juice	Juice of the stem is used as a remedy for jaundice, purifies blood, good for lungs, diuretic etc	Own use	Mizo
Abundant	Abundant	Medicinal	Roots	Roots decoction used in piles and jaundice, diseases of liver and kidney etc	Own use	Mizo
Abundant	Abundant	Medicinal	Bark & Leaves	Decoction of bark and leaves used for diabetes, cholera, internal bleeding, stomach ulcer etc. Leaves are used for fermenting cooked soya bean (<i>Bekang</i>), famous mizo dish.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaf juice applied on fresh wounds, stomach pain & ulcer	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves	Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis, and juice of the crushed leaves is also applied to fresh cuts	Own use	Mizo
Abundant	Abundant	Medicinal	Roots & leaves	Decoction of roots/leaves is medicinal. The plant is also used as fish poison	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	Bitter leaves are used for making Sa-chek. Decoction of the plant is prescribed as a remedy for enlarged spleen, fever and stomachache.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves & fruits	Decoction of fruit & Leaves used in various diseases	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	Plant is used in diabetes, jaundice, pile,dysentery,diarrhoea,hypertension etc	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit & Leaves	Juice of fruit is used for diarrhoea, cholera, diabetes, vomiting, kidney problems	Own use	Mizo
Insufficient	Insufficient	Medicinal	Whole plant	Juice of the whole plant is used for cholera, dyenstery, fever, liver problems and jaundice, diabetes etc	Own use	Mizo
Abundant	Abundant	Medicinal	Root, bark, leaves	Muga silkworm feeds on the leaves. Roots, bark and leaves are used in medicine	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots & fruits	Roots are used in colic, vomitting, flatulence. Fruits used in asthma, cough, diarrhoea, fever, blood purifier, skin diseases etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Bark & Leaves	Decoction of Bark & leaves used in stomach ulcer, indigestion, womb troubles etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaf juice used in High blood pressure	Own use	Mizo
nsufficient	Insufficient	Medicinal	Leaves	Decoction of leaves used in measles, chicken pox, scabies etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots & leaves	Decoction of roots and leaves is used for treating menstrual and urinary problems	Own use	Mizo
Abundant	Abundant	Medicinal	Rhizome	Rhizomes are used as spice and condiment, taken as a cure for food poisoning. Juice of pounded rhizome is is given to women in case of sufficient supply of milk for their children and also dropped into the ear	Own use	Mizo

				when attacked by ticks.		
Abundant	Abundant	Medicinal	Leaves, stem	Stem and leaves are eaten against diarrhoea and dysentery, juice of the sten or stalk is also applied to rash or sores etc	Own use	Mizo
Abundant	Abundant	Medicinal	Roots	Juice of crushed roots used in diseases of kidney, fever, jaundice, bronchitis etc	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	-do-	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	Unripe fruit are eaten as vegetable. Roots and fruit are used in high blood pressure, asthma, dysuria, fever, colic. Crushed fruit is used in burns, boils etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Young leaves are cooked and juice is eaten for food poisoning, diarrhoea, dysentery etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots, Leaves	Roots or leaves are cooked and water is taken for curing diseases of liver and jaundice	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, fruit	Fruit is edible and used for constipation, stomach troubles, juice of boiled leaves is used in treating stomach ulcer, cancer and other stomach related problems	Own use	Mizo
Abundant	Abundant	Medicinal	Bark, stem	Juice of bark and stem is used for infection, wounds and cuts etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Juice of the leaves applied to fresh cuts	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, Roots	Pounded tuberous roots are used as rheumatism, stomach ache and diarrhoea. Decoction of leaves is also taken for curing tonsilities.	Own use	Mizo
Abundant	Abundant	Medicinal	Buds	Plaintain is cooked with water and water is drink for treating deficiency of white blood	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Decoction of leave used against diabetes, new cuts, stomach problem etc and also for treatment of cancer	Own use	Mizo
Abundant	Abundant	Medicinal	Bark, Levaes	Bark and leaves are useful in snake bites	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	The whole plant is regarded as a specific for rheumatic affection, in which it is administered both internally and externally. Juice of crushed leaves is used in diarrhoea and dysentery. Stem and leaves are also chewed for relief in tooth-ache	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaves are lopped for fodder. Bark and young leaves are used as remedy for fever, stomach pain etc	Own use	Mizo

Format 13: Ornamental Plants

1	2	3	4	5
Plant type	Local Name	Scientific Name	Variety	Source of Plants/Seeds
Herb	Ar-tukkhuan	Mirabilis jalapa	Local variety	Locally available
Succulent shrub	Hling lukhum	Euphornia milii	Introduced	Locally available
Shrub	Christmas par	Poinsettia pulcherrima	Introduced	Locally available
Herb	Chuailopar	Gomphrena globosa	Local variety	Locally available
Annual Herb	Derhken	Tagetes erecta	Local variety	Locally available
Perennial Herb	Dingdi	Asclepias curassavica	Local variety	Locally available

Evrgereen Tree	Far	Pinus sp.	Local variety	Locally available
Annual slender Herb	Hnahsinpar	Cosmos bipinnatus	Local variety	Locally available
Herb	Kumtluang	Catharanthus roseus	Local variety	Locally available
Shrub or small tree	Midum pangpar	Hibiscus rosa-sinensis	Local variety	Locally available
Thorny shrub	Saron par	Bougainvillea spectabilis	Local variety	Locally available
Annual herb	Zamzo	Celosia argentea	Local variety	Locally available
Glabrous shrub	Zan rimtui	Cestrum nocturnum	Local variety	Locally available
Tuber	Lilypar	Lilium sp	Local variety	Locally available
Shrub	Rose par	Rosa indica	Local variety	Locally available
	Di par	Gladiolus dalenii/natalensis	Local variety	Locally available
Herb	Sappangpar	Zinnia sp	Local variety	Locally available
Herb	Anthurium	Anthurium andraeanum	Introduced	Locally available
Tree	April par	Delonix regia	Introduced	Locally available
Shrub	April parte	Caesalpina pulcherrima	Introduced	
Tree	Chawnpui	Lagerstroemia speciosa	Local variety	Locally available
Herb	Daisy	Bellis perennis	Introduced	Locally available
Tree	Fartuah	Erythrina stricta	Local variety	Locally available
Tree	Makpazangkang	Cassia javanica spp nodosa	Local variety	Locally available
Epiphyte	Nauban	Orchid	Local variety	Locally available
Tree	Vaube	Bauhinia variegata	Local variety	Locally available

6	7	8	9	10
Commercial/Non commercial	Uses	Associated TK	Other Details	Community/ Knowledge holder
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo

Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo

Format 14: Timber plants

1	2	3	4	5		5		6	7
Plant	Local Name	Scientific Name	Habitat	Local	Status	Wild/ home-	Other uses		
Туре				Past	Past Present				
Tree	Anku	Celtis australis	Wild	Abundant	Abundant	Wild	Wood tough, used for building. Tool handles, firewood etc		
Tree	Ardah	Albizia lucida	Wild	Abundant	Abundant	Wild	Wood hard used for firewood		
Tree	Batling	Wedlandia bundleioides	Wild	Abundant	Abundant	Wild	Wood is used for gunpowder, charcoal, firewood etc		
Tree	Belphuar	Trema orientalis	Wild	Abundant	Abundant	Wild	Wood is used for gunpowder, charcoal, firewood etc		
Tree	Berawchal	Canarium bengalense	Wild	Abundant	Abundant	Wild	Wood heartwood, reddish brown, used for firewood etc		
Tree	Bul	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wild	Wood is used for building, furniture, firewood etc		
Tree	Bulfek	Phoebe lanceolata	Wild	Abundant	Abundant	Wild	Heartwood used for firewood and leaves for cattle fodder		
Tree	Bulpui	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wild	Wood used for building, furniture, firewood etc		
Tree	Bulthur	Nyssa javanica	Wild	Abundant	Abundant	Wild	Wood is grey, yellow, soft used for house building		
Tree	Bung	Ficus benghalensis	Wild	Insufficient	Insufficient	Wild	Wood used for fuelwood, well curbs etc		
Tree	Char	Terminalia myriocarpa	Wild	Abundant	Abundant	Wild	Wood used for furniture, house building, firewood etc		
Tree	Chawmzil	Ligustrum robustum	Wild	Abundant	Abundant	Wild	Wood used for firewood and charcoal etc		
Tree	Chhawntual	Aporosa octandra	Wild	Abundant	Abundant	Wild	Wood used for firewood and charcoal etc		
Tree	Fah	Lithocarpus dealbatus	Wild	Insufficient	Insufficient	Wild	Wood used for rice pestle, firewood and charcoal etc		
Tree	Fartuah	Erythrina variegata	Wild	Abundant	Abundant	Wild	Wood is used for drums, toys etc and bark fibre for cordage		
Tree	Haidai	Mangifera sylvatica	Wild	Abundant	Abundant	Wild	Wood used for cheap furniture, house building, frames etc		
Tree	Haivahmim	Mangifera indica	Wild	Abundant	Abundant	Wild	Wood used for cheap furniture, house building, frames etc		
Tree	Herhse	Mesua ferrea	Wild	Abundant	Abundant	Wild	Wood very hard used for bridges, railway sleepers, tool		
							handles, firewood, rice pestle, charcoal etc		
Tree	Hmawng	Ficus sp	Wild	Abundant	Abundant	Wild	Wood used for fuel and charcoal etc		
Tree	Hmuipui/Lenhmui	Syzygium cumini	Wild	Abundant	Abundant	Wild	Wood is moderately hard, used for plywood, furniture, tool		
							handles, panels, posts and firewood etc		
Tree	Hnahkhar	Mallotus paniculatus	Wild	Abundant	Abundant	Wild	Wood used for firewood		
Tree	Hnahpawte	Litsea lancifolia	Wild	Abundant	Abundant	Wild	Wood used for firewood		
Tree	Hnahthap	Colona floribunda	Wild	Abundant	Abundant	Wild	Wood is used for making lockets of key chain and firewood		
Tree	Hnum	Engelhardtia spicata	Wild	Abundant	Abundant	Wild	Wood used for house construction, tea boxes, packing etc		
Tree	Kham thing	-	Wild	Abundant	Abundant	Wild	-		
Tree	Kharduap	Macaranga indica	Wild	Abundant	Abundant	Wild	Wood can be used for firewood etc		
Tree	Kharuan	Elaeocarpus lanceifolius	Wild	Abundant	Abundant	Wild	Wood used for house building, firewood and charcoal etc		
Tree	Khaupui	Sterculia villosa	Wild	Abundant	Abundant	Wild	Wood very soft is used for drums and paper pulp		
Tree	Khawitur	Hydnocarpus kudzii	Wild	Abundant	Abundant	Wild	Wood used for temporary building, firewood etc		

Tree	Khawkherh	Juglans regia	Wild	Insufficient	Insufficient	Wild	Wood used for cabinet making, furniture, carving etc
Tree	Khiang	Schima wallichii	Wild	Abundant	Abundant	Wild	Wood durable is used in planking, building,plywood,firewood
Tree	Khiangzo	Schima khasiana	Wild	Abundant	Abundant	Wild	Wood used for house building, firewood etc
Tree	Khuangthli	Bischofia javanica	Wild	Abundant	Abundant	Wild	Wood used for house building, furniture, firewood etc
Tree	Lawngthing	Dipterocarpus turbinatus	Wild	Insufficient	Insufficient	Wild	Wood used for house construction, floors, plywood, firewood,
	<i>6</i> . <i>6</i>	T T					railway sleepers, tool handles etc
Tree	Lungkhup	Haldina cordifolia	Wild	Abundant	Abundant	Wild	Wood used for planking, house posts, door and window
	O I						frames, shutters, furniture, plywood, firewood etc
Tree	Muk	Cordia fragrantissima	Wild	Abundant	Abundant	Wild	Wood durable, used for gunstocks, posts and firewood etc
Tree	Nauthak	Litsea monopetala	Wild	Abundant	Abundant	Wild	Wood soft not durable can be used for firewood
Tree	Nganbawm	Acrocarpus fraxinifolius	Wild	Abundant	Abundant	Wild	Wood used for furniture, motor bodies, planking, flooring etc
Tree	Nghalchhun	Eriobotrya bengalensis	Wild	Abundant	Abundant	Wild	Wood used for firewood, charcoal etc
Tree	Ngiau	Magnolia oblonga	Wild	Abundant	Abundant	Wild	Wood hard and durable used in furniture, building, planking
Tree	Pang	Bombax insigne	Wild	Abundant	Abundant	Wild	Wood used for packing cases, matchboxes, splints
Tree	Pangkai	Baccaurea ramiflora	Wild	Abundant	Abundant	Wild	-
Tree	Phan	Ulmus lanceifolia	Wild	Abundant	Abundant	Wild	Wood durable used for posts, gunstocks, tool handles etc
Tree	Phuanberh	Macropanax undulatus	Wild	Abundant	Abundant	Wild	Wood is soft and can be used for firewood
Tree	Phuanberhpui	Ailanthus integrifolia spp	Wild	Abundant	Abundant	Wild	Wood used for partition wall, plywood, packing cases etc
Tree	Phunchawng	Bombax ceiba	Wild	Insufficient	Insufficient	Wild	Wood used for packing cases, matchboxes and splints
Tree	Sahatah	Aglaia spectabilis	Wild	Abundant	Abundant	Wild	Wood hard used for furniture, building, doors and windows
Tree	Saithei	Gynocardia odorata	Wild	Abundant	Abundant	Wild	wood used for planking, posts and firewood
Tree	Saper	Lindera nacusua	Wild	Abundant	Abundant	Wild	Wood used for building construction
Tree	Saperbul	Cinnamomum glaucescens	Wild	Abundant	Abundant	Wild	Wood is durable, used for furniture, boat building, fuelwood
Tree	Sehawr	Castanopsis indica	Wild	Abundant	Abundant	Wild	Wood hard used for furniture, building, firewood etc
Tree	Sentezel	Callophyllum polyanthum	Wild	Abundant	Abundant	Wild	Wood moderately hard, strong and elastic is used for building,
							firewood, bridges etc
Tree	Sernam	Litsea cubeba	Wild	Abundant	Abundant	Wild	Wood used for gunpowder, charcoal, firewood etc
Tree	Sihneh	Eurya japonica	Wild	Abundant	Abundant	Wild	-
Tree	Siksil	Pterospermum acerifolium	Wild	Abundant	Abundant	Wild	Wood used for furniture, building, planking, motorbodies etc
Tree	Taitaw	Spondias pinnata	Wild	Abundant	Abundant	Wild	Wood used for drums, firewood etc
Tree	Tatkawng	Artocarpus chama	Wild	Abundant	Abundant	Wild	Wood durable used for building, furniture, plywood etc
Tree	Teak	Tectona grandis	Wild	Insufficient	Insufficient	Wild	Wood extremely durable, used for buildings, bridges,
							furniture, plywood, constructions etc
Tree	Tei	Toona cilliata	Wild	Abundant	Abundant	Wild	wood usedfor furniture, house building, ceiling, floors etc
Tree	Thalteh	Kydia calycina/glabrescens	Wild	Abundant	Abundant	Wild	Wood soft suitable for plywood, packing cases etc
Tree	Theikum	Diospyros malabarica	Wild	Abundant	Abundant	Wild	Wood used for building, firewood etc
Tree	Theipabuan	Plachonella grandifolia	Wild	Abundant	Abundant	Wild	Wood moderately hard, used for building purposes
Tree	Theipalingkawh	Bruinsmia polysperma	Wild	Abundant	Abundant	Wild	Sawn timber used for house construction
Tree	Theipui	Ficus semicoradata	Wild	Abundant	Abundant	Wild	Wood used for mortars, firewood etc
Tree	Theisehret	Aphananthe cuspidata	Wild	Abundant	Abundant	Wild	Wood used for planking, firewood and charcoal
Tree	Thelret	Hevea brasilliensis	Wild	Abundant	Abundant	Wild	Wood used for furniture industry and can be used as firewood
Tree	Thil	Lithocarpus polystachyus	Wild	Insufficient	Insufficient	Wild	Wood used for building, firewood etc

Tree	Thingdawl	Tetrameles nudiflora	Wild	Abundant	Abundant	Wild	Wood is used for flooring, walling, matches, plywood etc.
Tree	Thingdawn	Itea macrophylla	Wild	Abundant	Abundant	Wild	Wood used as fuel
Tree	Thingkha	Derris robusta	Wild	Abundant	Abundant	Wild	Wood used for house posts, firewood and charcoal
Tree	Thingkhawilu	Vitex peduncularis	Wild	Abundant	Abundant	Wild	Wood used for posts, firewood and charcoal etc
Tree	Thinglung	Homalium ceylanicum	Wild	Abundant	Abundant	Wild	Wood used for building, firewood, charcoal etc
Tree	Thingpuithing	Lithocarpus elegans/obscurus	Wild	Abundant	Abundant	Wild	Wood used for firewood, building, charcoal etc
Tree	Thingsaphu	Dysoxylum mollissimum	Wild	Abundant	Abundant	Wild	Wood used for house building, furniture, boats etc
Tree	Thingsia	Castanopsis tribuloides	Wild	Abundant	Abundant	Wild	Wood used for house posts, firewood, charcoal etc
Tree	Thingtheihmu	Morus alba	Wild	Abundant	Abundant	Wild	Wood used for house construction, furniture, tool handles etc
Tree	Thingvandawt	Pterygota alata	Wild	Abundant	Abundant	Wild	Wood used for drums, firewood etc
Tree	Thingvawkpui	Balakata baccata	Wild	Abundant	Abundant	Wild	Wood used for plywood, packing cases, firewood etc
Tree	Thlanvawng	Gmelina arborea	Wild	Abundant	Abundant	Wild	Wood used for planking, furniture, house posts etc
Tree	Vaiza	Hibiscus macrophyllus	Wild	Abundant	Abundant	Wild	Wood soft but durable used for posts, rafters etc
Tree	Vang	Albizia chinensis	Wild	Abundant	Abundant	Wild	Wood used for making drum, firewood and charcoal etc
Tree	Vaube	Bauhinia variegata	Wild	Insufficient	Insufficient	Wild	Wood is used for tool handles, firewood, charcoal etc. leaves
							are a good fodder. Decoction of bark/leaves is used in
							menstrual disorders, piles, diabetes, diarrhoea and dysentery
Tree	Vawmbal	Drimycarpus racemosus	Wild	Abundant	Abundant	Wild	Wood is used for building, boats, firewood etc
Tree	Vawngdawl	-	Wild	Abundant	Abundant	Wild	-
Tree	Vawngthir	-	Wild	Abundant	Abundant	Wild	-
Tree	Vawngthla	Premna milleflora	Wild	Abundant	Abundant	Wild	Wood durable used for house posts etc
Tree	Zairum	Anogeissus acuminata	Wild	Abundant	Abundant	Wild	Wood used for house posts, tool handles, fuel and charcoal etc
Tree	Zathu	Polyalthia jenkinsii	Wild	Abundant	Abundant	Wild	Wood is used for house posts, firewood etc
Tree	Zihnghal	Stereospermum chelonoides	Wild	Abundant	Abundant	Wild	Wood used for house construction, cabinet making, furniture
Tree	Zuang	Duabanga grandiflora	Wild	Abundant	Abundant	Wild	Wood used for building, plywood, firewood etc

8	9	10
Associated TK	Other details	Community/
		knowledge
		holder
-	Leaves and fruits are used in medicine	Mizo
-	-	Mizo
	Wood pole is used for fencing post.	Mizo
Bark yields a strong fibre and leaves are lopped for cattle fodder	It is a light demanding tree, fsat growing and short lived tree	Mizo
-	-	Mizo
-	Ripe fruit is eaten by birds and animals	Mizo
-	It is a shade bearer and fast growing tree	Mizo
-	-	Mizo
-	Fruit is eaten by birds and wild animals	Mizo
Bark and aerial roots are used for making coarse ropes	Leaves are good for cattle fodder	Mizo
-	Leaves are good for fodder, it is a fast growing tree	Mizo
-	Leaves are lopped for cattle fodder	Mizo

ı -	Leaves are lopped for cattle fodder	Mizo
	-	Mizo
Tender pods are edible, seeds edible roasted or boiling, bark and leaves are also used in medicine	It is a fast growing tree and cultivated as ornamental and hedge plant	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Bark, unripe fruit, flowers and seed oil are medicinal	Seed oil is used for burning, lubricating and soap making	Mizo
Leaves and twigs are lopped for cattle fodder	Bark, fruit and leaves are used in medicine	Mizo
Seed is very useful for treating diabetes and the bark for fever, jaundice, urinary problems, sore throat, ronchitis, asthma, ulcers and chronic dysentery etc	Fruits are eaten by man, birds and wild animals	Mizo
-	-	Mizo
Root is medicinal for diarrhoea	-	Mizo
-	-	Mizo
Bark is medicinal and also used for poisoning fish. Leaves are lopped for fodder	It is a light demander	Mizo
-	-	Mizo
Different parts of the plant are used in various traditional medicine	-	Mizo
Bark is scraped with dao and the powder is used for stupefying bees (Khawivah)	Fruits are used for poisoning fish	Mizo
Seeds are eaten roasted or fried. Bark yields a strong fibre	Decoction of the bark is used in cholera, dysentery, diarrhoea and tonsilities	Mizo
-	-	Mizo
Rind of the unripe fruit and young leaves are used to intoxicate fish and nuts for	Leaves are used for cattle fodder, it is a light demander and moderate fats	Mizo
tanning and dyeing	growing tree	
Powdered fruit is used in scorpion sting, bites of centipede, juice of the bark for	Tender leaves are cooked eaten. It is moderate light demander and moderately	Mizo
chronic ulcer and fresh cuts. Leaves are lopped for fodder	fast growing tree	
Pounded bark is used for poisoning of fish	-	Mizo
Juice of young leaves is used for curing tonsillitis and sores	Bark, stem and leaves are also medicinal. Leaves are lopped for cattle fodder	Mizo
Bark is prescribed for fever, strangury, ulcers, skin diseases and the roots for diarrhoea, dysentery	It is a strong light demander but the seedlings are shade tolerant.	Mizo
Tender leaves are eaten cooked as vegetable, seed is chewed as a substitute for betel nut, bark sometimes used as tea leaves	-	Mizo
Bark is used for constipation and leaves for toothache	-	Mizo
Muga Silkworm are reared on the leaves	Roots, bark and leaves are used in medicine, leaves are for cattle fodder	Mizo
Leaves are lopped for cattle fodder	This tree is a quick growing and moderate light demander	Mizo
-	Leaves are lopped for cattle fodder.	Mizo
-	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are used for cattle fodder	-	Mizo
Tender leaves are cooked and eaten without its water as vegetables	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Cotton is used for pillows and cushions, leaves for fodder. Tender leaves, flowers and calyces are used as vegetable	It is a strong light demander, fire resistant and fast growing tree	Mizo

	-	Mizo
Bark and fruit pulp are used for poisoning fish. Decoction of root bark is also recommended for diabetes	Leaves are poisonous for cattle	Mizo
		Mizo
Leaves are eaten cooked as vegetable	_	Mizo
		Mizo
Fruits are eaten by wild animals. Trunk is used for making mortars for pounding	It is a moderate shade bearer in youth. Seed often germinate soon after falling	Mizo
rice	under its mother tree	WIIZO
Silkworm reared on the leaves. Boiled water of berries with meats of Indian	under its modier tree	Mizo
Badger is taken as a remedy for sciatica and high blood pressure		WIIZO
Leaves are used by Mizos for lining <i>Siksil</i> (Umbrella) and <i>Thul</i> – Basket lids		Mizo
Decoction of bark is used in treating diarrhoea, dysentery and rheumatism	Juice of crushed bark is also applied to fresh cuts	Mizo
Leaves are used for fermenting cooked soyabean (<i>Bekang</i>), a traditional mizo	Juice of clushed bark is also applied to fresh cuts	Mizo
delicacy	-	MIZO
Bark is used in diarrhoea, milky juice is applied on inflammatory diseases of	It is a shade bearer in youth and grow very fast	Mizo
glands and sometimes used as milk in tea. Leaves are lopped for cattle fodder	10 is a shado could in your and grow very rase	1,1120
-	-	Mizo
Bark is useful in fever, diarrhoea, itching and flowers in menstrual disorders	Leaves are lopped for cattle fodder	Mizo
Bark yields a strong fibre and used for making ropes and cordage . leaves are	It is a light demander and fast growing tree. Tolerates moderate shade in youth	Mizo
lopped for cattle fodder		
-	-	Mizo
Young fruits are pounded with tender shoots of <i>Acacia pennata</i> and eaten	Leaves are lopped for cattle fodder and polishing wood	Mizo
Juice of fruits and leaves are applied on sharp pain caused by nettles or poisonous	It is a fast growing tree	Mizo
hairs of caterpillars		
-	-	Mizo
Leaves are loped for cattle fodder		Mizo
	It yields the para rubber, the finest and the most durable catoutchouc known	Mizo
-	-	Mizo
Leaves are used as soap for washing 'Mizo Pawnpui' (Blanket)	It is a fast growing, good coppice and facvoured for birds nesting. Bark can be	Mizo
	used for poisoning fish, juice of crushed bark and leaves are used to tick bite.	
Fibre of the bark is used for cordage. Decoction of the root bark is given to	-	Mizo
women after delivery of a baby		
Decoction of bark is used as an effective remedy for diabetes and high blood	Leaves are lopped for cattle fodder	Mizo
pressure		
Infusion of leaves/bark is used against black water fever, malarial fever, jaundice,		Mizo
typhoid, stomach ulcer and kidney stones		
- -		Mizo
Saplings used as pendant for scorching off the bristles of the pig killed		Mizo
Bark is used internally for pain in stomach		Mizo
Juice of the stem is recommended for mouth infection in children		Mizo
Silkworm fed on its leaves. Leaves are sometimes boiled with meats and eaten as	Young leaves and twigs are good for cattle fodder	Mizo
curry. Root bark, leaves and fruits are also medicinal.		
Latex mixed with mustard oil is applied to muscular swellings		Mizo

Bark fibre which is called <i>Hruikhau</i> is used for making into rope and <i>Hnam hrui</i> .	-	Mizo
Leaves are used for fermenting cooked soyabean (bekang) and sometimes for		
wrapping food in.		
Flowers are eaten cooked as vegetables, leaves are lopped for cattle fodder	It is a light demander and frie resistant, fast growing tree	Mizo
-	-	Mizo
Bark used to poison fish. Leaves are lopped for cattle fodder	It is a moderate light demander and fast growing tree	Mizo
Leaves, tender fruits and flower buds are eaten as vegetable	It is a moderate light demander and wind firm tree	Mizo
Thick paste of the plant is applied on broken bone. Juice of the plant is also	Plant is laxative and cooling used for cold, sinusitis and menstruation problems	Mizo
applied on sore of baby's navel		
-	-	Mizo
Decoction of bark is used in stomach troubles, fever, diarrhoea and also apllied on	-	Mizo
measles, chickem pox, sprains and burns. Leaves are cooked in water and water is		
taken as a remedy for high blood pressure.		
Tender leaves are boiled with meats and eaten as vegetables		Mizo
-	-	Mizo
-	-	Mizo
Root, leaves and flowers are also used medicinally. Bark and young leaves are		Mizo
used as a remedy for fever, stomach ache etc		
Bark is bruised, boiled with soil impregnated with urine to produce a bluish dye	Fast growing tree	Mizo

Format 15: Domesticated Animals

1	2	3	4	5	6	
Animal type	Local name	Scientific name	Breed	Features	Method of keeping	
Poultry	Ar	Gallus domesticus	Local	-	Poultry house made up of bamboo, poles and GI Sheets near the house	
Dog	Ui	Cannis familiaris	Local	-	Inside house alongwith the owner's family but mostly they stayed	
					around the balcony at night	
Pig	Vawk	Artiodactyla suidae	Local	-	Pig shed built separately near the owner's house	
Cat	Zawhte	Felis catus	Local	-	Inside house alongwith the owner's family	
Poultry	Broiler Ar	Gallus gallus domesticus	Broiler	-	Poultry House/Shed	

7 8		9	10	11	12	
Local	Status	Uses	Associated TK	Commercial	Other details	Community/
Past	Present			Rearing		Knowledge
						holder
Insufficient	Insufficient	These domestic animals were	Chickens are used for sacrifice in	Commercial and own	Dung is used as fertilisers for	Mizo
		mostly reared for their meat.	olden days	use	cultivated crops	
Abundant	Abundant	Dogs are used as a house	Fresh blood used for inflammatory	=		Mizo
		keeper. Poultry farming is	disease of gland (Hrilawn			
Insufficient	Insufficient	common, for bulk production	-	Commercial	Dung is used for cultivated crops	Mizo
Abundant	Abundant	of eggs and meat. Cows are	-	-	-	Mizo
Abundant	Abundant	for their milk and meat.	-	Commercial	Dung is used as fertilisers for	Mizo
					cultivated crops	

Format 16 : Culture Fisheries

1	2	3	3 4		5 6		7		
Fish type	Local Name	Scientific Name	Variety		Features	Waterscape	Local s		status
							Past	t	Present
Carp	Common carp	Cyprinus carpio			-	-do-	Less free	quent	Frequent
Carp	Grass carp	Ctenopharyngodon idella			-	-do-	Less free	quent	Frequent
	8	9			10		11		12
U	Jses	Associated TK		Commercial rearing		ring	Other	C	ommunity/
							details	Knov	wledge holder
Edible		-		Commercial					Mizo
Ec	lible	-			Commercial				Mizo

Format 17: Markets/Fairs of domesticated animals, medicinal plants and other products - NIL

WILD BIODIVERSITY

Format 18: Trees, Shrubs, Herbs, Tubers, Grasses, Climbers

1	2	3	4	5	6	
Plant type	Local Name	Scientific Name	Habit	Habitat	Local status	
					Past	Present
Herb	Aidu	Amomum dealbatum	Perennial herb	Wild	Abundant	Abundant
Herb	Anchiri	Homalomena aromatica	Aromatic herb	Wild	Insufficient	Insufficient
Herb	Anhling	Solanum americanum	Herb	Wild	Abundant	Abundant
Shrub	Builukham nu	Melastoma malabathricum	Evergreen large shrub	Wild	Insufficient	Insufficient
Shrub	Builukham pa	Osbeckia stellata	Erect branched shrub	Wild	Insufficient	Insufficient
Fern	Chakawk	Diplazium esculentum	Large terrestrial fern	Wild	Insufficient	Insufficient
Bamboo	Chal	Bambusa khasiana	Tall grass	Wild	Abundant	Abundant
Tree	Chawmzil	Ligustrum robustum	Evergreen tree	Wild	Abundant	Abundant
Tree	Chingit	Zanthozylum rhetsa	Small tree	Wild	Abundant	Abundant
Climber	Hruiduk	Mucuna bracteata	Climber	Wild	Abundant	Abundant
Cane	Hruipui	Calamus flagellum	Cane	Wild	Insufficient	Insufficient
Climber	Hruirithet	Tetrastigma rumicispermum	Large climber	Wild	Abundant	Abundant
Climber	Kai ha	Smilax perfoliata	Large climber	Wild	Abundant	Abundant
Fern	Katchat	Nephrolepis cordifolia	Terrestrial or Epiphytic fern	Wild	Abundant	Abundant
Tree	Kawhte bel	Trevesia palmata	Small evergreen tree	Wild	Abundant	Abundant
Climber	Kawihrui	Entada phaseoloides	Large climber	Wild	Abundant	Abundant
Herb	Kawlbahra	Ipomoea batatas	Perennial prostrate herb	Wild	Insufficient	Insufficient
Shrub	Kawldai	Justicia adhatoda	Evergreen shrub	Wild	Abundant	Abundant
Climber	Khangpawl	Acacia pruinescens	Large climber with recurved prickles	Wild	Abundant	Abundant

Climber	Khangsen	Acacia megaladena	Climber	Wild	Abundant	Abundant
Tree	Nauthak	Litsea monopetala	Small tree	Wild	Abundant	Abundant
Shrub	Pangbal	Manihot esculenta	Herbaceous shrub	Wild	Abundant	Abundant
Under shrub	Pelh	Gnetum gnemon	Evergreen under shrub	Wild	Abundant	Abundant
Herb	Phaiphek	Molineria capitulata	Tufted perennial herb	Wild	Abundant	Abundant
Bamboo	Phulrua	Dendrocalamus hamiltonii	Large tufted bamboo	Cultivated	Abundant	Abundant
Bamboo	Rawnal	Dendrocalamus longispathus	Long sheath bamboo	Cultivated	Abundant	Abundant
Bamboo	Rawthing	Bambusa longsipiculata	Evergreen clumped bamboo	Wild	Abundant	Abundant
Climbing Pear Bamboo	Sairil	Melocalamus compactiflorus	Climbing bamboo	Wild	Abundant	Abundant
Shrub	Saisiak	Fluggea virosa	Large shrub	Wild	Abundant	Insufficient
Tree	Sernam	Litsea cubeba	Small tree	Wild	Abundant	Abundant
Shrub	Siali nu chhu	Rubus birmanicus	Large shrub	Wild	Abundant	Abundant
Shrub	Sihneh	Eurya cerasifolia/japonica	Evergreen shrub or small tree	Wild	Abundant	Abundant
Palm	Tartiang	Pinanga gracilis	Erect shrub with simple stem	Wild	Abundant	Abundant
Shrub	Thakpui	Dendrocnide sinuata	Large Evergreen Shrub	Wild	Abundant	Abundant
Climber	Tluangngil	Smilax glabra	Slender climber	Wild	Abundant	Insufficient
Shrub	Vakep	Mussaenda glabra/macrophylla	Large erect shrub	Wild	Abundant	Abundant
Climber	Vako	Thunbergia grandiflora	Large climber	Wild	Abundant	Abundant
Climber	Vawihuih hrui	Paederia foetida	Slender wiry foetid climber	Wild	Abundant	Abundant
Tree	Zairum	Anogeissus acuminata	Big tree	Wild	Abundant	Abundant
Tree	Zuang	Duabanga grandiflora	Big tree	Wild	Abundant	Abundant

7	8	9	10	11
Commercial/ own use	Part collected	Associated TK	Other details	Community Knowledge Holder
Own use	Young shoots, Buds	Stem is used for tying purposes, leaves are also used for fermenting cooked soya beans	Plant is used for a cure of enlargement of the liver, young shoots and buds are eaten cooked or fired as vegetables	Mizo
Own use	Stalks, Rhizomes	Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	-	Mizo
Own use	Leaves, berries	Water of boiled leaves is taken against urinary problems and stones in kidney. Juice of green berries is applied to ringworm, boils etc.	This plant is eaten cooked as vegetable	Mizo
Own use	Whole plant	Fruits edible, leaves are used for cuts, diarroea and dysentery	Whole plant is used for high blood pressure	Mizo
Own use	Root	Decoction/infusion of root is useful in diseases of kidney, dysuria, stomach complaints, dysentery and for expelling threadworms from the body	-	Mizo
Own use	Fronds	-	Young fronds are eaten cooked as vegetable	Mizo
Own use	Culms, shoots	Culms are used for receptacle of womans pipe, basket work and building	Young shoots are edible.	Mizo
Own use	Leaves	Leaves are sometimes lopped for cattle fodder	In some places, planted as hedge plant	Mizo
Own use	Tender leaves, fruit	Young fruits and leaves are used to poison fish. Oil obtained from	Tender leaves are eaten cooked as vegetable.	Mizo

		fruit is medicinal		
Own use	-	The plant is used as a cover crop in Rubber and Oil palm plantation	-	Mizo
Own use	Cane, leaves	Cane is used for making furniture and basket, leaves for thatching	-	Mizo
Own use	Fruit	-	Ripe fruit is edible	Mizo
Own use	Stem	Pieces of stem are used for cleaning teeth	-	Mizo
Own use	-	-	-	Mizo
Own use	Shoots, flowers, fruits	Shoots, young fruits and flower buds are eaten as vegetable	Roots and leaves are used to treat stomach-ache	Mizo
Own use	Leaves, seeds	Seeds are used for washing hairs and splitted stem for tying purposes. It is also used for playing games by Mizo boys and girls. Pounded seeds mixed with water is used for expelling leeches from cattle nostrils	Tender leaves are eaten cooked as vegetable. Seeds are roasted and eaten.	Mizo
Own use	Leaves	Leaves are eaten cooked as vegetable, and also used against diarrhoea, dysentery, stomach-ache, digestive troubles, diabetes etc	-	Mizo
Own use	Leaves	Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis and juice of the crushed leaves is applied to fresh cuts.	Leaves dired and made into cigarettes are smoked in asthma, juice is used for diarroea and dysentery	Mizo
Own use	Leaves	Tender leaves are acid and eaten as vegetable.	Plants are prescribed for asthma, bronchitis and pneumonia. Leaves are also used in scabies and snake bite	Mizo
Own use	Bark	Bark is used as fish poison and medicine	-	Mizo
Own use	Leaves	Muga silkworm feeds on the leaves, leaves for cattle fodder	Roots abrk and leaves are used in medicine	Mizo
Own use	Roots, shoots	Tuberous roots are eaten cooked or fried.	Tuberous roots are used externally for skin diseases	Mizo
Own use	Leaves, flower, fruit	The tender leaves including flowers and fruits are cooked or fried eaten as vegetable. Seeds are also roasted and eaten	Fibres of inner bark are good for nets and ropes	Mizo
Own use	Tuber, Petiole	Juice of the crushed tuber is used to cure abdominal pain and to stop bleeding	Tender white petiole is also used for liver problems and stomach pain	Mizo
Own use	Culms, shoots	Culms are used for temporary building, mats, baskets, agarbati sticks, paper, fuel, gutters, water vessel etc	Young shoots are eaten cooked as vegetables	Mizo
Own use	Culms, Shoots	Culms are used for making paper pulp, baskets, building etc	Young shoots are eaten cooked as vegetables	Mizo
Own use	Culms, shoots	Culms are used for building purposes	Young shoots are eaten cooked as vegetables	Mizo
Own use	Stem	It is used for making hats, baskets etc.	Juice of stem is used for influenza and applied to scalp for curing dandruff, falling hairs and baldness.	Mizo
Own use	Bark, Leaves	Bark used for poisoning fish. Decoction of the leaves used in case of both measles, chicken pox, scabies and skin itching.	-	Mizo
Own use	Leaves, berries	Silkworm reared on the leaves. Boiled water of berries are used for sciatica and high blood pressure	Young berries are used for flavouring	Mizo
Own use		-	-	Mizo
Own use	Leaves	Tender leaves are eaten cooked with rice or meats	Wood used for firewood and charcoal	Mizo
Own use	Fruit, leaves	Fruit is chewed like betel nut. Leaves are also used in roofing native huts	-	Mizo

Own use	Roots	Decoction of roots is used in diseases of liver, jaundice, fever,	Pounded roots with crabs are prescribed in	Mizo
		chicken pox, skin itching.	malaria and jaundice	
Own use	Roots, Leaves	Pounded tuberous roots is employed in rheumatism, stomach ache	-	Mizo
		and diarrhoea. Decoction of leaves is also taken for curing tonsillitis		
Own use	Bark, Leaves	Bark and leaves are useful in application of snake bites	-	Mizo
Own use	Leaves	Juice of the leaves is useful for diabetes, eye diseases, fresh cuts.	-	Mizo
		Decoction of leaves is used for stomach troubles		
Own use	Stem, Leaves	Juice of the crushed leaves is used for diarrhoea and dysentery. Stem	-	Mizo
		and leaves are also chewed for relief in toothache		
Own use	Wood, bark, leaves	Wood is hard used for house posts, tool handles, fuel and charcoal.	Leaves are cooked with water and the water is	Mizo
		Decoction of bark is used in stomach pain, fever, diarrhoea, measles,	used for treating high blood pressure	
		chicken pox, sprains and burns.		
Own use	Wood, bark	Bark is bruised and boiled with soil impregnated with urine to	Wood is used for house building,	Mizo
		produce a bluish dye	scaffolding,plywood, firewood etc	

Format 19: Wild Plant Species of Importance

1	2	3	4	5
Local Name	Scientific Name	Variety	Importance (Economic, Social & Cultural)	Status
Anchiri	Homalomena aromatica	Wild	Rhizome and petiole are medicinal, it is also used for making fragrance	Abundant
Bawltehlantai	Agapetes odontocera	Wild	Roots, Leave snd flowers are medicinal	Frequent
Beltur	Ostodes paniculata	Wild	Wood used for firewood. Gum from tree is used for making paper. Leaves as fodder	Abundant
Builukham	Osbeckia sp.	Wild	Leaves are used for cuts, diarrhoea nad dysentery. Whole plant is used for hypertension	Abundant
Hnahthial	Phrynium/Stachyphrynium sp.	Wild	Leaves are used for packing and wrapping food stuff and vegetables, also used for carpeting rice bin	Abundant
Hulhu	Aganope thyrsiflora	Wild	Young leaves are eaten as vegetable. Decoction of fruit is used against stomach-ache and dysentery	Abundant
Khaupui	Sterculia villosa	Wild	Bark yields a strong fibre. Decoction of bark is used cholera, dysentery, diarrhoea and tonsilities	Abundant
Phaktel	Bridelia montana	Wild	Wood is used for posts, tool handles, house construction, firewood etc. Roots and bark are medicine.	Abundant
Rulei	Millettia pachycarpa	Wild	Roots and pods are used to poison fish. Juice of crushed roots is applied on mange of pigs	Abundant
Saithei	Gynocardia odorata	Wild	Fruit is hit, anthelmintic, used in bronchitis, ulcers, skin diaseses, small tumors and slightly	
			inflammations, leprosy, diabetes, etc. decoction of rott bark is also recommended for diabetes.	
Thelret	Ficus elastica	Wild	It yields Indian rubber of commerce. Leaves are used for fodder	Abundant
Tluangngil	Smilax glabra	Wild	Pounded tuberous roots are used in rheumatism, stomach-ache and diarrhoea. Decoction of leaves is	Abundant
			also taken for curing tonsilities	
Zairum	Anogeissus acuminata	Wild	Wood is used for charcoal, fuel, tool handles. Water of cooked leaves is taken as remedy for high	Abundant
			blood pressure. Decoction of bark is used in stomach troubles, fever, diarrhoea and also applied on	
			measles, chicken pox, sprains and burns	
Zihnghal	Stereospermum tetragonum	Wild	Wood is used for house construction, furniture, tool handles, firewood etc. leaves are lopped for	Abundant
			fodder. Bark and young leaves are used as remedy for fever, stomach-ache etc. roots and flowers are	
			also used medicinally.	

Format 20 : Aquatic Biodiversity :

1	2	3	4	5	6	
Local Name	Scientific Name	Variety	Features	Habitat	Loca	l Status
					Past	Present
Chakai	Potamonautes sp	Local	-	Rivers and Streams	Abundant	Abundant
Chengkawl	Bithynia tentaculata	Local	-	Rivers and Streams	Abundant	Abundant
Dawntial	Acanthocobitis botia	Local	-	Rivers and Streams	Abundant	Less frequent
Dawntial	Nemacheilus savona	Local	-	Rivers and Streams	Abundant	Less frequent
Dawntial	Nemacheilus scaturigina	Local	-	Rivers and Streams	Abundant	Less frequent
Dawntial	Schistura sp/ Acanthococbitis botia	Local	-	Rivers and Streams	Abundant	Less frequent
Hmursawp	Garra cf. gotyla	Local	-	Rivers and Streams	Abundant	Abundant
Kaikuang	Macrobrachium rosenbergii	Local	-	Rivers and Streams	Abundant	Abundant
Lengphar	Barilius barila	Local	-	Rivers and Streams	Abundant	Less frequent
Makur	Clarius magur	Local	-	Rivers and Streams	Abundant	Abundant
Nghaberberek	Pseudolaguvia sp	Local	-	Rivers and Streams	Abundant	Less frequent
Nghabual	Wallago attu	Local	-	Rivers and Streams	Abundant	Less frequent
Nghachik	Lepidocephalichthys guntea	Local	-	Rivers and Streams	Abundant	Less frequent
Nghadarthlalang	Parambasis serrata	Local	-	Rivers and Streams	Abundant	Less frequent
Nghadawl	Devario devario and Devario aequipinnatus	Local	-	Rivers and Streams	Abundant	Less frequent
Nghadungtial	Laubuka parafasciata	Local	-	Rivers and Streams	Abundant	Less frequent
Nghafunglawr	Xenentodon cancila	Local	-	Rivers and Streams	Abundant	Abundant
Nghafunglawr	Dermogenys pusilla	Local	-	Rivers and Streams	Abundant	Abundant
Nghahrah	Neolissochilus hexagonolepis	Local	-	Rivers and Streams	Abundant	Abundant
Nghakhing	Channa marulius	Local	-	Rivers and Streams	Abundant	Less frequent
Nghalerh	Macrognathus sp	Local	-	Rivers and Streams	Abundant	Abundant
Nghalim	Garra manipurensis and Gara tyao	Local	-	Rivers and Streams	Abundant	Abundant
Nghameidum	Pethia sp	Local	-	Rivers and Streams	Abundant	Abundant
Ngharul	Anguilla bengalensis	Local	-	Rivers and Streams	Abundant	Less frequent
Nghavang	Semiplotus modestus	Local	-	Rivers and Streams	Abundant	Less frequent
Nghavawk	Channa gachua	Local	-	Rivers and Streams	Abundant	Abundant
Nghazawngek	Garra lissorhynchus	Local	-	Rivers and Streams	Abundant	Less frequent
Sarba	Glyptothorax sp	Local	-	Rivers and Streams	Abundant	Abundant

7	8	9	10
Uses	Associated TK	Other details	Community/Knowledge Holder
Own use, edible		-	Local
Own use, edible		-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local

-		Local
-		Local
-	-	Local
-	1	Local
-	-	Local

Format 21 : Wild Aquatic Plant Species of Importance - NIL

Format 22: Wild Plants of Medicinal Importance

1	2	3	4	5		6
Plant (tree,	Local Name	Scientific Name	Variety	Landscape	Local	Status
shrub, herb)				/Habitat	Past	Present
Herb	Aieng	Curcuma longa	Local	Cultivated	Insufficient	Abundant
Herb	Ailaidum	Curcuma caesia	Local	Cultivated	Insufficient	Insufficient
Herb	Anchiri	Homalomena aromaticum	Local	Wild	Abundant	Insufficient
Herb	Anhling	Solanum nigrum	Local	Wild/Cultivated	Abundant	Abundant
Climber	Ar-a fanghma	Cyclanthera pedata	Local	Wild	Abundant	Abundant
Tree	Archangkawm	Oroxylum indicum	Local	Wild	Abundant	Abundant
Fern	Awmvel	Platycerium wallichii	Local	Wild	Abundant	Abundant
Climber	Bachhim	Dioscorea alata	Local	Wild	Abundant	Insufficient
Herb	Bahkhawr	Eryngium foetidum	Local	Wild/cultivated	Abundant	Abundant
Herb	Bakkhate	Glinus oppositifolius	Local	Wild/cultivated	Abundant	Abundant
Sub-shrub	Buarze	Blumea lanceolaria	Local	Wild	Abundant	Insufficient

Shrub	Builukham Pa/Nu	Osbeckia crinita/chinensis	Local	Wild	Abundant	Abundant
Shrub	Chawng	Euphorbia royleana	Local	Wild	Abundant	Abundant
Tree	Chhawntual	Aporosa octandra	Local	Wild	Abundant	Abundant
Herb	Choak-a thi	Lobelia angulata	Local	Wild	Abundant	Abundant
Grass	Fu	Saccharum officinarum	Local	Cultivated	Abundant	Abundant
Climber	Hlozak/Hlonuar	Mimosa pudica	Local	Wild	Abundant	Abundant
Tree	Hnahkiah	Callicarpa arborea	Local	Wild	Abundant	Abundant
Climber	Japanhlo	Mikania micrantha	Local	Wild	Abundant	Abundant
Shrub	Kawldai	Justicia adhatoda	Local	Wild	Insufficient	Insufficient
Climber	Kelhnamtur	Hedyotis scandens	Local	Wild	Abundant	Abundant
Herb	Khatual	Picria felterrae	Local	Wild	Abundant	Abundant
Tree	Khawmhma	Rhus chinensis	Local	Wild/cultivated	Abundant	Abundant
Herb	Lambak	Centella asiatica	Local	Wild	Abundant	Abundant
Climber	Maipawl	Benincasa hispida	Local	Cultivated	Abundant	Abundant
Herb	Mitthi Sunhlu	Phyllanthus urinaria	Local	Wild	Insufficient	Insufficient
Tree	Nauthak	Litsea monopetala	Local	Wild	Abundant	Abundant
Shrub	Nimbu	Citrus limon	Local	Cultivated	Insufficient	Insufficient
Tree	Pasaltakaza	Helicia robusta	Local	Wild	Insufficient	Insufficient
Shrub	Phuihnam	Clerodendrum colebrookianum	Local	Wild/Cultivated	Abundant	Abundant
Shrub	Saisiak	Flueggea virosa	Local	Wild	Insufficient	Insufficient
Climber	Sarzuk	Elaeagnus sp	Local	Wild/Cultivated	Insufficient	Insufficient
Herb	Sawhthing	Zingiber officinale	Local	Cultivated	Abundant	Abundant
Herb	Sekhupthur	Begonia sp.	Local	Wild	Abundant	Abundant
Herb	Sumbul	Cheilocostus speciosus	Local	Wild	Abundant	Abundant
Shrub	Tawkpui	Solanum torvum	Local	Wild/cultivated	Abundant	Abundant
Shrub	Tawkte	Solanum anguivi	Local	Wild/cultivated	Abundant	Abundant
Tree	Theihai	Mangifera indica	Local	Cultivated	Abundant	Abundant
Climber	Theikelki	Stelmocrypton khasianum	Local	Wild	Insufficient	Insufficient
Tree	Thingfanghma	Carica papaya	Local	Cultivated	Abundant	Abundant
Tree	Thingsia	Castanopsis tribuloides	Local	Wild	Abundant	Abundant
Shrub	Tlangsam	Chromolaena odorata	Local	Wild	Abundant	Abundant
Climber	Tluangngil	Smilax glabra	Local	Wild	Abundant	Abundant
Herb	Tumbu	Musa sp.	Local	Wild	Abundant	Abundant
Climber	Va ko	Thunbergia alata	Local	Wild	Abundant	Abundant
Shrub	Vakep	Mussaenda roxburghii/Mussaenda glabra	Local	Wild	Abundant	Abundant
Climber	Vawihuihhrui	Paederia foetidia	Local	Wild	Abundant	Abundant
Tree	Zihnghal	Stereospermum tetragonum/chelonoides	Local	Wild	Abundant	Abundant

7	8	9	10	11
Associated TK	Uses (Usage)	Part used	Other details Market/ own use	Community/ Knowledge Holder
Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	Medicinal	Rhizome	Own use	Mizo
Rhizome is used for stomach ache, diarrhoea, dysentery, jaundice, asthma, measles, food allergy or food poisoning	Medicinal	Rhizome	Own use	Mizo
Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	Medicinal	Stalks, Rhizomes	Own use	Mizo
Leaves are boiled in water and taken against urinary problems and kidney stones. Juice of green berries is applied to boils, ringworm etc	Medicinal	Leaves, berries	Own use	Mizo
Fruit is rich in antioxidant and used in medicine	Medicinal	Fruit	Own use	Mizo
Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc	Medicinal	Leaves, fruit, bark	Own use	Mizo
Juice of leaves is applied to herpes eruptions	Medicinal	Leaves	Own use	Mizo
Tubers and Bulbil are use as vegetable and also used to treat cancer	Medicinal	Tuber, Bulbil	Own use	Mizo
Leaves are used for flavouring curry. They are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled for treating malarial fever, diabetes, pneumonia, constipation	Medicinal	Leaves, roots	Own use	Mizo
Whole Plant is medicinal	Medicinal	Leaves	Own use	Mizo
Decoction of leaves used in ulcer, asthma, sores, dandruff etc	Medicinal	Leaves	Own use	Mizo
Decoction of roots is used in diarrhoea, dysentery, hepatitis etc, leaves for toothache	Medicinal	Root & leaves	Own use	Mizo
Pith of this shrub and unripe fruit of papaya are cooked with chicken and water is taken against diseases of liver, chronic fever. Milky juice is used externally for ringworm, rheumatism, sciatica, boils, warts etc	Medicinal	Shrub, milky juie	Own use	Mizo
Bark and leaves decoction used in stomach ulcer, diarrhoea and dysentery.	Medicinal	Bark, Leaves	Own use	Mizo
Juice of crushed leaves & fruits are used against diarrhoea, sore throat, stomach ulcer, tonsillitis and toothache	Medicinal	Leaves & Fruits	Own use	Mizo
Juice of the stem is used as a remedy for jaundice, purifies blood, good for lungs, diuretic etc	Medicinal	Stem juice	Own use	Mizo
Roots decoction used in piles and jaundice, diseases of liver and kidney etc	Medicinal	Roots	Own use	Mizo
Decoction of bark and leaves used for diabetes, cholera, internal bleeding, stomach ulcer etc. Leaves are used for fermenting cooked soya bean (<i>Bekang</i>), famous mizo dish.	Medicinal	Bark & Leaves	Own use	Mizo
Leaf juice applied on fresh wounds, stomach pain & ulcer	Medicinal	Leaves	Own use	Mizo
Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis, and juice of the crushed leaves is also applied to fresh cuts	Medicinal	Leaves	Own use	Mizo
Decoction of roots/leaves is medicinal. The plant is also used as fish poison	Medicinal	Roots & leaves	Own use	Mizo
Bitter leaves are used for making Sa-chek. Decoction of the plant is prescribed as a remedy for enlarged spleen, fever and stomachache.	Medicinal	Whole plant	Own use	Mizo
Decoction of fruit & Leaves used in various diseases	Medicinal	Leaves & fruits	Own use	Mizo
Plant is used in diabetes, jaundice, pile, dysentery, diarrhoea, hypertension etc	Medicinal	Whole plant	Own use	Mizo

Juice of fruit is used for diarrhoea, cholera, diabetes, vomiting, kidney problems	Medicinal	Fruit & Leaves	Own use	Mizo
Juice of the whole plant is used for cholera, dyenstery, fever, liver problems and jaundice,	Medicinal	Whole plant	Own use	Mizo
diabetes etc		1		
Muga silkworm feeds on the leaves. Roots, bark and leaves are used in medicine	Medicinal	Root, bark, leaves	Own use	Mizo
Roots are used in colic, vomitting, flatulence. Fruits used in asthma, cough, diarrhoea, fever,	Medicinal	Roots & fruits	Own use	Mizo
blood purifier, skin diseases etc				
Decoction of Bark & leaves used in stomach ulcer, indigestion, womb troubles etc	Medicinal	Bark & Leaves	Own use	Mizo
Leaf juice used in High blood pressure	Medicinal	Leaves	Own use	Mizo
Decoction of leaves used in measles, chicken pox, scabies etc	Medicinal	Leaves	Own use	Mizo
Decoction of roots and leaves is used for treating menstrual and urinary problems	Medicinal	Roots & leaves	Own use	Mizo
Rhizomes are used as spice and condiment, taken as a cure for food poisoning. Juice of	Medicinal	Rhizome	Own use	Mizo
pounded rhizome is is given to women in case of sufficient supply of milk for their children				
and also dropped into the ear when attacked by ticks.				
Stem and leaves are eaten against diarrhoea and dysentery, juice of the sten or stalk is also	Medicinal	Leaves, stem	Own use	Mizo
applied to rash or sores etc				
Juice of crushed roots used in diseases of kidney, fever, jaundice, bronchitis etc	Medicinal	Roots	Own use	Mizo
-do-	Medicinal	Fruit	Own use	Mizo
Unripe fruit are eaten as vegetable. Roots and fruit are used in high blood pressure, asthma,	Medicinal	Fruit	Own use	Mizo
dysuria, fever, colic. Crushed fruit is used in burns, boils etc				
Young leaves are cooked and juice is eaten for food poisoning, diarrhoea, dysentery etc	Medicinal	Leaves	Own use	Mizo
Roots or leaves are cooked and water is taken for curing diseases of liver and jaundice	Medicinal	Roots, Leaves	Own use	Mizo
Fruit is edible and used for constipation, stomach troubles, juice of boiled leaves is used in	Medicinal	Leaves, fruit	Own use	Mizo
treating stomach ulcer, cancer and other stomach related problems				
Juice of bark and stem is used for infection, wounds and cuts etc	Medicinal	Bark, stem	Own use	Mizo
Juice of the leaves applied to fresh cuts	Medicinal	Leaves	Own use	Mizo
Pounded tuberous roots are used as rheumatism, stomach ache and diarrhoea. Decoction of	Medicinal	Leaves, Roots	Own use	Mizo
leaves is also taken for curing tonsilities.				
Plaintain is cooked with water and water is drink for treating deficiency of white blood	Medicinal	Buds	Own use	Mizo
Decoction of leave used against diabetes, new cuts, stomach problem etc and also for treatment	Medicinal	Leaves	Own use	Mizo
of cancer				
Bark and leaves are useful in snake bites	Medicinal	Bark, Levaes	Own use	Mizo
The whole plant is regarded as a specific for rheumatic affection, in which it is administered	Medicinal	Whole plant	Own use	Mizo
both internally and externally. Juice of crushed leaves is used in diarrhoea and dysentery. Stem				
and leaves are also chewed for relief in tooth-ache				
Leaves are lopped for fodder. Bark and young leaves are used as remedy for fever, stomach	Medicinal	Leaves	Own use	Mizo
pain etc				

Format 23: Wild relatives of Crops

1	2	3	4		5	6
Local Name	Scientific Name	Associated	Landscape/	Loca	l status	Uses (Usage)
		crops	Habitat	Past	Present	` 0 /
Aidu	Amomum dealbatum	All Jhum crops	Wild	Abundant	Abundant	Young shoots and buds are eaten cooked or fried as vegetables
Anhling	Solanum americanum	All Jhum crops	Wild	Abundant	Abundant	Leaves are eaten cooked as vegetables
Ankasate	Acmella paniculata	All Jhum crops	Wild	Abundant	Abundant	Leaves with stem are used as a vegetable
Ankhapui	Marsdenia maculata	All Jhum crops	Wild	Abundant	Abundant	Young stem and leaves are cooked eaten as vegetables
Ankhate	Marsdenia formosana	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Archangkawm	Oroxylum indicum	All Jhum crops	Wild	Abundant	Abundant	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc
Baibing	Alocasia fornicate	All Jhum crops	Wild	Abundant	Abundant	Spadix and stem are eaten cooked as vegetables
Chakawk	Diplazium esculentum	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Changthir	Musa balbisiana	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changvandawt	Musa ornata	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Chimchawk	Aralia foliosa var. sikkimensis	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cooked as vegetables
Chingit	Zanthoxylum rhetsa	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cooked as vegetable
Hmuipui	Syzygium cumini	All Jhum crops	Wild	Abundant	Abundant	Wood moderately hard is used for plywood, tool handles, posts, door frames, panels, firewood, gunstocks etc
Hruitung	Salacca sedcunda	All Jhum crops	Wild	Abundant	Abundant	Leaves are used for thatching and the rachis for making temporary ropes
Hulhu	Aganope thyrsiflora	All Jhum crops	Wild	Abundant	Abundant	Young leaves are eaten cooked as vegetable
Kawhtebel	Trevesia palmata	All Jhum crops	Wild	Abundant	Abundant	The shoots, flower buds and young fruits are eaten as vegetable
Kha um	Hodgsonia heteroclita	All Jhum crops	Wild	Abundant	Abundant	Seeds are eaten roasted or fried
Khanghu	Acacia pennata	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Lairawk	Musa ochracea	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Nauawimu	Solena amplexicaulis	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Pelh	Gnetum gnemon	All Jhum crops	Wild	Abundant	Abundant	Tender leaves, flowers and fruits are eaten cooked or fried as vegetable. Seeds are also raosted and eaten
Phuihnam	Clerodendrum colebrookianum	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are cooked eaten as vegetable, also used for fermenting cooked soyabean

Reng an	Senna occidentalis	All Jhum crops	Wild	Abundant	Insufficient	Tender leaves are eaten cokked as vegetable
Saisu	Ensete glaucum	All Jhum crops	Wild	Abundant	Insufficient	Succulent leaf sheaths, young flowers and bracts of spadix
						are eaten cooked as vegetable
Sapthei	Passiflora edulis	All Jhum crops	Wild	Insufficient	Insufficient	Leaves are cooked eaten as vegetable
Sihneh	Eurya cerasifolia	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked with rice or meals
Tawkpui	Solanum torvum	All Jhum crops	Wild	Abundant	Abundant	Fruits are eaten cooked or fried as vegetables
Telhawng	Amorphophallus sp.	All Jhum crops	Wild	Abundant	Abundant	Corm and young leaf stalk and shoots are eaten cooked as
						veg.
Thangtung	Arenga pinnata	All Jhum crops	Wild	Abundant	Abundant	Young underdeveloped leaf shoot is used as vegetable
Thingthupui	Calamus tenuis	All Jhum crops	Wild	Abundant	Abundant	Under developed shoots are used as vegetable
Tum	Caryota urens	All Jhum crops	Wild	Abundant	Abundant	Wood is employed for many domestic purposes
Tumbu	Musa sp.	All Jhum crops	Wild	Abundant	Abundant	Young bud is eaten cooked as vegetable

7	8	9	10
Part Used	Associated TK	Other details	Community/ knowledge holder
Shoots, buds	The plant is used for a cure of enlargement of liver and the stem for tying purposes. Leaves are used for fermenting cooked soya beans.	-	Mizo
Leaves, berries	Water of boiled leaves is taken against urinary problems and stones in kidney. Juice of green berries is applied to ringworm, boils etc.	-	Mizo
Stem, leaves	Flowers are chewed to relive toothache and affections of the gums and throat	-	Mizo
Stem, leaves	As the taste of this plant is bitter, it is used to take for High Blood pressure and diabetes	-	Mizo
Leaves	-	-	Mizo
Roots, bark, leaves	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases of liver, hepatitis etc	-	Mizo
Spadix, stem	Juice of the plant is used externally for snake bite. Leaf is also used for catching land leech from the body	-	Mizo
Leaves	-	-	Mizo
Seeds	-	-	Mizo
Leaves, buds	Leaves are used for feasts instead of rice plates. Stems are used for pig feed. Leaves are also used for cattle fodder	-	Mizo
Leaves	-	-	Mizo
Leaves	Young fruits and leaves are used to poison fish. Oil obtained from fruit is used medicinally	-	Mizo
Seed, leaves	Seed is used to treat diabetes, and bark for fever, jaundice, urinary problems etc. Tassar silkworm feed on its leaves	-	Mizo
1	-	-	Mizo
Leaves	Plant is purgatice, laxative, anti malarial, and used for liver complaints, fever, cough, bronchitis, high blood pressure etc. Fresh leaves are taken to expel intestinal worms and parasites	-	Mizo
Whole plant	Roots and leaves are used to treat stomachache, leaves are also used as fodder	-	Mizo
Leaf, flowers, spadix	Juice of stem is used in severe fever and giddiness of children.	-	Mizo
Leaves	-	-	Mizo
Fruit, shoots, leaves	Decoction of leaves is given to women after birth	-	Mizo

Leaves	Fruit is used as soap for washing clothes, fibrous fruit as brush for pots, plates etc. decoction of roots is recommende for treating malaria, diabetes and seeds as a purgative	-	Mizo
Leaves, flowers,	Fibres of inner bark are good for nets and ropes	-	Mizo
fruit and seeds			
Leaves, Flowers	Decoction of leaves is used to reduce high blood pressure and decrease breast feeding mother's breast milk, also used to heal acute mastities	-	Mizo
Leaves, flowers	-	-	Mizo
Whole plant	-	-	Mizo
Leaves, fruit	Ripe fruit is useful for jaundice and liver problems	-	Mizo
Leaves	Wood is used for firewood and charcoal	-	Mizo
Fruit	fruit is medicinal used to treat hypertension and diabetes	-	Mizo
Corm, young leaf,	The corm with Ching-al (Lye) is boiled to remove irritants. So, the boiled corm is mixed with Sa-um (fermented	-	Mizo
shoot	pork fat), Ching-al (Lye) and Salt and then eaten as curry (Traditional Mizo Dish)		
Whole plant	Fibres are used for fiddle strings, traps etc. the down beneath the laef stalks on the trunk is used for tinder and is known as ' <i>Meibu</i> '. Midrib of the leaflets is good for sweeping like a broom.	-	Mizo
Shoot, leaves	It is used for making baskets, mats, furniture, chairs etc and fruit is edible	-	Mizo
Whole plant	Fibre is made into ropes, brushes, brooms, basket etc. terminal bud is eaten cooked as vegetable	-	Mizo
Bud, stem, leaves	Leaves are used for feasts instead of rice plates. Stems are used for pig feed. Leaves are also used for cattle fodder	-	Mizo

Format 24 : Ornamental Plants

1	2	3	4	5	6	7	8
Local Name	Scientific Name	Variety	Habitat	Commercial/ Non	Associated TK	Other	Community/
				commercial uses		details	Knowledge
							Holder
Ar-tukkhuan	Mirabilis jalapa	Local variety	Home garden	Non commercial	-	-	Mizo
Hling lukhum	Euphornia milii	Introduced	Home garden	Non commercial	-	-	Mizo
Christmas par	Poinsettia pulcherrima	Introduced	Home garden	Non commercial	=	=	Mizo
Chuailopar	Gomphrena globosa	Local variety	Home garden	Non commercial	=	=	Mizo
Derhken	Tagetes erecta	Local variety					
Dingdi	Asclepias curassavica	Local variety	Home garden	Non commercial	=	-	Mizo
Far	Pinus sp.	Local variety	Home garden	Non commercial	=	=	Mizo
Hnahsinpar	Cosmos bipinnatus	Local variety	Home garden	Non commercial	=	=	Mizo
Kumtluang	Catharanthus roseus	Local variety	Home garden	Non commercial	=	=	Mizo
Midum pangpar	Hibiscus rosa-sinensis	Local variety	Home garden	Non commercial	=	=	Mizo
Saron par	Bougainvillea spectabilis	Local variety	Home garden	Non commercial	=	-	Mizo
Zamzo	Celosia argentea	Local variety	Home garden	Non commercial	-	-	Mizo
Zan rimtui	Cestrum nocturnum	Local variety	Home garden	Non commercial	-	-	Mizo
Lilypar	Lilium sp	Local variety	Home garden	Non commercial	-	-	Mizo
Rose par	Rosa indica	Local variety	Home garden	Non commercial	=	-	Mizo
Di par	Gladiolus dalenii/natalensis	Local variety	Home garden	Non commercial	=	-	Mizo
Sappangpar	Zinnia sp	Local variety	Home garden	Non commercial	-	-	Mizo

Anthurium	Anthurium andraeanum	Introduced	Home garden	Non commercial	-	-	Mizo
April par	Delonix regia	Introduced	Home garden	Non commercial	-	-	Mizo
April parte	Caesalpina pulcherrima	Introduced	Home garden	Non commercial	-	-	Mizo
Chawnpui	Lagerstroemia speciosa	Local variety	Home garden	Non commercial	-	-	Mizo
Daisy	Bellis perennis	Introduced	Home garden	Non commercial	-	-	Mizo
Fartuah	Erythrina stricta	Local variety	Home garden	Non commercial	-	-	Mizo
Makpazangkang	Cassia javanica spp nodosa	Local variety	Home garden	Non commercial	-	-	Mizo
Nauban	Orchid	Local variety	Home garden	Non commercial	-	-	Mizo
Vaube	Bauhinia variegata	Local variety	Home garden	Non commercial	-	-	Mizo

Format 25 : Fumigate / Chewing Plants

1	2	3	4	5	6		7
Plant	Local Name	Scientific Name	Variety	Habitat	Local	Status	Uses (Usage)
(Herb, shrub,tree)					Past	Present	
Herb	Ankasa	Acmella oleracea	Local	Wild	Abundant	Abundant	Leaves and flowers are eaten cooked as vgetable
Herb	Ankasate	Acmella paniculata	Local	Wild	Insufficient	Abundant	Leaves and flowers are eaten cooked as vgetable
Climber	Hnahthak	Piper diffusum	Local	Wild	Abundant	Insufficient	Fruit is used as spice. Leaves are used for catching fish.
Tree	Kangtek	Albizia procera	Local	Wild	Abundant	Insufficient	Leaves are used as cattle fodder
Climber	Khangpawl	Acacia pruinescens	Local	Wild	Abundant	Abundant	Tender leaves are acid and eaten as vegetable
Climber	Khangsen	Acacia megaladena	Local	Wild	Abundant	Abundant	-
Tree	Khawkherh	Juglans regia	Local	Wild	Insufficient	Insufficient	Leaves are used for cattle fodder
Tree	Khiangzo	Schima khasiana	Local	Wild	Abundant	Abundant	-
Shrub	Ngaihhih	Linostoma decandrum	Local	Wild	Abundant	Abundant	-
Climber	Panhnah	Piper betle	Local	Wild	Insufficient	Insufficient	Leaves are chewed together with betelnut and lime paste
Climbing shrub	Rulei	Millettia pachycarpa	Local	Wild	Abundant	Abundant	Roots and Pods are used to poison fish
Tree	Ruthei	Diospyros pilosiuscula	Local	Wild	Abundant	Abundant	-
Tree	Saithei	Gynocardia odorata	Local	Wild	Abundant	Abundant	Leaves are used to poison cattle
Tree	Thelret	Ficus elastica	Local	Wild	Abundant	Insufficient	Leaves are good fodder. Leaf scales edible

8	9	10	11
Part used *	Associated TK	Other details	Community
		(mode of use)	Knowledge
			Holder
Leaves, flowers	Plant is used for poisoning fish	-	Mizo
Leaves, flowers	Plant is used for poisoning fish	-	Mizo
Fruit & Leaves	-	-	Mizo
Bark	Bark is used to poison fish	It is a light demander, can stand moderate shade in youth. Coppices fairly well	Mizo
Leaves, whole plant	Plant is prescribed for asthma, bronchitis and pneumonia	Leaves are also used in scabies and snake bites	Mizo
Bark	Bark is used as fish poison and medicine	-	Mizo

Leaves	Young leaves are used to intoxicate fish	-	Mizo
Bark	Pounded bark is used for poisoning fish	-	Mizo
Roots	Roots are used for poisoning fish	Roots are boiled in water and used for dressing scabies	Mizo
Leaves	-		Mizo
Roots & Pods	-	-	Mizo
Fruit	Unripe fruits are used for poisoning fish	All parts are used for stomach trouble, kidney stones, piles	Mizo
Bark, Fruit	Bark and fruit pulp are used for poisoning fish	Decoction of root-bark is also recommended for diabetes	Mizo
Latex, Fruit & Leaves	Latex (Rubber) is chewable, it yields Indian Rubber of commerce	Fruit eaten by man and animals, birds etc	Mizo

Format 26: Timber Plants

1	2	3	4	4	5
Local Name	Scientific Name	Habitat	Local	Status	Other uses
			Past	Present	(if any)
Anku	Celtis australis	Wild	Abundant	Abundant	Wood tough, used for building. Tool handles, firewood etc
Ardah	Albizia lucida	Wild	Abundant	Abundant	Wood hard used for firewood
Batling	Wedlandia bundleioides	Wild	Abundant	Abundant	Wood is used for gunpowder, charcoal, firewood etc
Belphuar	Trema orientalis	Wild	Abundant	Abundant	Wood is used for gunpowder, charcoal, firewood etc
Berawchal	Canarium bengalense	Wild	Abundant	Abundant	Wood heartwood, reddish brown, used for firewood etc
Bul	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wood is used for building, furniture, firewood etc
Bulfek	Phoebe lanceolata	Wild	Abundant	Abundant	Heartwood used for firewood and leaves for cattle fodder
Bulpui	Alseodaphne petiolaris	Wild	Abundant	Abundant	Wood used for building, furniture, firewood etc
Bulthur	Nyssa javanica	Wild	Abundant	Abundant	Wood is grey, yellow, soft used for house building
Bung	Ficus benghalensis	Wild	Insufficient	Insufficient	Wood used for fuelwood, well curbs etc
Char	Terminalia myriocarpa	Wild	Abundant	Abundant	Wood used for furniture, house building, firewood etc
Chawmzil	Ligustrum robustum	Wild	Abundant	Abundant	Wood used for firewood and charcoal etc
Chhawntual	Aporosa octandra	Wild	Abundant	Abundant	Wood used for firewood and charcoal etc
Fah	Lithocarpus dealbatus	Wild	Insufficient	Insufficient	Wood used for rice pestle, firewood and charcoal etc
Fartuah	Erythrina variegata	Wild	Abundant	Abundant	Wood is used for drums, toys etc and bark fibre for cordage
Haidai	Mangifera sylvatica	Wild	Abundant	Abundant	Wood used for cheap furniture, house building, frames etc
Haivahmim	Mangifera indica	Wild	Abundant	Abundant	Wood used for cheap furniture, house building, frames etc
Herhse	Mesua ferrea	Wild	Abundant	Abundant	Wood very hard used for bridges, railway sleepers, tool handles, firewood,
					rice pestle, charcoal etc
Hmawng	Ficus sp	Wild	Abundant	Abundant	Wood used for fuel and charcoal etc
Hmuipui/Lenhmui	Syzygium cumini	Wild	Abundant	Abundant	Wood is moderately hard, used for plywood, furniture, tool handles, panels,
					posts and firewood etc
Hnahkhar	Mallotus paniculatus	Wild	Abundant	Abundant	Wood used for firewood
Hnahpawte	Litsea lancifolia	Wild	Abundant	Abundant	Wood used for firewood
Hnahthap	Colona floribunda	Wild	Abundant	Abundant	Wood is used for making lockets of key chain and firewood
Hnum	Engelhardtia spicata	Wild	Abundant	Abundant	Wood used for house construction, tea boxes, packing etc
Kham thing	-	Wild	Abundant	Abundant	-
Kharduap	Macaranga indica	Wild	Abundant	Abundant	Wood can be used for firewood etc
Kharuan	Elaeocarpus lanceifolius	Wild	Abundant	Abundant	Wood used for house building, firewood and charcoal etc

Khuwkherh Ingulars regia Wild Abundant Abundant Wood used for cuttor temporary building, firewood etc	Khaupui	Sterculia villosa	Wild	Abundant	Abundant	Wood very soft is used for drums and paper pulp
Khawkherh	1					* * * * * * * * * * * * * * * * * * * *
Khiange						
Khiangpthi Bischofia javanica Wild Abundant Abundant Wood used for house building, firewood etc						
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	Theisehret	Aphananthe cuspidata	Wild	Abundant	Abundant	Wood used for planking, firewood and charcoal

Thelret	Hevea brasilliensis	Wild	Abundant	Abundant	Wood used for furniture industry and can be used as firewood
Thil	Lithocarpus polystachyus	Wild	Insufficient	Insufficient	Wood used for building, firewood etc
Thingdawl	Tetrameles nudiflora	Wild	Abundant	Abundant	Wood is used for flooring, walling, matches, plywood etc.
Thingdawn	Itea macrophylla	Wild	Abundant	Abundant	Wood used as fuel
Thingkha	Derris robusta	Wild	Abundant	Abundant	Wood used for house posts, firewood and charcoal
Thingkhawilu	Vitex peduncularis	Wild	Abundant	Abundant	Wood used for posts, firewood and charcoal etc
Thinglung	Homalium ceylanicum	Wild	Abundant	Abundant	Wood used for building, firewood, charcoal etc
Thingpuithing	Lithocarpus	Wild	Abundant	Abundant	Wood used for firewood, building, charcoal etc
	elegans/obscurus				
Thingsaphu	Dysoxylum mollissimum	Wild	Abundant	Abundant	Wood used for house building, furniture, boats etc
Thingsia	Castanopsis tribuloides	Wild	Abundant	Abundant	Wood used for house posts, firewood, charcoal etc
Thingtheihmu	Morus alba	Wild	Abundant	Abundant	Wood used for house construction, furniture, tool handles etc
Thingvandawt	Pterygota alata	Wild	Abundant	Abundant	Wood used for drums, firewood etc
Thingvawkpui	Balakata baccata	Wild	Abundant	Abundant	Wood used for plywood, packing cases, firewood etc
Thlanvawng	Gmelina arborea	Wild	Abundant	Abundant	Wood used for planking, furniture, house posts etc
Vaiza	Hibiscus macrophyllus	Wild	Abundant	Abundant	Wood soft but durable used for posts, rafters etc
Vang	Albizia chinensis	Wild	Abundant	Abundant	Wood used for making drum, firewood and charcoal etc
Vaube	Bauhinia variegata	Wild	Insufficient	Insufficient	Wood is used for tool handles, firewood, charcoal etc. leaves are a good
					fodder. Decoction of bark/leaves is used in menstrual disorders,
					piles,diabetes,diarrhoea and dysentery
Vawmbal	Drimycarpus racemosus	Wild	Abundant	Abundant	Wood is used for building, boats, firewood etc
Vawngdawl	-	Wild	Abundant	Abundant	-
Vawngthir	-	Wild	Abundant	Abundant	-
Vawngthla	Premna milleflora	Wild	Abundant	Abundant	Wood durable used for house posts etc
Zairum	Anogeissus acuminata	Wild	Abundant	Abundant	Wood used for house posts, tool handles, fuel and charcoal etc
Zathu	Polyalthia jenkinsii	Wild	Abundant	Abundant	Wood is used for house posts, firewood etc
Zihnghal	Stereospermum chelonoides	Wild	Abundant	Abundant	Wood used for house construction, cabinet making, furniture
Zuang	Duabanga grandiflora	Wild	Abundant	Abundant	Wood used for building, plywood, firewood etc

6	7	8
Associated TK	Other details	Community/
		Knowledge Holder
-	Leaves and fruits are used in medicine	Mizo
-	-	Mizo
	Wood pole is used for fencing post.	Mizo
Bark yields a strong fibre and leaves are lopped for cattle fodder	It is a light demanding tree, fsat growing and short lived tree	Mizo
-	-	Mizo
-	Ripe fruit is eaten by birds and animals	Mizo
-	It is a shade bearer and fast growing tree	Mizo
-	-	Mizo
-	Fruit is eaten by birds and wild animals	Mizo
Bark and aerial roots are used for making coarse ropes	Leaves are good for cattle fodder	Mizo

		3.61
-	Leaves are good for fodder, it is a fast growing tree	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Tender pods are edible, seeds edible roasted or boiling, bark and leaves are also used in medicine	It is a fast growing tree and cultivated as ornamental and hedge	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a snade bearer	MIZO
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Bark, unripe fruit, flowers and seed oil are medicinal	Seed oil is used for burning, lubricating and soap making	Mizo
Leaves and twigs are lopped for cattle fodder	Bark, fruit and leaves are used in medicine	Mizo
Seed is very useful for treating diabetes and the bark for fever, jaundice, urinary problems, sore throat, ronchitis, asthma, ulcers and chronic dysentery etc	Fruits are eaten by man, birds and wild animals	Mizo
-	-	Mizo
Root is medicinal for diarrhoea	-	Mizo
-	_	Mizo
Bark is medicinal and also used for poisoning fish. Leaves are lopped for fodder	It is a light demander	Mizo
-	_	Mizo
Different parts of the plant are used in various traditional medicine	_	Mizo
Bark is scraped with dao and the powder is used for stupefying bees (Khawivah)	Fruits are used for poisoning fish	Mizo
Seeds are eaten roasted or fried. Bark yields a strong fibre	Decoction of the bark is used in cholera, dysentery, diarrhoea and tonsilities	Mizo
-	-	Mizo
Rind of the unripe fruit and young leaves are used to intoxicate fish and nuts for tanning and dyeing	Leaves are used for cattle fodder, it is a light demander and moderate fats growing tree	Mizo
Powdered fruit is used in scorpion sting, bites of centipede, juice of the bark for chronic ulcer and fresh cuts. Leaves are lopped for fodder	Tender leaves are cooked eaten. It is moderate light demander and moderately fast growing tree	Mizo
Pounded bark is used for poisoning of fish	-	Mizo
Juice of young leaves is used for curing tonsillitis and sores	Bark, stem and leaves are also medicinal. Leaves are lopped for cattle fodder	Mizo
Bark is prescribed for fever, strangury, ulcers, skin diseases and the roots for diarrhoea, dysentery	It is a strong light demander but the seedlings are shade tolerant.	Mizo
Tender leaves are eaten cooked as vegetable, seed is chewed as a substitute for betel nut, bark sometimes used as tea leaves	-	Mizo
Bark is used for constipation and leaves for toothache		Mizo
Muga Silkworm are reared on the leaves	Roots, bark and leaves are used in medicine, leaves are for cattle fodder	Mizo
Leaves are lopped for cattle fodder	This tree is a quick growing and moderate light demander	Mizo
-	Leaves are lopped for cattle fodder.	Mizo
	Leaves are topped for came fouder.	IVIIZU

-	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are used for cattle fodder	-	Mizo
Tender leaves are cooked and eaten without its water as vegetables	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Cotton is used for pillows and cushions, leaves for fodder. Tender leaves,	It is a strong light demander, fire resistant and fast growing tree	Mizo
flowers and calyces are used as vegetable) ('
	- -	Mizo
Bark and fruit pulp are used for poisoning fish. Decoction of root bark is also recommended for diabetes	Leaves are poisonous for cattle	Mizo
	-	Mizo
Leaves are eaten cooked as vegetable	-	Mizo
		Mizo
Fruits are eaten by wild animals. Trunk is used for making mortars for pounding rice	It is a moderate shade bearer in youth. Seed often germinate soon after falling under its mother tree	Mizo
Silkworm reared on the leaves. Boiled water of berries with meats of Indian Badger is taken as a remedy for sciatica and high blood pressure		Mizo
Leaves are used by Mizos for lining <i>Siksil</i> (Umbrella) and <i>Thul</i> – Basket lids	_	Mizo
Decoction of bark is used in treating diarrhoea, dysentery and rheumatism	Juice of crushed bark is also applied to fresh cuts	Mizo
Leaves are used for fermenting cooked soyabean (<i>Bekang</i>), a traditional mizo delicacy	-	Mizo
Bark is used in diarrhoea, milky juice is applied on inflammatory diseases of glands and sometimes used as milk in tea. Leaves are lopped for cattle fodder	It is a shade bearer in youth and grow very fast	Mizo
-	-	Mizo
Bark is useful in fever, diarrhoea, itching and flowers in menstrual disorders	Leaves are lopped for cattle fodder	Mizo
Bark yields a strong fibre and used for making ropes and cordage . leaves are lopped for cattle fodder	It is a light demander and fast growing tree. Tolerates moderate shade in youth	Mizo
-	-	Mizo
Young fruits are pounded with tender shoots of <i>Acacia pennata</i> and eaten	Leaves are lopped for cattle fodder and polishing wood	Mizo
Juice of fruits and leaves are applied on sharp pain caused by nettles or poisonous hairs of caterpillars	It is a fast growing tree	Mizo
-	_	Mizo
Leaves are loped for cattle fodder		Mizo
	It yields the para rubber, the finest and the most durable catoutchouc known	Mizo
	- Catoutenoue known	Mizo
Leaves are used as soap for washing 'Mizo Pawnpui' (Blanket)	It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used to tick bite.	Mizo
Fibre of the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby	-	Mizo
Decoction of bark is used as an effective remedy for diabetes and high blood	Leaves are lopped for cattle fodder	Mizo

pressure		
Infusion of leaves/bark is used against black water fever, malarial fever,		Mizo
jaundice, typhoid, stomach ulcer and kidney stones		
		Mizo
Saplings used as pendant for scorching off the bristles of the pig killed		Mizo
Bark is used internally for pain in stomach		Mizo
Juice of the stem is recommended for mouth infection in children		Mizo
Silkworm fed on its leaves. Leaves are sometimes boiled with meats and	Young leaves and twigs are good for cattle fodder	Mizo
eaten as curry. Root bark, leaves and fruits are also medicinal.		
Latex mixed with mustard oil is applied to muscular swellings	-	Mizo
Bark fibre which is called <i>Hruikhau</i> is used for making into rope and <i>Hnam</i>	-	Mizo
hrui. Leaves are used for fermenting cooked soyabean (bekang) and		
sometimes for wrapping food in.		
Flowers are eaten cooked as vegetables, leaves are lopped for cattle fodder	It is a light demander and frie resistant, fast growing tree	Mizo
-	-	Mizo
Bark used to poison fish. Leaves are lopped for cattle fodder	It is a moderate light demander and fast growing tree	Mizo
Leaves, tender fruits and flower buds are eaten as vegetable	It is a moderate light demander and wind firm tree	Mizo
Thick paste of the plant is applied on broken bone. Juice of the plant is also	Plant is laxative and cooling used for cold, sinusitis and	Mizo
applied on sore of baby's navel	menstruation problems	
-	-	Mizo
Decoction of bark is used in stomach troubles, fever, diarrhoea and also	-	Mizo
apllied on measles, chickem pox, sprains and burns. Leaves are cooked in		
water and water is taken as a remedy for high blood pressure.		
Tender leaves are boiled with meats and eaten as vegetables		Mizo
-	-	Mizo
-	-	Mizo
Root, leaves and flowers are also used medicinally. Bark and young leaves		Mizo
are used as a remedy for fever, stomach ache etc		
Bark is bruised, boiled with soil impregnated with urine to produce a bluish	Fast growing tree	Mizo
dye		

Format 27 : Wild Animals (Mammals, Birds, Reptiles, Amphibia, Insects, Others)

1	2	3	4	5	6
Animal type	Local Name	Scientific Name	Habitat	Description	Season when
					seen
Mammal	Awrrang	Ratufa bicolor	Forest	-	Not recorded
Mammal	Biang	Belomys pearsonii	Forest	-	-do-
Mammal	Chepa	Tupaia bengaleri	Forest	-	-do-
Mammal	Hleikapsen	Callosciurus erythraeus	Forest	-	-do-
Mammal	Hleilubial	Callosciurus pygerythrus	Forest	-	-do-
Mammal	Hleimeipar	Dremomys lokriah	Forest	-	-do-

Mammal	Hleimualrang	Tamiops macclellandi	Forest	-	-do-
Mammal	Hleizawng	Callosciurus pygerythrus	Forest	-	-do-
Mammal	Keisen	Catopuma temmincki	Forest	-	-do-
Mammal	Kelral	Neofelis nebulosa	Forest	-	-do-
Mammal	Kuhpui	Hystrix brachyura	Forest	-	-do-
Mammal	Kuhsi	Atherurus macrourus	Forest	-	-do-
Mammal	Ngau	Trachypithecus pileatus	Forest	-	-do-
Mammal	Ngau buang	Trachypithecus pileatus	Forest	-	-do-
Mammal	Ngau hang (Tarmit bun)	Trachypithecus phayrei	Forest	-	-do-
Mammal	Ngharbawr	Prionailurus viverrinus	Forest	-	-do-
Mammal	Phai-uak (Sa uak)	-	Forest	-	-do-
Mammal	Phivawk	Arctonyx collaris	Forest	-	-do-
Mammal	Safia	Martes flavigula	Forest	-	-do-
Mammal	Sahmaitha	Melogale moschata/personata	Forest	-	-do-
Mammal	Sahram	Aonyx cinerea	Forest	-	-do-
Mammal	Sahuai	Nyctiebus bengalensis	Forest	-	-do-
Mammal	Sakhi	Muntiacus vaginalis	Forest	-	-do-
Mammal	Samang (Mangte)	Helarctos malayanus	Forest	-	-do-
Mammal	Sanghal	Sus scrofa	Forest	-	-do-
Mammal	Sanghar	Prionailurus bengalensis	Forest	-	-do-
Mammal	Saphu	Manis pentadactyla	Forest	-	-do-
Mammal	Sarivaithun	Herpetes javanicus	Forest	-	-do-
Mammal	Savawm	Melursus ursinus	Forest	-	-do-
Mammal	Saza	Capricornis sumatraensis	Forest	-	-do-
Mammal	Sazaw (Zawreng)	Paradoxurus hermaphroditus	Forest	-	-do-
Mammal	Sihal	Canis aureus	Forest	-	-do-
Mammal	Tampui	Leopoldamis edwardsi	Forest	-	-do-
Mammal	Tlumpui	Viverra zibetha	Forest	-	-do-
Mammal	Tlumther	Viverricula indica	Forest	-	-do-
Mammal	Vahluk	Petaurista petaurista	Forest	-	-do-
Mammal	Zamphu	Arctictis binturong	Forest	-	-do-
Mammal	Zawbuang	Paguma larvata	Forest	-	-do-
Mammal	Zawhang	Arctogalidia trivirgata	Forest	-	-do-
Mammal	Zawng hmaisen/mawt/hmaitai	Stump-tailed Macaque	Forest	-	-do-
Mammal	Zawng meisei/hmeltha	Macaca fascicularis	Forest	-	-do-
Mammal	Zuhrei	Berylmys mackenziei	Forest	-	-do-
Bird	Bawng	Pericrocotus brevirostris	Forest	-	-do-
Bird	Bullut	Ducula badia	Forest	-	-do-
Bird	Chhawlhring	Chloropsis aurifrons	Forest	-	-do-
Bird	Chhemhur	Lanius sp.	Forest	-	-do-
Bird	Chhimbuk	Bubo bengalensis	Forest	-	-do-
Bird	Chhuangtuar	Upupa epops	Forest	-	-do-
	<u> </u>	1 4 4 4 4	1		

Bird	Chingpirinu	Strix leptogrammica	Forest	-	-do-
Bird	Chinrang	Enicurus scouleri	Forest	-	-do-
Bird	Chip te	Anthus hodgsoni	Forest	-	-do-
Bird	Daikat	Orthotomus sutorius	Forest	-	-do-
Bird	Dawithiama arpa	Aethopyga sp.	Forest	-	-do-
Bird	Dawntliang	Cissa chinensis	Forest	-	-do-
Bird	Hrangkir	Athene brama	Forest	-	-do-
Bird	Irliak	Coracina macei	Forest	-	-do-
Bird	Kaikuangral	Alcedo atthis	Forest	-	-do-
Bird	Kawlrit	Hemixos flavala	Forest	-	-do-
Bird	Kireuh	Arachnothera longirostra	Forest	-	-do-
Bird	Koro	Garrulax leucolophus	Forest	-	-do-
Bird	Lailen	Motacilla flava	Forest	-	-do-
Bird	Lalruanga sehnawt	Centropus sinensis	Forest	-	-do-
Bird	Luangtubeuh	Picumnus innominatus	Forest	-	-do-
Bird	Lungdup	Ictinaetus malayensis	Forest	-	-do-
Bird	Mitval	Zosterops palbebrosa	Forest	-	-do-
Bird	Mu arla	Lophotriorchis kienerii	Forest	-	-do-
Bird	Mute	Accipiter sp.	Forest	-	-do-
Bird	Mute ngaldang	Circus macrourus	Forest	-	-do-
Bird	Muvanlai	Spilornis cheela	Forest	-	-do-
Bird	Ramar	Gallus gallus	Forest	-	-do-
Bird	Ramparva	Chalcophaps indica	Forest	-	-do-
Bird	Setawt	Pycnonotus flavescens	Forest	-	-do-
Bird	Tawktawk awrsen	Ficedula strophiata	Forest	-	-do-
Bird	Tawllawt	Megalaima virens	Forest	-	-do-
Bird	Tek tek	Dicaem minullum	Forest	-	-do-
Bird	Thangfen	Myiophonus caeruleus	Forest	-	-do-
Bird	Thangfen	Myophonus caeruleus	Forest	-	-do-
Bird	Theh hek	Prinia hodgsonii	Forest	-	-do-
Bird	Thizil	Psamisomus dalhousiae	Forest	-	-do-
Bird	Thlanthla	Dicrurus aeneus	Forest	-	-do-
Bird	Thloh	Blythipicus pyrrhotis	Forest	-	-do-
Bird	Tlaiberh	Pycnonotus cafer	Forest	-	-do-
Bird	Tukkhumvilik	Pycnonotus melanicterus	Forest	-	-do-
Bird	Tuklo	Megalaima asiatica	Forest	-	-do-
Bird	Va in ronghak	Monticola solitarius	Forest	-	-do-
Bird	Vabak/Valambawk	Caprimulgus macrurus	Forest	-	-do-
Bird	Vacha	Ardeola grayii	Forest	-	-do-
Bird	Vadartle	Irena puella	Forest	-	-do-
Bird	Vadumdeleng	Niltada sp.	Forest	-	-do-
Bird	Vahai	Anthracoceros albirostris	Forest	-	-do-
	t	U			

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Insects	Uleuh	-	Rivers Ponds etc	-	-do-
Insects	Khawibel	Vespa velutina	Forest & Human habitation	-	-do-
Insects	Khawi sanghar	Parapolybia sp.	Forest & Human habitation	-	-do-
Insects	Khawifung	Apis florea	Forest, open areas		-do-
Insects	Khawi chhunmu	Provespa sp.	Forest, open areas		-do-
Insects	Khawivah	Apis cerana indica	Forest & Human habitation		-do-
Insects	Khawichhinkhup	Polistes tenebricosus	Forest, open areas		-do-
Insects	Nghalfek	Vespa tropica	Forest, open areas		-do-
Insects	Khawi in ting	-	Forest, open areas		-do-
Insects	Khawidang	-	Forest, open areas		-do-
Insects	Khawipui	Apis dorsata	Forest, open areas		-do-
Insects	Rengchal	Psaltoda cf. plaga	Forest, open areas		-do-
Insects	Dawlrem	-	Forest, open areas		-do-
Insects	Thereng	-	Forest, open areas		-do-
Insects	Losul thereng	Magicicada sp.	Forest, open areas		-do-
Insects	Nipui thereng	-	Forest, open areas		-do-
Insects	Ngirtling	-	Forest, open areas		-do-
Insects	Uifawm	-	Forest, open areas		-do-
Insects	Tekral	-	Forest, open areas		-do-
Insects	Khuang chiri/ Khuangbai	Gryllus sp.	Forest, open areas		-do-
Insects	Tawh ek	-	Forest, open areas		-do-
Insects	Taivang	Tetraponera sp.	Forest, open areas		-do-
Insects	Mawnger	Crematogaster sp.	Forest, open areas		-do-
Insects	Fachhawng	-	Forest, open areas		-do-
Insects	Reksen	-	Forest, open areas		-do-
Insects	Tarpilu	-	Forest, open areas		-do-
Insects	Sihsen	-	Forest, open areas		-do-

	7	8	9	10	11	12
Loca	al Status	Uses (if any)	Associated TK	Mode of Hunting,	Other details	Community/
Past	Present			collecting (if any)		Knowledge Holder
Abundant	Decreasing	-	-	By Gun or trap	-	Awrrang
Abundant	Decreasing	-	-	By Gun or trap	-	Biang
Abundant	Decreasing	-	-	By Gun or trap	-	Chepa
Abundant	Decreasing	ī	-	By Gun or trap	-	Hleikapsen
Abundant	Decreasing	ī	-	By Gun or trap	-	Hleilubial
Abundant	Decreasing	-	-	By Gun or trap	-	Hleimeipar
Abundant	Decreasing	-	-	By Gun or trap	-	Hleimualrang
Abundant	Decreasing	-	-	By Gun or trap	-	Hleizawng

		T				
Insufficient	Decreasing	-	-	By Gun or trap		Keisen
Abundant	Decreasing	-	-	By Gun or trap	-	Kelral
Abundant	Decreasing	-	-	By Gun or trap	=	Kuhpui
Abundant	Decreasing	-	=	By Gun or trap	=	Kuhsi
Insufficient	Decreasing	-	=	By Gun or trap	-	Ngau
Insufficient	Decreasing	-	-	By Gun or trap	-	Ngau buang
Abundant	Decreasing	-	-	By Gun or trap	-	Ngau hang (Tarmit bun)
Abundant	Decreasing	-	-	By Gun or trap	-	Ngharbawr
Abundant	Decreasing	-	-	By Gun or trap	-	Phai-uak (Sa uak)
Abundant	Decreasing	-	-	By Gun or trap	-	Phivawk
Abundant	Decreasing	-	-	By Gun or trap	-	Safia
Abundant	Decreasing	-	-	By Gun or trap	-	Sahmaitha
Abundant	Decreasing	-	-	By Gun or trap	-	Sahram
Abundant	Decreasing	-	-	By Gun or trap	-	Sahuai
Abundant	Decreasing	-	-	By Gun or trap	-	Sakhi
Abundant	Decreasing	-	-	By Gun or trap	-	Samang (Mangte)
Abundant	Decreasing	-	-	By Gun or trap	-	Sanghal
Abundant	Decreasing	-	-	By Gun or trap	-	Sanghar
Abundant	Decreasing	-	-	By Gun or trap	-	Saphu
Abundant	Decreasing	-	-	By Gun or trap	-	Sarivaithun
Abundant	Decreasing	-	-	By Gun or trap	-	Savawm
Abundant	Decreasing	-	-	By Gun or trap	-	Saza
Abundant	Decreasing	-	-	By Gun or trap	-	Sazaw (Zawreng)
Abundant	Decreasing	-	-	By Gun or trap	-	Sihal
Abundant	Decreasing	-	=	By Gun or trap	=	Tampui
Abundant	Decreasing	-	=	By Gun or trap	=	Tlumpui
Abundant	Decreasing	-	=	By Gun or trap	=	Tlumther
Abundant	Decreasing	-	=	By Gun or trap	=	Vahluk
Abundant	Decreasing	-	=	By Gun or trap	=	Zamphu
Abundant	Decreasing	-	=	By Gun or trap	=	Zawbuang
Abundant	Decreasing	-	=	By Gun or trap	=	Zawhang
Abundant	Decreasing	-	=	By Gun or trap	-	Zawng
						hmaisen/mawt/hmaitai
Insufficient	Decreasing	-	=	By Gun or trap	=	Zawng meisei/hmeltha
Abundant	Decreasing	-	-	By Gun or trap	-	Zuhrei
Abundant	Frequent	-	-	By Gun or trap	-	Bawng
Abundant	Frequent	-	=	By Gun or trap	-	Bullut
Abundant	Frequent	-	=	By Gun or trap	-	Chhawlhring
Abundant	Frequent	-	-	By Gun or trap	-	Chhemhur
Abundant	Frequent	-	-	By Gun or trap	-	Chhimbuk
Insufficient	Frequent	-	-	By Gun or trap	-	Chhuangtuar
Abundant	Frequent	-	-	By Gun or trap	-	Chingpirinu
	-					

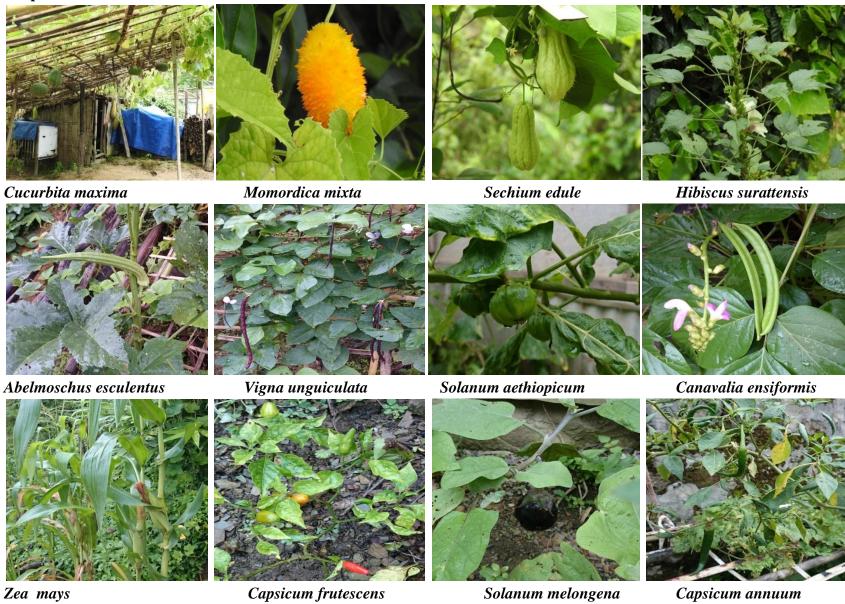
Abundant	Frequent	_	_	By Gun or trap	_	Chinrang
Abundant				· · ·		Chip te
	Frequent	-	-	By Gun or trap	-	*
Abundant	Frequent	-	-	By Gun or trap	-	Daikat
Abundant	Frequent	-	-	By Gun or trap	-	Dawithiama arpa
Abundant	Frequent	-	-	By Gun or trap	-	Dawntliang
Abundant	Frequent	-	-	By Gun or trap	-	Hrangkir
Abundant	Frequent	-	-	By Gun or trap	-	Irliak
Abundant	Frequent	-	-	By Gun or trap	-	Kaikuangral
Abundant	Frequent	-	-	By Gun or trap	-	Kawlrit
Abundant	Frequent	-	-	By Gun or trap	-	Kireuh
Abundant	Frequent	-	-	By Gun or trap	-	Koro
Abundant	Frequent	-	-	By Gun or trap	-	Lailen
Abundant	Frequent	-	-	By Gun or trap	-	Lalruanga sehnawt
Abundant	Frequent	-	-	By Gun or trap	-	Luangtubeuh
Abundant	Frequent	-	-	By Gun or trap	-	Lungdup
Abundant	Frequent	-	-	By Gun or trap	-	Mitval
Abundant	Frequent	-	-	By Gun or trap	-	Mu arla
Abundant	Frequent	-	-	By Gun or trap	-	Mute
Abundant	Frequent	-	-	By Gun or trap	-	Mute ngaldang
Abundant	Frequent	-	-	By Gun or trap	-	Muvanlai
Abundant	Frequent	-	-	By Gun or trap	-	Ramar
Abundant	Frequent	-	-	By Gun or trap	-	Ramparva
Abundant	Frequent	-	-	By Gun or trap	-	Setawt
Abundant	Frequent	-	-	By Gun or trap	-	Tawktawk awrsen
Abundant	Frequent	-	-	By Gun or trap	-	Tawllawt
Abundant	Frequent	-	-	By Gun or trap	-	Tek tek
Abundant	Frequent	-	-	By Gun or trap	-	Thangfen
Abundant	Frequent	-	-	By Gun or trap	-	Thangfen
Abundant	Frequent	-	_	-	-	Theh hek
Abundant	Frequent	-	_	_	-	Thizil
Abundant	Frequent	-	_	_	-	Thlanthla
Abundant	Frequent	-	-	_	-	Thloh
Abundant	Frequent	-	-	_	_	Tlaiberh
Abundant	Frequent	-	-	_	_	Tukkhumvilik
Abundant	Frequent	_	_	_	-	Tuklo
Abundant	Frequent	_		_	-	Va in ronghak
Abundant	Frequent			_	-	Va in Tongnak Vabak/Valambawk
Abundant	Frequent	_	-	_		Vacha
Abundant	Frequent	-	-	-	-	Vadartle
Abundant	Frequent	-	-	-		Vadumdeleng
Abundant Abundant					-	Vadumdeleng
	Frequent	-	-	-	-	Vahlah
Abundant	Frequent	-	-	-	-	v anian

Abundant	Frequent	-	-	_	_	Vahmim
Abundant	Frequent	-	_	_	-	Vahrit
Abundant	Frequent	-	_	-	-	Vahui
Abundant	Frequent	-	-	-	-	Vaki
Abundant	Frequent	-	-	-	_	Valeisawt
Abundant	Frequent	-	-	-	_	Vamaitai
Abundant	Frequent	-	-	-	_	Vangek
Abundant	Frequent	-	-	-	-	Vapui
Abundant	Frequent	-	-	-	-	Varalthi
Abundant	Frequent	-	-	-	-	Varihaw
Abundant	Frequent	-	-	-	-	Varung
Abundant	Frequent	-	-	-	-	Vasuih
Abundant	Frequent	-	-	-	-	Vazar
Abundant	Frequent	-	-	-	-	Vazun
Abundant	Frequent	-	-	-	-	Rul hlai
Abundant	Abundant	-	-	-	-	Rul nghawngsen
Abundant	Frequent	-	-	-	-	Rul vankai
Abundant	Frequent	-	-	-	-	Rulmuk (Zo Rulpui)
Abundant	Abundant	-	-	-	-	Rultuha
Abundant	Frequent	-	-	-	-	Rul ngan
Abundant	Frequent	-	-	-	-	Rul rial
Abundant	Frequent	-	-	-	-	Tui Rul
Abundant	Frequent	-	-	-	-	Saphai
Abundant	Frequent	-	-	-	-	Rul sakhi
Abundant	Frequent	-	-	-	-	Hlaivawm
Abundant	Abundant	-	-	-	-	Changpat rul
Abundant	Frequent	-	-	-	-	Satel
Abundant	Frequent	-	-	-	-	Tui satel
Abundant	Frequent	-	-	-	-	Tangkawng /Tangkeu
Abundant	Abundant	1	-	-	-	Laiking
Abundant	Abundant	1	-	-	-	Awk-e
Abundant	Abundant	1	-	-	-	Bang daidep
Abundant	Abundant	1	-	-	-	Utum
Abundant	Abundant	1	-	-	-	Dawngthlek
Abundant	Abundant	1	-	-	-	U Chang
Abundant	Abundant	-	-	-	-	Utawkphar
Abundant	Abundant	-	-	-	-	Khauphar
Abundant	Abundant	-	-	-	-	Perhpawng
Abundant	Abundant	-	-	-	-	Khauchher
Abundant	Abundant	-	-	-	-	Chep chep
Abundant	Abundant	=	=	-	-	Khaukhuap
Abundant	Abundant	-	-	-	-	Uleuh

Abundant	Abundant	-	-	-	-	Khawibel
Abundant	Abundant	-	-	-	-	Khawi sanghar
Abundant	Frequent	-	-	-	-	Khawifung
Abundant	Frequent	-	-	-	-	Khawi chhunmu
Abundant	Abundant	-	-	-	-	Khawivah
Abundant	Abundant	-	-	-	-	Khawichhinkhup
Abundant	Abundant	ŀ	-	-	•	Nghalfek
Abundant	Abundant	ŀ	-	-	•	Khawi in ting
Abundant	Abundant	ŀ	-	-	•	Khawidang
Abundant	Frequent	ŀ	-	-	•	Khawipui
Abundant	Abundant	ŀ	-	-	•	Rengchal
Abundant	Abundant	ŀ	-	-	•	Dawlrem
Abundant	Abundant	ŀ	-	-	•	Thereng
Abundant	Abundant	ŀ	-	-	•	Losul thereng
Abundant	Abundant	ŀ	-	-	•	Nipui thereng
Abundant	Abundant	II.	=	-	ı	Ngirtling
Abundant	Abundant	-	-	-	-	Uifawm
Abundant	Abundant	ŀ	-	-	•	Tekral
Abundant	Abundant	-	-	-	-	Khuang chiri/
						Khuangbai
Abundant	Abundant	=	-	-	-	Tawh ek
Abundant	Abundant	=	-	-	-	Taivang
Abundant	Abundant	=	-	-	-	Mawnger
Abundant	Abundant	=	-	-	=	Fachhawng
Abundant	Abundant	II.	=	-	=	Reksen
Abundant	Abundant	II.	=	-	ı	Tarpilu
Abundant	Abundant	1	-	-	-	Sihsen

AGROBIODIVERSITY

Crop Plants



Fruit Plants

Citrus reticulata



Ananas comosus

Musa acuminata

Medicinal Plants



Domestictaed Animals



Artiodactyla suidae Ornamental Plants



Felis catus



Gallus domesticus



Bougainvillea sp.



Tecoma castanifolia



Dendrobium fimbiatum HK var



Catharanthus roseus



Gomphrena globosa



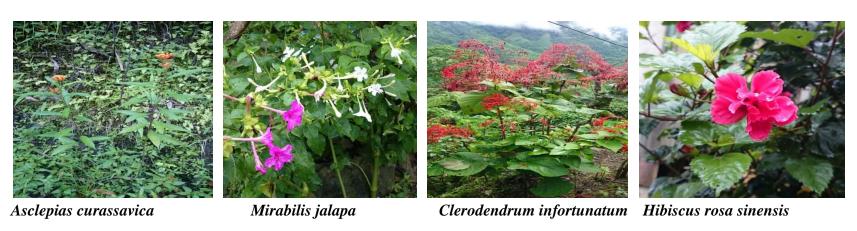
Celosia sp



Impatiens balsamina



Tagetes erecta







Meeting with BMC members and collection of data for documentation of PBR



Zote 'S' Village



 $Members \ of \ Biodiversity \ Management \ Committee, \ Zote \ `S'$